

# HANNAH WELLS

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## EDUCATION

### **Bachelor of Science in Health Education and Promotion**

Anticipated May 2020

Oklahoma State University – Stillwater, Oklahoma

GPA: 3.85

## CERTIFICATIONS

**CPR and First Aid**, American Red Cross

**Certified Personal Trainer (CPT)**

## EXPERIENCE

### **Job Shadow (Wellness Director)**

Summer 2018

Inverness Village – Tulsa, Oklahoma

- Attended project planning meetings and contributed ideas to the “Fit for Fun” health program.
- Observed several consultations with residents concerning individual fitness plans.
- Learned how to record blood pressure, resting heart rate, BMI, waist circumference, height and weight.

### **Front Desk Staff**

2017-2018

Colvin Recreation Center – Stillwater, Oklahoma

- Greet patrons and answer questions about facilities.
- Check out equipment and demonstrate proper use of machines.

### **Lifeguard**

Summer 2016, 2017

Stillwater Country Club – Stillwater, Oklahoma

## CAMPUS ACTIVITIES

Health Promotion Club

2017-Present

OSU Intramural Sports

2017-Present

## COMMUNITY SERVICE

Habitat for Humanity

2011-Present

HOSPICE patient care volunteer

2010

## OTHER WORK EXPERIENCE

### **Student Worker**

2017-2018

Edmon Low Library – Stillwater, Oklahoma

### **Carhop**

2016

Sonic – Stillwater, Oklahoma