The following plan is for students matriculating in or before the academic year 2019-2020. This plan may be adjusted based on individual needs. For official degree requirements visit https://registrar.okstate.edu/Degree-Requirements.

Minimum Overall GPA: 2.75
Total Hours: 120

### YEAR 1

#### FALL (14 hours)
- **ENGL 1113** Composition I or **ENGL 1313** Critical Analysis and Writing I
- **MATH** or **STAT** Course Designated (A) – 3 hours [Acceptable placement score; see http://mathplacement.okstate.edu/]
- **BIOL 1114** Introductory Biology (N,L)
- **HLTH 2603** Total Wellness
- **EDUC 1111** First Year Seminar (Fall Only)

#### SPRING (16 hours)
- **ENGL 1213** Composition II or **ENGL 1413** Critical Analysis and Writing II or **ENGL 3323** Technical Writing
- Course Designated (H) – 3 hours
- **CHEM 1215** or 1314 Chemical Principles I or Chemistry I (LN) [MATH 1483 or MATH 1513 or higher with a “C” grade or better]
  - (Pre-Health students should take CHEM 1314)
- **HLTH 2213** Principles in Health Education and Promotion
- Course Designated (S) – 3 hours

### YEAR 2

#### FALL (15 hours)
- Course Designated (A), (H), (N), or (S) – 3 hours
- **HIST 1103** Survey of American History or **HIST 1483** American History to 1865 or **HIST 1493** American History Since 1865
- **ECON 1113** The Economics of Social Issues (S)
- **MATH** or **STAT** Course Designated (A) – 3 hours
- **HLTH 3613** Community Health

#### SPRING (16 hours)
- **POL 1113** American Government
- **NSCI 2114** Principles of Human Nutrition (N)
- Course Designated (H) – 3 hours
- **MSIS 2103** or **EDTC 4113** Business Data Science Technologies or Applications of Media and Technology
- **MKTG 3213** Marketing (S)

*Prerequisite courses are listed in brackets*

**Course Attribute Guide:** (A) Analytical and Quantitative Thought; (H) Humanities; (S) Social and Behavioral Sciences; (N) Natural Sciences; (L) Scientific Investigation – Laboratory Science; (D) Diversity; (I) International Dimension

Must have one course designated with “I” International Dimension. Students are encouraged to take H/I course.
Must have one course designated with “D” Diversity Dimension. Students are encouraged to take H/D course.

This plan is provided as a courtesy. The official degree requirements sheet is used to determine eligibility for graduation.
### YEAR 3  
#### FALL (17 hours)
- **B I O L  3 2 0 4** Physiology [*C* or better in BIOL 1114 and CHEM 1215, 1314 or 1414]
- **H H P  3 6 2 3** School Health Programs
- **H L T H  3 6 4 3** Health Behavior Theory
- **H H P  3 1 1 4** Physiology of Exercise
- **H L T H  3 9 1 3** Alcohol & Drug Education

#### SPRING (16 hours)
- Course Designated (A), (H), (N), or (S) – 3 hours
- **H L T H  3 7 2 3** Principles of Epidemiology
- **H H P  2 6 5 4 [B I O L  1 1 1 4 ] or B I O L  3 2 1 4** Applied Anatomy or Human Anatomy [*C* or better in BIOL 1604 or 3204]
- **M G M T  3 0 1 3** Fundamentals of Management
- **H L T H  4 2 3 3** Health & Sexuality (DS)

### YEAR 4  
#### FALL (14 hours)
- **B C O M  3 1 1 3** Written Communication
- **H L T H  4 5 3 3** Psychosocial Issues in Health Education & Promotion
- **H H P  4 7 7 3** Principles of Exercise Testing & Prescription, **H L T H  3 1 1 3** Health Issues in Diverse Populations (D), **H T L H  3 6 0 3** Understanding HIV (DS), **H L T H  4 7 8 3** Health Issues in Gerontology, or **N S C I  3 2 2 3** Nutrition Across the Lifespan
- **H L T H  4 9 7 3** Program Design in Health Education & Promotion
- **H L T H  4 9 0 2** Pre-Internship Seminar [Instructor Permission Required]

#### SPRING (12 hours)
- **H L T H  4 9 9 0** – 12 hours Internship in Health Education & Promotion: Exercise & Health  
  
  *File diploma application with enrollment.

*[Prerequisite courses are listed in brackets]*

**Course Attribute Guide:**  
(A) Analytical and Quantitative Thought; (H) Humanities; (S) Social and Behavioral Sciences; (N) Natural Sciences; (L) Scientific Investigation – Laboratory Science; (D) Diversity; (I) International Dimension

Must have one course designated with “I” International Dimension. Students are encouraged to take H/I course.

Must have one course designated with “D” Diversity Dimension. Students are encouraged to take H/D or D/S course.

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Visit our college’s Career Services office for career & professional development assistance.  
101 Human Sciences | careersuccess@okstate.edu | Schedule an appointment via the STAR system  
Check out our Student Success Community on Canvas!