



FINISH IN FOUR
Oklahoma State University

HEALTH EDUCATION & PROMOTION: EXERCISE & HEALTH, BS

The following plan is for students matriculating in or before the academic year **2020-2021**

This plan may be adjusted based on individual needs. For official degree requirements visit <https://registrar.okstate.edu/Degree-Requirements>.

Minimum Overall GPA: 2.75

Total Hours: 120

YEAR 1 **FALL (14 hours)**

| |
|--|
| ENGL 1113 Composition I or ENGL 1313 Critical Analysis and Writing I |
| MATH or STAT Course Designated (A) – 3 hours [Acceptable placement score; see http://mathplacement.okstate.edu/] |
| BIOL 1114 Introductory Biology (N,L) |
| HLTH 2603 Total Wellness |
| EDUC 1111 First Year Seminar (Fall Only) |

SPRING (16 hours)

| |
|---|
| ENGL 1213 Composition II or ENGL1413 Critical Analysis and Writing II or ENGL 3323 Technical Writing |
| Course Designated (H) – 3 hours |
| CHEM 1215 or 1314 Chemical Principles I or Chemistry I (LN) [MATH 1483 or MATH 1513 or higher with a “C” grade or better] <i>(Pre-Health students should take CHEM 1314)</i> |
| HLTH 2213 Principles in Health Education and Promotion |
| Course Designated (S) – 3 hours |

YEAR 2 **FALL (15 hours)**

| |
|---|
| Course Designated (A) , (H) , (N) , or (S) – 3 hours |
| HIST 1103 Survey of American History or HIST 1483 American History to 1865 or HIST 1493 American History Since 1865 |
| 3 Hours of Electives |
| STAT2013 Elementary Statistics(A) or STAT2023 Elementary Statistics for Business and Economics(A) or STAT2053 Elementary Statistics for the Social Sciences(A) |
| HLTH 3613 Community Health |

SPRING (16 hours)

| |
|---|
| POLS 1113 American Government |
| NSCI 2114 Principles of Human Nutrition (N) |
| Course Designated (H) – 3 hours |
| MSIS 2103 or EDTC 4113 Business Data Science Technologies or Applications of Media and Technology |
| 3 Hours of Electives |

*[Prerequisite courses are listed in brackets]

Course Attribute Guide: **(A)** Analytical and Quantitative Thought; **(H)** Humanities; **(S)** Social and Behavioral Sciences; **(N)** Natural Sciences; **(L)** Scientific Investigation – Laboratory Science; **(D)** Diversity; **(I)** International Dimension

Must have one course designated with “I” International Dimension. Students are encouraged to take H/I course.

Must have one course designated with “D” Diversity Dimension. Students are encouraged to take H/D course.

This plan is provided as a courtesy. The official degree requirements sheet is used to determine eligibility for graduation.

| YEAR 3 | | FALL (17 hours) |
|---------------|--|------------------------|
| | BIOL 3204 Physiology ["C" or better in BIOL 1114 and CHEM 1215, 1314 or 1414] | |
| | 3 Hours of Electives | |
| | HLTH 3643 Health Behavior Theory | |
| | HHP 3114 Physiology of Exercise | |
| | HLTH 3913 Alcohol & Drug Education | |

| | | SPRING (14 hours) |
|--|---|--------------------------|
| | HLTH 3351 Comparative Healthcare Policy and Systems (Spring Only) | |
| | HLTH 3723 Principles of Epidemiology | |
| | HHP 2654 [BIOL 1114] or BIOL 3214 Applied Anatomy or Human Anatomy ["C" or better in BIOL 1604 or 3204] | |
| | 3 Hours of Electives | |
| | HHP 3663 Biomechanics | |

| YEAR 4 | | FALL (14 hours) |
|---------------|--|------------------------|
| | 3 Hours of Electives | |
| | HLTH 4533 Psychosocial Issues in Health Education & Promotion | |
| | Course Designated (A) , (H) , (N) , or (S) – 5 hours | |
| | HLTH 4973 Program Design in Health Education & Promotion | |
| | HLTH 4902 Pre-Internship Seminar [Instructor Permission Required] | |

| | | SPRING (12 hours) |
|--|--|--------------------------|
| | HLTH 4990 – 12 hours Internship in Public Health: Exercise & Health | |
| | File diploma application with enrollment. | |

*[Prerequisite courses are listed in brackets]

Course Attribute Guide: **(A)** Analytical and Quantitative Thought; **(H)** Humanities; **(S)** Social and Behavioral Sciences; **(N)** Natural Sciences; **(L)** Scientific Investigation – Laboratory Science; **(D)** Diversity; **(I)** International Dimension

Must have one course designated with "I" International Dimension. Students are encouraged to take H/I course.

Must have one course designated with "D" Diversity Dimension. Students are encouraged to take H/D or D/S course.

This plan is provided as a courtesy. The official degree requirements sheet is used to determine eligibility for graduation.

Visit our college's Career Services office for career & professional development assistance.
101 Human Sciences | careersuccess@okstate.edu | Schedule an appointment via the STAR system
Check out our Student Success Community on Canvas!