# RECREATIONAL THERAPY, BS

The following plan is for students matriculating in or before the academic year 2022-2023. This plan may be adjusted based on individual needs. For official degree requirements visit [https://registrar.okstate.edu/Degree-Requirements](https://registrar.okstate.edu/Degree-Requirements).

**Minimum Overall GPA:** 2.00  
**Total Hours:** 120

## YEAR 1

### FALL (15 hours)
- **ENGL 1113** Composition I or ENGL 1313 Critical Analysis and Writing I
- **HIST 1103** Survey of American History or HIST 1483 American History to 1865(H) or HIST 1493 American History Since 1865(DH)
- **MATH 1513** College Algebra (A) [Acceptable placement score; see http://mathplacement.okstate.edu]
- **BIOL 1113** Introductory Biology (N) & BIOL 1111 Introductory Biology Laboratory (LN)
- **EDHS 1112** First Year Seminar (Fall Only)

### SPRING (15 hours)
- **ENGL 1213** Composition II or ENGL1413 Critical Analysis and Writing II or ENGL 3323 Technical Writing
  
  [ENGL 1113 or ENGL 1123 or ENGL 1313]
- **POLS 1113** American Government
- **PSYC 1113** Introductory Psychology (S)
- **CHEM 1314** Chemistry I (LN) or CHEM1215 Chemical Principles I (LN) [MATH 1483 or 1513 or higher with a “C” grade or better]
  
  (Pre-Heath students should take CHEM 1314)
- **RT 3110 – 2 hours** Psychomotor Development (Spring Only)

## YEAR 2

### FALL (15 hours)
- **RMRT 4833**, Recreational Therapy and Pediatrics (Fall Only)
- **RT 2433** Introduction to Recreational Therapy (Fall Only)
- **RMRT 2463** Recreation Management and Recreational Therapy Laboratory (Fall Only)
- **RMRT 2443** Contemporary Issues in Diversity (DS)
- **Course designated** (A), (H), (N), or (S) – 3 hours

### SPRING (16 hours)
- **RMRT 3843**, Recreational Therapy Facilitation Techniques and Interventions (Spring Only)
- **RT 3423** Recreational Therapy in Geriatric Practices (Spring Only) or **RT 3433** Recreational Therapy and Physical Disabilities (Spring Only)
- **RT 3441** Warm Water Therapy Lab
- **Course designated** (S), (DS), or (IS)- 3 hours
- **Course designated** (H), (DH), or (HI)- 3 hours
- **HDFS 2113** Lifespan Human Development (S)

*Prerequisite courses are listed in brackets.*

Course Attribute Guide:  
- (A) Analytical and Quantitative Thought;  
- (H) Humanities;  
- (S) Social and Behavioral Sciences;  
- (N) Natural Sciences;  
- (L) Scientific Investigation – Laboratory Science;  
- (D) Diversity;  
- (I) International Dimension

Must have one course designated with “I” International Dimension. Students are encouraged to take H/I course.  
Must have one course designated with “D” Diversity Dimension. Students are encouraged to take H/D course.

This plan is provided as a courtesy. The official degree requirements sheet is used to determine eligibility for graduation.
### YEAR 3

**FALL (16 hours)**

<table>
<thead>
<tr>
<th>Course</th>
<th>Description</th>
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<tbody>
<tr>
<td>RT 3413</td>
<td>Recreational Therapy and Mental Illness/Intellectual Disabilities (Fall Only)</td>
</tr>
<tr>
<td>BIOL 3204</td>
<td>Physiology</td>
</tr>
<tr>
<td>STAT 2013</td>
<td>Elementary Statistics (A) or STAT 2023 Elementary Statistics for Business and Economics (A) or STAT 2053 Elementary Statistics for the Social Sciences (A) [MATH 1483 or 1513 or higher with a “C” grade or better]</td>
</tr>
<tr>
<td>Course designated (A), (H), (N), or (S) – 3 hours</td>
<td></td>
</tr>
<tr>
<td>RT Elective – 3 hours</td>
<td>(Choose from: EPSY 3113, 3413, 4063, HDFS 2233, 3203, 3413, or 3423) replaces</td>
</tr>
</tbody>
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**SPRING (12 hours)**

<table>
<thead>
<tr>
<th>Course</th>
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<tbody>
<tr>
<td>RMRT 4843, Recreational Therapy &amp; Healthcare Administration (Spring Only)</td>
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<tr>
<td>RT 4933 Advanced Methods in Recreational Therapy (Spring Only)</td>
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<tr>
<td>RMRT 3423</td>
<td>Recreational Therapy in Geriatric Practices (Spring Only) or RMRT 3433 Recreational Therapy and Physical Disabilities (Spring Only)</td>
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<tr>
<td>PSYC 3443 Abnormal Psychology (S)</td>
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**SUMMER (6 hours)**

<table>
<thead>
<tr>
<th>Course</th>
<th>Description</th>
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<tbody>
<tr>
<td>RT 3480 – 3-6 hours</td>
<td>Junior Internship</td>
</tr>
<tr>
<td>RT 3473 Medical Procedures for Recreational Therapy</td>
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</tr>
</tbody>
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### YEAR 4

**FALL (14 hours)**

<table>
<thead>
<tr>
<th>Course</th>
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<tbody>
<tr>
<td>RMRT 3443, Assessment in Recreational Therapy (Fall Only)</td>
<td></td>
</tr>
<tr>
<td>RMRT 4581, Sr Seminar in Recreational Therapy (Fall Only)</td>
<td></td>
</tr>
<tr>
<td>RT Elective – 3 hours</td>
<td>(Choose from: EPSY 3113, 3413, 4063, HDFS 2233, 3203, 3413, or 3423) replaces</td>
</tr>
<tr>
<td>HHP 2654 Applied Anatomy (Pre-Health students may take BIOL 3214)</td>
<td></td>
</tr>
<tr>
<td>Course designated (H), (DH), or (HI) - 3 hours</td>
<td></td>
</tr>
</tbody>
</table>

**SPRING (12 hours)**

<table>
<thead>
<tr>
<th>Course</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>RT 4480 – 6-9 hours</td>
<td>Internship in Recreational Therapy (Spring or Summer Only)</td>
</tr>
<tr>
<td>RT 4483 Administrative Documentation in Internship for Recreational Therapy (Spring or Summer Only)</td>
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**File diploma application with enrollment.**

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**Other Requirements:**

- 40 hours of upper-division course work.
- Required for graduation:
  - a. 2.00 Overall GPA;
  - b. 2.50 GPA in major for enrollment in RMRT 4480 Internship in Recreational Therapy; and
  - c. 2.50 GPA in College/Departmental Requirements.
- The student must earn minimum grades of “C” or “P” in the College/Departmental Requirements and Major Requirements.

**Additional State/OSU Requirements:**

- At least: 60 hours at a four-year institution; 30 hours completed at OSU; 15 of the final 30 or 50% of the upper-division hours in the major field completed at OSU.
- Limit of: one-half of major course requirements as transfer work; one fourth of hours earned by correspondence; 8 transfer correspondence hours.
- Students will be held responsible for degree requirements in effect at the time of matriculation and any changes that are made, so long as these changes do not result in semester credit hours being added or do not delay graduation.
- Degrees that follow this plan must be completed by the end of Summer 2027.

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Visit our college’s Career Development office for career & professional development assistance.
101 Nancy Randolph Davis | careersuccess@okstate.edu | Schedule an appointment via the STAR system Check out our Student Success Community on Canvas!