



COLLEGE OF
**EDUCATION AND
HUMAN SCIENCES**

PRE-PROFESSIONAL PATHWAYS

MAJOR OPTIONS

- **Applied Exercise Science**

How human movement, ranging from anatomy and biomechanics to motor control, influence overall physical health and human fitness.

- **Public Health**

Diverse human health issues and lifestyle interventions in the context of community, regional and global environments and influences.

- **Nutritional Sciences**

The relationship of chemical, biological and social aspects of nutrition to overall health, disease processes, physiology and treatments.

- **Recreational Therapy**

Using leisure activities as intentional treatments to achieve desired physical, mental or emotional health outcomes among clients.

- **Child & Family Services**

How to help children, families and vulnerable populations navigate family dynamics and social well-being through intervention, prevention and regulatory service.



PRE-MEDICAL

A variety of healthcare professionals are required to address the diverse health challenges of the global population. There is no “best” degree program for students interested in pursuing a healthcare career. Most medical, dental and allied health programs have specific prerequisite course requirements, and these vary from program to program and institution to institution.

As an undergraduate student preparing for a professional health career, you are encouraged to:

- Research professional healthcare programs that interest you.
- Know the prerequisites and admissions requirements of those programs.
- Choose an undergraduate area of study compatible with your interests that allows you to complete needed prerequisites and prepares you for secondary career options should your future plans change.

The College of Education and Human Sciences is home to the largest concentration of human health undergraduate study options on the Oklahoma State University campus. Through quality classroom instruction and practical professional experiences, our programs provide outstanding pathways to meet prerequisite requirements for medical and professional school and to develop successful careers in healthcare. When comparing our health degree requirements with required prerequisites for advanced professional or graduate study in health fields, you will find up to a 93 percent match. In other words, most prerequisites for medical, dental, chiropractic, physician’s assistant, physical therapist, occupational therapist and other health professions may be completed as a part of curriculum that counts toward an undergraduate degree in the College of Education and Human Sciences.

STUDENT PERSPECTIVE

“ What I loved about my nutritional sciences degree is that I have a solid base in nutrition, while still having met my goal of going to physical therapy school. As a PT student, I need to know disease processes associated with nutrition to best help my patients in rehabilitation. It really has helped me better understand and treat them. ”

- Colton Bunney, Nutritional Sciences graduate



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PRE-PROFESSIONAL PATHWAYS

MAJOR OPTIONS

- **Aerospace Administration & Operations**

Analytical processes, technical aviation skills, theory and practical application to creative problem solving in the private aviation industry or in governmental service.

- **Child & Family Services**

How to help children, families and vulnerable populations navigate family dynamics and social well-being through intervention, prevention and regulatory service.

- **Education**

(Early Childhood Education, Elementary Education, Secondary Education or Family & Consumer Sciences Education)

Content disciplines as well as theories of human development, learning, motivation and research-based instructional practices.

- **Public Health**

Diverse human health issues and lifestyle interventions in the context of community, regional and global environments and influences.

- **Fashion Merchandising**

Market trends, product development and other creative, social and business functions of the fashion industry.

- **Recreation Management**

Coordinate recreational activities and adventures in public and private settings to achieve operational goals in a safe and service-oriented manner.



PRE-LAW

“Pre-Law,” at Oklahoma State University designates your interest in exploring and pursuing opportunities in the fields of law and/or policy. There is no “best” degree program for students interested in legal careers. To be successful in continuing your education through law school, a well-rounded undergraduate education that promotes the development of critical thinking, analytical and communication skills is highly encouraged.

Which major should you choose on your pre-law pathway? The College of Education and Human Sciences encourages you to choose an undergraduate area of study compatible with your specific interests in law and/or policy. Several of our academic majors can prepare you with the foundational knowledge and professional experiences necessary to pursue diverse career options related to family law, education policy, child advocacy, homeland security, recreational liability, health policy, human rights, patent law and other legal and/or policy fields.

STUDENT PERSPECTIVE

“ The 3+3 program enabled me to not only obtain my bachelor’s degree and law degree in six years, but also allowed me to acquire human development and family science knowledge to better advocate in the courtroom for people of all backgrounds, cultures and socioeconomic status. I am so thankful for the preparation I received and will be forever grateful to my Oklahoma State family for helping me reach my dreams! ”

- C. Blake Toellner
HDFS alum and current Assistant District Attorney, Wagoner County

PROSPECTIVE STUDENT SERVICES

Watson Family Center for Student Development
106 Willard | Stillwater, OK 74078
(405) 744-6350 | educate@okstate.edu



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