

OLLI

OKLAHOMA STATE UNIVERSITY



FALL 2022 COURSE CATALOG

Registration Now Open!

DIRECTOR'S NOTE

Hello, friends!

We're back at it here at OLLI Central, planning engaging courses, exciting trips and fun events. Our instructors have created multi-week and one-time presentations we think will spark joy and creativity for you.

We continue to tweak course offerings, formats and locations based on your survey responses. Town Halls and City Forums are free and a great way to introduce someone to OLLI, so invite a guest!

The OLLI book club A Good Read continues and we're developing other Special Interest Groups (SIGs) such as dining groups and movie watchers in each city. Contact the OLLI office and we'll connect you. If you have an idea for a SIG in your area, let us know.

The fall session includes one multi-night and two daytrips. In December, we'll head to Kansas City for holiday shopping, good food and a little learning. We'll also go to Oklahoma City to visit the Thunderdome, the newly renovated State Capitol and have lunch atop a downtown skyscraper. Another day trip will go to the tiny town of Aline, Okla., to tour the Sod House Museum via Enid, and visit the living history village at the Cherokee Strip Regional Heritage Center. All three experiences have limited capacity, but guests are welcome.

We're launching a two-year membership campaign this fall and we need your help. As of June 2022, we had 400 members. Our goal is to reach 1,000 by June 2024. As we grow, we can add more course offerings and expand our reach. Stay tuned for ways you can help.

Thank you for staying connected these last few challenging years. You've told us OLLI makes your days brighter and how much you enjoy our programming. We appreciate you and hope you'll love this session. See you in class!

OLLI Team

Robbin — Director

Sofia — Office Manager

Logan — Tech Coordinator

Amy — Bartlesville Coordinator

Katie — Stillwater Coordinator

Gage — OKC Coordinator

Shanley — Editor and Instructor

Abby — Student

Monica — Student

WHAT IS OLLI?

The Joy of Learning

The Osher Lifelong Learning Institute (OLLI) at Oklahoma State University is a member-driven program developed for adults age 50 and better who are interested in enriching their lives by expanding their intellectual experiences. Opportunities include courses, lectures, workshops, travel opportunities and special events. Instructors are qualified individuals from careers in academia, business, the arts and government. There are no tests and no grades; members pursue learning for pure pleasure.

Each of the four OLLI @ OSU locations has a local leadership committee governed by a board of directors elected by the OLLI membership.

All operating costs are funded by membership fees, the Bernard Osher Foundation and Oklahoma State University, with special thanks to the Osher Lifelong Learning Institute and the OSU College of Education and Human Sciences.

OLLI Membership

You must be an OLLI member to enroll in courses. The membership year runs from July 1 to June 30 and includes fall, spring and summer sessions. Membership dues are paid annually and entitle the holder to participate in courses as well as social, travel and special events, voting, elected committees and course evaluations. Membership dues do not include textbooks, supplies, meals or other fees.

You can become a member anytime during the year.

Contact Us

Robbin Davis, OLLI Director
139 Nancy Randolph Davis
Oklahoma State University
Stillwater, OK 74078

405-744-5868 office
OLLI@okstate.edu
OLLI.okstate.edu

OLLI Membership

Premium Annual Membership \$200

This membership enables you to enroll in an unlimited number of courses during fall, spring and summer sessions.

À La Carte Annual Membership \$40

This reduced-cost membership allows you to select individual courses and pay \$25 for each multi-week course and \$10 for each single session class (unless otherwise noted) during the fall, spring and summer sessions.

Annual Membership is July 1 through June 30 and must be renewed each year.

Pay by credit or debit card online at **OLLI.okstate.edu** or by check made payable to OSU sent to 139 Nancy Randolph Davis, Stillwater, OK 74078.

Premium Annual Members do not pay the individual course fee, but À La Carte Members do. Both membership levels pay course supply fees. Light refreshments are included with registration for in-person courses.

All memberships include:

- Full Member Benefits and Discounts
- Special Interest Groups
- Weekly e-newsletter
- Invitation to the annual OLLI banquet
- Access to free courses
- Voting privileges in annual OLLI elections
- Volunteer opportunities

An OLLI membership makes a great gift!

SUPPORT OLLI

Donate to OLLI @ OSU

1. Go to: **OLLI.okstate.edu**
2. Click **Give to OLLI** under Additional Resources at the bottom of the page.
3. Follow further instructions as the OSU Foundation walks you through what you can do to help the OLLI @ OSU community.

All donations and contributions to OLLI are tax deductible. If you wish to make a donation that exceeds the online maximum of \$50,000, or a donation that does not meet the online minimum of \$10, **contact the OSU Foundation at 800-622-4678.** We accept cash, check, non-cash items and estate gifts.

ENROLLMENT INFORMATION

How to Enroll

OLLI membership is required to enroll in courses. You must purchase your membership **prior** to enrolling in courses.

To enroll online:

If you do not have a membership:

1. Visit **OLLI.okstate.edu**
2. Click **Join OLLI**
3. Click **Become a Member**
4. Choose and pay for your membership

Once you have a membership:

5. Visit **OLLI.okstate.edu**
6. Click **Enroll in Courses**
7. Use the tools to search for courses
8. Log in using your existing OLLI account information and make your course selection

COURSE FORMAT OPTIONS

This OLLI session offers you many ways to participate in our courses. These options will maximize your opportunities to enjoy the most number of classes.

- **In Person** — This is the traditional class model in which you attend the class in person with an instructor.
- **Online** — Courses are offered through Zoom. Links stay the same for multi-week courses. Recordings are shared with enrollees after the class. Not all courses are recorded.

POLICIES

Attendance

While not mandatory, attendance for both in-person and online classes is important to the instructor and other students. Your active participation is important to the success of the classes. If you are enrolled in an online course, please make every attempt to be present on the day of the class.

Cancellation Deadlines and Member Credit

Members who cancel their participation in a course or event prior to that activity's cancellation deadline can request credit for any fees paid. This credit can be applied to a future OLLI activity or membership fee upon member request.

Class Size Limits

Courses that are limited in size are noted in the course descriptions. If you are interested in one of these courses, enroll early.

Course Evaluations

At the end of each course, all members on the roster will receive an email reminder and link to complete a brief course evaluation. Please complete an evaluation within five days of the end of each course you attend. These evaluations are vitally important to OLLI staff, instructors, and the curriculum committee in each city for future course planning.

Dropping a Class and Waitlists

Once a course/activity fills, members are placed on a waitlist in order of enrollment. Members wishing to cancel their participation in an OLLI at OSU activity should contact olli@okstate.edu or **405-744-5868** at least 24 hours in advance of the activity. Staff will then notify the next member on the waitlist.

Name Tags

If you registered more than a week before in-person classes begin, you will have a name tag waiting at the registration table. If you register less than a week prior to the first class meeting date, your name tag will be sent to the site coordinator and available to you

beginning the second meeting date. Please remember to return your nametag to the storage case as you leave the venue for the day. Alert the site coordinator if your nametag needs to be replaced.

OLLI Open Houses

Open Houses are scheduled at least once in each of our program cities. New and renewing members are invited to attend for free and register for the upcoming session, ask questions about courses and meet the OLLI staff.

Payment and Refunds

All fees are due at the time of registration. A 100% refund of class fees will be granted if canceled within seven days of the class start date. We accept payment by check and Visa/Mastercard/Discover credit cards. Course and event fees are due upon enrollment in each activity. Only OSU employees may accept member payments. The staff who work for our satellite classroom partners cannot accept payments for OLLI at OSU memberships or activities. No refunds are available after classes begin. OLLI at OSU staff make every attempt to reschedule activities that cannot be held at their originally scheduled date and time.

Public Health and Safety

OLLI at OSU staff follow the health and safety policies put forth by the university. If you are feeling ill, please stay home to keep yourself and fellow OLLI members safe.

Refreshments

Light snacks, coffee and water are included with registration for in-person classes.

Student Conduct

OLLI adheres to the OSU Student Code of Conduct found at <https://ssc.okstate.edu/student-conduct/code.html>.

Textbooks and Supplies

All member levels are responsible for purchasing their own supplies and recommended texts. Course handouts will be emailed prior to classes. A limited number of paper copies will be available for in-person classes.

Weather Closures and Cancellation Notices

If OSU closes due to inclement weather, all OLLI at OSU activities will be canceled as well. Otherwise, the decision to cancel an activity during inclement weather will be made based on conditions at each classroom location and input from our instructors. In the event that an OLLI at OSU activity is canceled or rescheduled for any reason, members will be notified by email or text message. It is important that you provide OLLI at OSU with your best contact information. If your phone accepts text messages, please ensure we have your mobile carrier on file.

Weekly Emails

All active members will receive our weekly emails, which are typically sent on Thursdays. These emails include information such as:

- The upcoming week's schedule
- Zoom links for any upcoming virtual activities
- Important program announcements and schedule changes
- Links to available recordings of virtual activities
- Upcoming local events of interest

If you're not receiving our weekly emails in your inbox, first check to see if your email provider is filtering them into your junk or spam folder. To prevent our emails from being marked as junk, it may help to add olli@okstate.edu to your email account's contacts. If that doesn't fix the issue, please contact our office for assistance.

Zoom Recordings

Links to available recordings for online courses are only sent to course enrollees. The recordings will remain available through the end of the session. Not all online courses are recorded. Ask if you are unsure if a class will be recorded.

TRIPS

Little Tour on the Prairie: Sod House and One-Room School

Friday, 10/14

Channel your inner 1800s pioneer and come along for a day trip visit to the Sod House Museum in Aline, Okla., just like the “soddy” Laura Ingalls and her family made home on the Minnesota prairie. We’ll also visit the Cherokee Strip Regional Heritage Center in Enid for a guided tour of the living history village, including a one-room schoolhouse. Be sure to stand up straight and watch your language — the schoolmarm might be there.

- Includes a stop for lunch in Enid (buy your own). Non-member guests are welcome. Pre-registration is required for reservations.
- Meet us there: \$10 for members and nonmember guests.
- Rideshare from Stillwater: \$20 for members and nonmember guests.
- Price includes admission fees.

Minimum enrollment: 6

OLLI Road Trip: Kansas City, Here We Come!

Wednesday, 12/14 – Friday, 12/16

- **Wednesday, 12/14** | Depart Stillwater. Possible pickup in Ponca City, if needed. Drive to Topeka for lunch at the Classic Bean Café and a visit to the Brown v Board of Education National Park and Museum and the Evil Knievel Museum. Drive into Kansas City for dinner and settle into hotel (double and single occupancy rooms available).
- **Thursday, 12/15** | Breakfast at the hotel. Tour the Steamboat Arabia Museum to see King Tut’s Tomb of the Missouri River. Lunch. Tour the Federal Reserve Bank of KC’s Money Museum and the WWI Museum. Free time at the Crown Center for some Christmas shopping. Dinner at Lidia’s restaurant, who you may recognize from her cookbooks or PBS TV show. We’re hoping our OLLI friends from KU can join us for some of Lidia’s delicious Italian cooking.

- **Friday, 12/16** | Breakfast at hotel. Tour the Truman Presidential Library and Museum. Drive to Lee’s Summit area to tour Missouri Town 1855, an outdoor antebellum living history museum. We’ll lunch in that area before heading home.

Cost estimate is \$500-\$650 per person and includes all meals, entrance fees, tours, taxes, tips, hotel and bus. Hotel cost will vary based on occupancy.

Minimum enrollment: 10

Maximum enrollment: 20

Welcome to the Thunderdome: OKC Day Trip

Date to Be Determined*

This exciting day in our state’s capital involves the NBA, vast views, art galleries and tea. We’ll visit and tour the Capitol’s multimillion dollar restoration and newly renovated galleries to see the reinstated state artwork. Then, we’ll head over to the Devon Tower for lunch 726 feet above downtown at Vast, OKC’s only four-diamond restaurant. Next, we’ll get a personally guided tour of the Paycom Center, home to the NBA’s Oklahoma City Thunder. We won’t leave Oklahoma City without a spot of tea at Pinkitzel, an “unbelievably extravagant cupcake café and candy boutique.”

This experience involves a lot of walking. Please wear comfortable shoes.

*Note: The Thunder will provide us with a tour date once the official NBA schedule has been released in late August.

- Meet us there: \$65 for members/\$75 for nonmember guests
- Rideshare from Stillwater: \$85 for members/\$100 for nonmember guests
- Price includes admission fees, lunch and treats.
- Wheelchair accessible

Minimum enrollment: 10

The Movies of Jack Lemmon

Mondays, 1:30 - 4p | 6wks | **9/19 - 10/24**

FORMAT Presentation

INSTRUCTOR

Dennis Scott
Movie Historian

CLASS LOCATION

Zarrow Pointe

IMPORTANT INFO

A La Carte Price: \$25

Jack Lemmon has been called one of the most consistently acclaimed actors in movie and TV history. You may recognize him as the anxious everyman from both dramatic and comedic roles or his long partnerships with director Billy Wilder or fellow actor Walter Matthau. Let's enjoy this master at work by watching some of his classic films: "Mr. Roberts" (1955), "Some Like It Hot" (1959), "The Apartment" (1960), "Irma La Douce" (1963), "The Fortune Cookie" (1966) and "The Odd Couple" (1968).

“ I learned so much and really enjoyed the instructor’s personal stories. ”

American Style Mahjong

Tuesdays, 1:30 - 3:30p | 8wks | 9/20 - 11/8

FORMAT Participation

INSTRUCTOR

Carol James
Educator

CLASS LOCATION

Monterea Retirement
Community

IMPORTANT INFO A

La Carte Price: \$25
Supply Fee: \$10 **Max**
12 students

Mahjong is a game dating to 19th Century China played with a set of 144 tiles based on Chinese characters and symbols. In the early 20th Century, it was brought to America by travelers to Asia, and an American version of the game developed. The game has spread globally with regional variants. Learn this worldwide sensation game in a simplified and explanatory manner with a little history thrown in. Each week, the instructor also will “show and tell” Mahjong items from her collection.

Armchair Travels: Spain and Costa Rica

Tuesdays, 10a - 12p | 6wks | 9/20 - 10/25

FORMAT Presentation

INSTRUCTOR

Ken and Carol Bebak
World Travelers

CLASS LOCATION

Monterea Retirement
Community

IMPORTANT INFO A

La Carte Price: \$25

Skip the hours-long flights, layovers, viral exposure and expense. Travel with our very own tour guides as they share from the comfort of an OLLI class their recent experiences in both Spain and Costa Rica. Learn about the history, culture and foods. Join us on a river boat in Costa Rica where we'll see birds, iguanas and some seriously large crocodiles. Walk with us under an aqueduct built by the Romans in 2 B.C. Stroll with us down streets in medieval cities and into a cathedral with Christopher Columbus' tomb. We won't even make you empty your pockets or take off your shoes before you board this trip.

Sam Houston in Indian Territory

Wednesdays, 10a - 12p | 4wks | **9/21 - 10/12**

FORMAT Lecture

INSTRUCTOR

Jonita Mullins
Historian and Author

CLASS LOCATION

Zarrow Pointe

IMPORTANT INFO

A La Carte Price: \$25

While the general and statesman Sam Houston is best known for his military and political careers in both Tennessee and Texas, what is not as widely known is that he spent years in Indian Territory living among the Cherokee. What scandal brought him west from Tennessee, and what ambition eventually took him to Texas? The answers are found in Oklahoma. We'll explore this little-known aspect of our state's history.

Oklahoma Jazz Part 3

Wednesdays, 1:30 - 3:30p | 6wks | **9/21 - 10/26**

FORMAT Lecture

INSTRUCTOR

John Hamil
Educator and Jazz
Musician

CLASS LOCATION

Zarrow Pointe

IMPORTANT INFO

A La Carte Price: \$25

Tap your toe along with this continued exploration of key Oklahoma jazz figures. We will examine the careers and contributions of Okmulgee's Don Byas, Fort Gibson's Lee Wiley, Tulsa's Hal Singer and Earl Bostic, Muskogee's Jay McShann, Yale's Chet Baker and Haskell's John Simmons, all of whom made significant marks on America's own classic music — jazz. If you missed the first two courses, don't worry, you will enjoy this one. No prerequisite to join.

Let's Play: Canasta

Thursdays, 10a - 12p | 6wks | **9/22 - 10/27**

FORMAT Participation

INSTRUCTOR

Carol Bebak
Educator

CLASS LOCATION

Montereau Retirement
Community

IMPORTANT INFO

A La Carte Price: \$25

Max 12 students

Whether you have played before or just want to learn a new game, you're invited to join. Similar to rummy, Canasta was created in 1939 by two bridge partners in Uruguay. Named after the Spanish word for basket, canasta refers to the container used to hold the cards. The game quickly became popular throughout South America and soon spread to the U.S., Europe and Asia.

Introduction to Painting with Acrylics

Fridays, 10a - 12p | 8wks | **9/23 - 11/11**

FORMAT Hands-on

INSTRUCTOR

Mery McNett
Multimedia Artist

CLASS LOCATION

Hardesty Center

IMPORTANT INFO

Member \$215, Non-member \$250

(Includes OLLI membership)

Price includes all course supplies.

Previous experience not required.

Max 10 students

Designed for beginners and those with minimal painting experience, this class will give you the basics on handling acrylic paints and brushes. We will also explore a variety of techniques (glazing, layering, impasto, alla prima and more) and subject matter (still life, self-portrait and abstraction) and investigate the use of fluorescent paint in under layers.

City Forum | Free to attend

Mondays, 10a - 12p | 7wks | **9/26-11/7**

Montereau Retirement Community 6800 South Granite, Tulsa

September 26 | Chat with the Mayor

Jim Spoon

Mayor | City of Sand Springs

Mayor Jim Spoon will give an update on the city with time for your questions.

October 3 | Forensic Accounting

Leah Wietholter

CEO and Founder | Workman Forensics

While working for the FBI, Leah Wietholter discovered an interest and talent for forensic accounting. She later served as a senior certified fraud examiner in a Tulsa public accounting firm before opening Workman Forensics.

October 10 | Understanding Alzheimer's and Dementia

Jacob Guinan

Community Outreach Coordinator | Alzheimer's Association Oklahoma Chapter in Tulsa and Eastern Oklahoma

Alzheimer's is not normal aging. It's a disease of the brain that causes problems with memory, thinking and behavior. Join us to learn about the impact of Alzheimer's, the difference between Alzheimer's and dementia, the disease stages and risk factors, current research and treatments available to address some symptoms and resources.

October 17 | Healthy Living for Your Brain and Body

Jacob Guinan

Community Outreach Coordinator | Alzheimer's Association Oklahoma Chapter in Tulsa and Eastern Oklahoma

At any age, we can adopt lifestyle habits to help maintain or even improve our health, including possibly delaying the onset of cognitive decline. We'll cover four areas: cognitive activity, physical health and exercise, diet and nutrition and social engagement. Drawing on current research, we will discuss what we know and steps to take now.

October 24 | Keystone Crossroads

Gordon Stewart

Board Member | Keystone Crossroads Historical Society

What happened to the towns of Mannford and Keystone? Learn about the shuffling of people and towns that occurred for the Keystone dam construction and what is known about that area's history and its relationship to Tulsa.

October 31 | Oklahoma Senior Law

Todd Whatley

Certified Elder Law Attorney and Partner

Todd Whatley has focused his entire legal career on Elder Law. He is a Certified Elder Law Attorney, the only one in Tulsa and east of Oklahoma City. He served as president of the National Elder Law Foundation, the certifying organization approved by the American Bar Association to certify Elder Law Attorneys.

November 7 | Crime Safety

Cassia Carr | Deputy Mayor | City of Tulsa

Lori Fullbright | News Anchor and Crime Reporter | Tulsa's News on 6

Deputy Mayor Carr will be giving an update on the City of Tulsa at 10 a.m.

At 11 a.m., Tulsa crime reporter Lori Fullbright teaches how to spot cons, frauds and scams. Fullbright has experience interviewing countless crime victims, criminals and law enforcement professionals.

European Union

Tuesdays and Thursdays, 10a - 12p | 2wks | **11/1 - 11/10**

FORMAT Lecture

INSTRUCTOR

Dr. Jerry Croft
Emeritus

CLASS LOCATION

TBD

IMPORTANT INFO

A La Carte Price: \$25

The European Union is one of the most significant developments in the world since the end of WWII. Since the EU began (originally called the European Economic Community) in 1957, the French and Germans have primarily directed the development of this amazing organization. We will examine which countries belong to the EU and how it enhances each country. We will also look at which EU countries belong to N.A.T.O. and the political security it provides for nearly all of the countries in the EU.

Artist Demonstration: Traditional Egg Tempura Painting

Friday, 1:30 - 3p | 1wk | 9/9

FORMAT Demonstration

INSTRUCTOR

Carolyn Cárdenas
Artist

CLASS LOCATION

OSU Museum of Art

IMPORTANT INFO

Free

During this single-session artist talk, Carolyn Cárdenas will run through the complex process involved in preparing materials for traditional egg tempera painting before demonstrating the basics of the art form. Dating back to the ancient world, tempera painting practices saw a significant revival in the 20th century and continues to be popular with painters today. Participants are welcome to arrive early to visit the exhibition before the artist talk.

Funding for this program is provided in part by grants from Oklahoma Humanities (OH) and the National Endowment for the Humanities (NEH) as well as generous donations made by our OSUMA Art Advocates.

The Films of Sidney Poitier: Creation of a Legend

Mondays, 1:30 - 4p | 6wks | 9/19 - 10/24

FORMAT Presentation

INSTRUCTOR

Dr. Vickie Sturgeon
Retired Film Studies
Professor

CLASS LOCATION

Primrose

IMPORTANT INFO

A La Carte Price: \$25

Join us as we celebrate this distinguished actor. Poitier's charisma, strength and humanity overcame many obstacles on a successful path through Hollywood. We'll watch his early work in "No Way Out" (1950) and "The Defiant Ones" (1958); significant films "In the Heat of the Night" (1967) and "Raisin in the Sun" (1961); the popular "To Sir with Love" (1967); and the delightful "Lilies of the Field" (1963). Excerpts from "Cry, My Beloved Country" (1951); "Blackboard Jungle" (1955); "Edge of the City" (1957); "Porgy and Bess" (1959); and "Guess Who's Coming to Dinner" (1967) round out our class list.

Call of the Wild

Tuesdays, 1:30 - 4p | 6wks | **9/20 - 10/25**

FORMAT Presentation

INSTRUCTOR

Various

CLASS LOCATION

Stillwater Public
Library

IMPORTANT INFO

A La Carte Price: \$25

In this series of presentations, we'll hear from wildlife professionals from around the state including an entomologist, an OSU Extension Wildlife Specialist and leaders from the Oklahoma Department of Wildlife Conservation. Topics will cover birding by a representative from our local Audubon Society; how the state manages fish and wildlife without receiving any general state tax appropriations; how wildlife issues are addressed by OSU faculty and graduate students through research projects that help better manage wildlife species across the state and region; and a visit to Insect Adventure, OSU's insect "petting zoo."

Great Stories from Classic French Cinema

Wednesdays, 1:30 - 4p | 6wks | **9/21 - 10/26**

FORMAT Presentation

INSTRUCTOR

Dr. Vickie Sturgeon
Retired Film Studies
Professor

CLASS LOCATION

Legacy Village

IMPORTANT INFO

A La Carte Price: \$25

This series of acclaimed films shares captivating, poignant stories—some of the best to be found in cinema. In "Jean de Florette (Son of Florette)" and its sequel "Manon of the Springs" (both 1986), basic elements of human character and family history are exposed in a struggle for water rights in Provence. In "My Father's Glory" and its sequel "My Mother's Castle" (both 1990), a boy's charming coming of age tale is balanced with whimsical adventures and life lessons. "In The Two of Us" (1967), a boy leaves WWII Paris to live with an elderly farmer in the French countryside. In "Fanny" (1961), we'll watch an intriguing romance set in the colorful port of Marseille.

Oklahoma Women Who Were Pioneers in Their Fields

Wednesdays, 1:30 - 3:30p | 4wks | **9/21 - 10/12**

FORMAT Lecture

INSTRUCTOR

Carol Schmitz
Educator and
Historian

CLASS LOCATION

Legacy Village

IMPORTANT INFO

A La Carte Price: \$25
A list of additional
readings will be
provided.

If you've been around Oklahoma long enough, some names may sound familiar: Angie Debo, Kate Barnard, Wilma Mankiller, Wally Funk. These women were pioneers in their fields. How about Alice Robertson, Paula Loop or Lucretia Haines? All these women had engaged, passionate lives and took their chosen fields in new directions. Let's take a closer look at each of these fascinating women. We'll contextualize their achievements by looking at their field at the time they entered it and then devote attention to their individual impact on areas such as social work, governance, commerce, aviation and more.

Cognitive Stimulation Program: Train Your Brain

Tuesdays and Thursdays, 10a - 12p | 8wks | **9/20 - 11/10**

FORMAT Participation

INSTRUCTOR

Dr. Sabiha Parveen, CCC – SLP
Associate Professor | OSU
Communication Sciences
and Disorders

CLASS LOCATION

Payne Co. Health Dept.

IMPORTANT INFO

\$35 members
\$100 non-members
(includes OLLI membership)

This unique course provides an opportunity for OLLI members to play games and get brain exercise while contributing to valuable research by OSU faculty and PhD candidates. Those signed up receive a baseline test the first week followed by twice-weekly group classes. The classes will include brain training activities such as attention, memory, orientation, problem-solving and reasoning through games similar to The Price is Right and Famous Faces. The course ends with follow-up assessments. Hearing screenings are also available through this program. Join in on this fun, social and helpful program.

Town Hall Meetings | Free to attend

Tuesdays | 10a-12p | 8wks | **9/20 - 11/8**
Stillwater Public Library 1107 South Duck

September 20 | Obesity, Diabetes and Aging

Dr. Yoo Kim

Assistant Professor | OSU Nutritional Sciences

Dr. Yoo Kim's research focuses on how to delay aging and age-associated diseases through dietary interventions.

Sept. 27 | Building Family Resilience

Dr. Brooke Tuttle

Director | Center for Family Resilience, OSU Human Development and Family Science

The OSU Center for Family Resilience is a university and community resource that engages translational science initiatives to promote resilience for individuals, families and communities in Oklahoma. Dr. Tuttle will highlight recent work in areas of school-based prevention, youth mental and behavioral health and parenting workshops to promote resilience in children.

Oct. 4 | The State of the City

Norman McNickle

Stillwater City Manager

This session will start at 10:30 a.m. and City Manager Norman McNickle will give an update on Stillwater, with time for your questions.

October 11 | Meet the New Salvation Army Officer

Lt. Risa Robinson

Salvation Army of Stillwater

Lt. Risa Robinson has recently moved from Arkansas into the position of Commanding Officer at the Salvation Army of Stillwater. She will discuss her new role and vision for the organization.

October 18 | Our New EECE Associate Dean

Dr. Gina Peek

Associate Dean of Extension Engagement and Continuing Education,
Assistant Director of OSU Extension, Family and Consumer Sciences

Dr. Gina Peek serves in the dual role of College of Education Human Sciences Associate Dean of Extension, Engagement and Continuing Education (where OLLI lives) and Assistant Director of OSU Extension, Family and Consumer Sciences. Dr. Peek will talk about her new role, her vision for EECE and how OLLI fits into it.

October 25 | Starts Local, Goes Global

Andrew Ranson

Director | Wes Watkins Center for International Trade
Development at OSU

The Wes Watkins Center for International Trade Development trains students and advises and supports entrepreneurs and businesses in doing business with the world, opening up international markets in Asia, Africa, South America and Europe to products born and bred in Oklahoma, by Oklahomans.

Nov. 1 | Meet the Dean of Agriculture

Dr. Thomas Coon

Vice President and Dean | Division of Agricultural Sciences and Natural
Resources

Dr. Thomas Coon provides leadership for the Ferguson College of Agriculture and the university's two state agencies—OSU Extension and OSU Ag Research. He serves as chief OSU administrator for more than 200 faculty, 300 Extension staff and 300 support and administrative staff both on campus and across the state.

Nov. 8 | The Original Machine Gun Kelly

Leigh Dudley

Executive Director | Federal Judicial Learning Center and Museum

In 1933, Machine Gun Kelly and others kidnapped and held for ransom Charles Urschel, a wealthy Oklahoma oil man. Hear how the crime was solved and the historic trial that shook the nation and helped define Oklahoma judicial history.

Drawing

Wednesdays, 10a - 12p | 4wks | **9/21 - 10/12**

FORMAT Hands-on

INSTRUCTOR

Tandi Memmott
Artist

CLASS LOCATION

Art on 6th

IMPORTANT INFO

A La Carte Price: \$25
Supply list provided upon registration.

Max 12 students

We will experiment with different drawing media, including pencil, charcoal and pen and ink wash. We will draw from both still life and photo references. Feel free to bring your own photos for subject matter. This class is good for both beginners and those with drawing experience.

Let's Write: Sharing Your Story

Thursdays, 10a - 12p | 6wks | 10/6 - 11/10

FORMAT Participation

INSTRUCTOR

Margaret Potter
Writer

CLASS LOCATION

Legacy Village

IMPORTANT INFO

A La Carte Price: \$25

In this writing class, we'll focus on everyday life and how to recognize the richness in our own backyards. We'll look to well-known memoirs, fiction, plays and even scenes from movies to learn methods of sharing the everyday. We'll mine journals, family trees, letters, episodes from our own lives, short stories and more as we craft and share our own stories. Your trip down memory lane coupled with writing techniques will make writing more fun and appealing to your readers.

Walking Tour: Public Art on Campus Part 3

Friday, 1:30 - 3:30p | 1wk | 10/7

FORMAT Walking Tour

INSTRUCTOR

Christina Elliott
Associate Curator
of Education, OSU
Museum of Art

CLASS LOCATION

OSU Campus

IMPORTANT INFO

A La Carte Price: \$10

Join the next leg of the outdoor, public artworks tour on the OSU Stillwater campus hosted by the OSU Museum of Art. Part of an ongoing series, this tour will feature a different selection of sculptures than earlier tours. Previous tour attendance is not necessary to enjoy this one. We will follow a one-mile loop that is wheelchair-accessible. Wear comfortable clothing and footwear and bring mobility aids or hearing devices, if needed.

Drug Trafficking and the War on Drugs

Mondays, 10a - 12p | 4wks | 10/17 - 11/7

FORMAT Lecture

INSTRUCTOR

Dr. Marten Brienen
Associate Professor,
OSU School of Global
Studies

CLASS LOCATION

Stillwater Public
Library

IMPORTANT INFO

A La Carte Price: \$25

In this course, we will examine the International Drug Trade and the dynamics of the U.S.-led War on Drugs. We will explore the development of U.S. drug policy after 1969 and the impact both at home and abroad of the “crack epidemic,” the end of the Cold War and Sept. 11. We also will investigate the emergence of increasingly sophisticated Drug Trafficking Networks, analyze the economics of the drug trade versus the cost of efforts to suppress that trade and discuss the importance of U.S. drug policy in international relations.

Exploring Soft Pastels

Wednesdays, 10a - 12p | 4wks | 10/19 - 11/9

FORMAT Hands-on

INSTRUCTOR

Tandi Memmott
Artist

CLASS LOCATION

Art on 6th

IMPORTANT INFO

A La Carte Price: \$25
Supply list provided
upon registration.

Max 12 students

We'll examine the wonderful world of soft pastels by working on sanded paper while learning techniques such as painting, blending, mark-making and underpainting using denatured alcohol. We'll also practice our drawing skills using still life and photo references as subjects. If you have good photos you want to use for reference, please bring them.

Let's Make: A Ceramic Pumpkin

Thursdays, 1:30 - 3:30p | 2wks | 10/20 and 10/27

FORMAT Hands-on

INSTRUCTOR

Missy Hitch
Artist

CLASS LOCATION

Prairie Arts Center

IMPORTANT INFO

A La Carte Price: \$10
Supply fee: \$30

Max 12 students

Get your hands in the clay and create your own ceramic pumpkin just in time for pumpkin season. The first week will consist of hand-building your fall gourd. No experience is needed. The instructor will then bisque fire your creations, so they'll be ready for your personal touch with either acrylic or watercolor paints at the next class meeting.

Let's Make: Holiday Ornaments

Thursdays, 1:30 - 3:30p | 2wks | 12/6 and 12/13

FORMAT Hands-on

INSTRUCTOR

Missy Hitch
Artist

CLASS LOCATION

Prairie Arts Center

IMPORTANT INFO

A La Carte Fee: \$10
Supply Fee: \$30

Max 12 students

Create and customize your own ceramic ornament just in time for the holidays. In the first class, you will hand-build an ornament with clay. No experience is needed. The instructor will then bisque fire your creations, so they'll be ready for the second week when you will customize them with either acrylic or watercolor paints.

Let's Watch: Bogie and Bacall

Mondays, 1:30 - 3:30p | 6wks | **9/19 - 10/10**

FORMAT Presentation

INSTRUCTOR

Dennis Scott
Movie Historian

CLASS LOCATION

Epworth Villa

IMPORTANT INFO

A La Carte Price: \$25

She was 19; he was 44. It's been called the greatest love affair in the history of cinema. Let's watch them on screen. "Casablanca" (1943) will show us Humphrey Bogart before Lauren Bacall. "To Have and Have Not" (1944) will show us their first film, followed by the duo in "The Big Sleep" (1946), "Dark Passage" (1947) and "Key Largo" (1948). We'll end with a solo Bacall in "How to Marry a Millionaire" (1953), just a few years before Bogart's death.

Storytelling 101

Thursdays, 10a - 12p | 4wks | **9/22 - 10/13**

FORMAT Participation

INSTRUCTOR

Stephen Kovash
Writer

CLASS LOCATION

Epworth Villa

IMPORTANT INFO

A La Carte Price: \$25

Through facilitated exercises you'll learn to use tone, voice and other storytelling craft elements to interpret the theme of your own story. Through practice and interaction with other participants, you'll gain a better understanding of your story and insights into the stories of others while sharpening your skills both in writing and live storytelling.

City Forum | Free to attend

Mondays, 10a - 12p | 7wks | **9/26 - 11/7**

Epworth Villa 14901 N. Pennsylvania Ave. Oklahoma City

Sept. 26 | Fighting the Bad Guys

Jenna Odgers

Senior Criminal Intelligence Analyst | Oklahoma Information Fusion Center

Housed by the Oklahoma State Bureau of Investigation, the Fusion Center serves as the focal point for the collection, assessment, analysis and dissemination of terrorism intelligence and other criminal activity information relating to Oklahoma.

Oct. 3 | Update on MAPS 4

David E. Todd

MAPS Program Manager | City of OKC

MAPS 4 is a debt-free public improvement program funded by a temporary penny sales tax that will raise a projected \$978 million over eight years. The project is dedicated to neighborhood and human needs, as well as quality of life and job-creating initiatives.

Oct. 10 | Caring for a Loved One

Herb Magley

Board Member | Alzheimer's Association Oklahoma Chapter
Speaker and Advocate

Learn about Alzheimer's from Herb Magley, who was primary caregiver for his wife and best friend after her diagnosis at the age of 54. Now turned speaker and advocate, he will describe what happens over the course of the disease, medications, resources and more.

Oct. 17 | The Original Machine Gun Kelly

Leigh Dudley

Executive Director | Federal Judicial Learning Center and Museum

In 1933, Machine Gun Kelly and others kidnapped and held for ransom Charles Urschel, a wealthy Oklahoma oil man. Hear how the crime was solved and the historic trial that shook the nation and helped define Oklahoma judicial history.

Oct. 24 | Top Scams and Frauds to Avoid

Deputy Tara Hardin
Oklahoma County Sheriff

Oklahoma County Sheriff's Deputy Tara Hardin will give an overview of the top scams and frauds targeting those aged 50 and over, including how these scams manifest, how to recognize and avoid them, along with a few tips on what to do if you have become a victim of one.

Oct. 31 | Drug-Induced Nutrient Depletions

Dr. Trang Nguyen
Board Certified Geriatric Pharmacist

With nearly half of the population taking at least one prescription drug, it's important to know what types of interactions may occur with other medications, supplements or herbs. Pharmacist Dr. Trang Nguyen will introduce some of the key supplement-drug interactions, common nutrient depletions and hands-on experience that can assist in decision-making.

Nov. 7 | Tribal Community Response Plans

Trent Shores, U.S. Attorney | Northern District of Oklahoma
Bryan Kuester, U.S. Attorney | Eastern District of Oklahoma

U.S. Attorneys Trent Shores and Brian Kuester launched a pilot project to address missing and murdered indigenous persons cases. The first of its kind in the United States, the project implemented tailored guidelines to coordinate efforts with Tribal communities and law enforcement partners.

Beginning Genealogy

Wednesdays, 1:30 - 3:30p | 6wks | **9/28 - 11/2**

FORMAT Participation

INSTRUCTOR

Oklahoma Historical
Society Research
Staff

CLASS LOCATION

45th Infantry Museum

IMPORTANT INFO

A La Carte Price: \$25

Do you know that a massive collection of archived, genealogical data is ready and waiting for you to dig in? The Oklahoma Historical Society's Research Division offers resources beyond a family historian's wildest dreams and staff members are eager to show you how to put it to work. You will learn how to search Oklahoma newspapers through the Gateway including Chronicling America and more. You'll also learn how to navigate free online genealogy resources, including DPLA, Family Search, Internet Archives and resources at the Metropolitan Library.

The Stuff of History: Material Culture

Tuesdays, 10a - 12p | 4wks | 10/4 - 10/25

FORMAT Lecture

INSTRUCTOR

Nathan Jones
Historian and Curator
National Cowboy Museum

CLASS LOCATION

National Cowboy and
Western Heritage Museum

IMPORTANT INFO

A La Carte Price: \$25
Recommended Text
*A History of the World in 100
Objects* by Neil MacGregor
(or associated podcast)

This course will be a guided exploration of material culture, the objects museums interpret as historical sources. Through presentations and recommended readings, you will gain deeper insight into the practice behind object-based interpretation used by historians, curators and archaeologists. You will also have the opportunity to closely examine some of the National Cowboy Museum's collections and how those objects and their stories provide deeper meaning and knowledge of our own culture.

Reporting World War II: On the Home Front and Overseas

Wednesdays, 10a - 12p | 4wks | 10/19 - 11/9

FORMAT Lecture

INSTRUCTOR

Dr. Denise Neil
Historian and Museum
Director

CLASS LOCATION

45th Infantry Museum

IMPORTANT INFO

A La Carte Price: \$25

During World War II, news reports were generated from across the globe. We will look at journalism during this time using archival materials from the 45th Infantry Division Museum's collection. Those who reported the news left behind a legacy for our understanding of that war. Men such as Edward R. Murrow, Andy Rooney and Ernie Pyle shot to fame. Women like Margaret Bourke White and Martha Gellhorn had unprecedented opportunities. News reports informed the home front while Stars and Stripes, Yank Magazine and even division-level newspapers, like the 45th Division News, were published for soldiers.

BARTLESVILLE

Mixed Media Painting

Mondays, 10a - 12p | 6wks | **9/19 - 10/24**

FORMAT Hands-on

INSTRUCTOR

Debbie Finch
Artist

CLASS LOCATION

Bartlesville Art
Association

IMPORTANT INFO

A La Carte Price: \$25
Supply list provided
upon registration.

Designed especially for beginners, this workshop explores composition, underpainting, color and glazing to develop luminosity in your painting. Next, you'll combine acrylics and art papers to create a mixed media piece. For the final two classes, decide on a project, landscape, floral or still life or explore the subconscious mind and create an abstract.

Don't Die of Dysentery! Survival Hacks for the Oregon Trail

Mondays, 1:30 - 3:30p | 6wks | **9/19 - 10/24**

FORMAT Lecture

INSTRUCTOR

Kyle Thoreson
Director Osage Hills Park

CLASS LOCATION

Bartlesville Public Library

IMPORTANT INFO

A La Carte Price: \$25

You've sold your house. You've said goodbye to all your friends. And now you're ready to hit the Oregon Trail ... Or are you? Improve your odds of reaching the Willamette Valley alive by taking this six-week primer. This course will be chock full of tips, tricks and trail hacks to improve your chance of success on the overland journey. You'll learn how to load and fix your wagon, cross rivers safely, barter more effectively, make the best foods for the trail and much more! Don't die of dysentery — take this class.

Town Hall Meetings | Free to attend

Tuesdays, 10a - 12p | 7wks | **9/20 - 11/1**

St. Luke's Episcopal Church, Bartlesville

September 20 | Year-Round Music

Mikala Curless

Development Director | OKM Music

Learn how this organization evolved from a Mozart festival to include everything from classical and contemporary music to bluegrass, gospel and popular music. Development Director Mikala Curless will also discuss the group's year-round programming, music scholarship and outreach events.

September 27 | Celebrating 40 Years

Val Callaghan

Managing Director | Bartlesville Community Center

As the Center celebrates its 40th year, Managing Director Val Callaghan will describe how this cultural and educational facility strengthens the culture and economy of the city. She will discuss the Center's past 40 years of art, architecture, history and programming, as well as the celebratory events planned.

October 4 | Films and Tourism

Maria Swindell Gus

Executive Director | Visit Bartlesville

Get the scoop on the film industry in Oklahoma, including past film projects in the Bartlesville area and upcoming plans for the Oklahoma film incentive. Maria Swindell Gus will also discuss the tourism outlook for the area and give an update on plans to grow visitation in the coming year.

October 11 | The State of the City

Dale Copeland | Mayor | City of Bartlesville

Mike Bailey | City Manager | City of Bartlesville

Get an update directly from the mayor and city manager on city operations, including planned street and parks improvements, public safety operations, water and wastewater upgrades and how municipalities finance operations.

BARTLESVILLE

October 18 | Chat with the Fire Chief

David Topping
Fire Chief | City of Bartlesville

He's been in the top job for a little over a year now. Hear from Fire Chief David Topping on how things are going, what it's like to be Fire Chief and other updates from the Fire Department.

October 25 | Market Update

Josh Randolph | Regional Manager and Executive Vice President
Scott Hopson | Investment Officer | Arvest Wealth Management

Get the latest market and economic update from Arvest Wealth Management's Josh Randolph and Scott Hopson. They will discuss how current events, corporate earnings reports and political activity impact the markets and the U.S. economy.

November 1 | The Sheriff's Office

Jon Copeland
Undersheriff | Washington County

Learn about the functions of the sheriff's office, including operation of the county detention center, calls for service in the unincorporated parts of the county, civil paper and protective order services, investigations, transport and courthouse security, and serving as the legal enforcing arm of the district court.

Acting Up: Acting Class with Joe Sears

Tuesdays, 1:30 - 3:30p | 6wks | **9/20 - 10/25**

FORMAT Participation

INSTRUCTOR

Joe Sears
Tony-nominated actor

CLASS LOCATION

Theater Bartlesville

IMPORTANT INFO

A La Carte Price: \$25

Learn about all areas of acting including extras and small speaking parts in film. We'll explore acting techniques for the character actor, improvisational fun exercises, melodrama theatre acting and musical comedy acting. We'll play theatre games such as the longstanding "Liars Club" as a favorite. Class members do not have to participate and can remain as observers only, if desired. Watching others can be as much fun as doing it.

International Cooking

Wednesdays, 10a - 12p | 5wks | **9/21 - 10/19**

FORMAT Participation

INSTRUCTOR

Various

CLASS LOCATION

Bartlesville Public Library

IMPORTANT INFO

A La Carte Price: \$25

Supply Fee: \$20

Are you up for a culinary adventure? We've invited some gifted locals to share their culture through food. In this cooking demonstration class, you'll enjoy learning new recipes and preparation techniques with tastings to follow. Each week, we'll explore a variety of flavors and learn about food.

Wine Tasting

Wednesdays, 1:30 - 3:30p | 3wks | **9/21 - 10/5**

FORMAT Participation

INSTRUCTOR

Katherine Powell
Sommelier

CLASS LOCATION

St. Luke's Episcopal Church

IMPORTANT INFO

A La Carte Price: \$10

Supply Fee: \$30

Max 12 students

Life is a cabernet! People who enjoy wine also enjoy tasting and describing the wines they experience. Join Sommelier Katherine Powell to learn the basics of wine tasting and evaluation. Powell will provide a brief description of wine history, processes and wine classifications. Students will then dive into using their senses to discover unique characteristics of a variety of wines. Enrollment is limited, so don't delay.

Life 101: Living and Dying

Thursdays, 10a - 12p | 6wks | **9/22 - 10/27**

FORMAT Presentation

INSTRUCTOR

Various

CLASS LOCATION

Green Country Village

IMPORTANT INFO

Free

This multi-week health focused, symposium style course will feature professionals covering topics such as caregiving, hospice care, end-of-life arrangements, cancer, physical therapy and other subjects that are good to know at any age for oneself and loved ones. Full list of presenters and topics available on the OLLI course and enrollment webpage.

The Pioneers Who Rest at White Rose Cemetery

Thursdays, 1:30 - 3:30p | 6wks | **10/6 - 11/10**

FORMAT Lecture

INSTRUCTOR

Kim Inman
Cemetery Relations
Coordinator, City of
Bartlesville

CLASS LOCATION

Bartlesville Public
Library

IMPORTANT INFO

A La Carte Price: \$25

In 1901, it was said that Bartlesville ceased being a trading post. A growing population brought entrepreneurs and a business explosion. Three smelter operations, an ice plant, cement plant and brick plant were established. By statehood in 1907, it was an active city with some 9,000 residents from different walks of life, but one thing they have in common is their final resting place, White Rose Cemetery. From the smelter worker to the lawman to the outlaws of the day, you'll learn about the hardships, joys, and dreams of these determined people.

International Women of Bartlesville

Wednesdays, 1:30 - 3:30p | 4wks | 10/19 - 11/9

FORMAT Presentation

INSTRUCTOR

Various

CLASS LOCATION

Bartlesville Public Library

IMPORTANT INFO

A La Carte Price: \$25

What does it take to relocate to a new continent? How does it feel living where folks can't pronounce your name? What's weird about Americans? Let's hear firsthand stories from new immigrants, as well as stories of being raised by immigrants. You'll love this lineup of amazing women. Full list of presenters and topics available on the OLLI course and enrollment page.

Let's Do Lunch: Bartlesville Restaurant Crawl

See description, 10a - 12p | 3wks | 10/26 - 11/8

FORMAT Participation

INSTRUCTOR

Various

CLASS LOCATION

At each restaurant.

IMPORTANT INFO

A La Carte Price: \$10
Attendees pay for their meals.

It's time to get out of the house. We've spent too much time at home feeling the isolation of a global pandemic, so how about some lunch dates? In this course, we'll meet for lunch at a different restaurant each week. At each location, we'll learn about the history of the restaurant, the owner, all about the food, and the generations of cooks who inspired the menus. Most importantly, we'll eat.

Beginning Embroidery

Monday, 10a - 12p | 2wks | **10/31 and 11/7**

FORMAT Hands-on

INSTRUCTOR

Gay Cooper
Owner, Sew Uptown Quilt Shop

CLASS LOCATION

Bartlesville Art Association

IMPORTANT INFO

A La Carte Fee: \$10
Supply fee of \$20 is payable to instructor and includes embroidery guide, fabric, floss, needles and hoop.

In this class we will stitch a small sampler to learn the basic embroidery stitches, such as outline stitch, French knot, lazy daisy stitch and buttonhole. We will also start a small project using these stitches.

English Paper Piercing

Thursday, 10a - 12p | 1wk | **11/10**

FORMAT Hands-on

INSTRUCTOR

Gay Cooper
Owner, Sew Uptown Quilt Shop

CLASS LOCATION

Bartlesville Art Association

IMPORTANT INFO

A La Carte Fee: \$10
Supply fee of \$5 is payable to instructor and includes needle, thread, hexagon papers and fabric.

In this class we will learn English paper piecing, which is a form of hand stitching where you fold fabric around a paper template. It's especially fun for those who enjoy hand sewing, plus it's a portable art that you can take on the go.

Estate Planning for Seniors

Thursday | 9/8 | 1wk | **1:30-3:30p FORMAT**
Presentation

INSTRUCTOR

Jorjana Marx
Attorney at Law,
Partner | Oklahoma
Senior Law

Plan for your family. Plan for your future. Family is the group of people most important to you. How can you protect your assets for you and your family? This one-time session with an expert in senior law will explain how to avoid probate, the ins and outs of guardianships, and how you should plan for long-term care.

CLASS LOCATION

Online

IMPORTANT INFO

Free

Cognitive Stimulation Program: Train Your

Brain Mondays and Wednesdays, 10 – 11a | 8wks | **9/19 - 11/9**
FORMAT Participation

INSTRUCTOR

Dr. Sabiha Parveen, CCC – SLP
Associate Professor | OSU
Communication Sciences
and Disorders

This unique course provides an opportunity for OLLI members to play games and get brain exercise while contributing to valuable research by OSU faculty and PhD candidates. Those signed up receive a baseline test the first week followed by twice-weekly group classes. The classes will include brain training activities such as attention, memory, orientation, problem-solving and reasoning through games similar to The Price is Right and Famous Faces. The course ends with follow-up assessments. Hearing screenings are also available through this program. Join in on this fun, social and helpful program.

CLASS LOCATION

Online

IMPORTANT INFO

\$35 members
\$100 non-members
(includes OLLI membership)

The Land Between the Mountains: Palouse, Great Basin and Colorado Plateau

Mondays, 10a - 12p | 3wks | 9/19 - 10/3

FORMAT Lecture

INSTRUCTOR

Dr. James Showalter
Professor Emeritus,
Langston University

CLASS LOCATION

Online

IMPORTANT INFO

A La Carte Price: \$25

These three regions are filled with haunting beauty. They are arid, harsh, mostly scurried over and seen as barriers. They are the least populated areas of the lower 48 states, yet large populations elsewhere depend on their water and their environments now are under great threat. We'll explore them by starting with geology and then introduce humans and how humans lived, interacted with and now threaten the regions.

From Occupation to Unification: Exploring Germany's Momentous Transformation

Mondays, 1:30 - 3:30p | 4wks | 9/19 - 10/10

FORMAT Lecture

INSTRUCTOR

Anette Isaacs
German Historian and
Educator

CLASS LOCATION

Online

IMPORTANT INFO

A La Carte Price: \$25

This autumn's 33rd anniversary of the fall of the Berlin Wall presents us with the perfect opportunity to explore the striking transformation of Germany from a brutal belligerent dictatorship to a flourishing and pacifist democracy. Join German Historian and Ex-Berliner Anette Isaacs for a fascinating discussion of how key events like the Potsdam Conference, the Berlin Airlift and the rise and fall of the Berlin Wall played a crucial role in this remarkable process.

Laura Ingalls Wilder Book Club: On the Banks of Plum Creek

Mondays, 1:30 - 3:30p | 8wks | 9/19 - 11/7

FORMAT Discussion

INSTRUCTOR

Shanley Wells-Rau
Writer

CLASS LOCATION

Online

IMPORTANT INFO

A La Carte Price: \$25
Required book:
*On the Banks of Plum
Creek* by Laura Ingalls
Wilder (1937)

Together we'll read *On the Banks of Plum Creek*, Laura Ingalls Wilder's fourth book about her family's time spent living in a dugout near Walnut Grove, Minnesota. We'll explore history to contextualize the family's experiences during the 1870s as described in the book. We'll discuss our own personal connections to the book, as well as the differences between fact and fiction in the author's work, and we'll discover what the Laura scholars have to say.

An Okie Perspective: Writer Wilma Elizabeth McDaniel

Tuesdays, 10a - 12p | 4wks | 9/20 - 10/11

FORMAT Lecture

INSTRUCTOR

Dr. Karen Neurohr
Research and
Outreach Librarian
OSU Library,
Oklahoma Oral
History Department

CLASS LOCATION

Online

IMPORTANT INFO

A La Carte Price: \$25

Dust Bowl emigrant Wilma Elizabeth McDaniel was wrenched from her beloved Oklahoma in 1936 at the tender age of 17 when her family migrated to the Central Valley of California. A lifelong writer, she offers a unique perspective of life in the 1930s through the early 2000s. We will learn about Wilma's life and legacy by viewing an award-winning documentary film and listening to oral history interviews. Through her poetry and prose, we will explore her sense of place and culture, and consider our own stories.

Corsets, Bras and Lingerie: Fashion and Women's Rights

Tuesday, 1:30 - 3:30p | 4wks | 9/20 - 10/11

FORMAT Lecture

INSTRUCTOR

Sharon Schlicher
Educator

CLASS LOCATION

Online

IMPORTANT INFO

A La Carte Price: \$25

What do women's underthings tell us about societal rights? How do Roman corsets, medieval Europe's fascination with low-cut gowns and Henry VIII's definition of underwear connect with the evolution of current brassieres? In this course we will examine how women's fashion reflects women's rights. We'll also examine the popularity of body modifications, such as corset training, neck lengthening and foot binding and discuss why shown ankles were more scandalous than breasts. Come for a sample of fashion history woven with feminism and human rights.

Dickens in Serial

Wednesdays, 1:30 - 3:30p | 6wks | 9/21 - 10/26

FORMAT Discussion

INSTRUCTOR

Dr. Jeffrey Walker
Professor Emeritus,
OSU English
Department

CLASS LOCATION

Online

IMPORTANT INFO

A La Carte Price: \$25
Required Book: *Great Expectations* by Charles Dickens (Norton Critical Edition, 1999—ISBN 978 - 0393960693)

Charles Dickens pioneered the method of publishing novels in serial. By writing and publishing a novel in weekly installments, he could change his story at any time, depending on what his readers liked or disliked. Together we'll read *Great Expectations* (1861), his greatest weekly novel, part-by-part, to see how readers can weave Dickens' fictional world into their own real world. As the story and characters develop and change over 36 weeks, so does the reader's own life. Readers see the changes in their lives through the lens of the character's lives and realize how literature can mirror life.

Medicare 101

Thursday, 1:30 - 3:30p | 1wk | 9/22

FORMAT Presentation

INSTRUCTOR

Paige Scheuerman
Outreach Coordinator,
Oklahoma Insurance
Department

CLASS LOCATION

Online

IMPORTANT INFO

Free

In this comprehensive review, you'll find everything (and we mean everything) you need to know about the Medicare Program. Paige Scheuerman will provide you with complete and accurate information on Parts A, B, C and D, Medigap Policies, eligibility, enrollment and more.

Fit Over 50

Thursday, 10a - 12p | 1wk | 9/22

FORMAT Presentation

INSTRUCTOR

Taylor Bailey
OSU Employee
Wellness Coordinator

CLASS LOCATION

Online

IMPORTANT INFO

Free

Join in this workshop dedicated to the importance of fitness and living well, targeted specifically for those of us with more life experience. We'll discuss why wellness matters and how it works best when each facet is considered as a whole; and we'll dive into the different aspects of wellness, such as mental wellness, nutrition and physical fitness. A good overview with tailored information and also specific action steps you can take right away.

Less is More: Mindful Clothing Consumption

Fridays, 10a - 12p | 8wks | 9/23 - 11/11

FORMAT Lecture

INSTRUCTOR

Dr. Cosette Joyner
Martinez
Associate Professor,
OSU Department
of Design and
Merchandising

CLASS LOCATION

Online

IMPORTANT INFO

A La Carte Price: \$25.
Recommended Text:
The Conscious Closet
by Elizabeth L. Cline

Do your clothing habits contribute to larger sustainability issues associated with fashion? Can behavioral change contribute to a better world? Do our clothes have meaning? How much clothing is enough? Explore these issues to discover a meaningful life with less. Shaped by the concepts of Buddhist economics and minimalism, we'll discuss how the principles of moderation and non-violence within clothing acquisition, use and disposal practice can reduce the social and environmental impact of clothing consumption. This course will offer the opportunity for you to implement a regular mindfulness practice designed to bring clarity about your relationship with the wardrobe.

Only Hope: My Mother and the Holocaust Brought to Light

Thursday, 10a - 12p | 1wk | 9/29

FORMAT Presentation

INSTRUCTOR

Dr. Irving Lubliner
Emeritus Professor,
Southern Oregon
University

CLASS LOCATION

Online

IMPORTANT INFO

A La Carte Price: \$10
Recommended Text:
*Only Hope: A Survivor's
Stories of the Holocaust*
by Felicia Bornstein
Lubliner

Before she passed away in 1974, Felicia Bornstein Lubliner wrote about her life in Nazi-occupied Poland during the Holocaust, including her internment in ghettos and two concentration camps, Auschwitz and Gross-Rosen. In *Only Hope: A Survivor's Stories of the Holocaust*, her powerful stories have been published by her son, Irv Lubliner. In this one-time session, he will share excerpts from the book, shedding light on his mother's experiences and indomitable spirit, as well as his own experience as a child of Holocaust survivors and his process of bringing the book to fruition.

Longevity in Oklahoma: Discovering Where and How to Live Long and Well

Friday, 10a - 12p | 1wk | **9/30**

FORMAT Presentation

INSTRUCTOR

Dr. Alex Bishop
OSU Associate Professor,
Human Development
and Family Science

What does it take to live well while living long? Where do people live the longest in Oklahoma? We'll hear what our elders have to say by looking at oral history and biographical narratives collected from Oklahoma centenarians. We'll see what promotes longevity and well-being in our state.

CLASS LOCATION

Online

IMPORTANT INFO

Free

Power of Attorney: The Nine Secret Powers You Need

Thursday, 1:30-3:30p | 1wk | **10/6**

FORMAT Presentation

INSTRUCTOR

Todd Whatley
Certified Elder Law
Attorney, Partner
Oklahoma Senior Law

Learn what nine powers should be included in every senior's estate. An inadequate power of attorney could undo years of financial planning, so make sure yours is crafted to your specific situation. Hear from this expert in Elder Law in this one-time session so you don't have to sweat the paperwork.

CLASS LOCATION

Online

IMPORTANT INFO

Free

Principles, Politics and Preferences at the Supreme Court

Thursdays, 10a - 12p | 3wks | 10/13 - 10/27

POSTPONED

FORMAT Lecture

INSTRUCTOR

Dr. Howard Tolley
Political Science
Professor Emeritus,
University of
Cincinnati

CLASS LOCATION

Online

IMPORTANT INFO

A La Carte Fee: \$25

Join us as we examine how legal principles, political ideology and personal preference impact the appointment of Justices, the decisions they reach, judicial activism and the alignment of conservative and liberal voting blocs. We'll review the prior term's judgments on cases involving abortion, capital punishment, free speech, state secrets involving domestic CIA operations and 2nd Amendment gun rights followed by a preview of the major cases docketed for the upcoming term that begins Oct. 3.

Have You Checked Your Personality Lately?

Friday, 10a - 12p | 1wk | 10/14

FORMAT Presentation

INSTRUCTOR

Doug Stowell
National OLLI
Instructor, Consumer
Researcher

CLASS LOCATION

Online

IMPORTANT INFO

Free

What are your personality traits? Would others agree with you? Try some short personality quizzes just for fun and reflection. (You don't have to divulge the outcomes.) We'll do the Sherwin-Williams Color Preference, the Enneagram and a Meyers-Briggs initial quiz along with a couple others. Then we'll poll the class to discover the range of personas they indicate.

Americans All! American Places and American Faces through the Eyes of Immigrant Artists

Wednesdays, 10a - 12p | 3wks | 10/19 - 11/2

FORMAT Lecture

INSTRUCTOR

Various Gilcrease
Museum Docents

CLASS LOCATION

Online

IMPORTANT INFO

A La Carte Fee: \$25

This three-part course will look at works from the Gilcrease Museum collection by artists who immigrated from European countries such as Ireland, Denmark, England, France and Germany. How did their paintings and sculptures influence various perspectives of American land, wildlife, people and history over time?

Understanding the Electoral College

Thursday, 1:30 - 3:30p | 1wk | 10/27

FORMAT Presentation

INSTRUCTOR

Terry McAteer
National OLLI
Instructor, Retired
Superintendent and
Educator

CLASS LOCATION

Online

IMPORTANT INFO

A La Carte Fee: \$10

What is this baffling, semi-mysterious portion of the Constitution which defines our Presidential election system? Discover why our Founders devised this unique process, as well as the history behind some interesting Presidential elections, similar to 2020, where the Electoral College became the centerpiece. We'll also look to 2024 by creating a variety of scenarios to see how the election might play out since the readjustments following the 2020 census.

Survey of Forensic Science

Tuesdays, 10a - 12p | 2wks | 11/1 - 11/8

FORMAT Presentation

INSTRUCTOR

Christian Wilson
DNA Analyst, National
OLLI Instructor

CLASS LOCATION

Online

IMPORTANT INFO

A La Carte Fee: \$10

We all became “experts” in forensic science by watching the fictional Gil Grissom get the bad guys on TV’s “CSI: Crime Scene Investigation.” Let’s hear from a real expert. In this course, we’ll look at some famous and current cases to see types of evidence and collection methods. We’ll examine the many types of forensic science used to solve crimes and how scientists manage the puzzle pieces.

What It Was: Growing Up When the Music Mattered

Thursday, 1:30 - 3:30p | 1wk | 11/3

FORMAT Presentation

INSTRUCTOR

James Pagliasotti
Music Journalist, Author

CLASS LOCATION

Online

IMPORTANT INFO

A La Carte Fee: \$10.
Recommended Text:
*What It Was: Growing
Up When the Music
Mattered* by James
Pagliasotti

The Classic Era of rock and roll music was a time of incredible creativity in the arts and in artful ways of living. It was also a tumultuous time, when struggles over civil rights, the Vietnam War, political assassinations and gender equity sometimes made it seem the world was coming apart. The music helped us get through it. It gave us a voice, an anthem, a gathering place where we shared our dreams and our fears. Join in this one-time session to hear from someone who was there with press credentials and a backstage pass.

Future Perfect: What's Next?

Friday, 10a - 12p | 1wk | 11/4

FORMAT Presentation

INSTRUCTOR

Doug Stowell
National OLLI
Instructor, Consumer
Researcher

CLASS LOCATION

Online

IMPORTANT INFO

Free

Remember reading George Orwell's *1984* and thinking that was the future? Or, when the year 2000 was the future? Both are now the past, and we lived through them! So, what's next? We know the pace of technological change has accelerated, so we'll take a quick look back to set the stage. (Remember life before smart phones?) Then, we'll look forward to see what may happen in the short term and longer (by the year 2030). We'll look ahead at transportation, healthcare, education, climate and environment, energy generation and more.

CLASS REGISTRATION

Registration can be completed online at **OLLI.okstate.edu** or through this registration form, which must include your payment. Payment must be received to be registered for classes. A registration confirmation will be sent to you.

Mail your registration form and payment to OLLI @ OSU.

Please contact us with any questions.

OLLI @ OSU

139 Nancy Randolph Davis

Stillwater, OK 74078

P | 405.744.5868

Name		Phone
Address		Email
Apt#	Date of Birth	
City	Zip	Mobile carrier

CHOOSE YOUR MEMBERSHIP

Membership will be good through 6/30/23.

Premium Annual Membership \$200

Unlimited classes through 6/30/23

À La Carte Annual Membership \$40

Each class taken will be \$10 or \$25, as noted in course listings.

CARD

CHECK

Writing a check? Make it payable to OSU.

TOTAL ENCLOSED \$ _____

Remember to include any course supply fees.

Please mark class selections on the following page and return with payment to the OLLI office. Light refreshments are included with registration for in-person classes.

_____ - _____ - _____ _____	
CARD #	EXP. DATE

Please select all classes you are registering for and include this sheet with your total enclosed payment. Individual course fees listed are for À La Carte Membership. Any additional supply fees are shown in course description.

TULSA

- The Movies of Jack Lemon - \$25
- American Style Mahjong - See Listing
- Armchair Travels: Spain and Costa Rica - \$25
- Sam Houston in Indian Territory - \$25
- Oklahoma Jazz Part 3 - \$25
- Let's Play: Canasta - \$25
- Introduction to Painting Acrylics - See Listing
- City Forum | Free
- European Union - \$25

STILLWATER

- Artist Demonstration: Traditional Egg Tempura Painting - Free
- The Films of Sidney Poitier: Creation of a Legend - \$25
- Call of the Wild - \$25
- Great Stories from Classic French Cinema - \$25
- Oklahoma Women Who Were Pioneers in Their Fields - \$25
- Cognitive Stimulation Program: Train Your Brain T/Th - See Listing
- Town Hall - Free
- Drawing - \$25
- Let's Write: Sharing Your Story - \$25
- Walking Tour: Public Art on Campus, Part 3 - \$10
- Drug Trafficking and the War on Drugs - \$25
- Exploring Soft Pastels - \$25
- Let's Make: A Ceramic Pumpkin - See Listing
- Let's Make: Holiday Ornaments - See Listing

CLASS REGISTRATION

OKLAHOMA CITY

- Let's Watch: Bogie and Bacall- \$25
- Storytelling 101 - \$25
- City Forum - Free
- Beginning Genealogy - \$25
- The Stuff of History: Material Culture - \$25
- Reporting WWII: On the Home Front and Overseas - \$25

BARTLESVILLE

- Mixed Media Painting - \$25
- Don't Die of Dysentery! Survival Hacks for the Oregon Trail - \$25
- Town Hall - Free
- Acting Up: Acting Class with Joe Sears -\$25
- International Cooking - \$25
- Wine Tasting - See Listing
- Life 101: Living and Dying - Free
- The Pioneers Who Rest at White Rose Cemetery - \$25
- International Women of Bartlesville - \$25
- Let's Do Lunch: Bartlesville Restaurant Crawl - See Listing
- Beginning Embroidery 10/31 - See Listing
- Beginning Embroidery 11/7 - See Listing
- English Paper Piercing - See Listing

ONLINE

- Estate Planning for Seniors – Free
- Cognitive Stimulation Program: Train Your Brain M/W – See Listing
- The Land Between the Mountains: Palouse, Great Basin, and Colorado Plateau - \$25
- From Occupation to Unification: Exploring Germany’s Momentous Transformation - \$25

- Laura Ingalls Wilder Book Club: On the Banks of Plum Creek - \$25
- An Okie Perspective: Writer Wilma Elizabeth McDaniel - \$25
- Corsets, Bras and Lingerie: Fashion and Women’s Rights - \$25
- Dickens in Serial - \$25
- Medicare 101 – Free
- Fit Over 50 – Free
- Less is More: Mindful Clothing Consumption - \$25
- Only Hope: My Mother and the Holocaust Brought to Light - \$10
- Longevity in OK: Discovering Where and How to Live Long and Well – Free
- Power of Attorney: The Nine Secret Powers You Need – Free
- Principles, Politics, and Preferences at the Supreme Court - \$25
- Have You Checked Your Personality Lately? – Free
- American All! American Places and Faces through the Eyes of Immigrant Artists - \$25
- Understanding the Electoral College - \$10
- Survey of Forensic Science - \$10
- What It Was: Growing Up When the Music Mattered - \$10
- Future Perfect: What’s Next? – Free