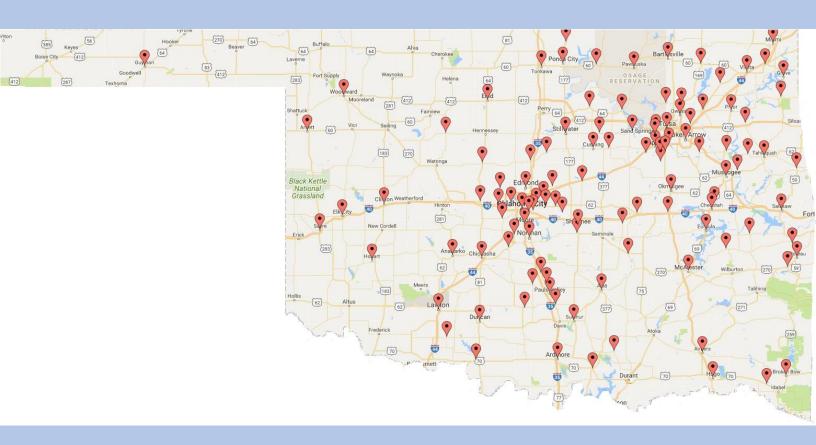
NATIONAL CORE INDICATORS TM

OKLAHOMA AT-A-GLANCE REPORT • 2018-19



SELECTED FINDINGS FROM THE ADULT IN-PERSON SURVEY







Oklahoma National Core Indicators Team at Oklahoma State University

Contact Information: (405) 744-9960

Dr. Jennifer Jones | jennifer.jones@okstate.edu

Dr. Kami Gallus | kami.gallus@okstate.edu

Ms. Kacey Ward | kacey.l.ward@okstate.edu

Where are the statistics in this report from?

National, State, and University Partners

Oklahoma is one of 46 states and the District of Columbia to voluntarily participate in **National Core Indicators**¹ (NCI) to assess quality and outcomes of publicly funded services for individuals with intellectual disability ² and their families. The system of services and supports for people with intellectual disability has changed tremendously over the last few decades and continues to evolve. **Oklahoma Department of Human Services** (DHS) **Developmental Disabilities Services** (DDS) was among the first in the nation to close state-operated institutions and provide person-centered, community-based services. Participating in NCI allows Oklahoma to use a valid, reliable, person-centered measure to demonstrate how publicly funded supports are impacting people's lives and to determine where we can improve the quality of those supports.

Since 2013, Oklahoma DDS has contracted with **Oklahoma State University** to collect the NCI Adult In-Person Survey. This partnership includes faculty and staff from the Institute for Development Disabilities at Oklahoma State University and a team of trained undergraduate and graduate students across multiple disciplines.

NCI Adult In-Person Survey

The NCI Adult In-Person Survey is a standardized face-to-face survey consisting of three sections. The first section, Background Information, is gathered from case records and conversations with direct support staff and family caregivers. This section includes information on health history, residential settings, and services the individual is receiving. Sections I and II are conducted in the individual's home: Section I can only be answered by the individual receiving services while Section II can be answered by the individual and/or his/her direct support staff or family member.

The NCI Adult In-Person Survey is conducted with a representative, random sample of Oklahomans receiving Home and Community-Based Waiver Services.

Oklahoma Home and Community-Based Waiver Services

In 2018-2019 approximately 4832 adults with intellectual disability in Oklahoma receive Medicaid Home and Community Based Services (HCBS) through Oklahoma DDS. Waivers allow individuals with intellectual disability to receive needed services in their home or community rather than institutions or other isolated settings.

Oklahoma offers three HCBS waivers for adults with intellectual disability:

- The Community Waiver provides supports for individuals to live in the community (usually outside of the family home),
- The In-Home Support Waiver provides supports for individuals who live in the family home, and
- The **Homeward Bound Waiver** provides community-based supports for the Plaintiff Class of *Homeward Bound et al. v.*The Hissom Memorial Center et al.

Oklahoma NCI Adult In-Person Survey Participants

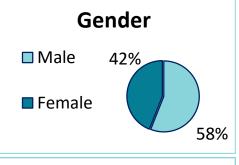
Participants included adults with intellectual disability (aged 18 and over) receiving at least one waivered service (e.g., vocational, direct support staff) in addition to case management from Oklahoma DDS. The 2018 -2019 representative, random sample of 400 included participants from all three HCBS waiver types:

- Community Waiver
 - Residential (n = 181; 45%)
 - Nonresidential (n = 41; 10%)
- In-Home Support Waiver (*n* = 99; 25%)
- Homeward Bound Waiver (*n* = 79; 20%)

Total representative random sample: N = 400

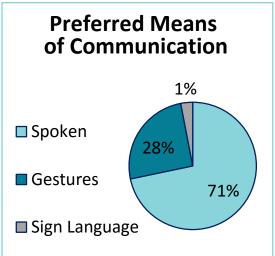
Background Information

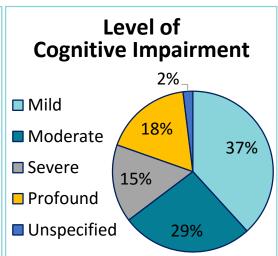
400 adults participated in the 2018-19 Adult In-Person Survey in Oklahoma





Average: 45 years Range: 19 – 82 years





Diagnoses

(Not mutually exclusive)

(Not mutually exclusive)	
Intellectual disability	100%
Seizure or neurological problem	43%
Mood disorder (e.g., depression, bipolar disorder)	42%
Anxiety disorder (e.g., generalized or social anxiety disorder, panic disorder/attacks)	33%
Behavior challenges (e.g., aggression, self-injurious behavior, ADHD)	32%
Cerebral palsy	23%
Psychotic disorder (e.g., schizophrenia, delusional disorder)	17%
Autism spectrum disorder	14%
Down syndrome	9%
Brain injury	5%

Race

Caucasian	75%
African American	13%
Native American	8%
Hispanic	3%
Asian	1%
Multiracial	1%

Work/Day Program (Not mutually exclusive)

25% attend a day program and/or sheltered workshop

9% make minimum wage

19% Work in the community with publicly funded supports as needed

66% make minimum wage

14% work in a community business that primarily hires individuals with disabilities

47% make minimum wage

4% work independently in the community without job supports

93% make minimum wage

Health and Wellness

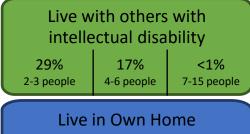
97% had a complete physical in the last year

78% had a dental exam in the last year

27% have high blood pressure

6% use nicotine or tobacco products

Residential Setting



15% 4% 4% 24 hour daily support as-needed support support

Live with Parent/Relative 29%

Live in Foster Care or Host Home 2%

[▲]Indicates significantly above national average

Satisfaction **Rights & Privacy** Believe services are helping them to 92% live a good life Have staff that treat 94% them with respect Like where they live 91% Have a place where 93% they can be alone at Like where they work in a paid home community job 90% (only applies to the 103 participants who self-reported having a paid community job) Can be alone with 80% Do not have a paid job in their friends or visitors at community and would like one 48% home (only applies to the 115 participants who self-reported not having a paid community job)

2018-2019 Adult In-Person Survey

Section 1

Note. Information on this page was collected from individuals receiving services.

Relationships

Have friends who are not staff or family

84%

Can go on a date or married/living with partner $\stackrel{\blacktriangle}{-}$

82%

Can see friends when they want

81%



Want more help to make or keep contact with friends A

68%

Often feel Ionely A

24%



Access to **Transportation**

99% - Have adequate transportation when they need to get somewhere 4

92% - Have adequate transportation when they want to do something outside the home A

Volunteer & Training Activities

32% Serve as a volunteer in their community

13% Take classes/trainings to get a job or a better job

Communication

81 % Have ways of communicating with friends when they cannot see them in-person

90% Can use phone or internet when they want

50% Have a cell phone or smart phone

67% Do not have a cell or smart phone and would like one

(only applies to the 128 participants who selfreported not having a cell phone or smart phone)

Choice, Decision-Making & Control

Chose or had some input in choosing what to buy with spending 88% money Chose or had some input in choosing daily schedule 85% Chose or had some input in choosing where he/she works 82% (only applies to the 132 participants working in the community)

Chose or had some input in choosing where he/she lives (does not include the 114 participants living with parents/relatives)



Chose or had some input in choosing housemates (does not include the 114 participants living with parents/relatives)



Community Inclusion, Participation, & Leisure

Percentage of respondents who report having done the following activities in the community at least once in the past month



Rights

67%

69%



[▲] Indicates significantly above national average

2018-2019 Adult In-Person Survey

Section 2

Note. Information on this page was collected from individuals receiving services and/or their direct support staff or family members.