



College of: Education, Health & Aviation • Major: Applied Exercise Science • Option: Strength and Conditioning  
Academic Year: 2018-2019

**Freshman Year**

<p><u>Fall</u> 14 hours</p> <p>EDUC 1111 ENGL 1113 (or 1313) MATH 1513 or 1613 (MATH 1513) (N/L) 4 hours (BIOL 1114 recommended) HLTH 2603</p>	<p><u>Spring</u> 16 hours</p> <p>ENGL 1213 (or 1413 or 3323) POLS 1113 PHYS 1014 or 1114 (Math1513) STAT 2013, 2023 or 2053 (MATH 1483 or 1513) Humanities (H) – 3 hours*</p>
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**Sophomore Year**

<p><u>Fall</u> 14 hours</p> <p>HIST 1103, 1483 or 1493 NSCI 2114 HHP 2654 (BIOL 1114) MSIS 2103 or EDTC 4113</p>	<p><u>Spring</u> 15 hours</p> <p>PSYC 1113 (N) – 4 hours (CHEM 1215 or 1314 recommended) HHP 2553 (HHP 2654) HHP 2802 MKTG 3213</p>
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**Summer Session**

<p><u>Fall</u> 3 hours</p> <p>HHP 3333 (Summer only)</p>
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**Junior Year**

<p><u>Fall</u> 16 hours</p> <p>BIOL 3204 (“C” or better in BIOL 1114 &amp; CHEM 1215 or 1314) HHP 3553 (check course rotation) HHP 3223 (F) HHP 3663 (HHP 2654) MGMT 3013</p>	<p><u>Spring</u> 16 hours</p> <p>HHP 3114 (MATH 1513) (<i>BIOL 3204</i>) HHP 3443 (check course rotation) HHP 4123 (check course rotation) MGMT 3943 (MGMT 3013) Humanities (H) – 3 hours*</p>
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**Senior Year**

<p><u>Fall</u> 12 hours</p> <p>HHP 4773 (HHP 3114) BCOM 3113 (50 credit hours) (A, H, N or S) – 2 hours* Electives – 4 hours*</p>	<p><u>Spring</u> 14 hours</p> <p>HHP 4480 (5 hours) (senior standing &amp; 2.75 gpa) Electives – 6 hours* (A, H, N or S) – 3 hours*</p>
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\* One course with (I) and one course with (D) required. Can be met with an (H, I), (S,I), (H,D), (S,D) or Elective course. Courses in ( ) are prerequisites. *Italicized courses* are recommended as prerequisites.

(F)-Course offered in Fall semesters only

(S)-Course offered in Spring semesters only

**THIS PLAN IS ONLY A GUIDELINE. PLEASE REFER TO YOUR DEGREE REQUIREMENT SHEET FOR SPECIFIC REQUIREMENTS.**