



## RECREATIONAL THERAPY, BS

The following guide is for students matriculating in or before the academic year **2026-2027**. Official degree requirements can be found at <https://catalog.okstate.edu/degree-programs/>. This plan may be adjusted based on individual needs, please consult with your academic advisor. [Prerequisite coursework is listed below in brackets]

Minimum Overall GPA: 2.50

Total Hours: 120

### YEAR 1, FALL SEMESTER (14 hours)

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| ENGL 1113 Composition I or ENGL 1313 Critical Analysis and Writing I   |
| RT 2433 Introduction to Recreational Therapy (Fall Only)   |
| RM 2463 Recreation Management and Recreational Therapy Laboratory (Fall Only)  |
| BIOL 1113 Introductory Biology (N) & BIOL 1111 Introductory Biology Laboratory (LN) or BIOL 1114 Introductory Biology (LN) |
| UNIV 1111 First Year Seminar (Fall Only)   |

### YEAR 1, SPRING SEMESTER (15 hours)

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| ENGL 1213 Composition II or ENGL 1413 Critical Analysis and Writing II or ENGL 3323 Technical Writing [ENGL 1113 or ENGL 1123 or ENGL 1313]                   |
| RT 3423 Recreational Therapy in Geriatric Practices [RT 2433] (Spring Only) or RT 3433 Recreational Therapy and Physical Disabilities [RT 2433] (Spring Only) |
| PSYC 1113 Introductory Psychology (S)   |
| MATH 1513 College Algebra (Q) [Acceptable placement score; see <a href="http://mathplacement.okstate.edu">http://mathplacement.okstate.edu</a> ]              |
| RT 3212 Psychomotor Development (Spring Only)   |
| RT 3441 Warm Water Therapy Lab  |

### YEAR 2, FALL SEMESTER (16-17 hours)

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| HDFS 2113 Lifespan Human Development (S)  |
| HIST 1103 Survey of American History or HIST 1483 American History to 1865(H) or HIST 1493 American History Since 1865(DH)  |
| CHEM 1314 Chemistry I (LN) or CHEM 1215 Chemical Principles I (LN) [MATH 1483 or 1513 or higher with a "C" grade or better] (Pre-Health students should take CHEM 1314) |
| RT 2443 Contemporary Issues in Diversity (DS)   |
| Course designated (D) – 3 hours   |
| EDHS 3111 Preparing for Your Future Career (Fall Only)  |

### YEAR 2, SPRING SEMESTER (15 hours)

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|---|
| RT 3423 Recreational Therapy in Geriatric Practices [RT 2433] (Spring Only) or RT 3433 Recreational Therapy and Physical Disabilities [RT 2433] (Spring Only)   |
| POLS 1113 American Government   |
| RT 3843, Recreational Therapy Facilitation Techniques & Interventions (Spring Only)   |
| Course designated (H), (DH), or (HG)- 3 hours   |
| STAT 2013 Elementary Statistics (Q) or STAT 2023 Elementary Statistics for Business and Economics (Q) or STAT 2053 Elementary Statistics for the Social Sciences (Q) [MATH 1483 or 1513 or higher with a "C" grade or better] |

### YEAR 3, FALL SEMESTER (16 hours)

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| RT 3413 Recreational Therapy and Mental Illness/Intellectual Disabilities [RT 2433] <b>(Fall Only)</b>   |
| BIOL 3203 Physiology ["C" or better in BIOL 1114 or (BIOL 1113 & BIOL 1111), and (CHEM 1215 or CHEM 1314 or CHEM 1414)]  |
| BIOL 3201 Physiology Lab [Must be taken in same semester as BIOL 3203; "C" or better in BIOL 1114 or (BIOL 1113 & BIOL 1111), and (CHEM 1215 or CHEM 1314 or CHEM 1414)] |
| RT 4833, Recreational Therapy and Pediatrics [RT 2433 or Instructor Permission] <b>(Fall Only)</b>   |
| RT Elective – 3 hours (Choose from: EPSY 3113, 3413, 4063, HDFS 2233, 3203, 3413, or 3423)   |
| Course designated (G) – 3 hours  |

### YEAR 3, SPRING SEMESTER (13 hours)

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|---|
| RT 4843, Recreational Therapy & Healthcare Administration <b>(Spring Only)</b>  |
| RT 4933 Advanced Methods in Recreational Therapy [RM 3483 and consent of instructor] <b>(Spring Only)</b>                 |
| HHP 2654 Applied Anatomy ["C" or higher in BIOL 1114 or (BIOL 1113 & BIOL 1111)] (Pre-Health students may take BIOL 3214) |
| PSYC 3443 Psychopathology (S) [PSYC 1113(S)]  |

### YEAR 3, SUMMER SEMESTER (6 hours)

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|---|
| RT 3483 Junior Internship [RM 2413, RM 2473, RT 3441, co-req RT 3473 and one course in emphasis areas of study] |
| RT 3473 Medical Terminology & Procedures for Recreational Therapy   |

### YEAR 4, FALL SEMESTER (13 hours)

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|---|
| RT 3443, Assessment in Recreational Therapy [RT 2433] <b>(Fall Only)</b>                          |
| RT 4581, Sr Seminar in Recreational Therapy [RT 2433 or Instructor Permission] <b>(Fall Only)</b> |
| RT 4442 Recreational Therapy and Child Development  |
| Course designated (S), (DS), or (GS)- 3 hours   |
| Course designated (H), (DH), or (HG)- 3 hours   |

### YEAR 4, SPRING SEMESTER (12 hours)

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|---|
| RT 4489 Internship in Recreational Therapy [Last semester senior year with cumulative GPA of 2.5 and RT 3480, RT 4581 and co-req RT 4483] <b>(Spring or Summer Only)</b>                                  |
| RT 4483 Administrative Documentation in Internship for Recreational Therapy [Last semester senior year with cumulative GPA of 2.5 and RT 3480, RT 4581 and co-req RT 4480] <b>(Spring or Summer Only)</b> |

Prior to enrolling in an OSU math class, you will need to complete the Math Placement Exam to ensure success in your first math course. The OSU Math Placement Exam is designed to find the strengths and weaknesses of your mathematical knowledge, report results to you, and then, if necessary, provide you with online learning modules for improving your knowledge to prepare for the appropriate course. **Math Placement Exam:** <https://go.okstate.edu/admissions/orientation-and-enrollment/math-placement>

This plan is provided as a courtesy. The official degree requirements for this major can be found <https://catalog.okstate.edu/education-human-sciences/kinesiology-applied-health-recreation/recreational-therapy-bs/>