

2019 Atoka County



OSU EXTENSION
**FAMILY AND
CONSUMER SCIENCES**

STATEWIDE IMPACT



DID YOU KNOW in 2019, our Family & Consumer Sciences Extension Educators reached 148,738 Oklahomans?

Here are some of the great things participants are saying about programming offered by Family & Consumer Sciences Extension Educators throughout the state.

"I learned how important it is to put our differences aside and co-parent together and how I can make that happen."

"I learned about the type of parent I should be and examples of what NOT to do, as well as different ways to discipline and how I can be consistent."

"An elderly participant, experiencing depression and declining health after several fall, received a doctor's recommendation to exercise. After completing the program, she continues to walk over a mile three times a week. Others have commented on her improved steadiness stamina."

"I never had any instruction on credit, credit scores, or credit repair and I am very grateful for this information."

"My husband reads labels and changes the lunch he takes to the oil rig sites. He never listened to me, but after hearing the importance of reading labels, what you eat, and when you eat, he practices what you taught."

OUTCOMES FROM ATOKA COUNTY

- 50% of parent participants in the Co-Parenting Program are more likely to search for the positive in their child's other parent and point it out to their child.
- 50% of parents are more likely to discuss issues with their co-parent and come to an agreement before making decisions regarding their child.
- 84% of parents are more likely to encourage their child to have a positive and healthy relationship with their other parent.
- 100% of parents are more likely to treat their child's other parent like a valued member of the team.
- 68% of parents are more likely to communicate directly with their co-parent instead of involving their child.

OUTCOMES



**What is an
outcome?**

**Outcomes are desired
change in behavior,
conditions, or learning as
a result of attending FCS
programs. Outcomes are
collected from evaluations.**

COMPARING ATOKA COUNTY TO OKLAHOMA AVERAGES

Impact	Atoka County	Oklahoma Average
of parent participants in the Co-Parenting Program are more likely to search for the positive in their child's other parent and point it out to their child,	50%	84%
of parents are more likely to discuss issues with their co-parent and come to an agreement before making decisions regarding their child.	50%	57%
of parents are more likely to encourage their child to have a positive and healthy relationship with their other parent.	84%	70%
of parents are more likely to treat their child's other parent like a valued member of the team.	100%	67%
of parents are more likely to communicate directly with their co-parent instead of involving their child.	68%	62%

DETAILED PROGRAMS IN OKLAHOMA

What are Issue Teams?

Family and Consumer Sciences statewide issue teams bring together Extension personnel, at both the state and county level, to provide programming which addresses complex issues facing Oklahomans.



Health & Hunger

The Health & Hunger Issue Team is dedicated to reducing the number of Oklahomans experiencing hunger and increasing the number of Oklahomans maintaining or improving their health through safe and healthy food and physical activity choices.

Safety & Environment

The Safety & Environment Issue Team helps Oklahomans reduce risks that could harm their health, well-being, and safety. This team also works towards increasing the number of Oklahomans protecting their environment.

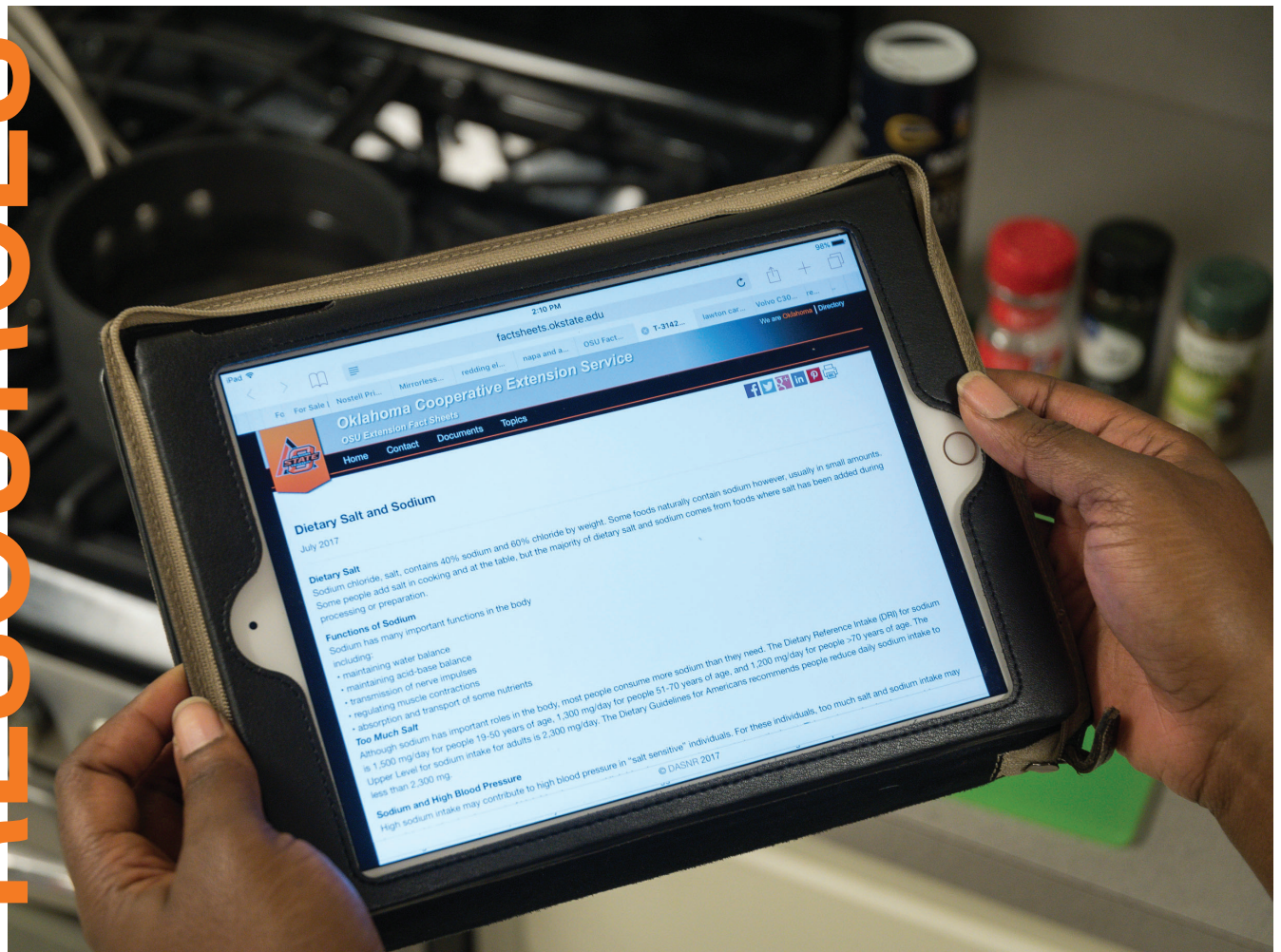
Finances & Job Readiness

The Finances & Job Readiness Issue Team is focused on helping Oklahomans increase their financial readiness for life events and their personal and community readiness for employment and economic opportunities.

Family & Child Resilience

The Family & Child Resilience Issue Team provides programming which enables Oklahoma children, youth, and adults to successfully face challenges across their lifespan.

RESOURCES



Oklahoma Cooperative Extension Service Helpful links:

- Oklahoma Cooperative Extension Service Family and Consumer Sciences
<https://humansciences.okstate.edu/fcs/index.html>
- Oklahoma Cooperative Extension Service Family and Consumer Sciences Publications and Resources
<https://humansciences.okstate.edu/fcs/publications-resources/helpful-publications.html>
- Oklahoma Co-Parenting for Resilience
<https://humansciences.okstate.edu/fcs/coparenting/index.html>
- Oklahoma Community Nutrition Education Programs
<https://humansciences.okstate.edu/fcs/cnep/>
- Oklahoma Home and Community Education, INC.
<https://humansciences.okstate.edu/fcs/ohce/index.html>
- Oklahoma Cooperative Extension Service
<http://www.oces.okstate.edu/>
- Oklahoma Cooperative Extension Service Fact Sheets
<http://factsheets.okstate.edu/>



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