**WHAT IS OLLI?**

The Osher Lifelong Learning Institute (OLLI) at Oklahoma State University is a member-driven program developed for adults age 50 and better who are interested in enriching their lives by expanding their intellectual experiences. Opportunities include courses, lectures, workshops, travel opportunities and special events. Instructors are qualified individuals from careers in academia, business, the arts and government. There are no tests and no grades; members pursue learning for pure pleasure.

Each of the four OLLI @ OSU locations has a local leadership committee governed by a board of directors elected by the OLLI membership.

All operating costs are funded by membership fees, the Bernard Osher Foundation and Oklahoma State University, with special thanks to the Osher Lifelong Learning Institute and the OSU College of Education and Human Sciences.

**OLLI Membership**

You must be an OLLI member to enroll in courses. The membership year runs from July 1 to June 30 and includes fall, spring and summer sessions. Membership dues are paid annually and entitle the holder to participate in courses as well as social, travel and special events, voting, elected committees and course evaluations. Membership dues do not include textbooks, supplies, meals or other fees.

**Contact Us**

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**DIRECTOR’S NOTE**

Hello friends! As the COVID-19 pandemic continues, we have determined that the best choice for our OLLI students is to hold our fall session online. We had a successful online summer session with 131 OLLI students enrolled in a baker’s dozen course offerings. Meeting online for Zoom classes was an enjoyable way to continue learning and engaging with our amazing instructors and seeing friends as well as making new ones.

We will continue to use the Zoom platform for the fall session. It is the most economical and user-friendly option. There are no additional fees to OLLI students to use Zoom. If you are unfamiliar with Zoom, there is an informational link on the OLLI website. You are also welcome to contact the OLLI office, and we will be happy to help familiarize you with Zoom.

You will notice that our membership and course fees are staying the same; there is no increase for online courses, and there will be some free one-off classes that will be offered throughout the fall session.

We are again partnering with the OSU Department of Communication Sciences and Disorders to offer you free cognitive screenings, which will be available online. You will be notified when it is time to schedule your screening. We continue to look for opportunities to make your OLLI membership even more valuable.

While we will miss seeing your smiling faces in person and getting hugs from friends, it is important that we continue to stay safe and do our part to keep each other healthy. A decision about the spring session will be made later this year. We will keep your health and safety in mind as we evaluate the situation.

Here’s to a fun and educational fall session – see you in class!

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**OLLI Team**

**Robbin** Director  
**Misty** Administrative Assistant  
**Barb** Editor  
**Logan** OKC Coordinator  

**Mona** Stillwater Coordinator  
**Amy** Bartlesville Coordinator  
**Medelyn** Student worker
OLLI Membership

Premium Annual Membership $200
This membership enables you to enroll in an unlimited number of courses during fall, spring and summer sessions.

À La Carte Annual Membership $40
This reduced-cost membership allows you to select individual courses by paying $25 for each course enrollment during the fall, spring and summer sessions.

Annual Membership is July 1 through June 30 and must be renewed each year.
Pay by credit or debit card online at education.okstate.edu/olli or by check made payable to OSU sent to 139 Human Sciences, Stillwater, OK 74078.

All donations and contributions to OLLI are tax deductible. We will gratefully accept donations in any amount. If you wish to make a donation that exceeds the online maximum of $50,000, or a donation that does not meet the online minimum of $10, contact the OSU Foundation at 800.622.4678. We also accept cash, check, non-cash items and estate gifts.

How to Enroll
OLLI membership is required to enroll in courses. You must purchase your membership prior to enrolling in courses.

You can enroll online using your annual membership information and email address. You may also complete a printed registration form, located at the back of the catalog and mail it with payment to the OLLI office. A unique email address is required for each member to enroll. To enroll online:

If you do not have an annual membership:
1. Visit olli.okstate.edu
2. Click Join OLLI
3. Click Become a Member
4. Choose and pay for your membership.

Once you have an annual membership:
1. Visit olli.okstate.edu
2. Click Enroll in Courses
3. Use the tools to search for courses.
4. Log in using your email address and make your course selection.

Once you have paid for your course, you will receive a confirmation email. Please contact the OLLI office during regular business hours if you need assistance with enrollment.

General Information

Textbooks and Supplies
For online courses, students are responsible for purchasing their own supplies and recommended texts.

Class Size Limits
Courses that are limited in size are noted in the course descriptions. If you are interested in one of these courses, you should enroll early.

Student Conduct
OLLI adheres to the Oklahoma State University Student Code of Conduct. Please visit studentconduct.okstate.edu for more information.
NO TESTS.
NO GRADES.
JUST THE JOY
OF LEARNING.

COURSES
Fall 2020 courses will be online only.

The Movies of Doris Day
Mondays, 11a-12:30p | 9/21 – 10/26

INSTRUCTOR
Dr. Vickie Sturgeon
Educator,
Broadcasting and
Motion Picture
History

IMPORTANT INFO
Participants are responsible for accessing films from home.

She could sing, dance and act in comedies, dramas and musicals. Discover the qualities that made Doris Day one of the most beloved Hollywood stars of all time. We’ll watch and discuss Romance on the High Seas, Calamity Jane, Love Me or Leave Me, The Man Who Knew Too Much, The Pajama Game and Pillow Talk.

Enroll at education.okstate.edu/olli or complete and mail the form on pages 18–19.
Politics and Policies
Mondays, 3-4:30p | 9/21 – 11/9

INSTRUCTOR
OLLI Staff

Guest experts will join us for a close examination of our most compelling and timely political topics including the Electoral College, our court system, legislative issues, foreign affairs and the balance of power.

Tulsa Race Massacre
Mondays, 1-2:30p | 9/21 – 11/9

INSTRUCTOR
Phil Armstrong
Project Manager, 1921 Tulsa Race Massacre Centennial

In fewer than 24 hours, people, property, hopes and dreams vanished. Fires raged. Mobs prevented firefighters from extinguishing the flames. Property damage ran into the millions. Hundreds of people died. Scores lay injured. Some African Americans fled Tulsa, never to return. Dubbed the 1921 Tulsa Race Riot, this man-made calamity could more accurately be labeled an assault, disaster, massacre, pogrom, holocaust or any number of other ghastly descriptors. America’s worst “race riot,” would remain a taboo topic for decades. Hear about the past, present and future of this historic event from 1921 Tulsa Race Massacre Centennial Commission Project Manager, Phil Armstrong.

The Question of Craft
A History of American Studio Craft
Mondays, 9-10:30a | 10/5 – 11/9

INSTRUCTOR
Susan Baley
Executive Director, 108 Contemporary, Tulsa

What makes craft distinct from art? Is it the material used, such as clay, glass, wood, fiber and metal? Is it the process of throwing, blowing, carving, weaving and forging using traditional methods? And why are craft objects usually separate from art objects? Explore the development of American craft from the Industrial Revolution to the present.

Recommended Text
Makers: A History of American Studio Craft by Janet Koplos and Bruce Metcalf Johnson

The End of the Cold War & the Birth of the Present
Tuesdays, 5:30-7p | 10/20 – 11/10

INSTRUCTOR
David Prentice
Historian (U.S. foreign relations), Author And Educator

Examine the ideological, strategic and political motivations that influenced events between the U.S. and the U.S.S.R. as well as the broader geopolitical, religious and economic forces that undermined communism’s appeal worldwide. We’ll explore the spread of Islamic fundamentalism, the Soviet Union’s collapse, China’s rise to global power, the rebirth of liberal capitalism and the creation of our uncertain present.

TED Circles
Mondays, 5:30-7p | 9/21 – 11/9

INSTRUCTOR
OLLI Staff

Join a community conversation with global impact. Circles watch and discuss a TED Talk and then share takeaways to consider each other’s perspectives and create a global conversation. TED provides the monthly theme, your circle leader chooses a TED Talk video on the world’s most riveting ideas and poses questions designed to get the conversation rolling.
Spice Trails
Easy Recipes with Nita
Tuesdays, 9-10:30a | 9/22-10/27

INSTRUCTOR
Nita Sathyendran
Journalist and Cooking Enthusiast

Journey with Nita into the wonderful world of spices and learn to make some simple dishes using them. It will be an interactive cooking session, peppered with anecdotes from Nita’s grandma’s kitchen. Each session will focus on a particular spice. Learn how to cook traditional dishes within a culture, along with a few culinary experiments to make some non-traditional ones as well. In parallel, learn about the benefits of using different spices and condiments in your cooking.

Medication Safety for Seniors & Caregivers
Tuesdays, 11a-12:30p | 9/22-10/27

INSTRUCTOR
Trang Nguyen
Pharm.D., Board Certified Geriatric Pharmacist

On average, seniors take 15 to 18 medications and multiple over-the-counter products, which can be confusing and overwhelming. This class will provide an overview of basic medication safety, including a review of common drug interactions and side effects.

Tulsa United Way
Tuesdays, 1-2:30p | 9/22-10/27

INSTRUCTOR
Heidi Braver
Director of Volunteer Experience, Tulsa Area United Way

For 95 years the Tulsa Area United Way (TAUW) has provided nearly $800 million in funding for non-profits across six counties in the Tulsa area. The spectrum of services available to all Green Country residents is cradle to grave, across all socio-economic levels. Join us to learn about the many ways TAUW serves our communities and how you can get involved! You will also learn about United Ways across Oklahoma in Oklahoma City, Stillwater and Bartlesville. This is not a solicitation for funds. It is for informational purposes only.

Theatre Through the Ages
Tuesdays, 3-4:30p | 9/22-11/10

INSTRUCTOR
Ruth Charnay
Actor and Theatre Educator

From its early beginnings in Greece to the lights of Broadway, the West End and our own communities, theatre plays an important role in the cultural growth of societies. Encompassing storytelling, religious indoctrination and the creation of societal norms, theatre pushes the envelope and entertains the masses. Let’s sprint through history reading, discussing and watching theatre’s pivotal moments.
Oklahoma Originals
Wednesdays, 9-10:30a | 9/23-10/28

INSTRUCTOR
Jonita Mullins
Author & Oklahoma Historian

The history of Oklahoma is filled with fascinating people. Author and educator Jonita Mullins shares biographies that tell the unique stories of doctors, lawyers and chiefs, with a few outlaws, cattlemen and beauty queens thrown in for good measure. This remarkable group of individuals showcase Oklahoma’s wonderful mosaic of color, culture and character.

Watercolors
Wednesdays, 11a-12:30p | 9/23 – 10/14

INSTRUCTOR
Tandi Memmot
Teaching Artist

IMPORTANT INFO
Must provide your own materials.
List provided upon enrollment confirmation.

While experimenting with beautiful, translucent watercolor paints, you’ll learn beginning skills and many different techniques such as creating washes, working wet into wet and wet on dry to create your desired results. Learn how to use masking fluid and how to create interesting effects with everyday items such as salt and plastic wrap. Basic drawing skills are helpful but not required to enjoy this relaxing and satisfying medium.

What Kind of Times are These?
Poetry of Witness
Wednesdays, 1-2:30p | 9/23 – 10/28

INSTRUCTOR
Shanley Wells Rau
Poet

Today, as we experience extraordinary and confusing times of our own, let’s explore together how writers, especially poets, make sense of events around them. We’ll see what we can learn from them about navigating a pandemic, civil unrest and a presidential election.

Short-Form Creative Writing
Wednesdays, 3-4:30p | 9/23-10/28

INSTRUCTOR
Cassidy McCants
Author & Managing Editor, Nimrod International Journal

Study contemporary examples of short fiction and nonfiction, and work with writing prompts to generate original prose pieces. By the end of the course, you should feel comfortable producing your own short fiction. The goal is to offer a welcoming space in which students can experiment, practice and feel eager to share their work.

Soft Pastels
Wednesdays, 11a-12:30p | 10/21 – 11/11

INSTRUCTOR
Tandi Memmot
Teaching Artist

IMPORTANT INFO
Must provide your own materials.
List provided upon enrollment confirmation.

Working on sanded paper, we will explore the wonderful world of soft pastels as we practice our drawing skills and experiment with painting, blending and mark making techniques. We’ll also try out underpainting with soft pastels using denatured alcohol. Subject matter may include still life and photo reference. Students may use their own reference photos or one will be supplied. No previous experience is necessary to enjoy this class.

U.S. Supreme Court
Wednesdays, 1-2:30p | 10/21 – 11/11

INSTRUCTOR
Danny Adkison
OSU Political Science Professor

The Justices of the U.S. Supreme Court are the only national governmental officials who wear a costume. We do not vote for members of the Court and usually they quit when they decide. You could pass any of the Justices on the street and might not know it. This course will attempt to expose some important facts about the Supreme Court.
The American Photograph
1839 to c. 1950

Thursdays, 9-10:30a | 9/24 – 10/29

INSTRUCTOR
Dr. James Showalter
Langston University Emeritus

The way Americans see each other and our surroundings has taken shape as photography evolved from its earliest days. How did we view each other? How did we see our land? How did photographers see the city? And how did those visions change us and change with time? To answer these questions, we will start with the painter Samuel Morse bringing photography to the U.S. in 1839, and we’ll end up at about the end of World War II. We’ll study the technology of the still photograph but, most of all, the evolution of photography as a tool and an art form.

Taking the Mystery out of Senior Living

Thursdays, 11a-12:30p | 9/24 – 10/29

INSTRUCTOR
Mike Lowe
Principal, Licensed
Long-Term Care Administrator,
Choice Connections of Tulsa LLC

Beginning with an inventory of concerns—physical, mental, emotional and social—we’ll focus in detail on types of senior living options, skill levels, services, costs, resources and payment options including Veteran Affairs (VA) assistance programs and preparing for Medicaid. Content will include the particular interests of participants as well as guest speakers.

GTK
Good to Know

Thursdays, 1-2:30p | 9/24 – 11/12

INSTRUCTOR
OLLI Staff

A variety of guest experts address an array of topics on living life to the fullest. This term the primary focus will be brain science, aging well and Medicare, to name a few topics we have lined up at the time of publication.

House Party

Artists live-stream performances from their homes to yours in this diverse digital tour of the Oklahoma music scene. You’ll always have a front row seat for great performances of emerging and established musicians. The names of the acts will be announced closer to the performance dates, check our website for updates.

A History of Oklahoma City

From humble beginnings on April 22, 1889, hundreds of individuals from all walks of life built and shaped this storied city. Who are the men and women of industry, education, religion and politics who left their marks and shaped the urban landscape we know today? Join Bradley Wynn, sheriff’s deputy, historian and author for this fascinating study.

World Class Museums and Collections

During these times when we’re staying close to home, museums around the world are reaching out to engage patrons in dynamic ways. Curators offering digital group tours are giving us access to a marvelous new way to visit museums around the world.
Armchair Travels
Fridays, 3-4:30p | 9/25 – 10/30

INSTRUCTOR
OLLI Staff

Let’s go far, far away. You won’t need to pack a bag or make reservations to enjoy the unspoiled beauty of Patagonia or the mysteries of Egypt. We have your first class ticket to the sights and cultures of the world as described by OLLI members who have traveled far and wide.

Imagine Justice
Race and Protest in the U.S.
Fridays, 11a-12:30p | 10/2 – 11/6

INSTRUCTOR
Jean Van Delinder
Professor of Sociology, OSU
Senior Associate Graduate Dean

From challenges to segregated schools in the 19th century to more recent Black Lives Matter events, protest in the U.S. is measured against the backdrop of ever-changing racial boundaries. We’ll examine several different types of protest (sit-ins, marches, boycotts), illustrating how these types of events are not confined to any historical period, racial group or geographical region.

LGBTQ Life in the United States
Fridays, 9-10:30a | 10/9 – 11/13

INSTRUCTOR
Irissa Baxter
Women’s and LGBTQ Affairs Coordinator,
OSU Office of Multicultural Affairs

Focus on lesbian, gay, bisexual, transgender, queer identity through the lives and voices of people who identify as either not straight or not cisgender. We will define the LGBTQ community and look to relevant issues such as the recent Supreme Court decision. Learn about specific groups within the LGBTQ community, including gender non-binary individuals and older LGBTQ adults.
ONLINE COURSE REGISTRATION

Please include your check or credit card information for payment. A confirmation of receipt will be sent to you. Payment must be received to be registered for classes.

Mail your registration form & payment to OLLI @ OSU.
If you have questions, contact our office at 405.744.5868

NAME

APT #

CITY

ZIP CODE

ADDRESS

PHONE

EMAIL

DATE OF BIRTH

PHONE EMAIL MAIL

PREFERRED FORM OF CONTACT (Circle One)

EMERGENCY CONTACT – NAME

RELATIONSHIP TO YOU

PHONE CARRIER

CHOOSE YOUR MEMBERSHIP

☐ Check this box if already an OLLI member (7/1/20-6/30/21)

☐ Premium Annual Membership $200
   Unlimited courses through 06/30/2021

☐ À La Carte Annual Membership $40
   Each course taken is $25 (in addition to the one-time $40 membership fee)

☐ CARD ☐ CASH ☐ CHECK

WRITING A CHECK? MAKE IT PAYABLE TO OSU.

x $25 =

# OF COURSES COST

TOTAL ENCLOSED = $

CARD # EXP. DATE

MONDAYS

☐ The Movies of Doris Day
☐ Tulsa Race Massacre
☐ Politics and Policies
☐ TED Circles
☐ The Question of Craft
   A History of American Studio Craft

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☐ Spice Trails
   Easy Recipes with Nita
☐ Medication Safety for Seniors and Caregivers
☐ Tulsa United Way
☐ Theatre Through the Ages

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☐ Watercolors
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