Passion Attracts Togetherness

I hope each of you had a wonderful holiday season. We had a wonderful time of celebrating. I have a Passion for Christmas and so enjoy all the preparation and excitement that comes with it. I am so thankful that my children all live close by to enjoy the season with.

As a teacher, I love seeing my students eyes light up when they realize they understand something they had previously struggled with. OHCE has had the opportunity to financially assist with students transportation for migrant children in Mexico. Transportation is something we seem to take for granted here in the U.S. This financial assistance is helping 7 children attend H.S. and hopefully avoid having to immigrate to the United States for employment. They must travel 30-40 minutes away with a cost of $1.80 per day round trip. Total cost of $378.00 for one child to attend H.S. for 42 weeks. OHCE has been able to pay one year transportation for 7 children. This has been done by donations and not taken out of our budget!! What a wonderful organization we have, when we can look beyond our needs and wants to help others less fortunate. Great Job OHCE!!!!!

Our District Meetings are right around the corner. I am looking forward to seeing many of you at these meetings. What a great time to come together to learn about new topics from the many well-planned workshops, to share with one another, to laugh and possibly shed a tear or two. I have a Passion for OHCE and I know you do too. Let’s share that Passion!!

See you soon

Debbie Mote, President

MESSAGE TO OHCE MEMBERS
FROM
DR. JORGE H. AñILES,
ASSOCIATE DEAN for EXTENSION & ENGAGEMENT,
Oklahoma Cooperative Extension Service
and College of Human Sciences
OHCE STATE ADVISOR

First, I’d like to wish every OHCE member a wonderful 2017. We appreciate OHCE’s partnership with Family & Consumer Sciences Extension Educators and all that we accomplish together. As you know we face tremendous budgetary challenges and are working hard to ensure we can continue to provide the support you have received since the creation of OHCE from Cooperative Extension. We feel very valued by you and we look forward to joining you at the district meeting and encourage you all to actively participate. Let’s have an amazing year!

Thank you for all you do for Oklahomans and around the world!

2017 STATE MEETING

“OHCE Lights the Pathway to the Past, Present, and Future” is the theme for the 2017 State OHCE Meeting, which is set for July 9-11 in the same nice friendly Embassy Suites located at 741 Phillips Ave in Oklahoma City, just south of OU Medical Hospital.

I am sorry that we had to postpone our planning meeting due to the weather, therefore, we will have to wait and update you at your District meetings on workshops and registration fee.

I am excited to tell you that we have increased the size of some of the workshop rooms to accommodate more attendees, as well as more workshops with two sessions.

We hope you are making plans to attend and look forward to a successful and informative State Meeting.

Mary Deken
OHCE Vice-President
**Southeast District Meeting**  
March 28, 2017  
Southeast Expo Center  
McAlester

It is time to mark your calendars for the SE District Meeting to be held March 28, 2017, at the Southeast Expo Center, located at 4500 West Hwy 270, in McAlester, Oklahoma. Our theme for this year is "Up Up and Away". The hosting counties are Haskell, Latimer, LeFlore and Pittsburg.

Registration of $20.00 is due by March 1, 2017. The registration fee includes morning refreshments and lunch. There will be a $5 late registration fee for registrations received between March 1 and March 14. Fees received after March 14 or at the door will not guarantee a meal at lunch.

Your day will begin with registration and refreshments at 8:30 a.m., followed by business meetings at 9:30 a.m. Three workshop sessions are planned. State officer and committee workshops will be held in Session I and will include: Membership Building; Building Working Committees; ABC’s of Electronic Forms; Promoting Our Leaders; Collect, Record & Report; Sunshine Fiji Project; Making Your Home Accessible With Simple Modifications. More fun and informative workshops begin after lunch in Sessions II and III including: Hand Quilting, Boo Boo Babies and Broom Dolls, to name a few. Some workshops will be repeated, giving more members an opportunity to attend. Our day will end after Session III about 3:30 p.m.

We look forward to seeing you... **UP UP AND AWAY!**

Please send one check for your county made payable to "OHCE SE District Meeting*. Please mail to: Linda Whitford, 30930 South CR 4340, Kinta, OK 74552

Christine Hammond, SE District Rep.

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**Northwest District Meeting**  
March 23, 2017  
Hoover Building, Garfield County Fairgrounds  
Enid

Get your boots shined up and hit the trail to the NW District OHCE Meeting to be held Thursday, March 23, 2017, at the Hoover Building located on the Garfield County Fairgrounds, 312 E. Oxford, Enid, OK. This year's theme is **“Hit the Trail with OHCE”.** (Western Wear is the suggested attire.) The meeting hosts are Alfalfa, Garfield, Grant and Woods Counties.

Morning refreshments and a catered lunch are included in the registration fee of $20.00 that is due by Friday, March 10, 2017. The late registration fee is $25.00, and a lunch will be guaranteed through March 15, 2017. After that date, those who register cannot be guaranteed a meal for lunch.

Meeting day begins with registration starting at 8:30 a.m. followed by the business meeting at 9:00 a.m. State officer and committee workshops will be held in the morning. Some of the workshops being presented are You Earned It, Now Keep It, ABC’s of Electronic Forms, Building Membership, Bead Bracelets & Wooden Picture Holders, Adapting Your Home for the Disabled, Building Working Committees, Active Aging for L.I.F.E., Dutch Oven Cooking, Crepe Escape, Chalk Painting, Card Making, Embroidery Tips, Master Gardeners, and Ten Minute Miniature Table Runners. There will also be a Silent Auction and door prizes.

Ten hotel rooms have been reserved at the Comfort Inn, 210 N. Van Buren in Enid, 580-234-1200 for $79.95 + tax (single & doubles), full hot breakfast included. Release date is February 15th.

Patsy Thibodeau, NW District Rep.

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**Southwest District Meeting**  
March 31, 2017  
First Baptist Church  
501 SW “B” Ave., Lawton, OK.

The counties of Comanche and Cotton extend an invitation to attend the Southwest District Meeting, on March 31st at the First Baptist Church, 501 SW “B” Ave. in Lawton. Our Theme this year is **“Oklahoma Home and Community Education...Oklahoma Strong”**. Registration will be $20.00 and is to be postmarked by March 7th. The day will begin at 8:30 with refreshments and end at 3:15 with the door price drawings. Lunch will be Chicken Salad Croissant, Pasta Salad, Green Salad & Dessert.

We are planning a great meeting with 3 workshop sessions: President’s, Treasurers, Deco Mesh ($), A Sunshine Journey to Fiji, Becoming a Master FCS Volunteer, The Hunter’s Star Quilt, La Presciosita - The Precious One, Active Aging for L.I.F.E., Shake the Salt Habit, Creative Coasters ($2.00) and more.

We have made arrangements for 20 rooms at Springhill Suites at 3 SE Interstate Dr. for special rate of $86.00 + tax for a Double Suite. The block of rooms is under SW District OHCE and cut off for this rate will be March 7.

Make plans today to join us for a great day!

Debra Stevenson, SW District Rep.

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**Leadership Development District Workshops**

For the District meetings in March, the Leadership Development Committee focuses on building strong teams by getting back to the basic building blocks of organizations – COMMITTEES.

To share "Building Working Committees" workshops in the four districts, committee member, Doris Johnston (presenting for NE and NW districts), and I (presenting for SE and SW districts), plan interactive workshops. We hope you will join us at your district meeting as we focus and share ideas on building strong, working, and effective committees that promote local group and organizational successes.

**Kathy Fentress**

Leadership Development Chair

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**Committees that make a difference**
Northeast District Meeting
March 21, 2017
Stillwater Community Center
315 W 8th Ave., Stillwater, OK

It is time again to begin planning to attend the 2017 Northeast District Meeting. Mark your calendar for "OHCE: Patterns for Life". Pawnee and Payne Counties are working diligently to make this a memorable experience. Workshops are still materializing but some of the workshops are listed below:

- From Barrels & Boxes to Feed Sacks
- Vintage Dress Review
- Cross Stitch 101
- Importance of Foot Care
- Cooking with New Beef Cuts
- New Technology for Preserving Food
- Herbs
- Crepe Escape
- Tick-Borne Diseases in OK
- FCS Skill-a-thon
- Quilting
- Recycle & Upcycle Household Treasures
- ........................................and more!

A $100 bill will be the grand prize and the winner's name will be drawn from returned name tags. **You must be present to win!!**

There will be a Silent Auction and Country Store Fundraiser for the 2018 meeting conducted by Osage, Tulsa and Washington Counties.

The lunch menu is Poppyseed Chicken Casserole, Salad, Dessert and Drink. It will be delicious!

Rooms have been reserved under the name of "OHCE" at the following hotels in Stillwater. The block of rooms will be held until **February 27th**

- Best Western Cimarron Hotel 315 N Husband St 405-372-2878/$91.00
- Hampton Inn & Suites 717 East Hall of Fame 405-743-1306/$99.00

**All registration is due by Wednesday, March 1, 2017.** Registration fee is $20.00 per person which includes morning refreshments, lunch and other fees associated with the meeting.

**Please send one check for your county made payable to "OHCE 2017 District Meeting". Please mail to: Ruth Ann Ellis, 50901 S 35700 Rd, Maramec, OK 74045.**

Registration is at 8:30 am with the business meeting beginning promptly at 9:00 am. Entry to the building will be available from the North and South but there are stairs on the South. There is a parking lot east of the building and other parking may be available at nearby churches.

We look forward to seeing you. Please mark March 21, 2017 on your calendar and plan to attend an educational and fun filled day.

Dee Porter, Northeast District Representative

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<table>
<thead>
<tr>
<th>Oklahoma Home and Community Education</th>
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<tbody>
<tr>
<td><strong>2017 Calendar of Events</strong></td>
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<tr>
<td><strong>January</strong></td>
</tr>
<tr>
<td>1 OHCE State fiscal year begins</td>
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<tr>
<td>25 OHCE Program Area Goals begin</td>
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<tr>
<td>25 Deadline for Oklahoma Outreach</td>
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<tr>
<td><strong>February</strong></td>
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<tr>
<td>1 Annual Award Nominee Completed</td>
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<tr>
<td>8 forms to State Awards Chair</td>
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<tr>
<td>1 County and Local Reports due to</td>
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<tr>
<td>1 State Awards Chair</td>
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<tr>
<td>1 Nominations forms for state</td>
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<tr>
<td>15 offices due State Nominating</td>
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<td>15 Committee Chair</td>
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<td>15 Awards Chairman Separates and</td>
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<td>15 mails County and Local Reports</td>
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<td>15 to Program Committee Chairs for</td>
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<td>15 evaluation</td>
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<tr>
<td>15 State Nominating Committee</td>
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<tr>
<td>15 evaluates qualifications</td>
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<tr>
<td>15 forms for state board positions</td>
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<tr>
<td><strong>March</strong></td>
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<tr>
<td>21 NE District OHCE meeting, Stillwater</td>
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<tr>
<td>23 NW District OHCE meeting, McAlester</td>
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<tr>
<td>28 SE District OHCE meeting, McAlester</td>
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<tr>
<td>31 SW District OHCE meeting, Lawton</td>
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<td><strong>April</strong></td>
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<tr>
<td>1 Deadline for 50, 60, 70 year</td>
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<td>6 members to Javanna Earson</td>
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<td>6–7 Board Meeting and Awards Book</td>
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<tr>
<td>22 Evaluation Selections</td>
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<tr>
<td>22 OAEFCS Annual Awards Banquet –</td>
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<td>22 Cultural Enrichment Chair</td>
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<tr>
<td>22 presents Norma Brumbaugh</td>
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<tr>
<td>24 Deadline for Oklahoma Outreach</td>
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<td><strong>May</strong></td>
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<tr>
<td>7–13 OHCE Week</td>
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<tr>
<td><strong>June</strong></td>
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<tr>
<td>1 Deadline for OHCE Week Reports</td>
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<tr>
<td>1 to Membership Chair</td>
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<tr>
<td><strong>July</strong></td>
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<tr>
<td>1 Cut off for receiving 2017 state</td>
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<tr>
<td>9–11 dues</td>
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<tr>
<td>11 82nd Annual OHCE State Meeting,</td>
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<tr>
<td>11 Embassy Suites, Oklahoma City, OK</td>
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<tr>
<td>11 New OHCE Board members and</td>
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<tr>
<td>11 appointees begin duties</td>
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<td><strong>August</strong></td>
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<tr>
<td>3–4 OHCE Board Meeting – Goal</td>
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<tr>
<td>24 Planning session</td>
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<tr>
<td><strong>September</strong></td>
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<tr>
<td>1 Deadline for articles for OHCE</td>
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<tr>
<td>1 Outreach</td>
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<tr>
<td>1 County Presidents review state</td>
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<tr>
<td>1 office and committee qualifications forms, encourage members to serve on State Board</td>
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<tr>
<td>1 2018 State Goals published and sent to counties</td>
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<tr>
<td>1 Deadline to send all financial claims for reimbursement to State Treasurer</td>
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<tr>
<td><strong>October</strong></td>
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<tr>
<td>1 County Treasurers collect 2018</td>
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<tr>
<td>1 dues – $12.50 per member</td>
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<tr>
<td>15 International Day of Rural Women</td>
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<td><strong>November</strong></td>
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<tr>
<td>1 Deadline for County Treasurers</td>
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<tr>
<td>1 collect 2016 dues to be sent to State Treasurer with updated Membership Roster</td>
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<tr>
<td>1 Donations due to State Treasurer for Pennies</td>
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<tr>
<td>1 for Friendship, Norma Brumbaugh Scholarship and Water for All</td>
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<tr>
<td>1 List of County Officers and</td>
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<tr>
<td>1 Committee Chairman due to Dr Atiles office</td>
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<tr>
<td><strong>December</strong></td>
</tr>
<tr>
<td>1 State Treasurer prepares books</td>
</tr>
<tr>
<td>31 for tax preparation</td>
</tr>
<tr>
<td>31 End of State OHCE Fiscal Year</td>
</tr>
<tr>
<td>31 HAPPY NEW YEAR!!</td>
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</tbody>
</table>
Awards and Reports

As I write this article, I am in the process of receiving your awards and reports folders. I have only received a few so far, but look forward to receiving many more during the next two weeks. By the time you read this, the deadline will be past us and the judging time for awards will be upon us. I look forward to sharing the results with you at each of the district meetings.

At the district meetings, I will also have the committee report books ready to hand over to each of the state committee chairmen. If the chairman or a representative cannot attend your district meeting, please let me know as soon as possible. Otherwise, please find me at the meeting so I can hand off the reports to you. Please review them and bring them with you to the state evaluation meeting, which will be held on April 7th. This is the meeting where state committee chairs will judge and choose the winning report books.

State committee chairs should now contact all their committee members to make sure they are informed about the April 7th meeting and that they plan to attend and take part in evaluating the report books for your committee. Further instructions and additional help will be available at that meeting.

I look forward to seeing you at the District Meetings.

Sandy Pogue
Awards and Reports Chair
sandy.pogue@gmail.com
(580)444-3539

We are sad to report that Betty Auld, Grady County, passed away October 6, 2016. Betty Auld is the OHCE member who designed the new emblem for OHCE when we disassociated from national.

FAMILY ISSUES DISTRICT MEETING WORKSHOPS

Come and enjoy a paper folding fun workshop during the NE, SW and SE District meetings. These workshops are fairly easy for the experienced paper crafter and could be a little challenging for the novice.

Paper folding is a wonderful hobby, and a wonderful group activity. This event is not only for the adult but also for children (the child in you). It has many benefits ... Projects are very pretty when completed, can be replicated. you have fun with paper, and an opportunity to make cool things. By the way, it's all free.

Hope to See you at your District meetings.

Marie Jones
Family Issues Committee Chair

Promotional Sales
We are looking at new items to purchase for all of the upcoming district meetings and are looking forward to another great year. Carol, Shem and I are excited to be attending all the districts again this year.

We hope to see you all there.

Phyllis Tunender
405 Daybreak Drive, Norman, OK 73071
E-mail: ptunender@cox.net
Phone: 405.306.1017

FYI: Fillable Forms is a question and answer District workshop to help you with the new fillable forms, including membership forms and awards applications. Many of you may have already used them between last August and now.

We will be available at the district meetings to answer any questions and solve any problems you may have encountered. This has definitely been a work in progress, so any suggestions you have will also be welcome.

We plan to have at least one computer with internet set up so we can take a look at the forms from the OHCE website.

Sandy Pogue
Awards and Reports Chair
sandy.pogue@gmail.com
(580)444-3539

Pat Chapman
State Newsletter Editor
pchapman@pine-net.com
(580)236-1588

PASSION is oxygen of the soul.
~ Bill Butler
Master FCS Volunteer Workshops

The Master Family & Consumer Sciences Volunteer Training Program is now available for OHCE members. This is a national curriculum intended to increase the ability of county FCS volunteers to help Oklahomans make informed decisions, enhance their quality of living, and meet unique challenges affecting their families, farms, communities, and the economy. Completion of the Master FCS Volunteer Training will be required before a member can be eligible for FCS area-specific volunteer programs, such as Wellness and Clothing, which are in development.

This workshop will provide an overview of the training and information on how OHCE members can complete the series of 13 lessons.

CE-FCS Ambassadors

Every year the CE-FCS Ambassador’s is able to provide “seed” money for educational projects county and local OHCE groups would like to pursue. Awards are given to outstanding projects which demonstrate education and leadership opportunities through OHCE work. Five awards were given for the 2017 year. Congratulations to Cleveland County for their Tri County Resource Management Make and Take program. Also receiving awards were Pottawatomie County Be PinSpired Workshops, Garfield County’s Little Green Lending Library and Noble County’s Brighter Days for Girls project. Grant County’s award is for a county arts project.

CE-FCS Ambassador’s is thankful for the support OHCE members provide each year through donations and at the Silent Auction each July during the State Meeting. Help us give back to you through application for OHCE awards! Award guidelines can be found on our website at https://ambassadors.okstate.edu/grants The Award Deadline is July 1, 2017. All award applications and questions are sent to sonya.mcdaniel@okstate.edu.

Sonya McDaniel
Family & Consumer Science
Extension Educator
Pottawatomie County Extension Service
14001 Acme Road
Shawnee, OK 74804
(405) 273-7683
(405) 273-0814 fax

President’s District Workshop

“So I am the President!!! Am I Doing This Right?
The abc’s of being an effective leader.

leadership is not a position or a title, it is action and example.
We make every effort to ensure that each of our members receive the newsletter in the manner they requested. If you have not received it correctly or would like to change your selection, please send me your correction, along with your County, Group and full name. You may notify me at one of the following:

E-Mail: pchapman@pine-net.com
Address: 155 Choate Rd., Broken, Bow, OK 74728
Phone: 580-494-6688.

Pat Chapman, Outreach Editor

Welcome to the Semi-Annual Noble County Quilt Show and Tea Room!

Saturday, April 22, 2017 at the Noble County Fairgrounds, Perry, Ok
Quilt Show - 10:00 a.m to 3:00 p.m.
Tea Room 11:00 a.m. to 2:00 p.m.
No admission fee to Quilt Show

The Noble County Cultural Enrichment Committee would like to invite you to our Semi-Annual Quilt Show and Tea Room. The Noble County OHCE Groups along with local Quilt Guilds put this event on every other year. We ask members, family, friends and community to bring old, new, heirlooms and unfinished quilts, crocheted items and needle work items to be put on display and to attach a brief story of the item. Also on display will be craft items like stuffed animals made from old quilts, pillows, crib blankets and lap quilts.

There will be door prizes, demonstrations on how to make 10 minute runners, “Hot Dog” pillow cases, and Roses out of Fabric, lots of vignettes on how to display quilts and needle work and much more.

The OHCE dining room will be transformed into a Tea Room for this event. You can relax in a quaint Tea Room atmosphere of lace and shabby chic décor. You will be served Chicken Salad on Croissants, cake and a variety of teas served in vintage tea cups and saucers.

We would love to share our heritage and a step back in time when life was a little more relaxed and items made out of

LA PRECIOSITA “the precious one” PROJECT
District Workshop

The state OHCE board endorsed La Preciosita “the precious one” Mexico Project and ask that it be considered for support when you set your goals for 2017. The project will give OHCE members an opportunity to assist children from this Mexico migrant community with transportation costs to attend high school.

The cost is $1.80 US dollars per day or $9.00 per week for a round trip bus ticket to the high schools that are about 35 to 40 miles from their homes. The total cost to provide annual transportation for the nine children is $2,646.00. If OHCE members contributed just $1.00 each when dues for 2017 are paid, there would be sufficient amount to cover the cost. Your county may choose to totally sponsor one student for the year.

Plans are for this to be a continuing project to insure these students receive their full high school education and become wage earning citizens and not have to migrate out of their country.

Sunshine Fiji Adventure
District Workshop

Last Fall, Barbara Cox, a member of Sunshine OHCE, said her daughter had contacted her about an opportunity to do a project in Fiji. Barbara’s daughter, Shelia Houston lives in Australia. She and a friend Lavenia James arrange group trips thru an organization called “Foundation for Global Scholars/ Cross Cultural Encounters.” Lavenia and her family are from Sote, a remote village way up in the mountains. A few years ago we made pillow case dresses and some went to this village.

Our invitation to visit the village came with a challenge. The children of the village must wear uniforms to attend school. They are very expensive to purchase there. Knowing of our sewing skills they asked if we would come and teach the mother’s club how to make them for the children of the village.

We would like to share that adventure with you at District Meeting. We are preparing a slide show and would love to share our adventure with you.

The Resource Management Committee will have a workshop at each district Meeting in 2017. The meeting will be presented by Cindy Clampet, OSU State Specialist. The presentation will be on MONEY MANAGEMENT, called “You earned it; you keep it.”

Viola Allen
Resource Management Chair

50, 60 Plus year member Deadline April 1, 2017.
Please send 50, 60 Plus Year Member forms to:

Linda Swindler
PO Box 1007
Mooreland, OK 73852
New Online Forms on OHCE Website:

Please go to OHCE Website at http://ohce.okstate.edu under Resources and Forms to find the following new forms:

1. **County Officer Form**: For those who are responsible for filling out the County Officer Form, this is a new Excel form for reporting your County Officers. The report is due by November 1. The State Advisor’s office has stated that only this new form will be accepted. Others will be returned.

2. **New Membership Form**: We now have the New Membership Form in an online fillable format. Once you open it in Adobe Reader, you will just click on the first question and then after typing, tab from one question to the next. At the end next to the signature line click on the submit button and it will automatically print the form for you to give to your local/county treasurer who will give it to your educator. After printing, please save the document with “firstname-lastname.pdf”.

3. **New Member Award Forms**: We have made filling in your member Award forms simpler by also making them into fillable pdf or word documents. Just download the appropriate Member Nomination Form (there are 4) to your computer, open in Adobe Reader, click on the first question and then tab from one question to the next. Once you have completed the document, you will need to save it to your computer. You can now e-mail your form to your county president or extension office for them to complete. They can then e-mail a copy back to you for printing and completing your book with picture, bradded folder, etc. Please check out the Criteria on the website for any changes.

4. **New Volunteer Hours**: Guides and forms for Member, Group and County. Also printable.

We hope that this will make these forms much easier for you to fill in and also make it easier for others to read.

We have recently found that there were a few corrections that needed to be made to the nomination forms after some you started using them. Thank you for letting us know and your patience. We are working to make them better.

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McCurtain County OHCE, SE District, in partnership with the SE Oklahoma Wordturners Association, participated in the Beads of Courage program by making the bags that children can put their beads in. The Program is a resilience-based intervention designed to support and strengthen children and families coping with serious illness. Through the program children tell their story using colorful beads as meaningful symbols of courage that commemorate milestones they have achieved along their unique treatment path.

**How Does it Work?**

Upon enrollment each child is given the Beads of Courage bead color guide with a detachable membership card. Their Beads of Courage journey begins when each child is first given a length of string and beads that spell out their first name. Then, colorful beads, each representing a different treatment milestone are given to the child by their professional health care provider to add to their Beads of Courage collection throughout their treatment as determined by the Beads of Courage Bead Guide (available from Beads of Courage, Inc.)
Oklahoma Outreach is published three times a year by Oklahoma Home and Community Education, Inc. (OHCE), is a 501c3 non-profit organization whose mission is education, leadership development and community service. OHCE is one of the educational organizations sponsored by the Oklahoma Extension Cooperative Service, Oklahoma State University, Stillwater, Oklahoma. All members are invited to submit timely OHCE news items. Deadlines are the 1st of February, May and September. Editor reserves the right to edit all articles.

President  Debbie Mote  P O Box 94, Morrison, OK 73601  Email: ddmote@hotmail.com
Editor  Pat Chapman  155 Choate Rd, Broken Bow, OK 74728-5135  Email: pchapman@pine-net.com