Students of the Health Education and Promotion: Public Health degree option study a broad health and wellness curriculum. They attain the knowledge and skills to understand the multifaceted nature of health issues, build community engagement, empower afflicted populations, and facilitate problem-solving with research-based strategies. Graduates develop and implement preventative health services in community, corporate or clinical settings and are also prepared to pursue graduate or professional education in public health, healthcare administration, counseling, psychology, as well as medical and allied health professions.

PROGRAM HIGHLIGHTS

- Students are empowered to apply their learning within their desired health field through a required internship.
- Graduates are prepared for the professional certification exam to become a Certified Health Education Specialist.
- Health Education and Promotion has a 3 + 2 agreement with the Master of Athletic Training program at the OSU Center for Health Sciences, allowing students the chance to complete both bachelor’s and master’s degrees in five years.

STUDENT PERSPECTIVE

"Studying Health Education and Promotion has allowed me to experience many different aspects of the health field, and apply them in creative, hands-on ways through my classes, labs and internship."

– Jared Bruns, a Health Education & Promotion student

education.okstate.edu

NOTABLE NUMBERS

Health education and promotion students gain at least 400 hours of experience in their chosen focus area through internship experience.

400

COLLEGE OF EDUCATION, HEALTH AND AVIATION
BACHELOR OF SCIENCE IN

HEALTH EDUCATION AND PROMOTION: Public Health
(120 total credit hours).

SAMPLE FOUR-YEAR PLAN OF STUDY

FALL  
Composition I*  
Total Wellness  
Math or Statistics Course*  
Biology  
First Year Seminar

14 hrs.

SPRING  
Composition II*  
Humanities Course*  
Chemistry  
Principles of HEPR  
Social & Behavioral Science Course

16 hrs.

FALL  
General Education Course  
American History*  
Economics of Social Issues  
Math or Statistics Course*  
Community Health

15 hrs.

SPRING  
American Government*  
Principles of Human Nutrition  
Humanities Course*  
Business Data Science Technologies  
Marketing

16 hrs.

FALL  
Physiology  
School Health Programs  
Health Behavior Theory  
Physiology of Exercise  
Alcohol and Drug Education

17 hrs.

SPRING  
General Education Course  
Principles of Epidemiology  
Applied or Human Anatomy  
Fundamentals of Management  
Health and Sexuality

16 hrs.

FALL  
Written Communication  
Psychosocial Issues in HEPR  
HEPR Elective  
Program Design in HEPR  
Pre-Internship Seminar

14 hrs.

SPRING  
Internship in HEPR

12 hrs.

*Suggested for students seeking concurrent, dual credit, or AP course options to apply directly to this degree plan. Refer to the OSU Transfer Credit Guide & Credit By Exam Guide for specific course information at okstate.edu.

RELATED MINORS  
Pre-Counseling  ○  Human Services  ○  Recreation Management and Recreational Therapy

Minors are designed to enhance and complement a major field of study. They are not required and additional courses must be added to the plan above.

CONTACT INFORMATION

Mason Martin  
Prospective Student Coordinator  
mason.t.martin@okstate.edu

Jennifer Chessmore  
Prospective Student Coordinator  
chessmj@okstate.edu

405-744-6350  ○  okla.st/discover  ○  106 Willard, Stillwater, OK 74078