

OLLI



OKLAHOMA STATE UNIVERSITY



FALL 2019 COURSE CATALOG

Stillwater • Tulsa • Oklahoma City • Bartlesville



Aquatic Exercise

Make a Splash!

Fridays, 10a-Noon | 9/20 - 10/25

INSTRUCTOR
Cindy Peebles

CLASSES HELD AT
Montereau
Retirement
Community
6800 S Granite Ave

Water offers buoyancy and resistance that reduces pain and stiffness while increasing joint mobility. Improve your cardiovascular fitness, strength, endurance and flexibility in a stress-free, low impact environment without getting your hair wet. You don't need to know how to swim, but *you must be able to enter and exit the pool independently.*

NO TESTS.
NO GRADES.
JUST THE JOY
OF LEARNING.

OKLAHOMA CITY COURSES



Enroll at education.okstate.edu/olli
or complete and mail the form on page 30.

America the Many

Shining Lights in a Diverse Land

Tuesdays, 10a-Noon | 9/24 - 10/29

INSTRUCTOR
Lloyd Musselman

CLASSES HELD AT
Oklahoma History
Center
800 Nazih Zuhdi Dr

Four documentaries detail American diversity: *Most Honorable Son*, about a Japanese American who volunteered to serve in World War II; *The Obama Years: The Power of Words* focuses on six seminal speeches; *RBG* highlights Ruth Bader Ginsburg and the Supreme Court; and *The Boys of '36* details a win of Olympic gold against all odds.

Living History

Tuesdays, 1-3p | 9/24 - 10/29

INSTRUCTORS
Lynn Shackelford
Tom Lentz
Catharine Thomas
Mike Sherriff
Barbara Byrd

CLASSES HELD AT
Oklahoma History
Center
800 Nazih Zuhdi Dr

Listen to living history reenactors as they weave stories about Oklahoma history. One class will take place outside at a working chuck wagon and the final class will include a tour of the Noble Gallery at the Oklahoma History Center and a book review of *The Blue Tattoo*, which will be available for purchase at the History Center.

Hold Your Horses!

Thursdays, 9:30-11:30a | 9/26 - 10/31

FACILITATOR
Luann Waters

Broaden your understanding of how global traditions became unique in the American West with the horse at the center of it all.

CLASSES HELD AT
National Cowboy
& Western
Heritage Museum
1700 NE 63rd St

Guest speakers, demonstrations and films will introduce you to history and contemporary issues about wild horses, riding, traveling, taming and management.

The Vietnam War

Thursdays, 12:30-2:30p | 9/26 - 10/31

INSTRUCTOR
David Prentice

Follow the complicated, agonizing decisions that produced the Vietnam War. Examine the political, social, strategic and international factors involved in the American commitment and presidential thinking. We'll pay particular attention to what we now know—the reasoning behind Vietnamese, Chinese and Soviet actions. What emerges is a story of misperceptions, missed opportunities and tragedy.

CLASSES HELD AT
National Cowboy
& Western
Heritage Museum
1700 NE 63rd St

BARTLESVILLE COURSES



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Acrylics

Mondays, 10a-Noon | 9/16 - 10/21

INSTRUCTOR
Debbie Finch

CLASSES HELD AT
Bartlesville Art
Association
500 S Dewey Ave

IMPORTANT INFO
\$25 supply fee

Get comfortable using acrylic paints and learn something about mixed media techniques along the way. Debbie will guide you through new projects celebrating the changing seasons and ending with a holiday project. Participants are encouraged to bring photos of subjects they would like to paint. No previous experience with painting is necessary to participate.

Civil Discourse

National Issues Forums

Mondays, 1-3p | 9/16 - 10/21

INSTRUCTOR
Maria Gus
Kevin Bennett

CLASSES HELD AT
Bartlesville Public
Library Room C
600 S Johnstone Ave

Join a public dialogue to work toward creating reasoned public judgment on issues such as health care, immigration, Social Security and racial tensions. A trained, neutral moderator will help frame the problem, present various approaches and facilitate discussion as participants with diverse views seek a shared understanding and common ground. All reading materials provided.