

OLLI



OKLAHOMA STATE UNIVERSITY



SPRING 2024 COURSE CATALOG

Registration Now Open!

DIRECTOR'S NOTE

Welcome to the Spring 2024 session of OLLI. If you're a returning member, I think you'll be pleased to see some exciting new courses and instructors alongside returning favorites. If you're not yet a member of OLLI at OSU, I invite you to peruse this catalog to discover what sparks your interest.

This session brings more opportunities for you to participate in education courses taught by talented instructors. Volunteers, staff and instructors have also developed some fun and educational outings. Additionally, there are a few more options for nonmembers to join us on field trips and online courses.

Volunteers in every city and at the administrative level are working nonstop to develop courses and excursions for OLLI. If you'd like to learn more about being an OLLI volunteer, please contact me and I'll get you headed in the right direction. We need you!

OLLI at OSU is member-driven and supported. Help us continue to grow the program by inviting someone to OLLI or telling them about your courses.

Lastly, follow us on Facebook where we make posts about new opportunities, share photos from classes and highlight our amazing instructors.

I look forward to seeing you in class!

Robbin D. Davis, CVA

Director, OLLI@OSU

OLLI Team

Robbin — Director

Sofia — Office Manager

Logan — Tech Coordinator

Amy — Bartlesville Coordinator

Katie — Stillwater Coordinator

Cindy — Tulsa Coordinator

Shanley — Editor and Instructor

Laura — Student office worker

Emily — Student office worker

Kinsley — Marketing intern

WHAT IS OLLI?

The Joy of Learning

We are Oklahoma State University's educational program for adults aged 50 and better. The Osher Lifelong Learning Institute (OLLI) at OSU is part of a national network of OLLI programs affiliated with colleges and universities and receives support from the Bernard Osher Foundation.

Our mission is to foster intellectual stimulation and social engagement through an extensive array of learning opportunities curated by and for our members. We offer courses, lectures, workshops, travel opportunities and special events. Instructors are qualified individuals from careers in academia, business, the arts and government. There are no tests and no grades; members pursue learning for pure pleasure.

OLLI at OSU offers programming online and in four cities—Bartlesville, Oklahoma City, Stillwater and Tulsa—with the support of local leadership committees. All operating costs are funded by membership fees, the Bernard Osher Foundation and Oklahoma State University, with special thanks to the Osher Lifelong Learning Institute and the OSU College of Education and Human Sciences.

OLLI Membership

You must be an OLLI member to enroll in courses. The membership year runs from July 1 to June 30 and includes fall, spring and summer sessions. Membership dues are paid annually and entitle the holder to participate in courses as well as social, travel and special events; leadership committees; and course evaluations. Membership dues do not include textbooks, supplies, meals or other fees. You can become a member any time during the year. Membership dues are not prorated.

Contact Us

139 Nancy Randolph Davis
Oklahoma State University
Stillwater, OK 74078

405-744-5868
OLLI@okstate.edu

OLLI Membership continued

Premium Annual Membership **\$200**

This membership enables you to enroll in an unlimited number of courses during fall, spring and summer sessions.

À La Carte Annual Membership **\$40**

This reduced-cost membership allows you to select individual courses and pay \$25 for each multi-week course and \$10 for each single-session class (unless otherwise noted) during the fall, spring and summer sessions.

Annual Membership is July 1 through June 30 and must be renewed each year.

Pay by credit or debit card online at **OLLI.okstate.edu** or by check made payable to OSU sent to 139 Nancy Randolph Davis, Stillwater, OK 74078.

Premium Annual Members do not pay the individual course fee, but À La Carte Members do. Both membership levels pay course supply fees. Light refreshments may be included with registration for in-person courses.

All memberships include:

- Full Member Benefits and Discounts
- Special Interest Groups
- OLLI e-newsletter
- Invitation to special OLLI events
- Access to free courses
- Volunteer opportunities

An OLLI membership makes a great gift!

SUPPORT OLLI

Donate to OLLI at OSU

1. Go to: **OLLI.okstate.edu**
2. Click **Give to OLLI** under Additional Resources at the bottom of the page.
3. Follow further instructions as the OSU Foundation walks you through what you can do to help the OLLI at OSU community.

All donations and contributions to OLLI are tax deductible. If you wish to make a donation that exceeds the online maximum of \$50,000, or a donation that does not meet the online minimum of \$10, **contact the OSU Foundation at 800-622-4678.** We accept cash, check, non-cash items and estate gifts.

ENROLLMENT INFORMATION

How to Enroll

OLLI membership is required to enroll in courses. You must purchase your membership prior to enrolling in courses.

If you do not have a membership:

1. Visit **OLLI.okstate.edu**
2. Click **Join OLLI**
3. Click **Become a Member**
4. Choose and pay for your membership

Once you have a membership:

5. Visit **OLLI.okstate.edu**
6. Click **Enroll in Courses**
7. Use the tools to search for courses
8. Log in using your existing OLLI account information and make your course selection
9. Pay for your courses to complete your registration

COURSE FORMAT OPTIONS

This OLLI session offers you several ways to participate in our courses. These options will maximize your opportunities to enjoy the most number of classes.

- **In Person** — The traditional class model in which you attend the class in person with an instructor.
- **Online** — Courses are offered through Zoom. Links stay the same for multi-week courses. Recordings are shared with enrollees after the class. Not all courses are recorded.
- **Live Feed** — Courses are live-streamed from one location to another.

POLICIES

Attendance

Your active participation is important to the success of the classes. Please make every attempt to be present on class days both in person and online. We strive to not have a situation where 20 people enroll but only five show up for class.

Cancellation Deadlines and Member Credit

Members who cancel their participation in an OLLI at OSU course or event prior to that activity's cancellation deadline can request credit for any fees paid. This credit can be applied to future OLLI activities or membership fees upon member request.

Class Size Limits

Courses that are limited in size are noted in the course descriptions. If you are interested in one of these courses, enroll early. Courses must have a minimum of six students enrolled unless otherwise noted. Trips and events have associated minimums and maximums as listed.

Contact

We communicate with our members through email regarding events, course registrations, confirmations, cancellations and more. It is important that you provide OLLI at OSU with an email account you check regularly. If you would also like to receive text messages from us, please ensure we have your cell number and your mobile carrier on file.

If you're not receiving our emails in your inbox, first check to see if your email provider is filtering them into your junk or spam folder. To prevent our emails from being marked as junk, it may help to add olli@okstate.edu to your email account's contacts. If that doesn't fix the issue, please contact our office for assistance.

Course Evaluations

At the end of each course, all members on the roster will receive an email with a link to complete a brief course evaluation. Please complete an evaluation within five days of the end of each course you attend. These evaluations are vitally important to OLLI staff, instructors and the curriculum committee for future course planning.

Dropping a Class and Waitlists

Once a course/activity fills, members are placed on a waitlist in order of enrollment. Members wishing to cancel their participation in an OLLI at OSU activity should contact olli@okstate.edu or **405-744-5868** at least 24 hours in advance of the activity so staff can then notify the next member on the waitlist.

Email Newsletter

Active members receive the e-newsletter. These emails tend to include the following information:

- Important program announcements and schedule changes
- Zoom links for any upcoming virtual activities
- Upcoming local events of interest
- Freebies provided within the OLLI national network

Guests

You may bring a guest to Town Hall sessions as a way to promote OLLI membership. All attendees must register with the OLLI office. Guests are not permitted in other classes. Caregivers are not considered guests. Guests are also welcome on tours and trips and may incur additional fees. See specific event listings for additional details.

Name Tags

If you registered more than a week before in-person classes begin, you will have a name tag at the registration table. If you register less than a week prior to the first class meeting date, your name tag will be available on the second meeting date. Please remember to return your name tag to the storage case as you leave the venue for the day. Alert the site coordinator if your name tag needs to be replaced.

OLLI Open Houses

Open Houses are scheduled at least once in each of our program cities. New and renewing members are invited to attend for free and register for the upcoming session, ask questions about courses and meet the OLLI staff.

Payment

All fees are due at the time of registration. We accept payment by check and Visa/MasterCard/Discover credit cards. Only OSU employees may accept payments. The staff who work for our satellite classroom partners cannot accept payments for OLLI at OSU memberships or activities. OLLI at OSU staff makes every attempt to reschedule activities that cannot be held at their originally scheduled date and time. If a class cannot be rescheduled, any course fees paid will be refunded or credited to your account. Tour and trip fees apply to all membership levels.

Public Health and Safety

OLLI at OSU staff follows the health and safety policies put forth by the university. If you are feeling ill, please stay home to keep yourself and fellow OLLI members safe.

Refreshments

Light snacks, coffee and water may be included with registration for in-person classes.

Refunds

OLLI at OSU membership, course and event fees are non-refundable. OLLI at OSU course and event fees will only be refunded if an activity is canceled and not rescheduled. OLLI at OSU makes every attempt to reschedule activities that cannot be held at their originally scheduled date and time.

Student Conduct

OLLI adheres to the OSU Student Code of Conduct found at ssc.okstate.edu/student-conduct/code.html.

Textbooks, Supplies and Handouts

All member levels are responsible for purchasing their own supplies and recommended texts. Course handouts will be emailed prior to classes. A limited number of paper copies may be available for in-person classes.

Volunteers and Leadership Committees

Each of the four OLLI at OSU cities is supported by a local leadership committee. All current members are eligible to serve as leadership volunteers. Contact the OLLI office for more information or fill out our volunteer interest form on the OLLI website.

Weather Closures and Cancellation Notices

If OSU closes due to inclement weather, all OLLI at OSU activities will be canceled as well. Otherwise, the decision to cancel an activity during inclement weather will be made based on conditions at each classroom location and input from our instructors. In the event that an OLLI at OSU activity is canceled or rescheduled for any reason, members on that roster will be notified by email or text message.

Zoom Recordings

Links to available recordings for online courses are only sent to course enrollees. The recordings will remain available through the end of the session. Not all online courses are recorded. Classes are recorded at the instructor's discretion.

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“Excellent material and instruction. I want to take another class — any class.”

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TRIPS

TT24-0551

Day Trip: Art in Tulsa

Friday, **March 29**, Approx. 10 a.m. - 4 p.m.

This day trip is part of the Creating Dialogue with Works of Art class. See details on page 13. We'll visit Tulsa's Philbrook Museum of Art under the guidance of instructor Deborah Williams before breaking for lunch at Roosevelt's Gastropub, then we'll visit the 108 Contemporary Art Gallery. Each of these day trips can be attended as a standalone, separate from the class.

Meet us there: \$50 for members, \$60 for nonmember guests

Ride-share from Stillwater: \$10, Price includes admission fees, lunch and snacks. Wheelchair accessible.

Register by 3/22. No refunds after this date. No shows will be charged.

Deadlines: Friday, 3/15 for 100%; Friday, 3/22 for 50%.

Itinerary subject to change

TT24-0561

Day Trip: Art in OKC

Friday, **April 5**, Approx. 10 a.m. - 4 p.m.

This day trip is part of the Creating Dialogue with Works of Art class. See details on page 13. We'll visit OKC's Museum of Art under the guidance of instructor Deborah Williams before breaking for lunch somewhere tasty. We'll visit the Untitled Gallery in the afternoon. Each of these day trips can be attended as a standalone, separate from the class.

Meet us there: \$50 for members, \$60 for nonmember guests

Ride-share from Stillwater: \$10, Price includes admission fees, lunch and snacks. Wheelchair accessible.

Register by 4/1. No refunds after this date. No shows will be charged.

Deadlines: Friday, 3/25 for 100%; Friday, 4/1 for 50%.

Itinerary subject to change

TT24-0571

Day Trip: Art in Norman

Friday, **April 12**, Approx. 10 a.m. - 4 p.m.

This day trip is part of the Creating Dialogue with Works of Art class. See details on page 13. We'll visit Norman's Fred Jones Jr. Museum of Art in the morning before breaking for lunch somewhere tasty. Afterward we'll visit the Norma Arts Council's Mainsite. Each of these day trips can be attended as a standalone, separate from the class.

Meet us there: \$50 for members, \$60 for nonmember guests

Ride-share from Stillwater: \$10, Price includes admission fees, lunch and snacks. Wheelchair accessible.

Register by 4/8. No refunds after this date. No shows will be charged.

Deadlines: Friday, 4/1 for 100%; Friday, 4/8 for 50%

Itinerary subject to change



SPECIAL PROGRAMS

An tEarrach in Éirinn (Irish Spring)

We have a special touch o' the green for you in March with a very special visitor from the Emerald Isle.

Deaglán de Bréadún (Declan Bredin) is an Irish journalist who writes for the Dublin-based Sunday Independent and Belfast paper The Irish News [recently retired from writing for the Belfast-based Irish News]. He attended the University of Tulsa in the 1970s where he pursued a PhD in English and discovered his passion was for print journalism. He returned home and became a prominent correspondent for his coverage of the Irish Troubles and other world hotspots such as the Middle East for the Irish Times. He retired once to obtain a master's degree in creative writing [journalism] from Trinity College in Dublin but returned to write a weekly column.

Declan is planning to visit the U.S. this spring and will be available to OLLI students and guests in two town halls.

M, March 11, 10-11 a.m. (Tulsa Town Hall)

T, March 12, 10-11 a.m. (Stillwater Town Hall)

He is a fascinating speaker who has had contacts with many interesting people. (One of his college mentors was the famous Irish poet Seamus Heaney.) He spices his colorful talks with stories of history makers at home and abroad whom he observed and befriended in his life.

In addition to an event with students at the University of Tulsa, Declan will be participating in some community events in Tulsa and Stillwater:

Classic Cinema program on Friday, March 8, from 5:30-8:30 p.m. at the Stillwater Community Center (free).

Tulsa Irish Fest on Saturday, March 9, at 4:15 p.m. (tickets required to enter festival)

Emeriti Dinner on Monday, March 11, from 5:30-8 p.m. (reservation required)

Later in 2024 when OLLI at OkState travels to Ireland, Declan will meet up with us in Dublin.

Creating a Dialogue with Works of Art

Combination classroom and day trips

Instructor: Deborah Williams, Arts Administrator

Are you someone who doesn't "get" art? Feeling uncertain about art is common, but you may be missing a lot of fun and empowering experiences. In this special course, we will combine classroom learning with practical application. No previous arts knowledge is necessary.

We'll begin with the basics of art and design, including the best ways to approach an artful experience. Through class discussions, where all comments and questions are welcomed, you will have a better understanding of how to look at and enjoy a more meaningful dialogue with the art. After that, we'll be ready to venture outside the classroom.

Together we'll visit galleries and museums in Tulsa, Oklahoma City and Norman so we can enjoy the experience by putting all that we now understand to work for us. The museum visits will be the exciting culmination of all we learned and discussed but will be only the beginning of your artful journeys.

This special program is a combination of classroom meetings (online and in person in OKC) and day trips. The day trips can be attended as standalones, separate from the class.*

Three classes online and in person in OKC; Thursday mornings; 2/29, 3/7, 3/14

Three day trips with visits to an art museum and gallery, one in the morning and another in the afternoon, with lunch in between. Fridays from approximately 10 a.m. - 4 p.m.

Friday 3/29: Tulsa's Philbrook Museum of Art, Lunch, 108 Contemporary Art Gallery

Friday 4/5: OKC's Museum of Art, Lunch, Untitled Gallery

Friday 4/12: Norman's Fred Jones Jr. Museum of Art, Lunch, Mainsite Norman Arts Council

*Day trip pricing is separate from the course fee. Each day trip is priced separately.

Classes will not be recorded.



Enroll online at [OLLl.okstate.edu](https://olll.okstate.edu)



“The quality of teaching was superb.
The information was awesome and
even better than expected.”

A-0311

Medicare 101

Wednesday, 1wk, 2/21, 10 a.m. - 12 p.m.

In this presentation about Medicare and all its Parts (A, B, C, D and Medigaps), you'll get the most up-to-date information on enrollment periods and options, benefits and costs, and how to make educated decisions when it comes to health insurance.

Format: Presentation

Instructor: Paige Scheuerman, Outreach Coordinator, Medicare Assistance Program, Oklahoma Insurance Department

Location: Online

À La Carte Price: Free, Registration required

A-0331

Objects Tell Stories

Wednesday, 1wk, 3/6, 10 a.m. - 12 p.m.

Experience unexpected and surprising perspectives on North Gallery collection highlights on a variety of topics including slavery, war, infrastructure, childhood, recreation, 9/11 and the COVID-19 pandemic. This class will not be recorded.

Format: Presentation

Instructor: New York Historical Society Staff

Location: Online

Price: \$10 (both levels), \$15 nonmembers

A-0341

Lincoln and New York: The City That Made Him President

Wednesday, 1wk, 3/13, 10 a.m. - 12 p.m.

On February 27, 1860, Abraham Lincoln delivered an address at Cooper Union that catapulted him onto the national stage. Learn about New York during this era and why the city was instrumental in creating and sustaining the image of Lincoln. This class will not be recorded.

Format: Presentation

Instructor: New York Historical Society Staff

Location: Online

Price: \$10 (both levels), \$15 nonmembers

A-0342

Lessons from the Vietnam War

Wednesday, 1wk, 3/13, 1:30-3:30 p.m.

What events led to U.S. involvement in Vietnam from 1945-1985? We'll look at the French Colonial era, the rise of Ho Chi Minh (and the Viet Minh), South Vietnamese politics and U.S. policy decisions. We'll examine war conduct with an emphasis on tactical decisions by the U.S. and North Vietnamese leading to heavy casualties all around. Several first-hand accounts by American servicemen, ranging from Marines, aviators, advisors and ground forces to Swift boat drivers and "Brown Water Navy" personnel, will be explored. We will end with a discussion of lessons learned. This class will not be recorded.

Format: Presentation

Instructor: Ed Linz, Retired nuclear submarine commander and author

Location: Online

À La Carte Price: \$10

A-0371

Tour of Auschwitz, Poland

Wednesday, 1wk, 4/10, 10 a.m. - 12:30 p.m.

This live tour provides a unique learning experience about the Auschwitz-Birkenau Concentration Camp, using historical footage, Holocaust survivor testimonies, panorama pictures and modern animation combined with virtual reality tools to teach about the atrocities that happened in the world's most infamous concentration camp. Led by an expert tour guide in Poland who can answer questions and interact with participants during the tour of one of humanity's deepest failures in this most faithful representation of an in-person visit to the Auschwitz memorial site. This class will not be recorded.

Format: Presentation

Instructor: Dr. Jerzy Wojcik, Tour guide

Location: Online

Price: \$20 (both levels), \$25 nonmembers

A-0411

Financial Knowledge for Future Generations

Thursday, 1wk, 2/22, 10 a.m. - 12 p.m.

Learn about building wealth as we cover the fundamentals of investing, such as compound interest and the role time plays. We will talk about employers' investment accounts such as the 401(k) and why employer matching is a key to building wealth. We will also review the financial planning process, which includes knowing your current situation, setting up goals, and 50/30/20 budgeting to help build savings. This class will not be recorded.

Format: Presentation

Instructor: Amit Bansal, Director, Center for Financial Health and Wellness at OSU's Spears School of Business

Location: Online

À La Carte Price: Free, Registration required

A-112

Laura Ingalls Wilder's Little Town on the Prairie

Mondays, 8wks, 2/19-4/15, 1:30-3:30 p.m.

Together we'll read Laura Ingalls Wilder's Little Town on the Prairie, the seventh in her nine-book series. We'll join the family in 1881's Dakota Territory as 15-year-old Laura starts training for her first job outside the family home. We'll contextualize the family's experiences by exploring history, and we'll discuss "what really happened" versus the story told in the book by reviewing the work of Laura scholars. This class will not be recorded.

Format: Discussion

Instructor: Shanley Wells-Rau, MFA, Writer

Location: Online

À La Carte Price: \$25

Required book: Little Town on the Prairie, by Laura Ingalls Wilder (1941)

A-151

The American Photograph: 1839 to c. 1980

Mondays, 4wks, 3/25-4/15, 10 a.m. - 12 p.m.

The photograph has shaped how humans see each other and how they see their surroundings. This course will study how photography in the United States evolved. We will start with the painter Samuel Morse bringing photography to the U.S. in 1839 and will end up at the beginnings of digital photography in the 1980's and 1990's. We will study the technology of still film photography, but we ultimately will be examining how the photographic gaze changed us. How did we view each other? How did we see our land? How did photographers see the city, social problems, challenges? And how did those visions change with time? Come see for yourself.

Format: Lecture

Instructor: James Showalter, Professor Emeritus, Langston University

Location: Online

À La Carte Price: \$25

A-251

Nixon Resignation Reconsidered

Tuesdays, 4wks, 3/26-4/16, 10 a.m. - 12 p.m.

On the 50th anniversary of President Richard Nixon's resignation, perhaps it's time to admit that the nation was mistaken. The break-in at Watergate may seem familiar, but much of what we think we know is wrong. Let's turn to the scholarship of Jim Hougan and other researchers to discover what happened during the lead-up to the so-called "burglary" and what followed—ending with Nixon's flight from the White House. The course will include lectures with abundant historical images and class discussion.

Format: Lecture

Instructor: John Powers, MFA, Writer/Director

Location: Online

À La Carte Price: \$25

A-252

Well Behaved Women Rarely Make History?

Tuesdays, 4wks, 3/26-4/16, 1:30-3:30 p.m.

Women haven't always been lauded throughout history, but that doesn't mean they didn't help transform the world. Let's talk about the little-known good/bad women. For instance, the seven Cleopatras, the midwives who attended Jesus' birth and those who defied Pharaoh's command to kill firstborn sons, the medieval healers who used light and sound, as well as Native American women warriors, including the one who unhorsed Custer. We will honor them, listen to their music and look at their paintings and pictures. This class will not be recorded.

Format: Presentation

Instructor: Sharon Schlichter, Midwife/Educator

Location: Online

À La Carte Price: \$25

A-421

Creating a Dialogue with Works of Art

Thursdays, 3wks, 2/29-3/14, 10 a.m. - 12 p.m.

See the Special Program page for details on this blended course combining in-person classroom instruction with day trips to art museums and galleries in OKC, Norman and Tulsa. If you're someone who doesn't "get" art, this course is for you. Feeling uncertain about art is common, but you may be missing a lot of fun and empowering experiences. No previous art knowledge is necessary. More information on page 13.

Format: Special Program

Instructor: Debby Williams, Arts Administrator

Location: Online

À La Carte Price: \$25

BS24-151

The American Photograph: 1839 to c. 1980

Mondays, 4wks, 3/25-4/15, 10 a.m. - 12 p.m.

The photograph has shaped how humans see each other and how they see their surroundings. This course will study how photography in the United States evolved. We will start with the painter Samuel Morse bringing photography to the U.S. in 1839 and will end up at the beginnings of digital photography in the 1980's and 1990's. We will study the technology of still film photography, but we ultimately will be examining how the photographic gaze changed us. How did we view each other? How did we see our land? How did photographers see the city, social problems, challenges? And how did those visions change with time? Come see for yourself.

Format: Lecture (Live feed)

Instructor: James Showalter, Professor Emeritus, Langston University

Location: Bartlesville Public Library

À La Carte Price: \$25

BS24-211

Bartlesville Town Hall

Tuesdays, 8wks, 2/20-4/16, 10 a.m. - 12 p.m.

Join us to hear from various speakers on timely topics, such as the city update, Habitat for Humanity, the Jarret Farm Resort, overview of Visit Bartlesville, all things Tri-County Tech, the Johnstone-Sare Building and more. A full list of presenters and topics is available on the OLLI course enrollment website.

Format: Presentation

Instructor: Various

Location: Bartlesville Public Library

À La Carte Price: Free, Guests welcome, Registration required

BS24-212

Classic Screwball Comedies: Kate Hepburn, Cary Grant and Spencer Tracy

Tuesdays, 4wks, 2/20-3/12, 1:30-4 p.m.

Let's look at four classic screwball comedies spanning 1938-1948, during which the young actress Katherine Hepburn forged a new kind of comedian—the well-educated, somewhat patrician smart girl, who meets her match in two very different leading men: the debonair Cary Grant and the curmudgeonly Spencer Tracy. We will consider how social acceptance of strong female leads shifted during these years, from ditsy heiresses to sharp-thinking career women. Join us for *Bringing Up Baby* (1938), *The Philadelphia Story* (1940), *Woman of the Year* (1942) and *State of the Union* (1948).

Format: Presentation

Instructor: Sidney Brammer, Writer/Director

Location: Bartlesville Public Library

À La Carte Price: \$25

BS24-252

Well Behaved Women Rarely Make History?

Tuesdays, 4wks, 3/26-4/16, 1:30-3:30 p.m.

Women haven't always been lauded throughout history, but that doesn't mean they didn't help transform the world. Let's talk about the little-known good/bad women. For instance, the seven Cleopatras, the midwives who attended Jesus' birth and those who defied Pharaoh's command to kill firstborn sons, the medieval healers who used light and sound, as well as Native American women warriors, including the one who unhorsed Custer. We will honor them, listen to their music and look at their paintings and pictures. This class will not be recorded.

Format: Lecture (Live feed)

Instructor: Sharon Schlicher, Midwife/Educator

Location: TBA

À La Carte Price: \$25

BS24-312

Growing Old in the Community

Wednesdays, 4wks, 2/21-3/13, 1:30-3:30 p.m.

As we age, there is a shift in our priorities and the way we think about community and belonging. This class will explore some of the latest research on how seniors view life and their place in the world, how seniors understand purpose post-retirement, and how all of this impacts relationships and spirituality. The class will also engage in some practices to help seniors hone in on what they want and need as they age well.

Format: Presentation

Instructor: Kelley Becker, Senior Minister

Location: Bartlesville Public Library

À La Carte Price: \$25

BS24-362

Wine Tasting: Old and New World Wines

Wednesday, 3wks, 4/3-4/17, 1:30-3:30 p.m.

When it comes to wine, the terms “old world” and “new world” refer to the geographic origin of the wine. Old world wines are typically from Europe, while new world wines are from other regions such as the Americas, Australia and South Africa. Join sommelier Katherine Powell and discover the differences between the two. We will be tasting both old world and new world wines of the same varieties to discover the influences of geographical location, terroir and wine production techniques. We will also be discussing how climate change has opened new horizons in the industry.

Instructor: Katherine Powell, Sommelier

Location: St. Luke's Episcopal Church

À La Carte Price: \$25, \$30 supply fee (both levels). Max 18 students

BS24-411

Great Decisions

Thursdays, 8wks, 2/22-4/18, 10 a.m. - 12 p.m.

In America's largest discussion program on world affairs, we will address weekly topics such as the United States' relationship with the Middle East, climate technology and competition, the relationship with China, scientific advances and NATO's future, among others. A full list of topics is available on the OLLI course enrollment webpage.

Format: Discussion

Instructor: Allen Bretz, Facilitator

Location: Elder Care

À La Carte Price: \$25

BS24-412

Our Home: The Solar System

Thursdays, 8wks, 2/22-4/18, 1:30-3:30 p.m.

A description of our solar system, its place in the galaxy, how it was formed, the planets, moons and other objects within the solar system. How man has explored, and is exploring, the various objects of the solar system, and plans to further explore in the future. The sun, each planet, many of the moons, and some of the other more esoteric objects will be described—how they were formed, what they are made of, interactions and how they are being explored.

Format: Lecture

Instructor: Gary Nealis, Retired NASA astrophysicist and engineer

Location: Elder Care

À La Carte Price: \$25

OS24-131

OKC Town Hall

Mondays, 6wks, 3/4-4/15, 10 a.m. - 12 p.m.

Join us to hear from various speakers on timely topics. A full list of presenters and topics is available on the OLLI course enrollment website.

Format: Presentation

Instructor: Various

Location: Epworth Villa

À La Carte Price: Free, Guests welcome, Registration required

OS24-132

Audrey Hepburn Movies

Mondays, 6wks, 3/4-4/15, 1:30-3:30 p.m.

Considered a screen legend and fashion icon, Audrey Hepburn's movies are always fun to watch. We'll start in Italy with Gregory Peck in Roman Holiday (1953); fall in love with Sabrina (1954) and Humphrey Bogart; dance along with Fred Astaire in Funny Face (1957); fall in love again in Breakfast at Tiffany's (1961) with George Peppard; solve the mystery with Cary Grant in Charade (1963); and stay calm in the thriller Wait Until Dark (1967) with Alan Arkin.

Format: Presentation

Instructor: Dennis Scott, Film Historian

Location: Epworth Villa

À La Carte Price: \$25

OS24-211

Oklahoma Authors' Coffeehouse

Tuesdays, 3wks, 2/20-3/5, 10 a.m. - 12 p.m.

In a coffeehouse setting, authors will speak on aspects of writing such as inspiration, personal experience, motivation or publishing. Each day, a panel of three authors will read excerpts from their works, talk about the writing process and whose works they read. Facilitator Mary Surbeck is a board member with the OKC Metro Literacy Coalition. Planned authors include Rilla Askew, Lou Berney, Talitah DeVilliers, Mary Anna Evans, Michael Hightower, James Jennings-Mirador, Joe Miano, Doug Wedge and Casey White. See the OLLI course enrollment website for the full list of authors.

Format: Presentation

Facilitator: Mary Surbeck and various Oklahoma authors

Location: Full Circle Bookstore

À La Carte Price: \$25

OS24-251

Get to Know Your Apple Tech

Tuesdays, 4wks, 3/26-4/16, 10-11:30 a.m.

Does it sometimes feel like the more you try to stay on top of things, the more you get behind—especially when it comes to the wonderful world of technology? Let us help with at least one aspect of your personal tech—your Apple devices. In this course, we'll cover a different topic each week with the smart people from Apple covering topics such as personalizing your Apple watch, taking pictures with your iPhone, getting started with your iPhone and more.

Format: Participation

Instructor: Apple Store Geniuses

Location: Penn Square Mall

À La Carte Price: Free, Registration required. Max 10 students

OS24-252

Let's Do Lunch! OKC Restaurant Crawl

Tuesdays, 4wks, 3/26-4/16, 12-1:30 p.m.

In this course, we'll meet weekly for lunch at a different locally owned restaurant. We'll learn about the history of each restaurant, the owner, the food and how the menu was inspired. Most importantly, we'll eat. The full list of restaurants can be found on the OLLI website.

Format: Participation

Instructor: Various

Location: Location

À La Carte Price: \$10 Fee does not include lunch. Max 15 students

OS24-312

The Med Instead of Meds

Wednesdays, 5wks, 2/21-3/27, 1:30-3:30 p.m. **No class on 3/20**

Why do we say Mediterranean lifestyle instead of medications? This course will focus on a healthy Mediterranean style eating pattern, using the Seven Simple Steps to Eating the Med Way. We'll explore a couple of simple steps each week, including a mindfulness skill and a Med Way recipe. Food demonstrations and/or cooking instructions will be included in each class.

Format: Lecture

Instructor: Donna Jung, Family and Consumer Sciences/4H Educator, OSU Extension

Location: Oklahoma County Extension Office

À La Carte Price: \$25

OS24-421

Creating a Dialogue with Works of Art

Thursdays 3wks, 2/29-3/14, 10 a.m. - 12 p.m.

See the Special Program page for details on this blended course combining in-person classroom instruction with day trips to art museums and galleries in OKC, Norman and Tulsa. If you're someone who doesn't "get" art, this course is for you. Feeling uncertain about art is common, but you may be missing a lot of fun and empowering experiences. No previous arts knowledge is necessary. More information on page 13.

Format: Lecture

Instructor: Deborah Williams, Arts Administrator

Location: National Cowboy and Western Heritage Museum

À La Carte Price: \$25

OS24-432

The Courage of Their Convictions: Sixteen Americans Who Fought Their Way to the Supreme Court

Thursdays, 6wks, 3/7-4/18, 1:30-3:30 p.m.

In his landmark 1988 book, *The Courage of Their Convictions*, Peter Irons introduced readers to 16 Americans—everyday people from all walks of life and varied backgrounds—who took their legal struggles all the way to the Supreme Court. The issues they sought to resolve covered race, religion, protest and privacy. Using their first-person accounts, Irons gives a human face to the workings of our constitutional system. Learn about the power of the individual in the judicial process, as we examine timeless issues and pursue a lively exchange of ideas.

Format: Lecture

Instructor: Lloyd Musselman, PhD, Educator

Location: National Cowboy & Western Heritage Museum

À La Carte Price: \$25, Fee includes book. Mailing fee may apply.

SS24-0152

Genomics 101

Monday, 1wk, 3/25, 1:30-3:30 p.m.

In this course, we will discuss the history of genomics, an interdisciplinary field of biology. We'll start with understanding how it was discovered from DNA as the heritable material to genomics as we know it today. You'll hear from three different scientists with a genomics background who each have worked with different model organisms from microbes to plants to animals.

Format: Lecture

Instructors: Ashley Mattison, PhD, Assistant Professor, Biochemistry and Molecular Biology, OSU

Meriem Aoun, PhD, Assistant Professor, Biochemistry and Molecular Biology, OSU

Udaya Desilva, PhD, Associate Professor, Animal Molecular Genetics, OSU

Location: Stillwater Community Center

À La Carte Price: \$10

SS24-0331

The Origins of Russia's War in Ukraine

Wednesday, 1wk, 3/6, 10 a.m. - 12 p.m.

Russia's full-scale invasion of Ukraine in February 2022 has had a significant impact on global politics and economics, resulting in the deaths of hundreds of thousands and the displacement of millions from their homes. This 90-minute class will provide historical background for the conflict, including the national identity of Ukraine (which is denied by Russian President Vladimir Putin). It will also discuss how Russia's political structure enabled Putin's decision to invade and provide updates on the current political situation in Russia.

Format: Lecture

Instructor: Cole Harvey, PhD, Assistant Professor of Political Science, OSU

Location: Stillwater Public Library

À La Carte Price: \$10, \$15 nonmembers

SS24-0442

I Want to Start a Garden

Thursday, 1wk, 3/14, 1:30-3:30 p.m.

Since Covid, 25 million more Americans have started gardens. Many fail and give up. Plant expert Sara Wallace will share gardening tips and strategies to help you succeed, starting with where to garden, what is the best soil and when to plant. What do you want to grow: vegetables or fruits? In Oklahoma, we can almost garden year-round, but timing, variety selection, planting depth and whether you start with seeds or plants are key.

Format: Presentation

Instructor: Sara Wallace, Plant Pathologist

Location: Prairie Arts Center

À La Carte Price: \$10

SS24-0452

Starting Seeds in Early Spring

Thursday, 1wk, 3/28, 1:30-3:30 p.m.

Continuing the gardening series, this week will look at what seeds can be planted in February. Lettuces, peas, kale, cauliflower, broccoli and other greens can all be started this early. You'll learn how to plant, whether to start inside or outside, and what to watch for when it comes to pests and disease. Attendance at previous gardening classes is not necessary.

Format: Participation

Instructor: Sara Wallace, Plant Pathologist

Location: Prairie Arts Center

À La Carte Price: \$10

Supply fee: \$10 (both levels)

SS24-0461

Project Based Learning that Empowers Students to Design and Fabricate Products for NASA

Thursday, 1wk, 4/4, 10 a.m. - 12 p.m.

Students in the STEM Academy at Meridian Technology work with professional mentors to identify real-world problems, develop solutions and create working prototypes. This presentation will highlight recent student projects that were recognized at the Johnson Space Center in Houston as winning designs as well as other student projects from previous years. The student teams made presentations to NASA engineers and astronauts and had a chance to share design ideas with other student teams from across the U.S.

Format: Lecture

Instructor: Debbie Short, STEM Educator

Location: Stillwater Public Library

À La Carte Price: \$10

SS24-0462

Why Start With a Soil Test for Your Lawn and Garden?

Thursday, 1wk, 4/4, 1:30-3:30 p.m.

As the gardening series continues, let's talk dirt. Many people put money into sprays, seeds and watering. But what if it's a soil issue? How would you even know? It's best to start with a soil test. Learn what that means, how one tests their soil, what it costs, how to read the results and what that indicates for your green thumb. Attendance at previous gardening classes is not necessary.

Format: Presentation

Instructor: Sara Wallace, Plant Pathologist

Location: Prairie Arts Center

À La Carte Price: \$10

SS24-0472

How to Start a Pollinator Garden

Thursday, 1wk, 4/11, 1:30-3:30 p.m.

Pollinators are key to life. You can help them by providing an oasis, but there are certain steps to follow when you start a pollinator garden. Many people are decreasing their turf and grass maintenance by adding pollinator gardens. You can avoid headaches and wasted money by learning from a long-time gardener's mistakes. For instance, what are the options for seeds versus plants, what is your purpose and who are you trying to attract? She'll help you think through it. Attendance at previous gardening classes is not necessary.

Format: Participation

Instructor: Sara Wallace, Plant Pathologist

Location: Prairie Arts Center

À La Carte Price: \$10

Supply fee: \$10 (both levels)

SS24-0482

Composting ABC's

Thursday, 1wk, 4/18, 1:30-3:30 p.m.

Let's talk about waste. Compost is supposedly the greatest asset to our gardens. How do you make it? Where do you start? What should not be composted? Do you need to buy a composter? What kind? We will discuss these topics and others to answer your compost questions. Attendance at previous gardening classes is not necessary.

Format: Presentation

Instructor: Sara Wallace, Plant Pathologist

Location: Prairie Arts Center

À La Carte Price: \$10

SS24-0582

Afternoon of Art (and Pie)

Friday, 1wk, 4/19, 1-4 p.m.

Enjoy a spring afternoon at the Stillwater Arts Festival. You'll be able to wander the artist's booths, listen to some music and even try your hand at raku (glazing a pot with fire) and/or a make-and-take print. We'll visit "Memories and Inspiration: The Kerry and C. Betty Davis Collection of African American Art" for a tour of 62 collected works from this astonishing collection that will be on exhibition at the OSU Museum of Art (the Postal Plaza building). We'll finish the day with a slice of homemade pie from Good Little Eater.

Format: Participation

Instructor: Meaghan Brasuell, Director, Prairie Arts Center

Location: Prairie Arts Center

Supply fee: \$15 (both levels), \$20 nonmembers

SS24-0682

May We All

Saturday, 1wk, 4/20, 2 p.m. curtain

Two years ago, local sensation Jenna Coates left Harmony, Tennessee to pursue her dreams of stardom in Nashville. Never finding her hit, Jenna returns home without a dime to spare, discovering Harmony has also fallen on hard times. Now Jenna will need to face the music to save herself and the small town she loves. Filled with an authentic country score of hit songs made famous by many modern-day country stars including two original songs co-written by Florida Georgia Line's Brian Kelley and Tyler Hubbard.

Format: Participation

Instructor: OSU Theatre Department Staff

Location: Seretean Center for the Performing Arts, OSU Campus

À La Carte Price: \$15 (both levels)

No refunds. Season ticket holders contact the OLLI office to reserve a pre-show seat. No shows will be charged.

SS24-110

Getting Better With Age: The Stay Strong, Stay Healthy Program

Mondays and Wednesdays, 8wks, 2/19-4/17, 8:30-9:30 a.m.

In this resistance training program, you'll learn how to safely engage in exercises that are scientifically shown to improve adults' muscle strength, balance, stability and flexibility. This program has improved adults' sleep quality and self-confidence, while also reducing one's fear and risk of falling. No exercise experience is needed. Each class will begin with a warm-up followed by eight upper and lower-body exercises. Some of these exercises are completed in a chair, while others are done standing. This class will not be recorded.

Format: Participation

Instructor: Bree Baker, PhD, Assistant Professor, School of Kinesiology, Applied Health and Recreation

Location: YMCA

À La Carte Price: \$25

SS24-121

History of the CIA: The Good, the Bad and the Necessary

Mondays, 3wks, 2/26-3/11, 9:30 a.m. - 12 p.m.

The Central Intelligence Agency is our government's "intelligence collector of last resort." If no other U.S. agency or organization is able to collect high level strategic intelligence specifically requested by policy makers, the responsibility falls to the CIA. As follow-on to Ms. Woodruff's earlier course on the U.S. Intelligence Community in general, this course focuses on the CIA, examining its origins, history, operations, and role in U.S. international affairs.

Format: Lecture

Instructor: Meredith Woodruff, CIA Directorate of Operations (retired)

Location: Stillwater Community Center

À La Carte Price: \$25

SS24-122

An Accidental Myth: ‘Discovery’ and Explorations of the Amazon River

Mondays, 3wks, 2/26-3/11, 1:30-3:30 p.m.

We'll dive into the earliest exploratory voyages throughout the Amazon River, how these voyages impacted the historical experience of conquest and colonization in the region and most of South America. We'll investigate three explorations: one which resulted in the accidental “discovery” of the Amazon River, another resulted in the first insurrection from America, the third caused a dispute between countries over imperial limits. We'll discuss how the Amazon was depicted and its influence on the way Latin Americans imagine and relate to the region.

Format: Lecture

Instructor: Juan Carlos Rozo, PhD, Assistant Professor, Languages and Literature, OSU

Location: Stillwater Community Center

À La Carte Price: \$25

SS24-152

Oklahoma's Wild West History

Mondays, 4wks, 3/25-4/15, 1:30-3:30 p.m.

Oklahoma has a rich history with Wild West Shows, from Pawnee Bill to Tom Mix. In this course, we'll explore the history of Wild West Shows and how they helped shape popular culture and our American heroes. Stillwater's own pioneer history plays a role in these shows, from Captain David L. Payne to Captain Couch. We'll also talk about Pawnee Bill and May Lillie, the 101 Ranch, Tom Mix, Lucille Mulhall and Buffalo Bill.

Format: Lecture

Instructor: Anna Davis, Editor, The Chronicles of Oklahoma

Location: Stillwater Community Center

À La Carte Price: \$25

Recommended text: The Real Wild West by Michael Wallis, ISBN 0312263813

SS24-161

Gluten Free Baking

Mondays, 3wks, 4/1-4/15, 10 a.m. - 12 p.m.

Learn how to keep your carbs while losing the gluten. We'll make gluten-free biscuits, cornbread, brownies, cookies, quick breads and more.

Format: Presentation

Instructor: Kris Duncan, Owner and Operator, Duncan Catering Co.

Location: Our Daily Bread Food & Resource Center

À La Carte Price: \$25, Max 12 students

SS24-211

Stillwater Town Hall

Tuesdays, 8wks, 2/20-4/16, 10 a.m. - 12 p.m.

Join us to hear from various speakers on timely topics, such as fashioning protest, AI tools, books for grandkids, Irish Spring, an update on the OSU Nursing program, an update from Parks and Recreation, estate planning made easy, Block 34 and Dancing Turtle, the YMCA's new facility, and maybe more. A full list of presenters and topics is available on the OLLI course enrollment website.

Format: Presentation

Instructor: Various

Location: Stillwater Public Library

À La Carte Price: Free, Guests welcome, Registration required

SS24-222

Textile Tourism in Mexico: Who, When, What You Can Learn!

Tuesdays, 3wks, 2/27-3/12, 1:30-3:30 p.m.

Let's take a tour through textiles. We'll look at handweaving in its rich and cultural context, focusing on central and southern Mexico, especially the largely indigenous state of Oaxaca. We'll investigate different types of looms, artisans' supplies and where they come from, and the huge variety of textiles they produce. We'll discuss weaving within the Oaxacan cultural tradition for native dress, relating that to changes over the years in response to the waning of native dress and the growth of the tourist trade, including international interest in artisanry.

Format: Lecture

Instructor: Helen Clements, PhD, Scholar and Educator

Location: Stillwater Public Library

À La Carte Price: \$25

Recommended texts: Textile Traditions of Mesoamerica and the Andes: an anthology by Margot Schevill et al. ISBN 9780292777149 and The Unbroken Thread: Conserving the Textile Traditions of Oaxaca by Kathryn Klein. ISBN 9780892363803.

SS24-252

Ireland: A Land Worth Visiting

Tuesdays, 4wks, 3/26-4/16, 1:30-3:30 p.m.

This class will examine Ireland—historically, culturally and topographically. We will look at the great history of Irish immigration to the United States over numerous generations and the impact of Irish in Oklahoma over our state's history. This will be a wonderful opportunity to become more familiar with Ireland and perhaps, for some, prepare for a Fall 2024 visit to Ireland with OLLI friends. Whether making that trip or not, this will be a great learning encounter with a country that figures so prominently in many Oklahomans' ancestry.

Format: Lecture

Instructor: Carol Schmitz, PhD, Educator and Historian

Location: Stillwater Public Library

À La Carte Price: \$25

SS24-311

Drawing

Wednesdays, 4wks, 2/21-3/13, 10 a.m. - 12 p.m.

We will experiment with different drawing media including pencil, charcoal, and pen and ink wash. We will draw from both still life and photo references. Feel free to bring your own photos for subject matter. This class is good for both beginners and those with drawing experience.

Format: Participation

Instructor: Tandi Memmott, Artist

Location: Art on 6th

À La Carte Price: \$25, Max 12 students. Supply list provided upon registration.

SS24-312

Anyone Can Sing! History, Function and Techniques for the Human Singing Voice

Wednesdays, 8wks, 2/21-4/17, 1:30-3:30 p.m.

This course will give an overview of the history and function of the human voice with demonstrations, participation and audio/visual examples. You'll learn about the different singing systems: respiratory (lungs), phonatory (larynx), resonatory (pharynx and mouth) and articulatory (lips, teeth and tongue). We will also talk about teaching approaches and the complexities of communicating vocal instruction, emphasizing that one size does not fit all.

Format: Participation

Instructor: Sarah DeYong, Voice Teacher and Performer

Location: Legacy Village

À La Carte Price: \$25

SS24-3121

Visit the Emerald Isle: Irish Movies

Wednesdays, 8wks, 2/21-4/17, 1:30-4 p.m.

As we prepare for the OLLI trip to Ireland later this year, let's get in the mood. We'll start with the John Ford classic *The Informer* (1935), then visit the 1960s in Belfast (2021). Next, we'll watch history in *The Wind that Shakes the Barley* (2006) and *Bloody Sunday* (2002). Then, two flights of fantasy with *Into the West* (1992) and *The Secret of Roan Inish* (1994). We'll close out with the James Joyce classic *The Dead* (1987) and a contemporary classic by Frank McCourt in *Angela's Ashes* (1999).

Format: Presentation

Instructor: Vickie Sturgeon, PhD, Educator, Broadcasting and Motion Picture History

Location: Legacy Village

À La Carte Price: \$25, Max 24 students.

SS24-351

Watercolors

Wednesdays, 4wks, 3/27-4/17, 10 a.m. - 12 p.m.

This class will explore the basics of painting with watercolor. We'll experiment with this beautiful medium while learning different techniques such as creating washes, working wet into wet, and wet on dry to create desired results. We'll also experiment with masking fluid, salt, saran wrap, etc. to create different effects. Some basic drawing skills are helpful but not required.

Format: Participation

Instructor: Tandi Memmott, Artist

Location: Art on 6th

À La Carte Price: \$25, Max 12 students. Supply list provided upon registration.

SS24-432

Let's Play! Beginning Bridge

Thursdays, 6wks, 3/7-4/18, 1:30-3:30 p.m.

Learn how to play this social card game. This course will teach those who have never played before the basics of the game, bidding and play of the hand. Popular all around the world, bridge is typically played by four players in two competing partnerships. Once you learn to play, you'll be able to sit in and join the fun.

Format: Participation

Instructor: Holly Dougherty, Bridge enthusiast

Location: Prairie Arts

À La Carte Price: \$25, Max 16 students.

SS24-451

The Intriguing Agatha Christie

Thursdays, 4wks, 3/28-4/18, 10 a.m. - 12 p.m.

Agatha Christie wrote 66 mystery novels which have sold over 2 billion copies. For over a century, she is one of the best-selling authors rivaled only by Shakespeare. We'll examine her life, including her upbringing in seaside England, her writing inspirations and the long-lasting influence she's had on the genre and other writers. We'll read together and discuss two Christie classics, *The Murder of Roger Ackroyd* (1926), considered her masterpiece, and *A Murder is Announced* (1950)—a Miss Marple favorite.

Format: Discussion

Instructor: Stacy Delano, Library Director

Location: Stillwater Public Library

À La Carte Price: \$25

Texts: *The Murder of Roger Ackroyd* and *A Murder is Announced* by Agatha Christie

TS24-0272

Tulsa Boys' Home

Tuesday, 1wk, 4/9, 12-1 p.m.

Tulsa Boys' Home began in a two-story frame house in downtown Tulsa. Its first two boys were found sleeping in alley trash boxes. In this tour of TBH's present location, a 160-acre site in west Tulsa County, you'll see how the organization is evolving to meet the needs of the boys and their families while providing services to 62 boys aged 13-18. You'll also meet the leadership of this first and largest residential treatment facility serving boys in Oklahoma.

Format: Tour

Instructor: Mike Murphy, Program Director, Tulsa Boys' Home

Location: Tulsa Boys' Home

À La Carte Price: Free, Registration required.

TS24-0591

Tulsa Botanic Garden

Friday, 1wk, 5/3, 10 a.m. - 12 p.m.

Enjoy the spring activity in this 170-acre site in the Osage Hills northwest of Tulsa. The garden's terraces feature over 8,000 plants with seasonal beds, beautiful Art Deco designs and cascading water features. The garden has one of the largest spring flower displays in the state of Oklahoma with over 200,000 daffodils, tulips, hyacinths, crocuses and other spring flowering bulbs.

Format: Tour

Instructor: Tulsa Botanic Garden Staff

Location: Tulsa Botanic Garden

Price: \$15 (both levels), \$20 nonmembers

TS24-111

Tulsa Town Hall

Mondays, 8wks, 2/19-4/15, 10 a.m. - 12 p.m.

Join us to hear from various speakers on timely topics, such as using 211 and 988 phone numbers, recapturing your creative spirit, AARP advocacy, making story spine poetry, banned books and censorship, introduction to film making and more. A full list of presenters and topics is available on the OLLI course enrollment website.

Format: Presentation

Instructor: Various

Location: Church of the Madalene

À La Carte Price: Free, Guests welcome, Registration required.

TS24-132

Let's Do Lunch! Tulsa Restaurant Crawl

Mondays, 6wks, 3/4-4/15, 12:30-2:30 p.m.

In this course, we'll meet weekly for lunch at a different locally owned restaurant. We'll learn about the history of each restaurant, the owner, the food and how the menu was inspired. Most importantly, we'll eat. Planned locations: Hatch, Napa Flats Wood-Fired Kitchen, Los Cabos Mexican Grill, Burn Co. Barbeque, Brookside Diner, Mondo's Ristorante Italian.

Format: Participation

Location: Various

À La Carte Price: \$10, Fee does not include lunch. Max 15 people.

TS24-212

Let's Play: American Style Mah Jongg

Tuesdays, 8wks, 2/20-4/16, 1:30-3:30 p.m.

Mah Jongg is a tile-based game dating to 19th Century China played with a set of 144 tiles based on Chinese characters and symbols. In the early 20th Century, it was brought to America by travelers to Asia, and an American version of the game developed. The game has spread globally with regional variants. Learn this worldwide sensation of a game in a simplified and explanatory manner, so by the end of eight weeks you'll feel comfortable playing this game in a variety of settings.

Format: Participation

Instructor: Carol James, Educator

Location: Church of the Madalene

À La Carte Price: \$25

Supply fee: \$20 (both levels). Max 12 students.

TS24-221

History of the CIA: The Good, The Bad and The Necessary

Tuesdays, 3wks, 2/27-3/12, 9:30 a.m. - 12 p.m.

The Central Intelligence Agency is our government's "intelligence collector of last resort." If no other U.S. agency or organization is able to collect high level strategic intelligence specifically requested by policy makers, the responsibility falls to the CIA. As follow-on to Ms. Woodruff's earlier course on the U.S. Intelligence Community in general, this course focuses on the CIA, examining its origins, history, operations, and role in U.S. international affairs.

Format: Lecture

Instructor: Meredith Woodruff, CIA Directorate of Operations (retired)

Location: Church of the Madalene

À La Carte Price: \$25

TS24-251

Get to Know Your Apple Tech

Tuesdays, 4wks, 3/26-4/16, 10-11 a.m.

Does it sometimes feel like the more you try to stay on top of things, the more you get behind—especially when it comes to the wonderful world of technology? Let us help with at least one aspect of your personal tech—your Apple devices. In this course, we'll cover a different topic each week with the smart people from Apple covering topics such as personalizing your Apple watch, taking pictures with your iPhone, getting started with your iPhone and more.

Format: Participation

Instructor: Apple Store Geniuses

Location: Apple Woodland Hills

À La Carte Price: Free, Registration required. Max 10 students.

TS24-332

Movies: Robert Redford Series

Wednesdays, 6wks, 3/6-4/17, 1:30-3:30 p.m.

Let's review the movies of Robert Redford, an icon of his generation. We'll start with him and Jane Fonda in *Barefoot in the Park* (1967) and move to *Butch Cassidy and the Sundance Kid* (1969), the role which became the namesake of the Sundance Film Festival he helped found. Next, we'll watch him with Paul Newman in *The Sting* (1973), with Barbra Streisand in *The Way We Were* (1973), with Dustin Hoffman in *All the President's Men* (1976), and finally with Kristen Scott Thomas in *The Horse Whisperer* (1998).

Format: Presentation

Instructor: Dennis Scott, Film Historian

Location: Zarrow Pointe

À La Carte Price: \$25

TS24-351

Why Restore Downtown Tulsa?

Wednesdays, 3wks, 3/27-4/10, 10 a.m. - 12 p.m.

What tales could our historic buildings tell us? They are living history—the story of a city written in architecture. It is important to preserve, repurpose and reuse a city's landmarks. This course will explore how three local preservation groups have embraced this concept to become stewards of Tulsa's treasures. We'll hear about the histories and futures of the Mayo Hotel, the Sinclair and ARCO buildings. Two of our sessions will be in the classroom. On our final day, we'll take a walking tour to see these buildings and others.

Format: Presentation

Instructor: Ellen Stanley, Founder, Streetwalker Tours

Location: Zarrow Pointe

À La Carte Price: \$25

TS24-411

Financial Planning for Everyone

Thursdays, 4wks, 2/22-3/14, 10 a.m. - 12 p.m.

How deeply have you thought about financial planning? Have you set forth goals? Whether you have or haven't, we'll cover a variety of topics within the planning process and goal-setting for the future you want. Financial planning makes your future look bright.

Format: Presentation

Instructor: Stacey Jones, Family and Consumer Sciences Educator, OSU Extension

Location: Church of the Madalene

À La Carte Price: \$25

TS24-432

History of Jazz: Part Two — From Swing, to Bop, to Today

Thursdays, 6wks, 3/7-4/18, 1:30-3:30 p.m.

We'll see how early big bands evolved from the New Orleans and Chicago style jazz combos into the Swing Era big bands. Bands (Ellington, Basie, Goodman) and post-Swing Era bands (Stan Kenton) will be featured, including the founders of bop (Charlie Parker, Dizzy Gillespie and Thelonious Monk) through Cool Jazz (Stan Getz, Gerry Mulligan and Chet Baker) and the career of Miles Davis that spans swing, bop, cool, modal and fusion. If you missed the first course, don't worry, you will enjoy this one.

Format: Presentation

Instructor: John Hamill, Jazz Historian

Location: Church of the Madalene

À La Carte Price: \$25

TS24-451

Caregiving

Thursdays, 4wks, 3/28-4/18, 10 a.m. - 12 p.m.

Caregiving at any time of your life is stressful. Whether it's for a child, grandchild, friend or spouse, and whether it's daily needs, chronic illness or recovery from an accident—it's a demanding role. Learn how to help yourself as we cover topics such as self-care, boundaries, respite and more.

Format: Presentation

Instructor: Stacey Jones, Family and Consumer Sciences Educator, OSU Extension

Location: Church of the Madalene

À La Carte Price: \$25



“ **The best!** It made me happy to be there and see everybody and learn unique things every week! ”





“Loved the fellowship with other OLLI members and meeting some new people.”



COURSE REGISTRATION

Registration can be completed online at **OLLI.okstate.edu** or through this registration form, which must include your payment. Payment must be received to be registered for courses. A confirmation of your registration will be emailed to you.

If you prefer, you may mail your registration form and payment to OLLI at OSU. Do not send cash through the mail.

Please contact us with any questions.

OLLI at OSU

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Stillwater, OK 74078

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Radio

Name

Date of Birth

Address

Apt#

City

Zip

Phone

Mobile Carrier

Email

CHOOSE YOUR MEMBERSHIP

Membership will be good through 6/30/24.

Premium Annual Membership \$200
Unlimited courses through 6/30/24

À La Carte Annual Membership \$40

Each course taken will have an additional fee (\$10-\$50) as noted in course listings.

CARD

CHECK — Writing a check? Make it payable to OSU.

Both membership levels are responsible for course supply fees as noted in course listings.

TOTAL ENCLOSED \$ _____

Remember to include any course supply fees.

Please mark course selections on the following pages and return with payment to the OLLI office. Light refreshments may be included with registration for in-person courses.

CARD #

EXP. DATE

CVV

Please select all courses you are registering for and include this sheet with your total enclosed payment. Individual course fees listed are for À La Carte Membership. Any additional course or supply fees are listed.

ONLINE

- A-0311** Medicare 101, **Free**
- A-0331** Objects Tell Stories, **\$10 (both levels)**
- A-0341** Lincoln and New York: The City That Made Him President, **\$10 (both levels)**
- A-0342** Lessons from the Vietnam War, **\$10**
- A-0371** Tour of Auschwitz, Poland, **\$20 (both levels)**
- A-0411** Financial Knowledge for Future Generations, **Free**
- A-112** Laura Ingalls Wilder's Little Town on the Prairie, **\$25**
- A-151** The American Photograph: 1839 to c.1980, **\$25**
- A-251** Nixon Resignation Reconsidered, **\$25**
- A-252** Well Behaved Women Rarely Make History?, **\$25**
- A-421** Creating a Dialogue with Works of Art, **\$25**

BARTLESVILLE

- BS24-151** The American Photograph: 1839 to c.1980 (Live Feed), **\$25**
- BS24-211** Bartlesville Town Hall, **Free**
- BS24-212** Classic Screwball Comedies: Kate Hepburn, Cary Grant and Spencer Tracy, **\$25**
- BS24-252** Well Behaved Women Rarely Make History? (Live Feed), **\$25**
- BS24-312** Growing Old in the Community, **\$25**
- BS24-362** Wine Tasting: Old and New World Wines, **\$25 + \$30 fee (both levels)**
- BS24-411** Great Decisions, **\$25**
- BS24-412** Our Home: The Solar System, **\$25**

COURSE REGISTRATION

OKLAHOMA CITY

- OS24-131** OKC Town Hall, **Free**
- OS24-132** Audrey Hepburn Movies, **\$25**
- OS24-211** Oklahoma Authors' Coffeehouse, **\$25**
- OS24-251** Get to Know Your Apple Tech, **Free**
- OS24-252** Let's Lunch! OKC Restaurant Crawl, **\$10**
- OS24-312** The Med Instead of Meds, **\$25**
- OS24-421** Creating a Dialogue with Works of Art, **\$25**
- OS24-432** The Courage of Their Convictions, **\$25**

STILLWATER

- SS24-0132** Genomics 101, **\$10**
- SS24-0331** The Origins of Russia's War in Ukraine, **\$10**
- SS24-0442** I Want to Start a Garden, **\$10**
- SS24-0452** Starting Seeds in Early Spring, **\$10 + \$10 fee (both levels)**
- SS24-0461** Project Based Learning that Empowers, **\$10**
- SS24-0462** Why Start With a Soil Test for Your Lawn and Garden?, **\$10**
- SS24-0472** How to Start a Pollinator Garden, **\$10 + \$10 fee (both levels)**
- SS24-0482** Composting ABC's, **\$10**
- SS24-0582** Afternoon of Art (and Pie), **\$15 supply fee (both levels)**
- SS24-0682** May We All, **\$15 (both levels)**
- SS24-110** Getting Better With Age: The Stay Strong, Stay Healthy Program, **\$25**
- SS24-121** History of the CIA: The Good, the Bad and the Necessary, **\$25**
- SS24-122** An Accidental Myth: 'Discovery' and Explorations of the Amazon River, **\$25**
- SS24-152** Oklahoma's Wild West History, **\$25**
- SS24-161** Gluten Free Baking, **\$25**
- SS24-211** Stillwater Town Hall, **Free**
- SS24-222** Textile Tourism in Mexico: Who, When, What You Can Learn!, **\$25**

- SS24-252** Ireland: A Land Worth Visiting, **\$25**
- SS24-311** Drawing, **\$25**
- SS24-312** Anyone Can Sing!, **\$25**
- SS24-3121** Visit the Emerald Island: Irish Movies, **\$25**
- SS24-351** Watercolors, **\$25**
- SS24-432** Beginning Bridge, **\$25**
- SS24-451** The Intriguing Agatha Christie, **\$25**

TULSA

- TS24-0272** Tulsa Boys' Home, **Free**
- TS24-0591** Tulsa Botanic Garden, **\$15 (both levels)**
- TS24-111** Tulsa Town Hall, **Free**
- TS24-132** Let's Do Lunch! Tulsa Restaurant Crawl, **\$10**
- TS24-212** Let's Play: American Style Mah Jongg, **\$25 +\$20 fee (both levels)**
- TS24-221** History of the CIA: the Good, the Bad and the Necessary, **\$25**
- TS24-251** Get to Know Your Apple Tech, **Free**
- TS24-332** Movies: Robert Redford Series, **\$25**
- TS24-351** Why Restore Downtown Tulsa, **\$25**
- TS24-411** Financial Planning, **\$25**
- TS24-432** History of Jazz: Part Two, **\$25**
- TS24-451** Caregiving, **\$25**

TRIPS

- TT24-0551** Daytrip: Art in Tulsa, **\$50 (both levels) \$60 nonmembers**
Rideshare, **\$10**
- TT24-0561** Daytrip: Art in OKC, **\$50 (both levels) \$60 nonmembers**
Rideshare, **\$10**
- TT24-0571** Daytrip: Art in Norman, **\$50 (both levels) \$60 nonmembers**
Rideshare, **\$10**



OLLI @ OSU

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Oklahoma State University
Stillwater, OK 74078

Education Outreach/OLLI



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139 HS