

B I D E

BODY IMAGE & DISORDERED EATING LABORATORY



MISSION STATEMENT

As a research team, we aim to achieve a greater understanding of how body image and disordered eating play roles in social justice, cultural diversity, and individual and collective health. Our research will be used to inform a variety of audiences, in research, academia, clinicians, and the general public for knowledge and application.

We strive to participate in advocacy and outreach opportunities by reaching out to community organizations to implement body image related and disordered eating programs and getting involved in activities that promote awareness of body image and disordered eating related concerns

PROJECTS

- Body Image as related to Individual Wellness
- Disordered Eating in a Binary System: Evaluating the Unique Risks and Functionality of Disordered Eating in Gender Diverse Adolescents
- Adaptation of the Body Project for Sexual Minority Women
- Relational Cultural Theory, Wonder Woman, and Body Positivity
- Cosplay and Body Positivity
- Eating and Health Behaviors in American Indians

Welcoming new members!

For more information or to learn how to get involved, please contact the lab at bidelab@okstate.edu or visit our lab page at education.okstate.edu/osubide .