Course listings, membership information and registration

OLLI @ OSU
Osher Lifelong Learning Institute
Oklahoma State University

Tulsa | Bartlesville
Stillwater | Oklahoma City

Fall 2018

Online enrollment available:
https://education.okstate.edu/olli
What is the Osher Lifelong Learning Institute?

OLLI @ OSU is a program of educational courses for people who want to enrich their lives through new learning experiences. Non-credit courses on a variety of topics are offered each semester to the public. Instructors are qualified volunteers from various career backgrounds, including academia, business, the arts, and government. Courses are geared toward those 50 and older who have a genuine interest in continuing their learning experiences and intellectual excitement.

Sponsored by the Osher Lifelong Learning Institute and the OSU College of Education, Health and Aviation, OLLI @ OSU is governed by a Board of Directors elected by the membership. Each site has an Executive Committee. Members may attend classes and social events and recommend instructors and courses. Member fees and support from the Bernard Osher Foundation and Oklahoma State University fund OLLI @ OSU operating costs.

To enroll

Enroll online at education.okstate.edu/olli or complete the form for your city, located on pages 44, 45, 46 or 47 of this booklet, and mail with your check or credit card information to us. A confirmation will be sent to you.

Best Value: Joining at the $200 Annual Membership level allows unlimited course enrollment through 6/30/2019!

Questions?

Need-based scholarships are available. Contact the OLLI @ OSU office for more information.

There are no tests or grades… just the joy of learning.
2018 – 2019 Membership

The only requirements for membership are that you are an adult with an interest in continuing educational experiences and will support the program through participation and payment of a membership fee.

Choose your membership level:

$200 Unlimited Annual Membership: unlimited attendance to dozens of courses during the Fall, Spring & Summer sessions at any OLLI location - Stillwater, Tulsa, Oklahoma City, and Bartlesville.

$40 Annual Membership: Each course costs an additional $25.

Membership is valid through 6/30/2019.

Membership allows participation in all social events, travel opportunities, and other special programs, OLLI luncheons, committee membership, voting privileges, and course evaluation. Membership runs July 1 through June 30. The membership year has 3 semesters: Fall (6 weeks), Spring (6 weeks), and Summer (3 weeks).

Information

Texts & Materials

Please pre-pay for texts and materials fees listed in the catalog.

Individuals who pay later than 10 days prior to the beginning of a course are not guaranteed texts and/or course materials. Include payment with your registration. You may pick up your materials the first day of class. Texts are not required for the courses but highly recommended.

Note: If public schools are cancelled due to inclement weather, OLLI @ OSU classes will also be cancelled.

Handicapped Parking: Available for those who display the appropriate signage.

Lunch: Enrollees may purchase lunch on designated days (see registration page, payable in advance, priced per semester) or bring a brown bag lunch and join your OLLI friends. Please indicate your intention to participate, and pay at time of registration.

OLLI @ OSU Staff

DIRECTOR
RuthAnn McCarthy Sirbaugh

TULSA SITE COORDINATOR
TBD

BARTLESVILLE SITE COORDINATOR
MarLo Bailey

STILLWATER SITE COORDINATOR
Mona Akin

OKLAHOMA CITY SITE COORDINATOR
TBD

ADMINISTRATIVE ASSISTANT
Misty Burk

OLLI WRITER
Barbara Mintmire

Tulsa Course Offerings
Course Information: pages 6-19
Enrollment Form: page 44

Bartlesville Course Offerings
Course Information: pages 20-25
Enrollment Form: page 45

Stillwater Course Offerings
Course Information: pages 26-37
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OKC Offerings
Course Information: pages 38–43
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Enroll Online for OLLI @ OSU’s Lifelong Learning Classes & sign up for our day trips!

To enroll online:
- Go to the website: https://education.okstate.edu/olli
- Follow the link to register online.
- On the right-hand side of the page, there is a box titled LOGIN.
  - If you enrolled online previously, enter your password.
  - If not, click FORGOT YOUR PASSWORD. You will then be prompted to enter your email address. An email will be sent to you with your login information.
- Our annual membership runs July 1- June 30. You will need to decide on your membership level before enrolling. Membership must be purchased separately from classes, so remember to choose your classes after purchasing a membership.
  - If you choose the $200 unlimited membership, you may enroll in classes in Tulsa, Bartlesville, Stillwater, and Oklahoma City without additional tuition fees through June 30, 2019.
  - If you choose the $40 membership, your tuition will cost an additional $25 per class.
- Once you’ve logged in as a paid member, you will be able to research the classes offered and enroll. You may pay your fees, purchase texts, and purchase lunches on this site. Classes are listed by city through the selection of the Stillwater, Tulsa, Bartlesville, and Oklahoma City Program Type.
Make your gift today!

Name: _______________________________________________
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City/State/Zip: _____________________________________________
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Gift Designation
☐ I wish my gift to be designated to: OLLI @ OSU  OSUF 25-79300
☐ My gift of $_______________________ is enclosed.

Please make check payable to the OSU Foundation & mail to:
OLLI @ OSU, 100 Scott Hall, Stillwater, OK 74078

☐ Or bill my gift of $_______________________ to my credit card.
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Name on Card: ____________________________________________
Signature: ________________________________________________
Date: __________________________________________________________________________________________

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☐ Other - For gifts of real estate, property, stocks, or estate gifts from a
will or trust, contact Denise Melot, Sr. Development Director, College of
Education, Health & Aviation, OSU Foundation, 405.385.5663 or dmelot@osugiving.com

*Pictured: Dr. Mary Frye, Stillwater Member and OLLI @ OSU
Board of Directors Member.
Straddling two continents, Asia and Europe, Turkey is the link that connects East to West with ancient traditions, breathtaking landscapes and international flair. The Turkish culture is one of family and friendship. Whether this is your first exposure or you’re a long-time admirer, you’ll enjoy this excursion. Beginning with an understanding of modern Turkey’s history, with its roots in the 600-year Ottoman Empire, you’ll also experience Turkish cuisine with a cooking demonstration, hear live traditional music, and watch ebru art (water marbling) performed by an artist in the classroom. Discussions of politics over the past 20 years, questions of democracy, human rights and freedom of speech will give you insight into current events.

Muhammet Ali Sezer is Executive Director of the Dialogue Institute and the Raindrop Turkish House of Tulsa. Muhammet graduated from Suleyman Demirel University with a degree in Mathematics. He earned the College Counseling Certificate from the University of California (UCLA Extension) and is currently studying for a Master’s in Data Science. Muhammet is an alumnus of Leader Tulsa Class 58 and an active member of Tulsa Young Professionals and Mosaic Tulsa. He’s also a member of the Tulsa Global Alliance’s Board of Directors, Oklahoma Center for Community and Justice, and Junior Achievement of Tulsa. He’s married to Zuleyha and they are the parents of two children.
Playing off the successes of crime and detective movies, a particular type of film evolved during World War II that reflected the nation’s tensions and insecurities with a chilling mood of pessimism, cynicism, mistrust, and fear. These movies, released in France following the war, were so dark they became defined by a term coined by French film critics: film noir or dark movies. Films such as *The Maltese Falcon*, *Double Indemnity*, and *Laura* are representative of the hero/anti-hero/seductress characters struggling and ultimately losing amid the sinister underworld of violence and corruption. Join us as we watch and discuss the dark underbelly of human nature and the filmography of film noir.

Charlie Taraboletti is News Director and Operations Manager for KWON-KYFM-KRIG-KPGM radio in Bartlesville. He’s a long-time fan of good cinema. He enjoyed photography while in grade school and high school, both behind the lens and in the darkroom. As a teenager you’d find him in the theater Saturday afternoons watching a good movie more than once, particularly murder mysteries or suspense films. As you would expect with most newsmen, Charlie enjoys telling a story, so he appreciates how a great story-teller might do it.
Moving Forward is a vibrant focus group with a team of guest experts who will lend insight on the changing socio-economic environments of Tulsa, the state of Oklahoma, and the nation. Join facilitator Jan Figart to explore the opioid crisis, human trafficking, the state budget, homelessness and affordable housing, mental health issues, and veterans’ affairs. She’ll be joined by Laura Ross-White (University of Tulsa) speaking on the opioid crisis; Holly Hudelson (Unlock Freedom) on human trafficking; Patrice Pratt (Community Service Council) on homelessness; Richard Harris (Tulsa Juvenile Bureau) on gang violence; and Jeff Alderman (University of Tulsa) on the Mental Health Plan.

Jan Figart holds a BA from Langston University, a Master’s from OU, and a Ph.D. in health administration from the University of Phoenix. As a lifelong educator and administrator, her career focus has always been on health, and during the last 20 years she has concentrated her energies on children’s issues in the Tulsa community and improving the health care infrastructure of our state. She’s provided leadership to the Tulsa Healthy Start Initiative, MyHealth Access Network, Oklahoma Health Information Exchange Trust, as well as early childhood initiatives and services for the uninsured.
Growing older is something like moving to an unfamiliar country. You don’t know the language, how to get around, or what to expect. Chart your course with this guided opportunity to explore and discuss the challenges, strategies, joys, and advantages of this new territory. Our guest experts’ topics include:

- Out of Denial
- Realities: Physical, Mental, & Social
- Economics of Aging
- Housing & Care Options
- Quality of Life: The Role of Connections
- Support for Aging in Place
- Charting Your Own Course

Aging Successfully is facilitated by Green Country Cohousing, a group of local, proactive adults who are working together to build a cohousing neighborhood in Tulsa that supports successful aging in place.
Responding to feedback and requests from OLLI participants, we’ve created a class to answer your financial questions. Jane Mudgett, one of your favorite OLLI instructors, has put together a team of financial advisors, with over 100 years of combined experience, who will share their knowledge and experience relating to your concerns and interests. Some of the questions you’ve asked that will be discussed include:

- **How do you maintain your online security?**
- **How can you avoid identity theft?**
- **What types of securities are available to buy and sell, and how do they work?**
- **What are the world’s stock exchanges, and how do they function?**
- **What is the role of the Federal Reserve?**
- **What are some basic economic indicators and their impact on financial markets?**

Jane Mudgett has over 35 years of business experience in the financial, automotive, and energy industries. Her employment history includes Chrysler Corporation, Thrifty/Dollar Rent-A-Car, and Williams and Morgan Stanley Wealth Management.
You probably know that Tulsa was once the oil capital of the world, but do you know that at one time it was also the aviation capital of the world? From smoke balloon ascensions to the development of the International Space Station, Oklahoma has played an important role in aviation and aerospace for well over a century. Explore how aviation developed throughout the world and how our state became the aerospace powerhouse that it is today. Take a behind-the-scenes look with the people who shaped and chronicled the history of aviation in Oklahoma. Join Kim Jones, former Deputy Director of Tulsa Air and Space Museum and author of *Aviation in Tulsa and Northeast Oklahoma*; tour the Tulsa Air and Space Museum, enjoy captivating stories of the individuals who fueled the rise of Oklahoma aviation including Col. C. Ray Bachelor, a Design Engineer who worked on the Delta Project, one of the first boosters to place satellites into low earth orbit; Tom Brian, an aviation oral historian and member of the Commemorative Air Force, Spirit of Tulsa Squadron; tour the WWII Airborne Demonstration Team area and CAF with Squadron Leader James Dagg; and hear from Marina Matevelis (photo above courtesy of Tulsa World) who became Rosie the Riveter during her senior year in high school; and American Airlines industry representative Linda Brock about Tulsa’s maintenance and engineering base.
American Mah Jongg for Beginners

Tulsa Central Center
1028 E 6th St.
1-3 pm • Tuesdays • Sept 18 - Oct 23

With simpler rules but with every bit as much excitement as the Chinese version, American Mah Jongg is a very distinct form of the original version. In the past, OLLI has offered Chinese Mah Jongg, and now we’re giving equal time to the American version using the National Mah Jongg League Rules. Easy to learn and with enough challenges to satisfy for a lifetime, Chinese Mah Jongg became a craze in the US in the 1920s and had evolved by 1923 into the American version. Played by men and women around the globe, it’s an infectious, addictive game, part luck, part skill and strategy. Get the 14th tile to win the game and shout, “Mah Jongg!”

Carol James learned to play Mah Jongg while living in Florida and quickly became passionate about the game. In order to find groups to play, Carol began teaching and learned that she loved teaching just a little more than playing the game.
Tulsa Jazz:
Coming in Hot

Did you know there are dozens of live jazz performances in Tulsa each and every week? With its rich musical heritage, Tulsa is a lively city for jazz artists and fans. Meet the instrumentalists and vocalists, find out how and why they became jazz musicians, what influences them, and where they play. You’ll also enjoy live musical performances by each of our guest artists. Get an overview of jazz in Tulsa from its beginnings to right now, including the role Tulsa Jazz organization plays in making it all happen.

John Taylor is a native Virginian who now calls Tulsa home. He’s not only a fan of music but of the people who make and perform it. His passion for musical artists and their craft was the catalyst for TulsaJazz.com, John’s business that has become a major resource for jazz information in Tulsa and has both a national and international reach. John is the owner or co-owner of Taylor Entertainment Group LLC, TulsaJazz.com, JT Taylor and Associates, Tulsa Jazz Destinations, Las Vegas Metal Scene, Taylor Entertainment Group-Dallas, CynSingsJazz, and The River City Jazz Company in Richmond, VA. He also volunteers with several not-for-profit organizations such as the Tulsa Global Alliance and James Mission. John is a husband and the proud father of five young adults, and you can usually find him at a jazz event near you in his spare time.
Seat of Power: Tulsa’s Historic City Hall

At 100 years of age, Tulsa’s Old City Hall Building remains as steeped in drama and irony as the city she was built to represent. Overlooked in the mad dash for oil boom riches then delayed by crime, corruption, and “the greatest legal battle ever staged in Oklahoma,” this grand, neoclassical lady was raised, celebrated, and then immediately outmoded by the very progress that built it. After 50 years of government service and barely escaping demolition, she spent her second 50 years in the private sector. The Old City Hall Building is more than just another repurposed office building. Standing as the first bulwark against the wrecking ball of urban renewal, it became the birthplace of the preservation movement behind Tulsa’s now-celebrated oil boom era architecture.

John Hamill holds degrees in journalism and teaches writing at the University of Tulsa. He’s also taught The History of Jazz for OLLI and leads his own jazz trio. For six years, he was the voice of jazz on Tulsa’s KCMA radio as host of Midnight Oil, featuring classic, mainstream jazz. He has authored four books on Oklahoma history, including Tulsa: The Great American City; The 75th Anniversary History of the Tulsa Teachers Credit Union; Vision, Mission & Loyalty: The Lobeck Taylor Story; and Seat of Power, co-authored with Douglas Miller. Prior to his tenure as director of public information for Tulsa Public Schools, John was editor of TulsaPeople magazine.
Found in Translation:  
Latin American Short Fiction in English

Since the 1960s Latin American literature has found enthusiastic readers in the U.S., owing both to exciting, original writers and to talented, sophisticated translators. While the whole field of creative writing—poetry, drama, and fiction—has enjoyed this flowering, no literary form has flourished more than the short story.

We’ll read short fiction, one or two stories each week, by a range of writers, from internationally famous writers Isabel Allende, Jorge Luis Borges, Julio Cortazar, Carlos Fuentes, Gabriel Garcia Marquez, and Clarice Lispector to writers less familiar to U.S. audiences. We’ll examine the interplay of traditional and experimental storytelling; trace some of the literary-historical contexts and movements; and explore the cultural and linguistic influences on the writers and their work. We’ll also consider the challenges presented by literary translation, especially the tensions that can arise between faithfulness to the letter of the text and faithfulness to its spirit. Most of all, we’ll read and talk about some wonderful stories and the people who tell them.

Diane Burton earned BA, MA, and PhD degrees in English and taught at The University of Tulsa for many years before her retirement. She is an associate editor at Nimrod International Journal.

Martha Pizarro earned a BA in Spanish and an MA in Secondary Multicultural/Bilingual Education from George Mason University. She has worked as a teacher and educational administrator and is affiliated with the American Translators Association. Born and raised in Argentina, she has also lived in Spain and in the U.S.
Is it any wonder that an accounting of U.S. women’s history is fraught and challenging? Until the last half century, much of that history was missing. The country was ruled by men, the law and property rights were controlled by men, even art and thought were the purview of men. And the historians were, for the most part, men. Much of the work women did was dismissed or underappreciated, at best. As women have expanded their influence in the professions, politics, and the law, a picture is emerging that lay hidden for generations, encompassing women of every race and socio-economic position.

This rich fabric of our national story is finally coming to the fore. From the equality of the Quakers and relatively high status held by some Native American women to the crushing burdens of slave women in the cotton South, we’ll study a long line of women who should have been included in the history books. We’ll discuss how we treat women today and what the future may hold.

Please, have pity on the poor male historian who pretends to be able to compress all that into twelve hours, but join the course and enjoy it.

Dr. James Showalter was raised in New York, Ohio, and Illinois. He holds a BA from Maryville College, an MA from Northern Arizona, and a PhD from OSU. He was the first curator and restorationist of Old Central and has taught 30 years at Langston University and one year at Southwestern State University in Weatherford. Jim is a photographer, hiker, and carpenter, and loves the West and his 1920 bungalow, which he’s renovating.
Finding Your Voice:
The Joyful Benefits of Singing

Are your best vocal performances taking place when you’re sure no one is listening? Or maybe you haven’t raised your voice in song since you were a kid. It’s time to become reacquainted with the joy of singing and to reap some of the incredible health benefits that go along with it. Come together in song without the pressure of reading music, singing a solo, or being in perfect harmony. We’ll use games to play with sound, so you can discover the styles and notes, melodies and harmonies that suit you best. Find out what feels good, and walk away feeling great!

Cassidy McCants received a BA in Creative Writing from the University of Arkansas and an MFA in Fiction from Vermont College of Fine Arts. She is the Associate Editor of Nimrod Journal and also of The Tulsa Voice. Cassidy sings with local choir The Thirties.

Bridge for Beginners

Bridge increases cognitive functions, strengthens memory, builds analytical skills, and, in addition to all that, it’s fun! Anyone can play after just a few lessons. Bridge is a social game played by millions of people worldwide, providing a gateway to new acquaintances and lifelong friendships. The American Contract Bridge League’s Lifelong Learning Program introduces the game to those 50 and older through university programs like OLLI. Their program includes textbooks for participants, cards, and a manual for instructors.

Marilyn LaFleur will be your instructor. She’s an experienced bridge leader, tournament coordinator, and member of District 15 Board of Directors.
From its earliest days when Samuel Morse introduced it to the U.S. in 1839, photography has played an integral role in how we Americans see our surroundings and ourselves. Those new visions changed us, but the visions themselves also changed with the times. We’ll study the cultural and technological evolution of still photography as a tool and an art form.

**Dr. James Showalter** was raised in New York, Ohio, and Illinois. He holds a BA from Maryville College, an MA from Northern Arizona, and a PhD from OSU. He was the first curator and restorationist of Old Central and has taught 30 years at Langston University and one year at Southwestern State University in Weatherford. Jim is a photographer, hiker, and carpenter, and loves the West and his 1920 bungalow, which he’s renovating.
Smart Body*Smart Mind

Why are balance and flexibility so important to the quality of our lives? You’ll learn by doing, so prepare to move! This course is designed to improve balance and flexibility in healthy people who are enjoying an active lifestyle. Beginning with easy exercises, we’ll practice balance and flexibility moves and improve these skills over 6 weeks. We’ll move all our joints to increase range of movement, and we’ll learn how to incorporate what we learn into our everyday activities. Your individual needs will be addressed, and Ros will be available to answer your questions and focus on your concerns. To insure a good workout, wear comfortable clothing and safe shoes that allow good movement.

**Ros Elder** is a Certified Personal Trainer with the American Council on Exercise and a Master Certified Pilates Instructor. She is the owner emeritus of Total Pilates Studio in Brookside. Ros has over 20 years of experience and she specializes in post rehabilitative exercise which allows people to return to full functioning after physical therapy.

11:30 - Noon • Fridays • Sept 21 - Oct 26

Make a Splash!

Are you bored with your land-based exercise routine? Water offers buoyancy and resistance that will energize your entire day. Improve your cardiovascular fitness, strength, endurance, and flexibility in a stress-free, low impact environment without getting your hair wet. Aquatic exercise reduces pain and stiffness while increasing joint mobility, and there’s a long list of other health benefits, too, but best of all…it’s fun! You don’t need to know how to swim to enjoy this class, but you must be able to enter and exit the pool independently.

**Katie Eddins** graduated from Oral Roberts University with a degree in Health Exercise Science, and she has 25 years of health and wellness experience. Katie started out in hospital wellness and cardiac rehab, then shifted her focus to personal training and group fitness classes. She’s been a certified personal trainer for more than 10 years. Her fitness classes include water aerobics, boot camps, pilates, yoga, spinning, tai chi, body sculpting, and more, and she competes in triathlons for fun! Katie has found her career home at Montereau where she enjoys being a wellness specialist to residents and staff, alike.
Course(s) Enrolling in:

- Turkish Culture & Turkey, Mondays, 10-Noon, Raindrop House, 9/17-10/22
- Film Noir: The Dark Side, Mondays, 1-3 pm, Circle, 9/17-10/22
- Moving Forward, Tuesdays, 10-Noon, Central Center, 9/18-10/23
- Aging Successfully, Tuesdays, 10-Noon, Central Center, 9/18-10/23
- Money Talks, Tuesdays, 1-3 pm, Central Center, 9/18-10/23
- Aviation in Oklahoma, Tuesdays, 1-3 pm, Central Center, 9/18-10/23 $8
- American Mah Jongg, Tuesdays, 1-3 pm, Central Center, 9/18-10/23 $9
- Tulsa Jazz, Wednesdays, 10-Noon, Zarrow Pointe, 9/26-10/31
- Seat of Power: Tulsa's City Hall, Wednesdays, 1-3 pm, Zarrow Pointe, 9/26-10/31
- Found in Translation, Thursdays, 10-Noon, Madalene, 9/20-10/25
- U.S. Women’s History, Thursdays, 10-Noon, Madalene, 9/20-10/25
- Finding Your Voice, Thursdays, 1-3 pm, Madalene, 9/20-10/25
- Beginning Bridge, Thursdays, 1-3 pm, Madalene, 9/20-10/25
- The American Photograph, Thursdays, 1-3 pm, Madalene, 9/20-10/25
- Smart Body * Smart Mind, Fridays, 10:30-11:15 am, Montereau, 9/21-10/26
- Make A Splash, Fridays, 11:30-Noon, Montereau, 9/21-10/26

PICK ONE

- $200 Unlimited Annual Membership (Unlimited Lecture Courses through 6/30/2019)
- $40 Regular Annual Membership (each course $25)

$_____ # of courses X $25 = $_____

- Tuesday Lunch (6@$9 each) @ $54
- Thursday Lunch (6@$9 each) @ $54

$______ *Texts/material fees to accompany courses

$_____ Total Enclosed

(Make checks payable to OSU) or bill credit card listed below:

Card No. _________________ Exp. Date ___________