



## NUTRITIONAL SCIENCES: PUBLIC HEALTH NUTRITION (PHN) EMPHASIS: PUBLIC HEALTH NUTRITION

The following plan is for students matriculating in or before the academic year **2021-2022**. This plan may be adjusted based on individual needs. For official degree requirements visit <https://registrar.okstate.edu/Degree-Requirements>.

Minimum Overall GPA: 2.5

Total Hours: 120

### YEAR 1 FALL (16 hours)

NSCI 2114 Principles of Human Nutrition
<b>EDHS 1112 First Year Seminar</b>   or EDHS 3112 First Year Transfer Experience
ENGL 1113 Composition I <i>or</i> ENGL 1313 Critical Analysis and Writing I
MATH 1513 College Algebra [ <i>Acceptable placement score; see <a href="http://mathplacement.okstate.edu/">http://mathplacement.okstate.edu/</a></i> ]
BIOL 1114 Introductory Biology

### SPRING (14-15 hours)

ENGL 1213 Composition II <i>or</i> ENGL1413 Critical Analysis and Writing II <i>or</i> ENGL 3323 Technical Writing [ <i>ENGL 1113 or ENGL 1123 or ENGL 1313</i> ]
CHEM 1215 Chemical Principles I <i>or</i> CHEM 1314 Chemistry I [ <i>"C" or better in MATH 1513</i> ]
HLTH 2213 Introduction to Public Health
SOC 1113 Introduction to Sociology

### YEAR 2 FALL (15 hours)

<b>NSCI 3733 Environmental Nutrition</b> [ <i>NSCI 2114</i> ]
NSCI 3440 Pre-Professional Experience (1 credit hour) [ <i>EDHS 1112 or 3112 or concurrent</i> ]
CHEM 1225 Chemical Principles II [ <i>"C" or better in CHEM 1215 or 1314 or 1414</i> ] <i>or</i> CHEM 1515 Chemistry II [ <i>"C" or better in CHEM 1314</i> ]
PSYC 1113 Introductory Psychology
STAT 2013 Elementary Statistics [ <i>"C" or better in MATH 1513</i> ]

### SPRING (15 hours)

NSCI 3223 Nutrition Across the Life Span [ <i>NSCI 2114</i> ]
MICR 2123 Introduction of Microbiology [ <i>"C" or better in BIOL 1114 and CHEM 1215 or 1314 or concurrent enrollment</i> ]
HIST 1103 Survey of American History <i>or</i> HIST 1483 American History to 1865 <i>or</i> HIST 1493 American History Since 1865
HDFS 2113 Lifespan Human Development
SPCH 2713 Introduction to Speech Comm.

**\*[Prerequisite courses are listed in brackets]**

One course designated with "I" International Dimension *and* one course designated with "D" Diversity Dimension are required. Students should take H/D course.

This plan is provided as a courtesy. The official degree requirements sheet is used to determine eligibility for graduation.

<b>YEAR 3</b>		<b>FALL (15 hours)</b>
	<b>NSCI 3312 Nutrition Care Process</b> [NSCI 2114; NSCI 3223; BIOL 3204 or concurrent enrollment]	
	NSCI 3543 Food and the Human Environment (IS) <i>meets International designation requirement</i>	
	NSCI 3011 Nutrition and Evidence-based Practice I [NSCI 2114 and STAT 2013]	
	BIOL 3204 Physiology [BIOL 1114; CHEM 1215 or 1314 or 1414]	
	MICR 2132 Introduction to Microbiology Lab [MICR 2123 or concurrent enrollment]	
	POLS 1113 American Government	

		<b>SPRING (16 hours)</b>
	NSCI 3021 Nutrition and Evidence-based Practice II [NSCI 3011 and BIOL 3204]	
	<b>NSCI 3813 Nutrition Assessment and Counseling Skills</b> [NSCI 2114, NSCI 3223, HDFS 2113 and PSYC 1113 or consent of instructor]	
	"HD" (3) Humanities with Diversity designation	
	HLTH 3723 Principles of Epidemiology	
	ACCT 2003 Survey of Accounting [24 hours completed]	
	ELECT (3) Controlled Elective	

<b>YEAR 4</b>		<b>FALL (14 hours)</b>
	NSCI 4123 Human Nutrition and Metabolism I [Nsci 2114; CHEM 3013 or CHEM 3053; and BIOL 3204 or consent of instructor]	
	<b>NSCI 4632 Community Nutrition I</b> [NSCI 2114 and NSCI 3223 or consent of instructor]	
	<b>NSCI 4913 Nutritional Epidemiology</b> [Junior/Senior standing; STAT 2013; HLTH 3723; and NSCI 2114 or consent of instructor]	
	MGMT 3013 Fundamentals of Management	
	MKTG 3213 Marketing [45 hours completed]	

		<b>SPRING (16 hours)</b>
	<b>NSCI 4633 Community Nutrition II</b> [NSCI 2114; NSCI 3223; NSCI 4632 or consent of instructor]	
	NSCI 4143 Human Nutrition and Metabolism II [NSCI 4123 or consent of instructor]	
	NSCI 4021 Nutrition and Evidence-based Practice III [NSCI 3011 and NSCI 3021]	
	ECON 1113 The Economics of Social Issues	
	"H" (3) Humanities	
	ELECT (3) Controlled Elective	
<b>File graduation application with enrollment.</b>		

**\*[Prerequisite courses are listed in brackets]**

**Other Requirements**

- 40 hours of upper-division coursework.

**Required for graduation:**

- 2.50 Overall GPA;
- 2.50 GPA in College/Departmental Requirements; and
- A grade of "C" or better is required in all NSCI 3000 and 4000 level courses
- Transfer admission requirement: 2.50 GPA

**Additional State/OSU Requirements**

- At least: 60 hours at a four-year institution; 30 hours completed at OSU; 15 of the final 30 or 50% of the upper-division hours in the major field completed at OSU.
- Limit of: one-half of major course requirements as transfer work; one-fourth of hours earned by correspondence; 8 transfer correspondence hours.
- Students will be held responsible for degree requirements in effect at the time of matriculation and any changes that are made, so long as these changes do not result in semester credit hours being added or do not delay graduation.
- Degrees that follow this plan must be completed by the end of Summer 2027.