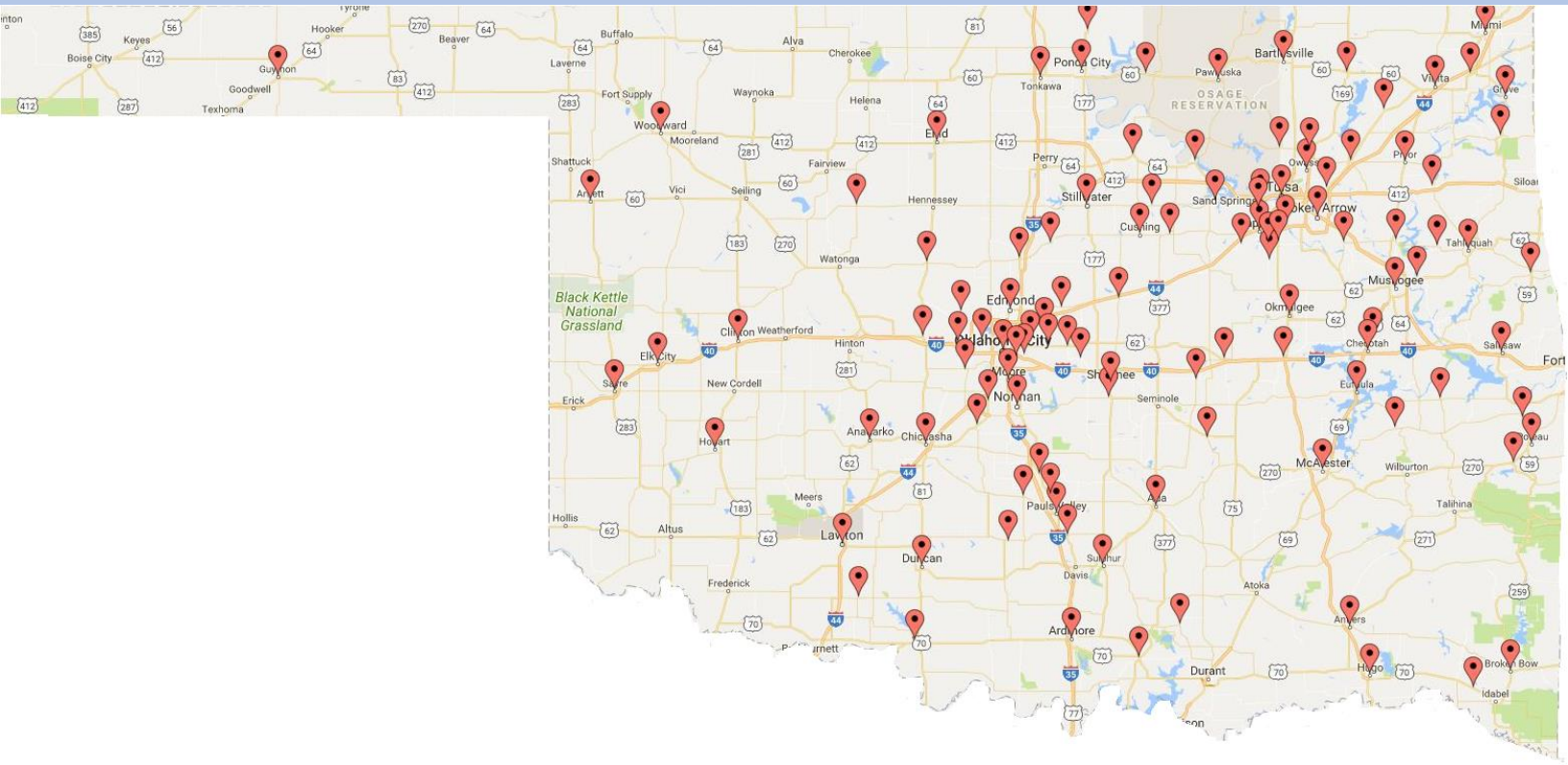


# NATIONAL CORE INDICATORS™

## OKLAHOMA AT-A-GLANCE REPORT • 2018-19



### SELECTED FINDINGS FROM THE ADULT IN-PERSON SURVEY



Developmental  
Disabilities  
Services



Oklahoma National Core Indicators Team  
at Oklahoma State University

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# Where are the statistics in this report from?

## National, State, and University Partners

Oklahoma is one of 46 states and the District of Columbia to voluntarily participate in **National Core Indicators**<sup>1</sup> (NCI) to assess quality and outcomes of publicly funded services for individuals with intellectual disability<sup>2</sup> and their families. The system of services and supports for people with intellectual disability has changed tremendously over the last few decades and continues to evolve. **Oklahoma Department of Human Services (DHS) Developmental Disabilities Services (DDS)** was among the first in the nation to close state-operated institutions and provide person-centered, community-based services. Participating in NCI allows Oklahoma to use a valid, reliable, person-centered measure to demonstrate how publicly funded supports are impacting people's lives and to determine where we can improve the quality of those supports.

Since 2013, Oklahoma DDS has contracted with **Oklahoma State University** to collect the NCI Adult In-Person Survey. This partnership includes faculty and staff from the Institute for Development Disabilities at Oklahoma State University and a team of trained undergraduate and graduate students across multiple disciplines.

## NCI Adult In-Person Survey

The NCI Adult In-Person Survey is a standardized face-to-face survey consisting of three sections. The first section, Background Information, is gathered from case records and conversations with direct support staff and family caregivers. This section includes information on health history, residential settings, and services the individual is receiving. Sections I and II are conducted in the individual's home: Section I can only be answered by the individual receiving services while Section II can be answered by the individual and/or his/her direct support staff or family member.

The NCI Adult In-Person Survey is conducted with a representative, random sample of Oklahomans receiving Home and Community-Based Waiver Services.

## Oklahoma Home and Community-Based Waiver Services

In 2018-2019 approximately 4832 adults with intellectual disability in Oklahoma receive Medicaid Home and Community Based Services (HCBS) through Oklahoma DDS. Waivers allow individuals with intellectual disability to receive needed services in their home or community rather than institutions or other isolated settings.

Oklahoma offers three HCBS waivers for adults with intellectual disability:

- The **Community Waiver** provides supports for individuals to live in the community (usually outside of the family home),
- The **In-Home Support Waiver** provides supports for individuals who live in the family home, and
- The **Homeward Bound Waiver** provides community-based supports for the Plaintiff Class of *Homeward Bound et al. v. The Hissom Memorial Center et al.*

## Oklahoma NCI Adult In-Person Survey Participants

Participants included adults with intellectual disability (aged 18 and over) receiving at least one waived service (e.g., vocational, direct support staff) in addition to case management from Oklahoma DDS. The 2018 -2019 representative, random sample of 400 included participants from all three HCBS waiver types:

- Community Waiver
  - Residential ( $n = 181$ ; 45%)
  - Nonresidential ( $n = 41$ ; 10%)
- In-Home Support Waiver ( $n = 99$ ; 25%)
- Homeward Bound Waiver ( $n = 79$ ; 20%)

**Total representative random sample:  $N = 400$**

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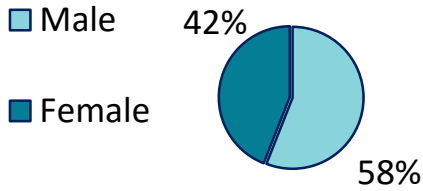
<sup>1</sup>[www.nationalcoreindicators.org](http://www.nationalcoreindicators.org)

<sup>2</sup>Intellectual Disability: significant limitations in intellectual functioning and adaptive behavior, which covers many everyday social and practical skills. Originates before age 18. Intellectual disability replaced the term mental retardation.

# Background Information

400 adults participated in the 2018-19 Adult In-Person Survey in Oklahoma

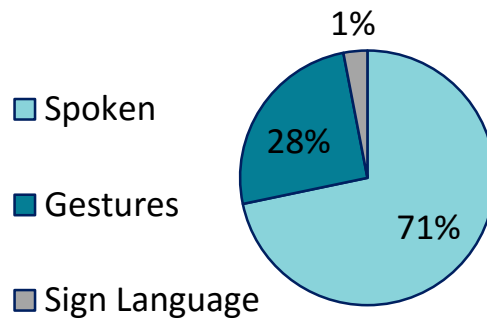
## Gender



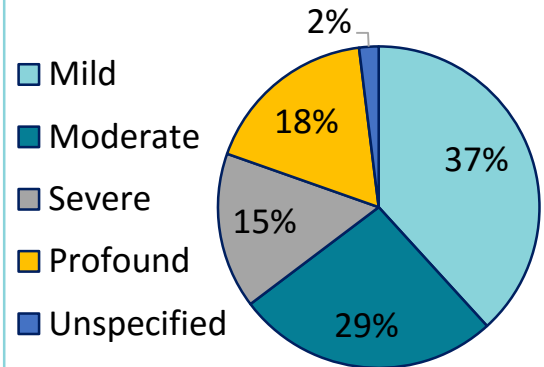
## Age

Average: 45 years  
Range: 19 – 82 years

## Preferred Means of Communication



## Level of Cognitive Impairment



## Diagnoses

(Not mutually exclusive)

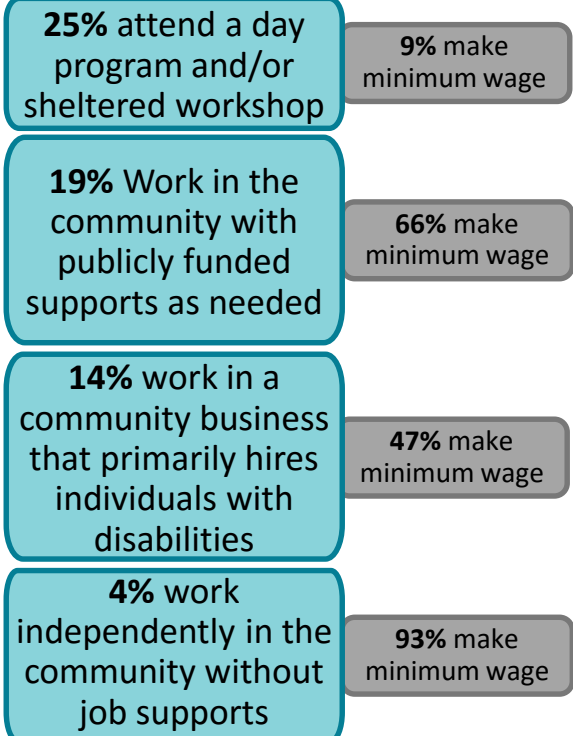
Intellectual disability	100%
Seizure or neurological problem	43%
Mood disorder (e.g., depression, bipolar disorder)	42%
Anxiety disorder (e.g., generalized or social anxiety disorder, panic disorder/attacks)	33%
Behavior challenges (e.g., aggression, self-injurious behavior, ADHD)	32%
Cerebral palsy	23%
Psychotic disorder (e.g., schizophrenia, delusional disorder)	17%
Autism spectrum disorder	14%
Down syndrome	9%
Brain injury	5%

## Race

Caucasian	75%
African American	13%
Native American	8%
Hispanic	3%
Asian	1%
Multiracial	1%

## Work/Day Program

(Not mutually exclusive)



## Health and Wellness

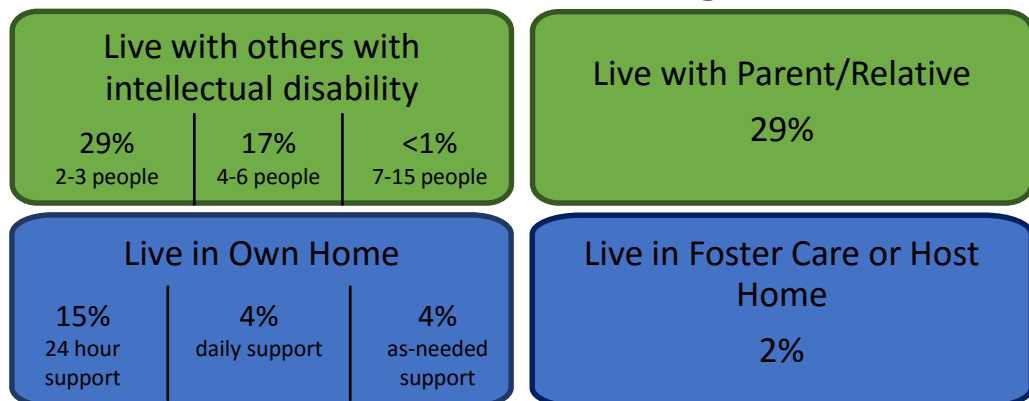
97% had a complete physical in the last year ▲

78% had a dental exam in the last year

27% have high blood pressure

6% use nicotine or tobacco products

## Residential Setting



▲ Indicates significantly above national average

Note. All information on this page was collected from the Background Information Section of the survey.

Section 1

Note. Information on this page was collected from individuals receiving services.

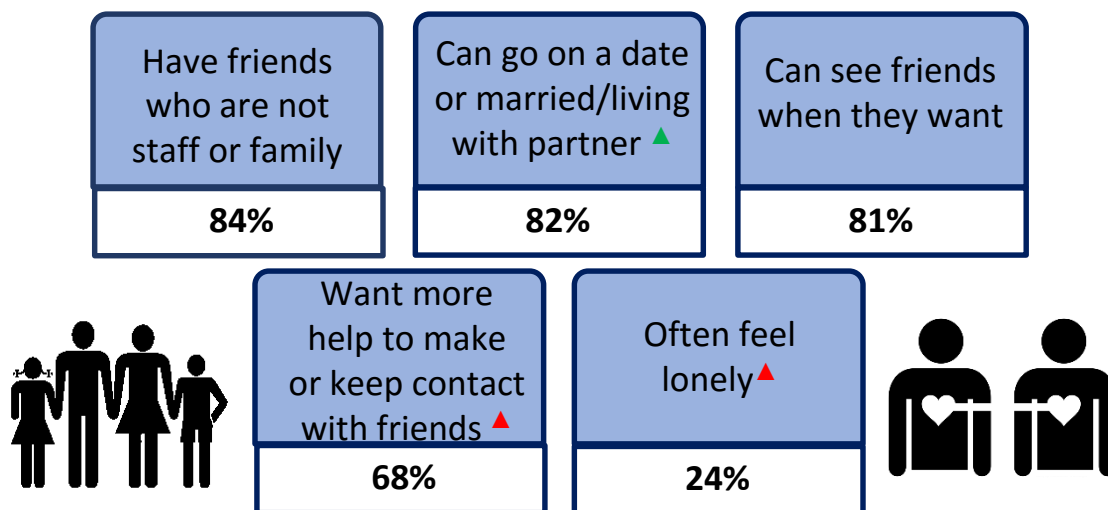
Satisfaction



Rights & Privacy

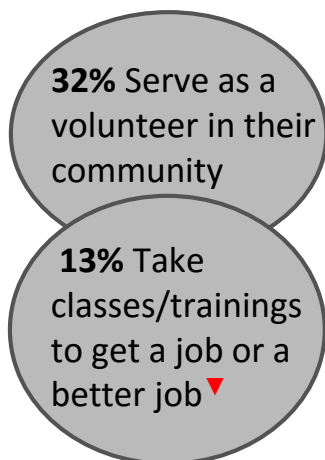


Relationships

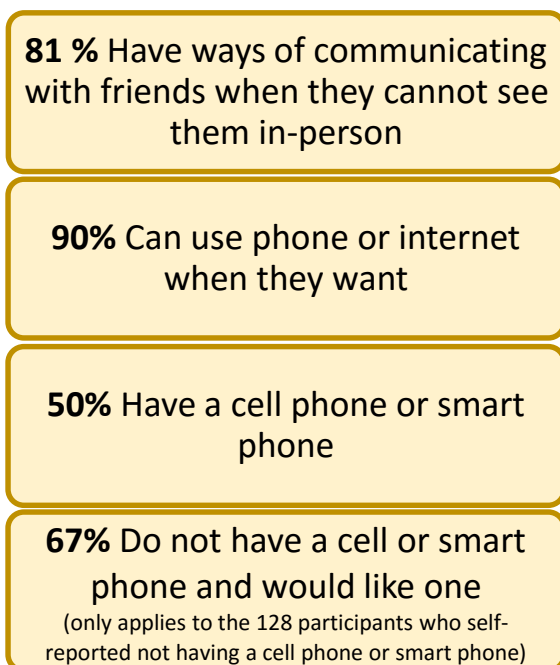


Volunteer & Training

Activities

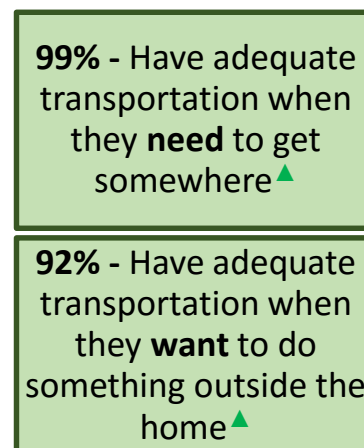


Communication



Access to

Transportation

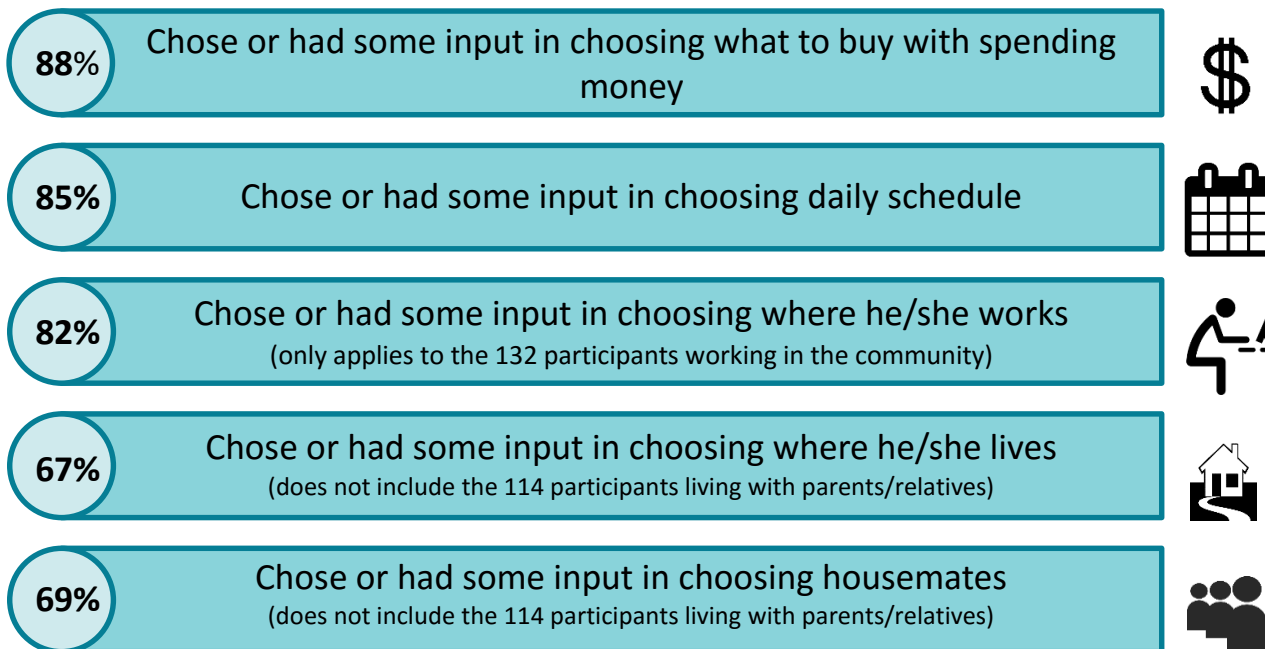


▲ Indicates significantly above national average ▼ Indicates significantly below national average

Section 2

Note. Information on this page was collected from individuals receiving services and/or their direct support staff or family members.

## Choice, Decision-Making & Control

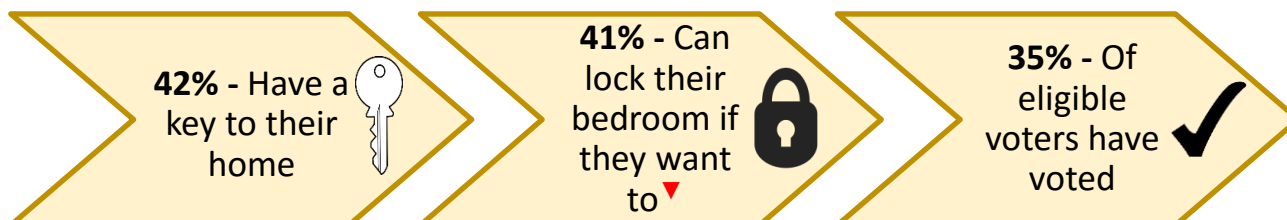


## Community Inclusion, Participation, & Leisure

Percentage of respondents who report having done the following activities in the community at least once in the past month



## Rights



▲ Indicates significantly above national average ▼ Indicates significantly below national average