6-WEEK GRADES

Did you know instructors will begin submitting 6-weeks grades on Tuesday, Sept. 25? It's time to put your best effort into academic success, and we want to help. Check out the tip below!

SUCCESS TIP

Your nutrition can impact how you study and how you perform in class. Stay hydrated with water. The brain needs it to function at its best. When you’re studying, and on exam days, choose foods that support your ability to focus and remember. Eat things like yogurt, nuts, berries and fish.

AVIATION MIX & MINGLE

Tuesday, September 18 | 5 – 6:30 p.m. | Willard Living Room

Connect with employers who are seeking students majoring in aviation management, aerospace logistics, aerospace security and professional pilot. All aviation students are invited to attend and learn more about the industry!

EMPLOYERS ATTENDING:

- American Airlines
- Dynamic Air
- Envoy
- Southwest
- Textron
- UPS
- US Marines

OSU STUDY ABROAD DAY

Thursday, September 27 | 10 a.m.- 2 p.m. | Engineering South lawn

Channel your sense of adventure and explore the opportunities to connect with different places and cultures! Learn about short-term and long-term programs in locations all over the world. Free hot dogs, sodas and popsicles will be available at the fair for those students who visit a booth. Schedule of events can be found here.
### Career Services

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Time</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>Sept. 18</td>
<td>CEAT Career Fair</td>
<td>9 a.m.- 3:30 p.m.</td>
<td>GIA</td>
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<tr>
<td>Sept. 19</td>
<td>Business Career Fair</td>
<td>12:30 p.m.- 4:30 p.m.</td>
<td>GIA</td>
</tr>
<tr>
<td>Sept. 20</td>
<td>CASNR Career Fair</td>
<td>12:30 p.m.- 4:30 p.m.</td>
<td>GIA</td>
</tr>
<tr>
<td>Sept. 25</td>
<td>Mock Interview Days</td>
<td>9 a.m.- 5 p.m.</td>
<td>360 Student Union</td>
</tr>
<tr>
<td>Sept. 26</td>
<td>Identify your strengths and weaknesses in an interview setting with experienced recruiters. Deadline to register is 8 a.m on Sept. 24. Sign up <a href="#">here</a>.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sept. 27</td>
<td>Career Trek- Job Search</td>
<td>12:30 p.m.- 4:30 p.m.</td>
<td>GIA</td>
</tr>
</tbody>
</table>

Registration required for this event [here](#).

A complete listing of career events can be found online [here](#).

EHA has a career consultant (Michelle Crew) who works one-on-one with students to assist with career related issues. Use the [STAR System](#), call 405.744.6350 or email michelle.crew@okstate.edu to make an appointment.

### Academic Advising

Need to schedule an appointment with your advisor? Log in [here](#) to access your advisor’s calendar and schedule an appointment.

Click the blue "Get Advising" button after logging into the [STAR system](#) to get started!

### Follow us on social media!

[OSUEHA](#)
Dates & Events

International Student Teaching Meeting
Wed. & Thurs., Sept. 19-20 | 5 p.m. | Willard 107
Come meet faculty and learn more about international student teaching and scholarships!
See flyer here or contact cindy.cario@okstate.edu.

Dr. Bird Speaker Series: Alane Zonotti
Tuesday, Sept. 18 | 6:30-7:30 p.m. | 412 Student Union
Join Dr. Lee Bird, Vice President of Student Affairs, and her speaker series guest, Alane Zonotti. She will share lessons learned in her first year of college during her talk, "The Advice I'd Give my College Freshman Self."

Soaring With Service
Wednesday, Sept. 19 | 11:30 a.m. - 1:30 p.m. | Student Union Plaza
This event will provide you with all the information you need to get involved in campus service organizations and other opportunities for you to make a difference in the lives of others and the world.

2018 EHA Tailgate
Saturday, Sept. 22 | 3:00 p.m. | Willard Lawn
Event includes meal from Click's Steakhouse. Cost is $10 per person or $25 per family. Please RSVP online here. Discounted football tickets available for purchase here using promo code 18EDU.

Yoga in the Garden
Wednesday, Sept. 26 | 5:45 - 6:30 p.m. | Botanic Garden
Bring your mat and join Carol Bender, yoga therapist, to stretch and welcome nature's energy into your body. Free and open to the public!

American Association of Airport Executives
Thursday, Sept. 27 | 7 p.m. | Physical Sciences 101
Jasmine Bailey, the newly elected president of the OSU AAAE student chapter invites you to the first meeting. Learn more about Southwest Airlines and enjoy a root-beer float! Event flyer.
Announcements

OSU TOP 20 FRESHMEN

Bailey Clawson, applied exercise science student, was recently recognized as one of OSU's Top 20 Freshmen Women by OSU Mortar Board for excellence in scholarship, leadership and service.

Congratulations, Bailey! Your EHA family is cheering you on as you compete for Top 10.

SENIORS OF SIGNIFICANCE AWARD

Seniors: Put an exclamation point on your OSU career! Applications are now being accepted for the Seniors of Significance Award presented by the OSU Alumni Association. Apply before Oct. 1 here.

POPCORN FRIDAYS

11:30 a.m. - 1:30 p.m. | Willard Lobby

Come grab a bag of FREE popcorn, courtesy of EHA Student Council, every Friday!