

Registration Now Open!



DIRECTOR'S NOTE

Hello, friends! Welcome to the *Spring 2021 OLLI Course Catalog*. Every new catalog is like a treat just waiting to be opened and savored! Many thanks to the curriculum committee for their hard work.

In addition to our free, 90-minute lectures, we're offering courses that run for three, four, five, six and eight weeks, giving you more variety in course length. Some of the single lecture topics include antiquing, learning a new language, Leonardo da Vinci's knots, Oklahoma maps and mapmaking and the Iditarod. These special lectures are free when you have an OLLI membership and only \$10 per lecture for non-members. Be sure to check the OLLI website and the newsletter for additional dates, titles and guest speaker information. The single lectures offer an excellent opportunity to share OLLI with a friend.

We heard from many of you who are enjoying the freedom and flexibility Zoom classes offer – folding laundry while watching, walking and listening via earbuds; sitting in your comfy chair while participating; etc. Several of you chose to take more courses because you weren't limited to only those offered in your city. We're thrilled!

If you haven't joined us online yet because you're concerned about the technology, we have staff and volunteers who are able to help you connect. If you have an internet connection, you can watch, listen and participate in an OLLI course via Zoom. No internet? You can listen and participate in the Zoom course via phone.

We miss seeing you in person, but we know this situation won't last forever. In the meantime, we're doing our best to bring you the high-quality content you've come to expect from OLLI. We hope you'll let us know how we can continue to make your lifelong learning experience better.

See you in class!

OLLI Team

Robbin Director
Misty Administrative Assistant
Barb Editor
Logan OKC Coordinator

Mona Stillwater Coordinator Amy Bartlesville Coordinator Madalyn Student

WHAT IS OLLI?

The Joy of Learning

The Osher Lifelong Learning Institute (OLLI) at Oklahoma State University is a member-driven program developed for adults age 50 and better who are interested in enriching their lives by expanding their intellectual experiences. Opportunities include courses, lectures, workshops, travel opportunities and special events. Instructors are qualified individuals from careers in academia, business, the arts and government. There are no tests and no grades; members pursue learning for pure pleasure.

Each of the four OLLI @ OSU locations has a local leadership committee governed by a board of directors elected by the OLLI membership.

All operating costs are funded by membership fees, the Bernard Osher Foundation and Oklahoma State University, with special thanks to the Osher Lifelong Learning Institute and the OSU College of Education and Human Sciences.

OLLI Membership

You must be an OLLI member to enroll in courses. The membership year runs from July 1 to June 30 and includes fall, spring and summer sessions. Membership dues are paid annually and entitle the holder to participate in courses as well as social, travel and special events, voting, elected committees and course evaluations. Membership dues do not include textbooks, supplies, meals or other fees.

You can become a member anytime during the year.

Contact Us

Robbin Davis, OLLI Director 139 Nancy Randolph Davis Oklahoma State University Stillwater, OK 74078 405.744.5868 office olli@okstate.edu OLLI.okstate.edu

OLLI Membership

Premium Annual Membership \$200

This membership enables you to enroll in an unlimited number of courses during fall, spring and summer sessions.

À La Carte Annual Membership \$40

This reduced-cost membership allows you to select individual courses by paying \$25 for each course enrollment during the fall, spring and summer sessions.

Both membership levels are responsible for any fees or supplies associated with courses.

OLLI scholarships are available thanks to the generous support of our donors. The scholarship form can be completed on the OLLI website or requested from the OLLI office.

Annual Membership is July 1 through June 30 and must be renewed each year.

Pay by credit or debit card online at **OLLI.okstate.edu** or by check made payable to OSU sent to 139 Nancy Randolph Davis, Stillwater, OK 74078.

WANT TO HELP?

Donate to OLLI @ OSU

- 1. Go to: OLLI.okstate.edu
- Click Give to OLLI under the quick links section at the bottom righthand side of the page.
- Follow further instructions as the OSU Foundation walks you through what you can do to help the OLLI @ OSU community.

All donations and contributions to OLLI are tax deductible. We will gratefully accept donations in any amount. If you wish to make a donation that exceeds the online maximum of \$50,000, or a donation that does not meet the online minimum of \$10, contact the OSU Foundation at 800.622.4678. We also accept cash, check, non-cash items and estate gifts.

ENROLLMENT INFORMATION

How to Enroll

OLLI membership is required to enroll in courses. You must purchase your membership **prior** to enrolling in courses.

You can enroll online using your annual membership information and email address. You may also complete a printed registration form, located at the back of the catalog and mail it with payment to the OLLI office. A unique email address is required for each member to enroll. To enroll online:

If you do not have an annual membership:

- 1. Visit **OLLI.okstate.edu**
- 2. Click Join OLLI
- 3. Click **Become a Member**
- **4.** Choose and pay for your membership.

Once you have an annual membership:

- 1. Visit OLLI.okstate.edu
- 2. Click Enroll in Courses
- **3.** Use the tools to search for courses.
- Log in using your email address and make your course selection.

Once you have paid for your course, you will receive a confirmation email. Please contact the OLLI office during regular business hours if you need assistance with enrollment.

General Information

Textbooks and Supplies

For online courses, students are responsible for purchasing their own supplies and recommended texts.

Class Size Limits

Courses that are limited in size are noted in the course descriptions. If you are interested in one of these courses, you should enroll early.

Student Conduct

OLLI adheres to the Oklahoma State University Student Code of Conduct. Please visit **studentconduct.okstate.edu** for more information.

COURSE OFFERINGS

ONLINE

MONDAYS

Changing Your Mind

The Power and Potential of Your Aging Brain Mondays, 11a-12:30p | 3 Weeks | 2/15 - 3/1

Little House on the Prairie Book Club

Mondays, 1-2:30p | 8 Weeks | 2/15 - 4/5

Epidemiology

An Introduction
Mondays, 3-4:30p | 6 Weeks | 2/15 - 3/22

TUESDAYS

Sharing Your Story

Tuesdays, 9-10:30a | 4 Weeks | 2/16 - 3/9

Major Artists of the Gilcrease Museum

Tuesdays, 11a-12:30p | 8 Weeks | 2/16 - 4/6

Voices from the University

OSU's Cutting Edge

Tuesdays, 1-2:30p | 8 Weeks | 2/16 - 4/6

The Art of Calligraphy

Tuesdays, 3-4:30p | 8 Weeks | 2/16 - 4/6

What in the World? — Revisited

Tuesdays, 9-10:30a | 4 Weeks | 3/16 - 4/6

WEDNESDAYS

Acrylic Painting

Wednesdays, 11a-12:30p | 4 Weeks | 2/17 - 3/10

The Wisdom of the Axial Age

Wednesdays, 3-4:30p | 4 Weeks | 2/17 - 3/10

A Series of Murders

Red Herrings Reprised

Wednesdays, 1-2:30p | 6 Weeks | 2/24 - 3/31

Cherokee Old Settlers

Wednesdays, 9-10:30a | 6 Weeks | 3/3 - 4/7

Watercolors

Wednesdays, 11a-12:30p | 4 Weeks | 3/17 - 4/7

Oklahoma City

An Architecture Showcase
Wednesdays, 3-4:30p | 4 Weeks | 3/17 - 4/7

THURSDAYS

Unpacking My Racism and White Privilege

Thursdays, 9-10:30a | 6 Weeks | 2/18 - 3/25

Great Decisions

Thursdays, 11a-12:30p | 8 Weeks | 2/18 - 4/8

The Forgotten War

Korea and the Modern World Thursdays, 3-4:30p | 6 Weeks | 2/18 - 3/25

Awesome Wonder

The Great Plains
Thursdays, 1-2:30p | 6 Weeks | 3/4 - 4/8

FRIDAYS

The Best and Brightest

Oklahoma Authors Fridays, 11a-12:30p | 8 Weeks | 2/19 - 4/9

Rodeo

America's Own Sport Fridays, 1-2:30p | 3 Weeks | 2/19 - 3/5

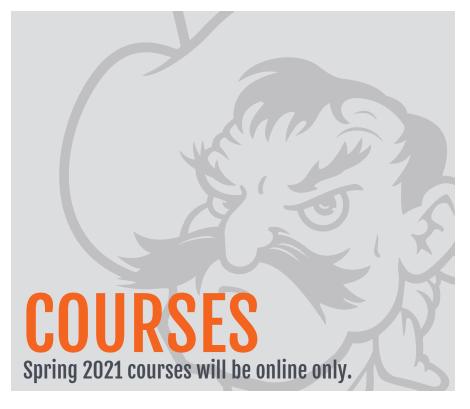
And the Winner Is... William Wyler!

Fridays, 3-4:30p | 8 Weeks | 2/19 - 4/9

Classical Mythology

The Rise and Fall of the Great Goddess Fridays, 1-2:30p | 3 Weeks | 3/12 - 3/26

NO TESTS. NO GRADES. JUST THE JOY OF LEARNING.



Enroll at OLLI.okstate.edu or complete and mail the form on pages 21-22.

Changing Your Mind

The Power and Potential of Your Aging Brain Mondays, 11a-12:30p | 3 Week Lecture | 2/15 - 3/1

INSTRUCTOR

Cindy Tsotsorsos OSU Psychology **Doctoral Student** How do factors such as early childhood experiences, exercise and obesity effect our brains and cognitive function? We'll look at the psychological disorders that relate to aging and ways to improve cognitive function, combat social isolation and maintain brain health. Cindy Tsotsoros holds a master's in gerontology and is a Ph.D. candidate in OSU's psychology program. She studies emotions and cognitions related to health.

Little House on the Prairie Book Club

Mondays, 1-2:30p | 8 Week Book Discussion | 2/15 - 4/5

INSTRUCTOR

Shanley Wells Rau Writer

RECOMMENDED TFXT

Little House on the Prairie by Laura Ingalls Wilder (1935). Participants are responsible for purchasing their own book.

Let's revisit the Laura Ingalls Wilder 1935 best seller while also exploring history to contextualize her family's experiences described in the book. We'll read Little House on the Prairie together, discuss our personal connections to the story and discover what the Laura scholars have to sav.

Epidemiology

An Introduction

Mondays, 3-4:30p | 6 Week Lecture | 2/15 - 3/22

INSTRUCTOR

Moses Viiavakumar **Professor Emeritus** Microbiology and Molecular Genetics

Gain an understanding of the principles of epidemiology, the study of the "who, what, when and where" of infectious and noninfectious diseases of human populations. The recent emergence of COVID-19 has heightened the importance of epidemiology for the control of all great epidemic diseases.

66 I love that I can take classes that I otherwise wouldn't be able to because of where they were offered. The online

Sharing Your Story

Tuesdays, 9-10:30a | 4 Week Participation | 2/16 - 3/9

INSTRUCTOR

Margaret Potter Writer

IMPORTANT INFO

Limited to 12 students.

In this writing class, we'll focus on retrieving, reliving and relating our life stories. We'll develop methods to unlock memories — large and small, serious and funny — by reading about various authors, sharing experiences and going over the technical aspects of good writing. With 2020 behind us, your story is not only for you, but for all who may want to read about your life experiences and observations.

Major Artists of the Gilcrease Museum

Tuesdays, 11a-12:30p | 8 Week Lecture | 2/16 - 4/6

INSTRUCTORS

Various

Gilcrease Museum houses an interdisciplinary collection of more than 350,000 items. The museum represents hundreds of Indigenous cultures across North and South America, with material culture and archaeology ranging from 12,000 BCE to the 21st century. The collection includes more than 350 years of American paintings, sculptures and works on paper, including the largest public holdings of art of the American West. Gilcrease volunteers (a.k.a. Gillies) will regale us with beautiful artworks and interesting treasures from the collections as they share the life and work of Alfredo Zalce, Diego Rivera, Woody Crumbo, Mary Nimmo Moran, Ila McAfee, George Catlin, Willard Stone, Charles Russell, Joseph Henry Sharp and Frederic Remington.

Voices from the University

OSU's Cutting Edge

Tuesdays, 1-2:30p | 8 Week Presentation | 2/16 - 4/6

INSTRUCTORS

Various

As a multi-campus, public, land grant educational system, OSU's mission is to improve lives through teaching, research and outreach.

In this course, we'll visit with administrators, department heads and faculty to learn the latest developments in each of these areas and how they're shaping our future. Speakers will include: David Kersnar, head of the Deptartment of Theatre and Dance; Glenn Krutz, dean of the College of Arts and Sciences; Brad Rowland, manager of operations for ENDEAVOR; Quraysh Ali Lansana, teaching artist for the Center for Poets and Writers at OSU-Tulsa; Pamela Fry, president of OSU-Tulsa; Thad Leffingwell, head of the Deptartment of Psychology; Gina Peek, interim associate dean for Extension, Engagement and Continuing Education for the College of Education and Human Sciences; and Jim Ansley, head of the Deptartment of Natural Resource Ecology and Management.

The Art of Calligraphy

Tuesdays, 3-4:30p | 8 Week Participation | 2/16 - 4/6

INSTRUCTOR

Stephen Gorman Professional Calligrapher, Educator

IMPORTANT INFO

Participants are responsible for supplying materials. A list will be provided upon registration. Limited to 12 students.

This is an introduction to the correct posture and sitting position, how to hold the pen, different strokes of the pen, position of the paper and the basic alphabet in lowercase and capital letters in Copperplate Calligraphy. You'll learn a number of essential hand exercises which will develop basic skills and muscle memory. Part of the course also covers different inks, paper and nibs, as well as an introduction to Olde English Script. Stephen W. Gorman, a retired English police officer, is a professional calligrapher who has studied and practiced calligraphy for over 40 years and has taught for more than 20 years.

What in the World? — Revisited

Tuesdays, 9-10:30a | 4 Week Lecture | 3/16 - 4/6

INSTRUCTOR

Meredith Garner Woodruff CIA Directorate of Operations (retired) The last four years have seen a dramatic shift in U.S. foreign policy. The new administration promises "international re-engagement." What should we expect as we transition from one worldview to the next? Join us as we examine intended U.S. policy changes in our relationships with major world powers and our involvement in global agreements, and as we consider the possible impact of those changes on our economy, security and international standing.

Acrylic Painting

Wednesdays, 11a-12:30p | 4 Week Participation | 2/17 - 3/10

INSTRUCTOR

Tandi Memmott Artist

IMPORTANT INFO

Participants are responsible for supplying materials. A list will be available upon registration. Limited to 20 students.

Working from photo references, you'll explore painting using acrylic paint on canvas. We'll cover the basics — composition, value, color mixing and mark making — and experiment with different mediums that change the consistency of the acrylic paint. You'll also have the option of experimenting with a palette knife, as well. Bring photo references to class or use one provided by the instructor, and let's paint!

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The Wisdom of the Axial Age

Wednesdays, 3-4:30p | 4 Weeks | 2/17 - 3/10

INSTRUCTOR

Marty Haridas Heitz Associate Professor, OSU Department of Philosophy Explore the early Greek, Indian and Chinese thinkers of the 8th to 3rd centuries BCE, a time during which the world's great intellectual, philosophical and religious systems took shape. Known as the "Axial Age," this lively and creative period transformed life and culture and set us on the path we now know. We'll study the important thinkers of the Axial Age and ourselves in comparison.

A Series of Murders

Red Herrings Reprised

Wednesdays, 1-2:30p | 6 Week Book Discussion | 2/24 - 3/31

INSTRUCTOR

Britton Gildersleeve OSU Director Emeritus, OSU Writing Project

IMPORTANT INFO

Participants are responsible for purchasing books. A list will be provided upon registration.

Join us in reading mysteries, ranging from the genre's early years in England to more contemporary series. We'll discuss the beginnings of the genre and how mysteries have changed, and we'll look at and discuss books of best-selling mystery writers. If you've always fancied yourself an armchair detective, now's your chance to pit your brain against the best in literature.

Cherokee Old Settlers

Wednesdays, 9-10:30a | 6 Week Lecture | 3/3 - 4/7

INSTRUCTOR

Jonita Mullins Writer, Historian For thirty years before the infamous Trail of Tears in 1839, the Cherokees had slowly been migrating west. These early settlers in Indian Territory came to be called "Old Settlers." They built a life for themselves in the West, but when the Trail of Tears brought the eastern Cherokees to Indian Territory, the clash between the two groups brought their nation to the brink of their own civil war.

Watercolors

Wednesdays, 11a-12:30p | 4 Week Participation | 3/17 - 4/7

INSTRUCTOR

Tandi Memmott Artist

IMPORTANT INFO

Participants are responsible for supplying materials. A list will be available upon registration. Limited to 20 students.

We'll experiment with this beautiful medium while learning different techniques such as creating washes, working wet into wet and wet on dry to create desired results. We'll experiment with masking fluid, salt, plastic wrap, etc., to create different effects. Some basic drawing skills are helpful but not required.

Oklahoma City

An Architecture Showcase

Wednesdays, 3-4:30p | 4 Week Lecture | 3/17 - 4/7

FACILITATOR

Melissa Hassebroek Hunt Executive Director, Oklahoma City Foundation for Architecture From its settlement in 1889 to the present day, Oklahoma City's visionary leaders and architects have constructed remarkable buildings in a variety of styles, leaving us with a truly distinctive and fascinating structural landscape. We'll discuss the city's historic architecture, midcentury modern architecture, endangered buildings, tax credit projects and more.

There is virtually nothing keeping me from attending classes. I can do OLLI while I cook, fold clothes, walk, weed the garden, dust, eat lunch, do the dishes and more.

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Unpacking My Racisim and White Privilege

Thursdays, 9-10:30a | 6 Week Discussion | 2/18 - 3/25

INSTRUCTOR

Tom O'Connor Director of Social and Criminal Justice, Building Bridges of Oklahoma

IMPORTANT INFO

Recommended text: The Second Coming of the KKK by Linda Gordon An admitted former racist will discuss how his own racist views developed and evolved and how African American history helped change his views. In this course, we'll discuss race relations from 1619 to 2021 and how racism has hindered the progress of blacks in America. We'll also discuss white privilege and how it works to the detriment of African Americans in present day America.

Linda

Great Decisions

Thursdays, 11a-12:30p | 8 Week Presentation | 2/18 - 4/8

FACILITATORS

Sue Wimmer OLLI Volunteer

IMPORTANT INFO

Book available for purchase online at **FPA.org** through the Foreign Policy Association.

Great Decisions is America's largest discussion program on world affairs. The program model investigates a different topic each week. discussing the most critical global issues facing America today. Participants in the course will exchange thoughts on the United States' historical interactions with the world through a study of policy, economics and ethics. Participants will have the opportunity to explore new perspectives as they expand their understanding of how the United States connects with societies across the globe. Spring 2021 discussion topics will include, global supply chains and national security, Persian Gulf security issues, Brexit and the European Union, struggles over the melting Arctic, China's role in Africa, the Korean Peninsula, roles of international organizations in a global pandemic and questions regarding the end of globalization.

The Forgotten War

Korea and the Modern World

Thursdays, 3-4:30p | 6 Week Lecture | 2/18 - 3/25

INSTRUCTOR

David Prentice Historian (U.S. foreign relations), Author and Educator

IMPORTANT INFO

All lectures are prerecorded.

The Korean Peninsula lies at the crossroads of empires. By 1950, it found itself along a major Cold War fault line as well. Hostilities there produced global fears of an incipient third world war, ravaged Korean society — some three million Koreans died — and committed America to containing communism in Asia. We will examine the Korean War, its legacies and its impact on America and the modern world.

Awesome Wonder

The Great Plains

Thursdays, 1-2:30p | 6 Week Lecture | 3/4 - 4/8

INSTRUCTOR

James Showalter Professor Emeritus, Langston University The Great Plains of the U.S. and Canada were not recognized as a region until the 20th century and still defy one definition. As we explore this vast region from pre-history to the present, we'll cover geology, geography, natural resources, flora and fauna, archaic Native American and historic tribes and waves of non-Native American settlers. We'll include religions, art and societies, as well as economics and environmental issues.

The Best and Brightest

Oklahoma Authors

Fridays, 11a-12:30p | 8 Week Presentation | 2/19 - 4/9

INSTRUCTORS

Various

Any author who loves their work will tell you about the pure pleasure, the frustration and the hard work of writing. As Terry Pratchett once said, "Writing is the most fun you can have by yourself." Let's find out if our group of Oklahoma authors agrees and hear what they have to say about the craft, the business, the audience and the inspiration. Check our website for a list of guest authors and the dates they'll be speaking.

Rodeo

America's Own Sport

Fridays, 1-2:30p | 3 Week Presentation | 2/19 - 3/5

INSTRUCTOR

Eugene Bryan Rodeo Enthusiast

Born out of the high plains cattle drives and the Wild West shows, rodeo is most assuredly America's own sport. We'll examine the roots of rodeo, taking a look at the components and the various levels and seasons, the riding and roping events and the people and animals that have left their mark over the years. We'll close by examining rodeo's classic contests, and we won't shy away from the animal welfare issue.

I want to tell you how much I enjoyed the online courses this year. They save me a lot of time, with all the comforts of home. Truthfully, I would prefer all my courses to be online.

And the Winner Is...William Wyler!

Fridays, 3-4:30p | 8 Week Discussion | 2/19 - 4/9

INSTRUCTOR

Dr. Vickie Sturgeon Educator, Broadcasting and Motion Picture History

IMPORTANT INFO

Participants are responsible for watching movies on their own at home prior to class. All movies available through Netflix or Amazon.

He remains the most nominated director in Academy Award history. Fourteen actors won Oscars under his direction. He directed Audrey Hepburn, Barbra Streisand, Olivia de Havilland and Laurence Olivier to name only a few, and his directorial skill was so varied that no one was ever able to put a stamp on his style. William Wyler was a star-maker, and his films are classic favorites to this day. Watch the movies on your own before each class, and join Vickie Sturgeon for lively discussions. Check our website for a list of films and dates.

Classical Mythology

The Rise and Fall of the Great Goddess

Fridays, 1-2:30p | 3 Week Lecture | 2/19 - 3/5

INSTRUCTOR

Christina Rich-Splawn Graphic Designer, Mythology **Enthusiast**

For almost 98.000 years of Homo sapien history, the most important deity was the Great Goddess. Around 2000 to 1200 BCE, things started to change to the masculine gods. Look at the classical stories for evidence of that ancient goddess belief and the subsequent transformation. We'll view images and trace mythological stories together with archaeological and ancient literature findings.

LEARNING NEVER RETIRES.

ONLINE COURSE REGISTRATION

Please include your check or credit card information for payment. A confirmation of receipt will be sent to you. Payment must be received to be registered for classes.

Mail your registration form & payment to OLLI @ OSU.

If you have questions, contact our office at 405.744.5868



OLLI @ OSU 139 Nancy Randolph Davis Stillwater, OK 74078 P | 405.744.5868

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CITY	ZIP CODE	DATE OF BIRTH
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EMAIL		
*Class cancellations sent via text messa	age and email.	
CHOOSE YOUR MEMBERSHIP		
Check this box if already an OLLI	member (7/1/20-	6/30/21)
New Premium Annual Membershi	p \$200	
Unlimited courses through 06/30/	/2021	
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Each course is \$25 (in addition to	the one-time \$40	membership fee)
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TUESDAYS Sharing Your Story Major Artist of the Gilcrease Museum Voices from the University: OSU's Cutting Edge The Art of Calligraphy What in the World — Revisited
WEDNESDAYS Acrylic Painting The Wisdom of the Axial Age A Series of Murders: Red Herrings Reprised Cherokee Old Settlers Watercolors Oklahoma City: An Architecture Showcase
THURSDAYS Unpacking My Racism and White Privilege Great Decisions The Forgotten War: Korea and the Modern World Awesome Wonder: The Great Plains
FRIDAYS The Best and Brightest: Oklahoma Authors Rodeo: America's Own Sport And the Winner is William Wyler! Classical Mythology: The Rise and Fall of the Great Goddess



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139 Nancy Randolph Davis Oklahoma State University Stillwater, OK 74078



Education Outreach/OLLI

