MINOR IN
PRE-COUNSELING

DESCRIPTION OF MINOR

Completion of this minor will provide students with a basic understanding of counseling as a profession, including the helping skills utilized. Students will learn about the legal, ethical and diversity issues surrounding counseling as well as the different types of counseling, counseling theories and concerns that often lead clients to seek counseling. Issues covered may include depression, substance abuse, anxiety, trauma, suicidality, bullying, domestic violence and discrimination. Qualifying students must be pursuing an undergraduate degree at Oklahoma State University.

REQUIRED COURSEWORK

- CPSY 3003 Introduction to Counseling and Related Professions – Fall, Spring
- CPSY 3013 Introduction to Helping Skills – Fall
- CPSY 3023 Mental Health in Schools and the Community – Spring
- CPSY 4443 Cultural Diversity in Professional Life (D) – Fall, Spring
- CPSY 4013 Field Experience in Counseling – Fall, Spring

Please contact an adviser in the Watson Family Student Academic Success Center in 106 Willard to declare your minor.