

NUTRITIONAL SCIENCES: ALLIED HEALTH

This Nutritional Sciences program offers preparation to enter the healthcare industry. Students have a rigorous science sequence as well as specific coursework in the role of nutrition in human health. (120 credit hours)

SAMPLE FOUR-YEAR PLAN OF STUDY

<h1>1</h1>	<p>FALL Composition I* College Algebra (or higher)* Social Science Elective* Biology* Introduction to Health Careers Human Sciences 1st Year Seminar</p>	16 hrs.	<p>SPRING Composition II* American History Course* Chemistry I Principles of Human Nutrition</p>	14-15 hrs.
<h1>2</h1>	<p>FALL Statistics* Total Wellness Chemistry II Controlled Elective</p>	15 hrs.	<p>SPRING Speech American Government Organic Chemistry Food and the Human Environment Controlled Elective</p>	17 hrs.
<h1>3</h1>	<p>FALL Physiology Microbiology Organic Chemistry II or Controlled Elective Nutrition Across the Lifespan Nutrition & Evidence-based Practice I</p>	14 hrs.	<p>SPRING Anatomy Microbiology Lab Organic Chemistry Lab Lifespan Human Development Nutrition and Evidence-based Practice II Controlled Elective</p>	13-15 hrs.
Pre-professional Experience required during the degree program.				
<h1>4</h1>	<p>FALL Humanities/Diversity Course Nutrition in the Pathophysiology of Chronic Disease Human Nutrition and Metabolism I Nutrition and Evidence-based Practice III Controlled Elective</p>	16 hrs.	<p>SPRING Humanities Course* Principles of Nutrition Education Human Nutrition and Metabolism II Medical Terminology for Health Professionals Controlled Elective</p>	14 hrs.

*Suggested for students seeking **concurrent, dual credit, or AP course** options to apply directly to this degree plan. Refer to the OSU Transfer Credit Guide & Credit By Exam Guide for specific course information at okstate.edu.

SCIENCE SEQUENCES

- Nutrition: Principles of Human Nutrition ► Nutrition Across the Lifespan ► core Nutritional Sciences courses
- Biology: Introductory Biology ► Microbiology & Lab
- Chemistry: Chemistry I ► Chemistry II ► Organic Chemistry I ► Organic Chemistry II

CONTACT INFORMATION

Prospective Student Services
humansciences@okstate.edu
 405-744-5053



COLLEGE OF
 Human Sciences