

# GRADUATE CERTIFICATE INFANT MENTAL HEALTH



COLLEGE OF  
**EDUCATION AND  
HUMAN SCIENCES**



## OVERVIEW

The Human Development and Family Science Graduate Certificate in Infant Mental Health integrates research, theory and practical application of infant mental health principles.

Infant Mental Health is defined as “the developing capacity from birth to three to experience, regulate and express emotions; to form close relationships; and to explore the environment and learn — all in the context of family, community and cultural expectations for young children.” Coursework addresses these concepts from a developmental and attachment-based perspective and emphasizes reflective practice.

## THIS PROGRAM IS OFFERED ENTIRELY ONLINE

Graduates of the HDFS Graduate Certificate in Infant Mental Health:

- Provide leadership in the field of Infant Mental Health
- Gain competence in areas needed for Infant Mental Health Endorsement
- Work in a variety of fields with infants and families including clinicians, early childhood teachers, healthcare professionals, and administrators

## APPLICATION REQUIREMENTS

Applications are accepted on a rolling basis

- Online application and application processing fee
- Transcripts
- Resumé or CV
- Statement of professional goals
- Three letters of recommendation
- Writing sample
- TOEFL (if English is your second language)

## CERTIFICATE REQUIREMENTS

15 Semester Hours

## GAINFUL EMPLOYMENT

For employment disclosures related to the OSU Infant Mental Health graduate certificate program, [click here](#).



# INFANT MENTAL HEALTH

## COURSE REQUIREMENTS

### HDFS 5233: Infant Mental Health

Foundations of infant mental health theory, research, and practice. Includes the familial context of children's early development and the importance of infant-caregiver relationships, early intervention, assessment, and reflective practice. Emphasis is placed on the application of infant mental health principles across settings and disciplines focused on early childhood and families.

### HDFS 5243: Infant and Early Childhood Development and Attachment

Survey of research and theory pertaining to infant and early childhood development and attachment. Content includes cognition and learning, social and emotional development, and assessment. An emphasis is placed on attachment and implications for practitioners working with young children and families.

### HDFS 5193: Reflective Practice

An exploration of the principles and methods of reflective practice. Reflective journaling and group interactive dialogue based on the application of theoretical models. Supervised field experiences in community settings.

### HDFS 5343: Developmental Assessment and Interventions

An exploration of the principles and methods of reflective practice. Reflective journaling and group interactive dialogue based on the application of theoretical models. Supervised field experiences in community settings.

### HDFS 5513: Issues in Family Science

Current and classic literature in family studies. Consideration of philosophical bases and current research issues relevant to the family as a field of study.

## CONTACT INFORMATION

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