



NUTRITIONAL SCIENCES: ALLIED HEALTH, BS

The following plan is for students matriculating in or before the academic year **2024-2025**. This plan may be adjusted based on individual needs. For official degree requirements visit <https://registrar.okstate.edu/Degree-Requirements>.

Minimum Overall GPA: 2.5

Total Hours: 120

YEAR 1		FALL (13 hours)
	NSCI 2013 Principles of Human Nutrition (N) & NSCI2011 Applied Principles of Human Nutrition	
	UNIV 1111 First Year Seminar (FALL ONLY)	
	MATH 1513 College Algebra (see http://mathplacement.okstate.edu/) or MATH 1483 Math Functions	
	BIOL 1113 Introductory Biology (N) & BIOL 1111 Introductory Biology Laboratory (LN)	
	UNIV 2511 Introduction to Health Careers (FALL ONLY)	
		SPRING (17-18 hours)
	CHEM 1314 Chemistry I (LN) (<i>Prerequisite: "C" or better in MATH 1513 or higher level math or an acceptable math placement score</i>) or CHEM 1215 Chemical Principles I (LN) (<i>Prerequisite: "C" or better in MATH1513 or in a higher level math course or an acceptable math placement score</i>) (<i>Pre-Health students should take CHEM 1314</i>)	
	EDHS 1111 Education and Human Sciences Seminar (SPRING ONLY)	
	STAT 2013 Elementary Statistics (<i>Prerequisite: "C" or better in MATH 1513 or score of 50 or higher on OSU math placement test</i>)	
	Social and Behavioral Science (S) -3 hours (PSYC1113 or SOC1113 suggested)	
	ENGL1113 Freshman Composition I or ENGL 1313	
	POLS 1113 American Government	

YEAR 2		FALL (15 hours)
	NSCI 3440 Pre-professional Experience (1 credit hour)	
	CHEM 1515 Chemistry II (<i>Prerequisite: "C" or better in CHEM1314</i>) or CHEM 1225 Chemistry Principles II (<i>Prerequisite: "C" or better in CHEM 1215 or 1314</i>)	
	ENGL 1213 Composition II (<i>Prerequisite: ENGL 1113 or ENGL 1123 or ENGL 1313</i>) or ENGL1413 or ENGL3323	
	HLTH 2603 Total Wellness	
	Controlled Elective -3 hours	
		SPRING (16 hours)
	NSCI 3223 Nutrition Across the Lifespan (<i>Prerequisite: NSCI 2013</i>)	
	CHEM 3013 Survey of Organic Chemistry (<i>Prerequisites: "C" or better in CHEM 1225 or 1515</i>) or CHEM 3053 Organic Chemistry I (<i>Prerequisite: "C" or better in CHEM 1515</i>) *Series required for Professional Schools includes CHEM 3053, CHEM 3153, and CHEM 3112.	
	HIST 1103 Survey of American History or HIST1483 American History to 1865 or HIST1493 American History Since 1865	
	SPCH 2713 Introduction to Speech Communications	
	Controlled Elective -4 hours	

Course Attribute Guide: (A) Analytical and Quantitative Thought; (H) Humanities; (S) Social and Behavioral Sciences; (N) Natural Sciences; (L) Scientific Investigation – Laboratory Science; (D) Diversity; (I) International Dimension

Must have one course designated with "I" International Dimension. Must have one course designated with "D" Diversity Dimension. Students are encouraged to take H/D course.

YEAR 3		FALL (13-14 hours)
	NSCI 3543 Food and the Human Environment (IS)	
	NSCI 3011 Nutrition and Evidence-base Practice I (<i>Prerequisite: NSCI 2013 and STAT 2013</i>)	
	CHEM 3012 Survey of Organic Chemistry Laboratory (<i>Prerequisite: CHEM3013 or concurrent enrollment</i>) or CHEM3153 Organic Chemistry II (<i>Prerequisite: "C" or better in CHEM 3053</i>)	
	MICR 2123 Introduction to Microbiology (<i>Prerequisites: "C" or better in BIOL 1113 & 1111 and CHEM 1215/1314 or concurrent enrollment</i>)	
	BIOL 3204 Physiology (<i>Prerequisites: "C" or better in BIOL 1113 & 1111;CHEM 1215 or 1314</i>)	
		SPRING (15-17 hours)
	NSCI 3021 Nutrition and Evidence-based Practice II (<i>Prerequisites: BIOL3204 and "C" or better in NSCI 3011</i>)	
	CHEM 3112 Organic Chemistry Laboratory (<i>Prerequisite: CHEM 3153 or concurrent enrollment</i>) <i>**Disregard course if student took CHEM 3013/3012**</i>	
	MICR 2132 Microbiology Laboratory (<i>Prerequisite: MICR 2123 or concurrent</i>)	
	BIOL 3214 Human Anatomy (<i>Prerequisite: "C" or better in BIOL 1604 or 3204</i>)	
	HHP 2802 Medical Terminology for Health Professions	
	HDFS 2113 Lifespan Human Development	
	Controlled Elective -3 hours	

YEAR 4		FALL (16 hours)
	NSCI 4023 Nutrition in the Pathophysiology of Chronic Disease (<i>Prerequisites: NSCI 2013, BIOL 3204, and "C" or better in NSCI 3011 and NSCI 3223</i>)	
	NSCI 4123 Human Nutrition and Metabolism I (<i>Prerequisites: NSCI 2013; CHEM 3013 or 3053 and BIOL 3204; or consent of instructor</i>)	
	NSCI 4021 Nutrition and Evidence-base Practice III (<i>Prerequisites: "C" or better in NSCI 3021</i>)	
	Humanities/Diversity (H/D) -3 hours	
	Controlled Elective -6 hours (<i>upper division</i>)	
		SPRING (12-15 hours)
	NSCI 4373 Principles of Nutrition Education and Behavior Change (SPRING ONLY) (<i>Prerequisites: NSCI 2013, "C" or better in NSCI 3223 or consent of instructor</i>)	
	NSCI 4143 Human Nutrition and Metabolism II (<i>Prerequisites: NSCI 4123 or consent of instructor</i>)	
	Humanities (H) -3 hours	
	Controlled Elective -3-6 hours (<i>hours variation dependent on Organic Chemistry series taken</i>)	

Other Requirements

- 40 hours of upper-division coursework.
- A 2.50 Major GPA is required. This includes all courses in College/Departmental and Major Requirements.
- A grade of "C" or better is required in all NSCI 3000- and 4000-level courses.
- Transfer Admission Requirement: 2.50 GPA.

Additional State/OSU Requirements

- At least: 60 hours at a four-year institution; 30 hours completed at OSU; 15 of the final 30 or 50% of the upper-division hours in the major field completed at OSU.
- Limit of: one-half of major course requirements as transfer work; one-fourth of hours earned by correspondence; 8 transfer correspondence hours.
- Students will be held responsible for degree requirements in effect at the time of matriculation and any changes that are made, so long as these changes do not result in semester credit hours being added or do not delay graduation.
- Degrees that follow this plan must be completed by the end of Summer 2030.

This plan is provided as a courtesy. The official degree requirements sheet is used to determine eligibility for graduation.