COMMITTEE CHAIRS AND MEMBERS  2017-2018

Arrangements Committee: Kay Turner, SW/Chair; Janet Vincent, NW; Mary Bacon, NE; Betty Rutledge, NE  
By-Laws Committee: Sheila Ely, SW/Chair; Earline Brumley, NE; Javonna Earsom, SE; Sue Schmidt, NW  
Cultural Enrichment Committee: Nancy Oglesby, NE/Chair; Barbara Jones, SE; Toni Bess SW; Sandra Judge, NW  
Family Issues Committee: Darline Ruyle, SE/Chair; Tammy Elliott, SW; Marlene Alsip, NE; Kathy Coffey, SE  
Historical Committee: Shem Hamil, SW/Chair, Joyce Hinse, SW  
Healthy Living Committee: Rebekah Williams, SE/Chair; Robbie Sloan, SE; Alice Stewart, NE  
Leadership Development Committee: Marie Jones, NE/Chair; Rose Ann Jackson, SW; Kay Gray, SW; Doris Johnston, NE  
Membership Committee: Linda Swindler, NW/Chair; Janice Barnett, NE; Sandra Hutson, NW; Gordona Snow, SW  
Nominating Committee: Shirley Burns, SW/Chair; Jerrie Faulkner, SW; Mary Jo Bullis, NW; Mildred Taylor, NE  
Promotional Sales Committee: Phyllis Tunender, SW/Chair; Carol Doner, SW; Shem Hamil, SW  
Resource Management Committee: Viola Allen, SE/Chair; Vivian Meridith, NE; Dottie Gatz, NW; Michele Olandese, SW

Elected Positions Installed: Leslye Owen, President-Elect; Kathy Fentress, VP Program; Karen Pospisil, Treasurer-Elect  
Appointed Positions Installed: Sandy Pogue, Awards & Reports; Darline Ruyle, Family Issues Chr.; Viola Allen, Resource Management Chr.; Shem Hamil, Historian—Serving Remaining year for Terrie DeShazo; Marie Jones, Leadership Develop. Chr.—Serving Remaining year for Kathy Fentress; Rebekah Williams, Healthy Living Chr.—Serving Remaining year for Rhonda Frech
OHCE 2018 State Goals

MEMBERSHIP STATE GOALS – 2018

Emphasis: To Increase Overall Membership and create a passion for OHCE in current membership.

Goal: Recruit new members and instill a renewed interest for OHCE in current membership.

Marketing, Recruitment and Recognition

1. MARKET OHCE. Take every opportunity to make OHCE and its logo visible, labels, iron-on and decals. Encourage OHCE members to wear OHCE item, i.e., name badges and t-shirts and etc. to non-OHCE functions.

2. One Plus One Campaign - Emphasizing recruitment of members through one plus one invitation. Consider forming evening groups.

3. Encourage OHCE members to become Master Family Consumer Science Volunteers.

4. Develop a brochure describing OHCE activities within your community. A brochure template is on the website: www.ohce.okstate.edu.

5. Write articles for newspapers announcing upcoming events, special workshops, and local group meetings; utilize community calendar.

6. Develop social media outlets to establish a connection with the community to encourage new membership and provide information about upcoming events.

7. Include brochures in chamber of commerce packets, etc.

Awards:
1st, 2nd, 3rd - County Award Books: $25, $15, $10
1st, 2nd, 3rd - Local Group Award Books: $25, $15, $10

Membership Recruitment Growth

1. Awards will be given to the county and local groups with the greatest percentage of growth. This percentage is the number of new members in a calendar year divided by the number of members reported at the beginning of the calendar year.

2. Use the Membership Recruitment Award form and submit this to the State Awards Chair by February.

3. Submit one for county and one for local. A short paragraph or summary must accompany the report, telling a little about how some new members were reached.

Awards:
1st, 2nd, 3rd - County Award Books: $50, $30, $20
1st, 2nd, 3rd - Local Group Award Books: $50, $30, $20

OHCE Week
THIS REPORT IS NOT AN AWARD BOOK AND WILL BE JUDGED FOR YOUR OHCE WEEK EVENT

1. Plan events to promote membership and bring awareness to OHCE. Publicize local and county events in newspapers, radio, etc., and Facebook.

2. Please send, in a 3 brad folder with pocket, including a one-page report of your activities, be sure to use 1 inch margins, in Times New Roman Font 12. Pictures are limited to one page, can have 9 pictures, shingled if needed, and 1 page of newspaper articles, etc. Please include a short paragraph summarizing the project(s), and place in pocket of folder.

3. These will be shared in some form at the OHCE State Meeting.

Send report to State Membership Chair by June 1, 2018.

Awards:
1st, 2nd, 3rd - County Award Books: $25, $15, $10
1st, 2nd, 3rd - Local Group Award Books: $25, $15, $10

County Photography

1. Photo must be an OHCE activity and members(s), in color, photo should be no larger than 5 x 7 inches.

2. Photo must be taken by an OHCE member during the previous year.

3. Please mount photo on a mat board no larger than 5 x 7 inches; do not attach to a folder.

4. LABEL should be place on the back of mat board: include name, county and district. Label the names of the OHCE members in the picture. Also, place a label briefly describing the activity pictured and place on front of matting.

5. Each county may submit 3 entries (may or may not be taken by the same person). Please write the name of the OHCE members in the picture on the back as well.

6. Photos will be judged on photography skills.

7. Photos become property of OHCE for promotional purposes.

Photos are due to the Awards and Reports Chair by February 1, 2018.

Awards: 1st, 2nd, 3rd: $25, $15, $10

Member Recognition

1. 50, 60 plus - year members and groups should submit the appropriate forms found in Section XII in the Policy and Procedure manual and on the website ohce.okstate.edu for recognition to the Membership Committee Chair and to the state office by June 1, 2018. Please include personal story or remembrance of individual.

2. At the local level conduct new member induction teas/brunches, events to honor 5/10/15 etc. year members, recognize former, current and future members.

Committee Members:
Linda Swindler, NW Chair
Janice Barnett, NE Member
Sandra Hutson, NW Member
Gordona Snow, SW Member
**LEADERSHIP DEVELOPMENT STATE GOALS – 2018**

Leadership Development refers to any activity that develops and enhances the quality of leadership attributes, leadership abilities and leadership attitudes of an individual or organization.

Leadership Skills are based on leadership behavior such as decision making toward the greater good. Skills alone do not make leaders—style and behavior do. For effective leadership training and development, start with leadership behavior. The plan of action is to annually emphasize developmental steps toward encouraging individual and organizational leadership skills.

**Goals:**

1. Establish a county chairman for Leadership Development
2. Encourage members’ ownership and involvement in their local and county organizations by developing effective members through team building.
3. Implement fundamentals of leadership by initiating and fostering new members through shared roles that build confidence in new skills.
4. Encourage ongoing participation in the Master Family & Consumer Sciences Volunteer Program by increasing state-wide certification 50% annually by providing group training at local and county levels.
5. Offer opportunities for OHCE members, 4-H groups and community organizations on these suggested topics:
   a. Leadership styles
   b. Importance of Communication Channels
   c. Knowledge of Proper Parliamentary Procedure by Conducting Effective Meetings
   d. Managing and coping with individual, group and societal changes.
6. Develop the next generation of leaders by encouraging participation in community forums to address local issues using public deliberation, and through the education of citizens on their voting rights, privileges and responsibilities; with potential implementation grants such as Leadership Development and Civic Engagement (LDCE), and Ambassadors.

**LEADERSHIP PROJECT OF THE YEAR AWARD**

1st, 2nd, 3rd: *County Awards*: $25, $15, $10
1st, 2nd, 3rd: *Local Awards*: $25, $15, $10

**MFCS COUNTY PERCENTAGE BASED PARTICIPATION AWARDS**

1st place: Traveling Plaque and Certificate
2nd and 3rd place: certificate

**Rules:**

1. Report must be on a LEADERSHIP project, be submitted by a county or local group, written in story form with 500 words or less
2. OHCE members and group involvement
3. How did the project network with non-members and/or groups
4. Type of leadership exhibited
5. List the objective, action taken, and results
6. Photos and news articles are optional, but helpful.

**Ohio County Extension Volunteers (OCV)**

*Your Name*

**OHCE HISTORY - 2018 GOALS**

1. Encourage each county and local group to appoint a historian to keep important records for that county or group.
2. Encourage county and local group historians to submit items for archive to the State Historian.
3. Collect an oral history from more mature OHCE members or members of your community.
4. Collect information on the newest local groups – date formed and how they came about?
5. Gather other pertinent OHCE history items.
6. Deliver items to the OSU Library Archives for storage.
7. Provide a workshop teaching members options for digitizing photos.

Shem Hamil, SW
State Historian

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“*It’s not about being the best, it’s about being better than you were yesterday*” Unkown

**State Project**

**State Goals – 2018**

*Women’s Health*

**Emphasis:** Women’s Health Education

**Mission Statement:** To develop a program that educates women on cancer prevention, discovery, care and available resources.

**YEAR ONE EMPHASIS:** Women’s Cancer

**Resources for Year One:** Oklahoma State and County Health Departments, Indian Health, Oncology Nurses, Oklahoma Department of Human Services, Oklahoma Cooperative Extension Service, American Cancer Society, Red Cross, etc.

**Suggested Activities:**

- OHCE District workshops
- OHCE County workshops
- Donation of comfort pillows, turbans, wigs, scarfs and other care items
- Informational care packets
- Display in+ area events

**Future State Project efforts may include:**

- Cardiovascular disease (heart and blood vessels)
- Diabetes
- Depression
- Alzheimer’s disease
- Lupus, fibromyalgia, and rheumatoid arthritis
- Multiple Sclerosis

**Awards:**

*County Awards:* 1st Place $25, 2nd Place $15, 3rd Place $10
*Local Awards:* 1st Place $25, 2nd Place $15, 3rd Place $10

**Committee Members:**

Marilyn Gibson, NW Chair
Teo Hair, SW Member
Linda Sader, NW Member
Linda Wallis, NE Member
CULTURAL ENRICHMENT- STATE GOALS – 2018

Focus: Our goal is to enrich our lives and lives of those around us by being more involved in our culture and preserving our past.

A. Community Projects
1. Volunteer as a reading prompter for children in schools.
2. Organize and/or work with an adult literacy organization in your community or county.
3. Promote enrollment in and assist 4-H Clubs with specific project areas.
4. Emphasize patriotism, i.e. voting, reviewing flag etiquette, providing voter registration information.
5. Locate a historical building/site in your area in order to identify areas that could be enhanced with historical or period specific items, i.e. kitchen items, quilts, antique/period appropriate furniture, etc.

B. Explore Oklahoma
1. OHCE exchange with another county for overnight visit of points of interest within the host county, staying overnight in OHCE member’s homes or in bed and breakfast facilities.
2. Visit a museum or park in your district; for example, city, county, state, or national parks, preserves, or memorials (Secure information on senior discounts and group rates and share information with other groups).
3. Attend festivals of another culture, i.e., Red Earth, Pow Wow, Germanfest, Cinco de Mayo, Kolache/Czech, Strawberry Festival, Watermelon, Peach, Bluegrass, Pecan, etc.
4. Etiquette for outdoor entertainment.
5. Host international back yard barbeque. Invite others of different cultures.
6. Take a tour of old barns. Check with local agent.

C. Heritage Skills
1. Record oral and written history of family, community, and the heritage of OHCE skills
   a. Organize or attend workshops to learn methods for gathering history of family and community life.
   b. Interview and record older family members, community leaders, OHCE members, current and retired educators, etc.
2. Preserve family recipes from parents/ancestors in computer files to be collected for a statewide website. Include a short paragraph and picture, if possible, about each recipe.
3. Learn new quilting techniques, such as, hand quilting techniques, paper piecing, crazy quilting, hand appliqué techniques, Stack ‘n Whack, Bargello.
4. Organize needlework workshops within the county, i.e., crochet, counted cross-stitch, candlewicking, needlepoint, Swedish weaving, knitting, counted thread stitches, sew days for individual projects.
5. Organize antique shows within the county. Approach local antique dealers, local historians and other appropriate persons to come in and appraise the items.
6. Visit and help clean up old cemeteries.
7. Traditions of different families. What were the myths, truths, “unusuals” that you grew up with?

D. Provide Financial Aid and Scholarships
1. Norma Brumbaugh Scholarship for County FCS Educators.
2. Student FCS Scholarship.
3. International projects - La Preciosita Education Project (donate money for transportation costs for children eligible for high school in La Preciosita, Mexico).
4. Collect change for change.
   b. Nickels for India women farmers (ACWW).
   c. Dimes for CWC International Projects.

E. Encourage those who have traveled in other ethnic areas to share their experiences.
1. Sunshine for Fiji programing.

Awards
1st, 2nd, 3rd - County Award Book: $25, $15, $10
1st, 2nd, 3rd - Local Group Award Book: $25, $15, $10

Committee:
Nancy Oglesby, NE Chairman
Toni Bess, SW Member
Barbara Jones, SE Member
Sandra Judge, NW member

LA PRECIOSITA “the precious one” PROJECT

The state OHCE board and members endorsed La Preciosita “the precious one” Mexico Project as part of our goals for 2017. The project gave OHCE members an opportunity to assist children from this Mexico migrant community with transportation costs to attend high school.

At this time, nine high school students have received our assistance. A video has been made of the parents and the students thanking us for all we have done. The video is available to watch on our OHCE website, or directly at https://humansciences.okstate.edu/fcs/ohce/. Under the Tab “Resources” you will click again on Resources that will take you to the location of Projects, past issues of the Outreach, History, Financial, Awards, Forms, Volunteer Hour Forms, Grants, Marketing, Policy and the OHCE Logo and Letterhead.

An anonymous challenge was given at our State Meeting and OHCE members contributed $3,529.74 which includes a $900 donation from an OHCE Family who gave the challenge. Total receipts for this year are $4,852.02, which covers this year’s payment and most of next year’s commitment.

Thanks to everyone who has been contributing and we hope you will continue to consider adding $1.00 more to your dues this October to support this program.

To Our State Chaplain, Marian Stout, whose husband passed away August 21. Please keep her and the family in your prayers

Our Deepest Sympathy
HEALTHY LIVING—STATE GOALS - 2018
Community Awareness for Healthy Living

GENERAL GOAL: Encourage OHCE members to become Master Volunteers

Health and Safety Issues Suggested Emphasis:
- Healthy eating and active living
- Supporting emotional wellbeing though self care

Suggested Projects:
- Implement Walk With Ease program (a regular walking program; this program describes “the easiest and safest way to get needed cardiovascular exercise and all the wonderful physical and mental benefits it brings”)
- Addressing age related factors that can affect food intake and nutrition
- Continue to support and implement the “Drive by Fruiting” project (families or 4-H members adopt a senior citizen and provide $5 or less of fresh fruits and vegetables on a monthly basis)
- Educate, mentor, and support others in a safe, healthy, and active living
- Supporting emotional well-being through self-care
- The greatest wealth is health (prevent or delay chronic disease through a healthy lifestyle)

District Lessons:
- Walk with Ease
- Supporting emotional well-being though self-care

State Lesson:
- The greatest wealth is health (prevent or delay chronic disease through a healthy lifestyle)

Awards:
1st, 2nd, 3rd - County Award Book: $25, $15, $10
1st, 2nd, 3rd - Local Group Award Book: $25, $15, $10

Committee:
Rebekah Williams, SE Chair
Robbie Sloan, SE Member
Dottie Gatz, NW Member
Alice Stewart, NE Member

Notes from Awards & Reports Chairman:
I hope this finds you all enjoying the rain and cooler temperatures we’ve been blessed with this August. The state meeting in July was a success and it is time to prepare for the fairs and all that fall brings us.

Congratulations to all the 2016 State OHCE Member Award winners who were honored at the 2017 State Meeting in Oklahoma City:
- Young Member: Indy Heister, SW District
- Rookie Member: Angela Hudson, SE District
- OHCE Member: Pat Chapman, SE District
- Heart of OHCE: Phyllis Linker, SW District

There were a total of 91 member award applications and 226 total report books, photographs, and life stories for 2016. These numbers were up a little from the previous year. Please keep reports and applications coming in so we may learn from each other what is going on in our organization across the state, as well as honor those members deserving of awards. I will continue the special awards, begun by Madaline Kropff, for the counties with the most reports and award applications received for 2017. The 2016 winners are:
- 4th place: SE District, Pottawatomie County, 16 reports
- 3rd place: NW District, Woodward County, 22 reports
- 2nd place: SW District, Stephens County, 24 reports
- 1st place: NE District, Cherokee County, 31 reports

I am very happy to be a part of this organization that works to improve the lives of individuals and families across our state. Keep up the great work and be prepared to fill out report books about your projects. Go to the OHCE website for the guidelines and fillable applications. Please make sure you read all the guidelines and follow ALL instructions for the award applications, report books, life stories, and photography contest. A few minor changes have been made. No report, application, etc. should be disqualified because the instructions were not followed. Please read carefully and put everything in that is requested. Remember, all of these items must be mailed to me at the following address and MUST be postmarked no later than February 1, 2017. If you have questions, you may contact me at the following:

Awards and Reports Chair:
Sandy Pogue
297932 East 1730 Road
Duncan, OK 73533
580-444-3539
sandy.pogue@gmail.com
FAMILY ISSUES - STATE GOALS - 2018

Slogan: Educate families to promote individual character and community service for present and future generations.

Objective: To help families unite and improve community life.

Oklahoma Family Fundamentals

- Increasing family skills across all generations with programs such as Character First, Take a Stand, and Manners Matter.
- Helping parents and grandparents with family communication.
- Understanding family relationships and/or household dynamics, and multi-generational families.
- Financial Education for limited budgets
- Teaching children how to budget
- Who Gets Grandma’s Yellow Pie Plate*. Teach estate planning, and transfer ownership of personal property and objects.
- Helping to develop home life skills such as canning, sewing and manners
- Preparing to develop home life skills such as canning, sewing and manners

Developing Community Outreach

- Assist in developing Community Coalition, alliance with other community and county organizations
- Small community service projects: “Examples” Tooth Fairy Pillows, Cool Ties, Nursing Home Projects, recruit DHS
  - Foster Parents, provide school supplies for needy children, identify & volunteer or donate to Abuse Centers, organize a book drive for local needs.
- Neighborhood Community Social event such as: Potluck Supper, Ice Cream Social
- Volunteer to tutor or mentor community adults.
- Support and develop stronger alliance with youth groups such as 4-H youth, schools, Youth and Family Services and libraries

Protecting Your Family

- Raising awareness of possible mental help needs within family
- Raise awareness of proper storage and disposal of prescription medication.
- Family Emergency Planning & Response Training from the Office of Homeland Security
- Neighborhood Watch Party
- Internet Protection Safety Education

Military Support

- Continue to send packages and letters to military personnel, i.e., save coupons to be sent to European countries to use in their commissaries.
- Encourage support to the family by forming support groups and including them in group and county activities.
- Help in forming support groups for wounded veterans, and service personnel in communities: i.e., Wounded Warriors cancelled stamp project. Website: Stamps Wounded Warriors; quilt projects, i.e., Home of the Brave and Quilts of Valor.
- Become involved with Home of the Brave quilt project. (homeofthebrave.com), Quilts of Valor (quiltsofvalor.com)

Promoting Family Literacy

- Volunteer to read to pre-school or young elementary age children. Check with county educator for available programs
- Implement reading programs such as F.R.E.D. (Families/Fathers reading every day), i.e., Texas Tech curriculum to encourage family time and use of libraries. Make bags to use with children, fill with age appropriate books and activities. Work with location programs for distribution.
- Adopt a “book box” project using information gained through www.littileibraries.com for your area or underserved community in your county.

6. Life Essay

- Each county conducts a life essay contest according to the state guidelines as listed. County winners should be submitted to the state awards chair for judging.
- Write about ONE EVENT OR TIME IN LIFE, for the purpose of providing future generations a written picture of life. Spelling and punctuation are not judged, but clarity of ideas is important.
- The goal is to compile the best stories as deemed by the family committee members into a possible future publication as a fundraiser for OHCE.

Rules of the Life Story Essay Contest

- Two entries per county
- One entry per person
- Entry must be written by an OHCE member in good standing.
- Entries will only be judged if they are placed in a 3 brad paper folder with pockets for 8½ x 11 paper. The information is needed in the following order: Life story, name of the author, address, county, district and year written on the upper right hand corner of the label affixed on the folder.
- The essay must be on a typewriter or computer using Times New Roman font 12 size and double-spaced with a 1 inch left hand margin. It should be one to three pages in length.
- Do not include photographs, clipart, news clippings or page protectors.
- All life essays submitted for state judging must include the current signed Life Essay “Release Form” statement by the author giving OHCE the right to read publicly and publish electronically on OHCE website for public viewing without further financial compensation to the author.
- County winner essays must be submitted to the OHCE Awards Chair postmarked by February 1st.

Awards:

1st, 2nd, 3rd - County Award Book: $25, $15, $10
1st, 2nd, 3rd - Local Group Award Book: $25, $15, $10
1st, 2nd, 3rd - Life Essay: $25, $15, $10

Committee Members:
Darline Ruyle, SE Chairman
Marlene Alsip, NE Member
Tammy Elliott, SW Member
Kathy Coffey, SE Member

Membership Committee News:

My goal as membership chair is to increase our membership. The membership committee came up with a “One plus One” Campaign which we will go over in the Spring District meetings. It involves each member bringing in one member to OHCE. There will be a cash incentive for 1st through 3rd place. We need to get out and encourage new clubs, increase each club’s membership and market the benefits of belonging to OHCE. We hope to see you in the District membership workshops.

Linda Swindler Membership Chairman
**RESOURCE MANAGEMENT**

A. **Focus Area I: Resource Management**

**Objective:** Increase positive consumer and community practices and actions that protect family finances, homes, and communities. Take measures to protect personal assets.

1. **Action**
   a. Provide lessons on methods for managing assets, basic budgeting, and financial tools, and protection of assets.
   b. Encourage all OHCE members to become Master Family and Consumer Sciences Volunteers

2. **Resources**
   a. Annualcreditreport.com – The official website for receiving your free annual credit reports.
   b. Protecting Yourself – Educate members about the kind of review and planning needed to protect assets including: insurance, inventories, and the role of checking credit in avoiding identity theft and estate planning (suddenly single):
      - Extension educators and specialists
      - Local insurance agent
      - Oklahoma Insurance Department
      - FDIC website: fdic.gov
      - NICU website
      - FTC website
      - Consumerfinance.gov
      - Create support groups for newly single persons to gain resources for emotional support and financial information

B. **Focus Area II: Environmental**

**Objective:** To increase and promote actions of individuals, families and communities to conserve and practice water and energy conservation and positive recycling practices.

1. **Action**
   a. Provide information on what can be recycled and what happens to recycled materials.
   b. Organize community clothing swap.
   c. Encourage club members and communities to develop good water conservation practices and use of water testing, both town and rural water.
   d. Educate and encourage others in maintaining and repurposing clothing and household items.
   e. Recognize impacts and critical roles that individuals may have on personal and community environments and development.
   f. OHCE clubs will develop and or maintain a community planting project using Oklahoma proven plants.

2. **Resources**
   a. Save One Gallon a Day-A county and state-wide initiative to increase awareness and participation in water conservation. Each club can develop ideas for saving water.
   b. More Energy at Home – Five easy steps for saving on home energy. (teach to 4-H)
   c. Healthy homes – Teach consumers no and low-cost healthy homes practices.
   d. Fact sheets related to fruit, vegetable, plant, and tree varieties that grow best in Oklahoma.
   e. Encourage community beautification.
   f. Healthy Housing: A program that is designed to teach consumers the seven principles of healthy housing. By maintaining a healthy home, consumers will reduce risk while maintaining or increasing well-being.
   g. Department of Environmental Quality (DEQ) 707 North Robinson, Oklahoma City (405) 745-7120
   h. County Commissioners.
   i. OSU County Educators and 4-H Environmental Stewardship Team members.
   j. Public Libraries and Internet.
   k. Legislators.
   l. OSU Specialists.
   m. US Ag Recycling Inc. 1-800-654-3145.
   n. Salvation Army or local thrift store (for recycling).
   o. OK Environmental Management Authority, 1505 Rock Road, (405) 262-0161.
   q. Keep Oklahoma Beautiful Project - For flyers, presentations, and information (405) 521-1044.
   r. Beautification Coordinator, Oklahoma Department of Transportation (ODOT); 200 NE 21st, Oklahoma City, OK 73105, (405) 521-4037.
   s. Master Gardener programs.
   t. Local Nurseries and Landscapers.

3. **Observe Special Days**
   a. Earth Day.
   b. Observe National Safe Drinking Water, month of May.
   d. Organize and/or support “Household/Farm Hazardous Waste” Collection.
   e. Arbor Day, last full week of March.

**Awards:**
- 1st, 2nd, 3rd - County Award Book: $25, $15, $10
- 1st, 2nd, 3rd - Local Group Award Book: $25, $15, $10

**Committee:**
- Viola Allen, SE Chair
- Vivian Meridith, NE Member
- Michele Olandese, SW Member
- Dottie Gatz, SE Member

The Family Issues committee will be working on something special for District Meetings. We hope we can arrange it. Please look at the new goals for 2018, and let us know if you have questions or comments. Thank you

**Darline Ruyle, Family Issues Chair**

**Resource Management News:**

- It was nice to be back at the OSU Campus. It brought back memories of when we had our State meetings on the campus and stayed in the Dorms, and had to bring our own bedding. I always looked forward to the State Meetings. I want to thank Cindy Clampet, OSU Resource Management Specialist, and Vivian Meridith Resource Management member, for their assistance with the Resource Management goals for 2018.

The Resource Management Committee will hold workshops at all the Districts and at the State meeting in 2018. Cindy Clampet will conduct the workshops at both the District and the State meetings. District Workshops will be on “Protect what is Important”. State Workshops will be “Trick out your Financials”.

**Viola Allen, Chair**
Message to OHCE members – Fall 2017

What a great conference we had in Oklahoma City this summer. The educational sessions and workshops were very informative and the ability to network with OHCE members across the state was phenomenal. New board members were elected and the great work of OHCE was featured during the awards ceremony. These awards and life stories reminded us all that what you do and stand for is critical to communities, the people of Oklahoma and the world. One great example of your impact abroad is the success you have achieved in securing funds to support nine Mexican students to attend high school. You are truly touching their lives and their families. You can see a video about this project, La Preciosita, on the new OHCE website at: ohce.okstate.edu.

As many of you know, Cooperative Extension is experiencing tremendous budget reductions. One way to cut administrative costs is to move from 4 to 3 districts. In the near future we will be working together with OHCE state leadership to ensure a proper transition that works well for both Extension and OHCE. In the meantime, please keep up the good work and let’s continue to make a difference together. I am proud of OHCE and privileged to serve you as state advisor.

Jorge H. Atiles
Associate Dean, Extension & Engagement
Assistant Director, Cooperative Extension-Family & Consumer Sciences

Cash in on Quilt Trails

The love of quilting and tourism are coming together to showcase Oklahoma Quilt Trails and stimulate rural economies. OSU Extension Educators are taking the lead in developing the first Barn Quilt Trails in Oklahoma.

Lynda Latta, Ellis County, Rhonda Devor, Woodward County and Jean Bailey, Dewey County along with Recia Garcia, Volunteer, are excited to invite you to attend the Rural Development Seminar that will be held in Woodward, Oklahoma on October 26th. Guest speakers include award winning author and national speaker, Suzi Barron. The seminar cost $25.00 with meal included. Call your Extension Educator for a registration form or call the Ellis County Extension office at 580-885-7775.

OSU Ag Communications is assisting in the development of quilt trails across Oklahoma. If you have a Barn Quilt on display and would like to be placed on the trail map, please contact Lynda Latta in Ellis County. The goal is to reach all areas of the state and increase tourism to local communities.

Lynda Latta, Ellis County Educator, FCS/4-H/CED

Hello OHCE Family;

Well, it has been a year since I took the office of President of OHCE. What an amazing year it has been. I am so looking forward to what this year will entail. Change is coming but we are going to grasp it by the horns and hold on. It will take us to a new level. Let’s make it an exciting adventure.

Our OHCE Meeting this past July was a great success. A warm “Thank You” to Mary Deken and her committee for a job well done!! Our numbers were up this year which is wonderful. Many hours were put into the planning to make this an enjoyable event for everyone. If you missed it, start making plans NOW to come to the 2018 State Meeting. We need You!! Putting aside your change will really add up. You can also give up one soft drink or coffee a week and put that money back to save for the cost of registration.

Thank you also Sandy Pogue for an outstanding job presenting the winners of the Awards & Reports. The awards presented some of the many efforts of county and local groups in our great organization. And we do have a GREAT organization. I would like to challenge all the counties to turn in at least one report. You all do at least one project—Report on it!! It just takes a little time. Perhaps your report will spark an interest that others will want to add to their communities. Thank you for all that you do.

A few weeks ago, the committees met and set goals for the upcoming year. What an outstanding job they did. I am so excited for the new goals to be put in place. There are so many great goals. I know you will be as excited as I am. They have a Passion for OHCE. Together we are touching the STATE! Catch hold of the Passion, plant the seeds – reach your community- increase your group- help to start a new group.

What are you doing to spread the word about OHCE?

Debbie Mote, President
State OHCE Board

2018 State Project – Helping Hearts

The State Project committee will be sponsoring a Kickoff Community Service Sewing Project to be reported during the four district OHCE meetings this coming spring.

Be watching for the project details that will be sent out this fall. If you have a cancer center in your area – can be in a bordering state - you might inquire about the need for comfort pillows for mastectomy patients. Details of the challenge along with pattern and instructions will be coming soon. This will be a short term challenge with results reported at the District meetings and completed at State OHCE meeting.
2017 State Conference

What a great 2017 State Conference we experienced this past July. Congratulations goes to Mary Deken and her committee as well as the OSU Staff who all worked so hard to plan and execute this event. “OHCE Lights the Pathway to the Past, Present, and Future” was the conference theme. Twenty-five diverse educational and fun workshops were held during five Learning Sessions. Even before the conference officially began, there were craft workshops held on Sunday afternoon. Truly, there was something for everyone! Member Award winners were honored at our Friendship Banquet, and Project Award winners were recognized on Tuesday morning. The projects our groups and counties are doing are just amazing! Speaking of amazing, our hotel, the Embassy Suites, is awesome. Did you like the yummy cookies and lemonade the hotel provided for us during check-in? I know I did! We really appreciate the Embassy Suites and their friendly staff for all they contribute to a successful OHCE conference.

Looking forward, the State Committees have completed the 2018 goals and are busy planning workshops for the 2018 District/State meetings. The planned Leader Lessons and workshops for next year are very exciting and will be interesting to everyone. So be looking for more information about them as we get closer to the meetings next year. Also, next year we will have a new State Project starting in January.

We have lots of great things to look forward to next year including the 2018 State Conference. It will be held at the same Embassy Suites Downtown in Oklahoma City where we met this summer. The theme will be “Planting the Seeds of OHCE.” You’ll want to mark those 2018 calendars for July 8, 9, and 10. Many workshop ideas have already been suggested, and plans are being made. My goal is to bring members a conference filled with learning, fellowship, and fun!

Last, but certainly not least, I would like to thank each and every member for your vote of confidence in electing me as your Vice President for Programs. It is a big job and there are many challenges, but challenges stretch us and promote growth both personally and as OHCE officers. I’m ready and look forward to being challenged and gaining more skills as an OHCE member and officer. I am honored and want to serve each of you to the best of my ability. Thank you all for this opportunity to serve.

Kathy Fentress
OHCE Vice President of Program

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Cultural Enrichment Committee News:
We would like to thank the OSU Specialists for all their help with our 2018 goals! We have finally removed the "Water for all" since we no longer are involved in that project.

We have added:
1. Etiquette for outdoor entertainment.
2. Hosting an international backyard BBQ.
3. Take a tour of old barns.
4. Visit/help clean up old cemeteries.
5. Family quirks, myths, truths, unusuals that you grew up with.
6. Collecting dimes for CWC (ACWW) international projects.

I have a great Committee who are certainly committed to OHCE and I APPRECIATE them very much:

Nancy Oglesby, NE Chairman
Toni Bess, SW member
Barbara Jones, SE member
Sandra Judge, NW member

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State Board Goal Planning Meeting

Each year at the State Meeting we have been asked for those who could not attend a session if handouts or the program could be made available to members. We are making those programs/handouts available online so that members can have that information or OHCE groups might want to add that lesson to their 2018 Leader Lessons. The materials have been collected and are now available on our website. Go to https://humansciences.okstate.edu/fcs/ohce/state-meeting-resources.html to access the following programs: Baby Basics; Chalk Painting; Creative Food; Get out of Town; Old-fashioned Beans, Peas, & Lentils; Straw Bale Gardening; Superstyle your Sweatshirt; The Flag and Bandana Roses; and Underground Quilts

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Hello Everyone,

I’m so excited to be your new state Historian. If you are a county or local group Historian and have any questions, I would love to hear them. Please consider appointing a county Historian if your county doesn’t have one. Our history is so important to preserve and protect. I look forward to seeing everyone at the District meetings and State meeting next year!

TIP: I know you think everyone does it, but they don’t. Please write names on the back of photos with a pencil, photo safe ink or a piece of tape so that future generations will know the names of the people in the photos. We are out of the habit because of digital photos and we need to make sure we document member’s names.

Thank you and see you soon!

Shem Hamil, State Historian
2018 MEMBERSHIP DUES

COUNTY TREASURERS:
The state dues for 2018 are due to state treasurer by November 1, 2017. Please make sure you include $12.50 for each paid member along with a new Master Membership roster containing complete information for each member paying dues. We ask that the information be put on the proper format that each county office has for their records. This is an exact duplicate of the information you are to send to the OSU State Secretary, also by November 1. If County Educators have questions about this form, contact your District Advisor.

Educators: It would be helpful if you send a clean copy with current information for each paid member. It is confusing when there are some names marked through, deleted and several counties have different methods to divide groups with color coding, etc. This is fine for your records, but if you could turn off the color codes before sending to State Treasurer it would be appreciated. I don’t mind you sending it to me electronically, providing you make sure the County Treasurer has put the check and the Treasurers Form in the mail.

DO NOT SEND INDIVIDUAL MEMBERSHIP FORMS at this mailing! The only time you send individual forms is when you have individual members that may be joining late. You are to send one master list with all information on or before November 1.

VINA SPICKLER
710 WEDGEWOOD DRIVE, STILLWATER, OK 74075
PHONE: 828-461-1986
EMAIL: vspickler@live.com

Online Forms on OHCE Website:
Please go to OHCE Website at https://humansciences.okstate.edu/fcs/ohce/resources.html under Forms to find the forms. You will need the new Adobe Reader and it can be downloaded from the website.

1. County Officer Form: For those who are responsible for filling out the County Officer Form, this is an Excel form for reporting your County Officers. The report is due by November 1. The State Advisor’s office has stated that only this new form will be accepted. Others will be returned.

2. New Membership Form: Once you open it in Adobe Reader, you will just click on the first question and then after typing, tab from one question to the next. At the end next to the signature line click on the submit button and it will automatically print the form for you to give to your local/county treasurer who will give it to your educator. After printing, please save the document with “firstname-lastname.pdf”.

3. Member Award Forms: Click on the appropriate Member Nomination Form (there are 4) and it will open, right click and Save As to your computer. You will then open the document from your computer in Adobe Reader, click on the first question and then tab from one question to the next. Once you have completed the document, you will need to use “Save As” the same name to save it to your computer. You can now e-mail your form to your county president or extension office for them to complete. They will then e-mail it back to you for printing and completing your book with picture, bradded folder, etc. Please check out the Criteria on the website for any changes.
**Southeast District Meeting 2018**

**Christine Hammond, SE District Representative**

Time is flying by, it's time to mark your calendar for the 2018 SE District Meeting. We will be meeting in Ardmore on Tuesday, March 27, 2018 at the Ardmore Convention Center. Our theme for 2018 is: *“Hats Off To OHCE”* ...with Bryan, Carter, Johnston, Love and Marshall counties, hosting the meeting.

They are all busy planning and working to make a great District Meeting, I can hardly wait and hope all of you are excited too. Watch for more information in our next Outreach, for workshops and the possibility of a Monday afternoon tour.

So, *Hats Off* to you all!
Tuesday, March 27, 2018
Ardmore, Oklahoma

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**Northeast District Meeting 2018**

**Dee Porter, NE District Representative**

The 2018 Northeast District Meeting will be held in Broken Arrow, Oklahoma at the new Stoney Creek Conference Center on April 3, 2018. Host counties are Tulsa, Washington and Osage. Our theme is *“There's No Place Like Home”*. The Northeast District Planning Committee has interesting ideas for workshops, speakers and lots of fun. So, put on your red shoes, click them together and follow the Yellow Brick Road to the 2018 Northeast District Meeting April 3, 2018.

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**Southwest District Meeting 2018**

**Debra Stevenson, SW District Representative**

The Southwest District had a GREAT meeting in Lawton this past spring, and again thank you members of Comanche and Cotton Counties for all of your hard work.

BUT.... Now we are planning our “2018” Southwest District OHCE Meeting and we are asking all of our SW District members to place the date on your calendars for:

Friday, April 6th, 2018 at Trinity Baptist Church, 108 Loftlin Lane, in Pauls Valley, OK.

The membership of Garvin, McClain and Cleveland have met and we are working on making this another great meeting. So get ready to *“Spring into Action with OHCE”*.

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**Northwest District Meeting 2018**

**Patsy Thibideau, NW District Representative**

The 2018 Northwest District Meeting will be March 16, 2018 at Langston University, east of Guthrie, Oklahoma. Hosting counties are Kay, Logan and Noble.

The theme of this years meeting will be *“Seeds of Growth”*. We are already lining up some great workshops so mark your calendars now!

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Hello from Nominating Committee!

As you can see we have begun planning 2018 for OHCE. We are going to have another great year and again gain and disperse a lot of valuable knowledge. We need more great leaders in all levels of our organization, so it is time to begin thinking of making applications for the State Board for OHCE. Elections and appointments will take place at our State Meeting next July. Please consider sharing your talents with us by applying for one (or more) of the following positions:

**ELECTED POSITIONS:**

- Secretary
- District Representative
- Leadership Development Chairman

Appointed Positions are:
- Parliamentarian
- Chaplain
- Editor
- Historian
- Promotional Sales

Appointed Committee Chairman and Members are:
- Arrangements Committee Chair and members
- By-Laws Committee Chair and members
- Budget Committee members
- Nominating Committee members
- Cultural Enrichment Committee Chairman and members
- Healthy Living Committee Chairman and members
- Membership Committee Chairman and members
- Leadership Development Committee members

Strong leadership is the key to any organization’s success. Across the state we have strong leaders in the local groups and in the county organizations. I hope that each of you will consider either filling out qualification sheets or encourage a fellow member who has shown strong leadership qualities to do so.

The qualification forms are located in the OHCE Policy Book in Section XII, pages 2, 3, and 4. Please note the three items at the top of page 3 and submit them as well as the 3 above mentioned pages. The Policy Book is available in your county OSU Extension Office and online at www.ohce.okstate.edu. Go to Resources and page down to “Policy Book.” Submit to me as soon as you can at this address: Shirley Burns, 2606 Lakewood Drive, Chickasha, OK 73018 or e-mail them to me at shirleyfburns@suddenlink.net. For any questions, please contact me. My telephone number is 405-724-7270. Thank you for your valuable service to our great organization that continues to make our communities, our counties and our state a better place to live.

**Shirley Burns, Nominating Chair**

It is time that all members need to renew their memberships. All members are required to fill out a New Membership Form when paying their $12.50 dues. Make sure that your address and e-mail address are correct and legible, and do not forget to place a check mark next to the “Yes” if you want to receive by e-mail. The Membership Form is available in a fillable pdf format on the OHCE website.

After your Membership Forms are turned in, and as the year progresses, please do not forget to send any change of address or e-mail address to myself or to your educator.

**Pat Chapman, OHCE Outreach Editor**
Oklahoma Outreach is published three times a year by Oklahoma Home and Community Education, Inc. (OHCE), is a 501c3 non-profit organization whose mission is education, leadership development and community service. OHCE is one of the educational organizations sponsored by the Oklahoma Extension Cooperative Service, Oklahoma State University, Stillwater, Oklahoma. All members are invited to submit timely OHCE news items. Deadlines are the 1st of February, May and September. Editor reserves the right to edit all articles.

President  Debbie Mote  P. O. Box 94, Morrison, OK 73601  Email: ohcestatepresident@gmail.com

Editor  Pat Chapman  155 Choate Rd, Broken Bow, OK 74728-5135  Email: pchapman@pine-net.com