MISSION STATEMENT

As a research team, we aim to achieve a greater understanding of how body image and disordered eating play roles in social justice, cultural diversity, and individual and collective health. Our research will be used to inform a variety of audiences, in research, academia, clinicians, and the general public for knowledge and application.

We strive to participate in advocacy and outreach opportunities by reaching out to community organizations to implement body image related and disordered eating programs and getting involved in activities that promote awareness of body image and disordered eating related concerns.

PROJECTS

- Body Image and Wellness
- Disordered Eating in LGBTQ Youth
- Eating and Health Behaviors in American Indians
- Relational Cultural Theory, Wonder Woman, and Body Positivity
- Cosplay and Body Positivity

Welcoming new members!

For more information or to learn how to get involved, please contact the lab at bidelab@okstate.edu or visit our lab page at education.okstate.edu/osubide.