



COLLEGE OF
**EDUCATION AND
HUMAN SCIENCES**

PUBLIC HEALTH:

COMMUNITY HEALTH



OVERVIEW

Develop the knowledge and skills to understand the multifaceted nature of health issues, build community engagement, empower afflicted populations and facilitate problem solving with research-based strategies. By studying a broad health and wellness curriculum, you will be prepared to live out your passion for healthcare with purpose. Graduates of the Community Health degree option develop and implement preventative health services in community, corporate or clinical settings and are also prepared to pursue graduate or professional education in public health, healthcare administration, counseling and psychology, as well as medical and allied health professions.

PROGRAM HIGHLIGHTS

- 12-credit hour internship integrated into the curriculum allows application of learning within your desired health field.
- Diverse health curriculum provides preparation for Certified Health Education Specialist professional certification exam.
- Global healthcare focus demonstrated through classes like International Comparative Health, study abroad programs and international internship opportunities.

NOTABLE NUMBERS



Students gain at least **400 hours** of experience in their chosen focus area through internship experience.

STUDENT PERSPECTIVE

“During my internship at the American Indian Research group, I created webinars, infographics and resource guides for tribal communities to use during and after the coronavirus pandemic. My courses that focused around individual, community and environmental health supported me in this effort and are helping me achieve my goal of becoming an epidemiologist.”

- Sara Watson, Community Health student

PEOPLE. PASSION. PURPOSE.

COMMUNITY HEALTH

(120 total credit hours)

SAMPLE FOUR-YEAR PLAN OF STUDY

1

FALL

Composition I*
MATH or STAT Course*
Introductory Biology
Total Wellness
First Year Seminar

15 hrs.

SPRING

Composition II*
Chemistry
Introduction to Public Health
Humanities Course*
Social and Behavioral Sciences Course

17 hrs.

2

FALL

American History*
Statistics Course*
Community Health
General Education Course
Elective (3 hours)

15 hrs.

SPRING

American Government*
Principles of Human Nutrition
Business Data Science Technologies
or Applications of Media and Technology
Humanities Course*
Elective (3 hours)

16 hrs.

3

FALL

Physiology
Health Issues in Diverse Populations
Health Behavior Theory
Alcohol and Drug Education
Elective (3 hours)

16 hrs.

SPRING

Principles of Epidemiology
Comparative Healthcare Policy and Systems
Health and Sexuality
General Education (5 hours)
Elective (3 hours)

15 hrs.

4

FALL

Psychosocial Issues in Health Education and Promotion
Health Issues in Gerontology
Program Design in Health Education and Promotion
Pre-Internship Seminar
Elective (3 hours)
Pre-Internship Seminar

14 hrs.

SPRING

Internship in Public Health (12 hours)

12 hrs.

*Suggested for students seeking concurrent, dual credit or Advanced Placement (AP) course options to apply directly to this degree plan. Refer to the OSU Transfer Credit Guide and Credit By Exam Guide for specific course information online at okstate.edu.

RELATED MINORS AND CERTIFICATES

Gerontology ○ Human Services ○ Pre-Counseling ○ Pre-Healthcare Administration

Minors are designed to enhance and complement a major field of study. They are not required, and additional courses may need to be added to the plan above.

PROSPECTIVE STUDENT SERVICES

Watson Family Center for Student Development
106 Willard | Stillwater, OK 74078
(405) 744-6350 | educate@okstate.edu

More about this major: okla.st/publichealth



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