

## **Sarah B. Johnson, Ph.D.**

Oklahoma State University  
School of Community Health Sciences, Counseling  
and Counseling Psychology  
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### **Education**

- 2016                   **Ph.D., Counseling Psychology**  
Texas Woman's University (APA Accredited)
- 2012                   **M.A., Counseling Psychology**  
Texas Woman's University
- 2008                   **B.A., Psychology**  
Oral Roberts University  
Minor in Pastoral Care

### **Licensure**

*Licensed Health Service Psychologist (Oklahoma) #1289*

### **Conference Presentations**

- Colston, N., **Johnson, S.**, Jacobs, S.C., Turner, S., & Mason- Chagil, G. (2018, October). *Literature Review: Research in the Career Preparation of NA Engineers*. Accepted to present at the School Science and Mathematics Association, Little Rock, Arkansas.
- Johnson, S.**, Colston, N., Jacobs, S. C., Turner, S., & Mason-Chagil, G. (2018, August). *Applying Theory-Based Analyses to the Entry and Persistence of Native American Engineering Faculty*. Accepted to present at the American Psychological Association Annual Convention, San Francisco, California.
- Johnson, S.**, & Stabb, S. D. (2018, August). *Role Satisfaction of Stay-at-Home Fathers*. Accepted to present at the American Psychological Association Annual Convention, San Francisco, California.
- Harris, J., **Johnson, S.**, & Maddoux, J. (2014, November). *Treating Addictions with Experiential Psychotherapy Interventions: Drawing from EFT, ACT, and DBT*. Workshop presented at Texas Psychological Association Annual Convention, Dallas, Texas.

Johnson, S. (2012, August). *Work-Family Conflict, Burnout, and Partnership Quality in Graduate Students*. Poster presented at Division 17, Society for Vocational Psychology poster session of American Psychological Association Annual Convention, Orlando, Florida.

Hall, S. (2008, April). *Shame as a mediator between perfectionism and procrastination*. Poster presented at the annual meeting of the Oklahoma Psychological Society, Edmond, Oklahoma.

### **Invited Presentations, Seminars, Workshops**

**Johnson, S.,** Hadwiger, A., & Martin, J. (2018, April). *The Body Project*. Workshop presented for students in the Counseling and Counseling Psychology programs at Oklahoma State University, Tulsa, Oklahoma.

**Johnson, S.,** & Wade, A. (2017, June). *Passing the EPPP*. Workshop presented for Southern Methodist University interns, Dallas, Texas.

Johnson, S. (2017, February). *Beating the Winter Blues*. Presentation for Southern Methodist University students, Dallas, Texas.

**Johnson, S.,** & Wade, A. (2016, December). *Interviewing for Jobs and Postdocs*. Workshop presented for Southern Methodist University interns, Dallas, Texas.

Johnson, S. (2016, November). *Surviving Finals*. Presentation for Southern Methodist University students, Dallas, Texas.

**Johnson, S.,** & Zaitsoff, D. (2016, May). *Using the CAMS with Suicidal Clients*. Session presented for practicum students at Kansas State University Counseling Center, Manhattan, Kansas.

Johnson, S. (2016, April). *Practice Makes...Perfect?* Session presented for Kansas State University students and faculty, Manhattan, Kansas.

**Johnson, S.,** & McCullars, A. (2016, February). *The Body Project*. Three session workshop presented for Kansas State University Residential Life staff members, Manhattan, Kansas.

**Johnson, S.,** McCullars, A., & Lambert, D. (2015). *Life Skills*. Ten session workshop presented for Kansas State University students, Manhattan, Kansas.

Reiser, M., **Johnson, S.,** & Zaitsoff, D. (2015, October). *Biofeedback*. Three session workshop presented for Kansas State University students, Manhattan, Kansas.

- Reiser, M., & **Johnson, S.** (2015, September). *DBT Skills*. Workshop presented for Kansas State University students, Manhattan, Kansas.
- Johnson, S. (2013, October). *Parenting with Love and Logic*. Three session workshop presented for parents at Paloma Creek Elementary School, Aubrey, Texas.
- Johnson, S. (2013, April). *Psychology: Fact v. Myth*. Workshop presented at Texas Woman's University Research Symposium, Denton, Texas.
- Maril, V., **Johnson, S.**, Maddoux, J., Stavinoha, S., Naudin, B. (2012, March). *Diversity Institute*. Workshop presented for Texas Woman's University students, Denton, Texas.
- Dessy, S., **Johnson, S.**, Stavinoha, S., & Wetherington, S. (2010, December). *The College Student Burnout Inventory*. Poster presented at Texas Woman's University Research Symposium, Denton, Texas.
- Johnson, S.** & Dessy, S. (2010, April). *Bipolar disorder and Seasonal Affective disorder*. Poster presented at Texas Woman's University Research Symposium, Denton, Texas.
- Hall, S.** & Erickson, H. (2008, March). *Perfectionism*. Presented at Oral Roberts University Honors Program Research Extravaganza.

### **Research and Administrative Experience**

- 2017- Research Team Member, Toward Increasing Native American Engineering Faculty  
Oklahoma State University, Stillwater, Oklahoma
- 2016- Research Team Member, Experiential Treatment of Addictions  
2013 Texas Woman's University, Denton, Texas  
PI: Jeff Harris, Ph.D.
- 2015- Graduate Assistant, Department of Psychology and Philosophy  
2012 Texas Woman's University, Denton, Texas  
Assisted the Doctoral Program Training Director with a variety of tasks, including creation and submission of the APA Reaccreditation document.

### **Teaching Experience**

- Present- **Visiting Assistant Professor**, Oklahoma State University, Stillwater, OK  
2017 Graduate Level Courses  
CPSY 6183 Principles of Counseling Psychology  
CPSY 5523 Individual Appraisal (Fall 2017)  
CPSY 5553 Theories of Counseling  
CPSY 6123 Adult Personality Assessment  
CPSY 6323 Psychological Consultation  
CPSY 6423 Counseling Psychology Practicum II

CPSY 6553    Advanced Practice in Marital and Family Treatment

2016        **Predoctoral Psychology Intern**, Kansas State University, Manhattan, KS  
Undergraduate Level Course  
EDCEP 202    Career and Life Planning

2015-  
2012        **Graduate Teaching Assistant**, Texas Woman's University, Denton, TX  
Psychology and Philosophy Department  
Undergraduate Courses  
PSY 1013     Introduction to General Psychology  
PSY 1603     Developmental Psychology

2010        **Graduate Teaching Assistant**, Texas Woman's University, Denton, TX  
Undergraduate Course  
UNIV 1011    Contemporary Learning in Higher Education

### **Clinical Experience**

2017-  
2016        **Postdoctoral Fellow**, Southern Methodist University Counseling Services  
Dallas, Texas  
Responsibilities included:

- Conducted initial consultations, individual psychotherapy, and group psychotherapy with enrolled university students
- Provided weekly day crisis and after-hours crisis coverage
- Created and executed outreach programs for campus community
- Served as a mentor and conducted professional development trainings for predoctoral interns

2016-  
2015        **Predoctoral Psychology Intern**, Kansas State University Counseling Services  
Manhattan, Kansas (APA Accredited Internship)  
Responsibilities included:

- Conducted intake interviews/initial consultations, individual psychotherapy, and group psychotherapy for university students
- Provided on-call and crisis consultation services
- Provided weekly one-one-one supervision to practicum student
- Conducted individual psychoeducation sessions for students with substance use related housing violations through Project ABC
- Developed and presented three week outreach program as well as in-service presentations and psychoeducational outreach presentations
- Participated in weekly seminars geared toward advancing clinical skills

2014-  
2013        **Therapy Practicum Student**, Sam Rayburn Memorial Veterans Center  
Inpatient and Outpatient Adult Mental Health and Substance Abuse units  
Bonham, Texas  
Responsibilities included:

- Provided individual and group psychotherapy to patients with a range of presenting concerns, including substance use disorders, mood disorders, Posttraumatic Stress Disorder, and personality disorders
- Worked as part of an interdisciplinary team with psychiatrists, physicians, nurses, social workers, and addiction therapists
- Received training in Cognitive-Behavioral Therapy for Depression in Veterans and Prolonged Exposure Therapy

2013

**Assessment Practicum Student**, Sam Rayburn Memorial Veterans Center  
Inpatient Substance Abuse unit  
Bonham, Texas

Responsibilities included:

- Conducted psychological assessments to aid in diagnosis and treatment planning
- Wrote integrated assessment reports incorporating obtained assessment results
- Met with clients to discuss results of assessments and implications for treatment

2013-  
2012

**Therapy Practicum Student**, Nexus Recovery Center  
Dallas, Texas

Responsibilities included:

- Provided individual and group psychotherapy to patients with substance use disorders and co-occurring disorders
- Worked as part of an interdisciplinary team with psychiatrists, social workers, and addiction therapists
- Conducted intake assessments and constructed treatment plans in collaboration with client
- Serve as liaison between treatment team and judicial system for clients involved in court-ordered treatment programs

2012-  
2011

**Therapy Practicum Student**, Texas Woman's University Counseling Center  
Denton, Texas

Responsibilities included:

- Provided intake assessments and individual psychotherapy to enrolled university students
- Attended weekly trainings on diversity issues
- Participated in campus outreach events, including bi-annual campus-wide cultural diversity training

2009-  
2008

**Certified Mental Health Case Manager**, Family and Children's Services  
Tulsa, Oklahoma

Responsibilities included:

- Provided case management and psychoeducational group counseling to clients diagnosed with serious mental illnesses
- Advocated for clients with community agencies
- Assisted with Psychosocial Rehabilitation Program day treatment programming

- Served as liaison between client and judicial system as part of the Oklahoma Drug Court program
- Provided follow-up services to clients across numerous treatment programs identified as in crisis

### **Clinical Supervision Experience**

- Present*      **Doctoral Practicum Supervisor**, Oklahoma State University  
CPSY 6423 Counseling Psychology Practicum II  
Provide group supervision for doctoral level practicum students
- Present-2017*      **Doctoral Student Supervisor**, Oklahoma State University  
Provide weekly individual supervision to doctoral students in the Counseling Psychology program.
- 2016-2015*      **Clinical Supervisor**, Kansas State University Counseling Services  
Provided weekly individual supervision to one Master's level practicum student and one doctoral level practicum student
- 2013*      **Clinical Supervisor**, Texas Woman's University  
Provided weekly individual supervision to one Master's level practicum student
- 2012*      **Clinical Skills Supervisor**, Texas Woman's University  
Provided weekly individual supervision to one Master's level student in the Counseling Skills course

### **Service**

- Present*      **Comprehensive Exam Committee.** I meet with selected doctoral students in the Counseling Psychology program to conduct oral comprehensive examinations. I also read and evaluate comprehensive exams.
- Present*      **Doctoral Student Interview Day.** I help to interview potential doctoral level students for the Counseling Psychology program at Oklahoma State University.
- Present*      **Master's Student Interview Day.** I help to interview potential master's level students for the Mental Health and School Counseling programs at Oklahoma State University.
- Present-2017*      **Supervision of Doctoral Counseling Psychology Students.** I individually supervise doctoral level students in the Counseling Psychology doctoral program.
- 2017*      **Conference Submission Reviewer.** I reviewed submissions for conference presentations for American Psychological Association Division 17, Division of Counseling Psychology, and Division 2, Society for the Teaching of Psychology

2015-  
2014      **Doctoral Student Representative.** I represented the doctoral students at monthly faculty meetings and collaborated with faculty members regarding student concerns at Texas Woman's University. \

2011-  
2015      **Student Mentor.** I was paired with an incoming doctoral student and served as that student's mentor for the duration of their time in the program, sometimes meeting weekly to help the student transition to Texas Woman's University.

2014-  
2010      **Psychology Department Research Symposium.** I coordinated the annual four day research symposium for the Psychology and Philosophy department at Texas Woman's University

2015 -  
2010      **Doctoral Interview Day.** I assisted departmental faculty in facilitating the interview day for prospective doctoral level students at Texas Woman's University

### **Professional Memberships**

Oklahoma Psychological Association  
American Psychological Association  
Division 2, Society for the Teaching of Psychology  
Society for Vocational Psychology  
Division 17, Society of Counseling Psychology  
Division 35, Society for the Psychology of Women