



# The OLLI UPdate

OSHER LIFELONG LEARNING INSTITUTE

OKLAHOMA STATE UNIVERSITY



*Courage is being scared to death but saddling up anyway.*  
~John Wayne

**NOVEMBER 12, 2020**

Hi, Friends!

We are nearing the end of the fall session and many of you have told us how much you've enjoyed the courses you've been in and the single lectures you've attended. We appreciate your kind words - they keep us going!

We also need to know what doesn't quite work so that we can continue to improve. As we wind down the term, you will be receiving course and lecture evaluations via email. Please don't pass these over; we read them all and use the information to tweak the OLLI program. Keep an eye on your emails for the next couple of weeks; you will receive a separate eval for each course/lecture you attended. Yes, you overachievers will be receiving A LOT of evaluation emails!

Looking forward, the spring schedule is coming together nicely. I'm anxious to share it with you just as soon as we have a few more confirmed, but I think you all will be pleased.

Hope you all are continuing to stay well and engaged.

Kindly,

*Robbin*

Your OLLI Director



OLLI OFFICE ★ 405.744.5868 ★ OLLI@OKSTATE.EDU



## More Good Stuff

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Some weeks seem to have a theme, and this week we found several items that grabbed our attention regarding the arts. If you delight in watercolor painting, you'll enjoy seeing OLLI instructor Fatemeh Kian's YouTube channel, [Simply Watercolor](#), where you'll find more demonstrations like the one she gave for OLLI members last week.

Another YouTube channel you'll enjoy is Tulsa's [108 Contemporary](#). OLLI instructor Susan Baley is the Executive Director of this non-profit gallery dedicated to art, craft and design. The gallery's [current exhibition](#) is **Art & Archaeology** by fiber artist Diane Savona.

OLLI @ Northwestern invites you to [watch](#) **Performing Arts at the Crossroads: Looking in the Crystal Ball**. The performing arts are facing unbelievable challenges in Chicago and beyond as they deal with the impact of COVID-19. The question now—Is there a future and what might that be? Chris Jones, chief theater critic and cultural columnist for the *Chicago Tribune*, moderates a discussion among an incredible panel of arts managers, performers and journalists who will share their perspectives and talk about their creative solutions to survive. The panel features:

- Jeff Alexander – President of the Chicago Symphony Orchestra Association
- Kate Lipuma – Executive Director of Writers Theatre
- Tyrone Phillips – Artistic Director of Definition Theatre
- Lauren Warnecke – Freelance dance and culture critic and editor of *See Chicago Dance*

The program closes with a short performance by Chicago Metamorphosis Orchestra Project, a nonprofit youth orchestra program.

Finally, and this is slightly off topic, we want to share something on the art of living. It's a [video](#) that was viewed this week by the **TED Circles** participants. This mini-documentary, only about 16 minutes long, is entitled ***Slomo: The Man Who Skated Right off the Grid***.



## Resilience in Osteoarthritis

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### Online Research

The Cognitive Science Laboratory at OSU is looking for volunteers for a research study. The purpose of this research is to investigate resilience among adults living with osteoarthritis. Specifically, researchers would like to identify factors that are associated with greater resilience.

You must be at least 18 years of age, have osteoarthritis and live in the United States to be eligible for the study. The study is 100% online. The survey includes questions about your experiences with osteoarthritis, personal characteristics including your personality, life experiences, and demographic information. In addition to answering questions about these topics, you will also be asked to write a brief description of how osteoarthritis has affected your life. The survey is designed to be completed on a computer rather than a cell phone, and it is likely to take around 40 minutes. For more information or to participate, click [here](#).



Oklahoma City, street view

## Events Calendar

These events are free for OLLI members and \$10 each for non-members.  
Use the links below. [Register here](#) for everything else.

Also included are RESCHEDULED classes from the ice storm and power outages.  
Check the list carefully.

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|-------|---------|---|
| 11/13 | 11 am   | The Wonderful, Wacky Windsors (Pt. 2) with Christianne Chase        |
| 11/13 | 3 pm    | <b>RESCHEDULE:</b> Short Form Creative Writing with Cassidy McCants |
| 11/16 | 5:30 pm | <b>RESCHEDULE:</b> TED Circles with Marty Heitz                     |
| 11/18 | 3 pm    | <b>RESCHEDULE:</b> History of Oklahoma City with Bradley Wynn       |