



COLLEGE OF
**EDUCATION AND
HUMAN SCIENCES**

NUTRITIONAL SCIENCES: **DIETETICS**



OVERVIEW

Work toward becoming a Registered Dietitian Nutritionist (RDNs) applying up-to-date scientific research, culinary skills and management principles while facilitating nutrition counseling, community education and medical nutrition therapy in schools, hospitals, clinics, industry or government agencies. Take the first step in fulfilling your passion for health by completing OSU's science-focused Dietetics option, aimed at helping individuals manage health outcomes through improved nutrition. Dietitians complete an undergraduate science-intensive degree, participate in a post-graduate 1,200-hour internship, pass the RDN exam and are required to complete a master's degree (starting in 2024) to gain licensure as an RDN. While becoming an RDN, you can also choose to specialize in a unique area of emphasis.

PROGRAM HIGHLIGHTS

- Nationally accredited program through ACEND.
(Accreditation Council for Education in Nutrition and Dietetics of the Academy of Nutrition and Dietetics, 120 South Riverside Plaza, Suite 2190, Chicago, IL 60606 (312) 899-0040 x5400)
- Strong focus on pre-professional experience in the course work, with emphasis on shadowing health professionals, analyzing case studies and applying concepts through service-learning.
- Abundant community or laboratory-based undergraduate research opportunities under the direction of highly qualified and nationally recognized faculty mentors.
- RDN exam pass rates and dietetic internship acceptance rates exceed the national averages.
- Opportunity for early selection into OSU's combined master's degree and dietetic internship program.

NOTABLE NUMBERS



95% RDN exam rate over the last three years, impressively higher than the national average.

STUDENT PERSPECTIVE

“The most unique thing about my Dietetics option is the diversity of opportunities in careers, internships and experiences. Nutrition is an essential part of life, and there are so many opportunities in the world to continue learning about it through research and education and handling specific patient needs. You can grow in communication, critical thinking, leadership and creative skills without having to work multiple jobs or internships. The dietetics field can offer you all of those things.”

- Anna Rankin, Dietetics student

PEOPLE. PASSION. PURPOSE.

BACHELOR OF SCIENCE IN NUTRITIONAL SCIENCES

DIETETICS

(120 credit hours)

SAMPLE FOUR-YEAR PLAN OF STUDY

1	FALL First Year Seminar Principles of Human Nutrition Composition I* Introductory Biology College Algebra 16 hrs.	SPRING Professional Careers in Dietetics Survey of American History* Composition II* Chemistry I Lifespan Human Development 15 hrs.
2	FALL Chemistry II American Government* Survey of Accounting Humanities/Diversity Course (3 hours) 14 hrs.	SPRING Survey of Organic Chemistry Introductory Psychology* Speech* Elementary Statistics Humanities Course* (3 hours) 17 hrs.
3	FALL Nutrition Across the Lifespan Culinary Principles in Nutrition Physiology Survey of Biochemistry Nutrition and Evidence-based Practice I Food and the Human Environment 16 hrs.	SPRING Nutrition Assessment and Counseling Nutrition and Evidence-based Practice II Introduction to Microbiology Microbiology Laboratory Nutrition Care Process Pathophysiology of Chronic Disease 14 hrs.
SUMMER Pre-professional Experience 1 hr.		
4	FALL Human Nutrition and Metabolism I Medical Nutrition Therapy I Management in Dietetics Professional Preparation in Dietetics Nutrition and Evidence-based Practice III Community Nutrition I 14 hrs.	SPRING Human Nutrition and Metabolism II Science of Food Preparation Community Nutrition II Medical Nutrition Therapy II Quantity Food Production Practicum 14 hrs.

*Suggested for students seeking concurrent, dual credit or Advanced Placement (AP) course options to apply directly to this degree plan. Refer to the OSU Transfer Credit Guide and Credit By Exam Guide for specific course information online at okstate.edu.

RELATED MINORS AND CERTIFICATES

Gerontology ○ Human Services ○ Pre-Counseling ○ Pre-Healthcare Administration

Minors are designed to enhance and complement a major field of study. They are not required, and additional courses may need to be added to the plan above.

PROSPECTIVE STUDENT SERVICES

Watson Family Center for Student Development
106 Willard | Stillwater, OK 74078
(405) 744-6350 | educate@okstate.edu

More about this major: okla.st/NSClundergrad



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