

BACHELOR OF SCIENCE IN SPORTS & COACHING SCIENCE

COLLEGE OF
EDUCATION,
HEALTH &
AVIATION



NATIONAL JOB OUTLOOK & WAGES

Employment of coaches and scouts is projected to grow 13 percent from 2016 to 2026, faster than the average for all occupations.

Median Wages (2016)
\$31,460 annually

OKLAHOMA MEDIAN WAGES

Median Wages (2016)
\$37,250 annually

"As Oklahoma State strives to build elite athletic programs while simultaneously creating one of the healthiest collegiate campuses in the country, they understand the role of coaching in achieving athletic goals at all levels. The skill you derive from a world class Coaching program like that of Oklahoma State is going to serve you in nearly every role you will take on, regardless of your career."

Joe Jacobi, Olympic gold medalist and Chief Executive Officer for USA Canoe/Kayak

PROGRAM DESCRIPTION

The Sports & Coaching Science degree prepares students at the undergraduate level for careers in athletic coaching and ancillary fields. The curriculum prepares professionals for certification via various sports organizations relevant to their specific sport of interest (e.g., United States Tennis Association, National Football League, United States Volleyball Association), or prepares them to successfully achieve other sport and exercise-based certifications such as personal training. The degree will also prepare students for the many graduate programs available nationwide in coaching science and education.

The Sports & Coaching Science Program provides students the opportunity to work in a variety of settings including professional, collegiate, or secondary school sport organizations; elite training facilities; athletic league officiating, or small businesses (e.g., karate, cheer, gymnastics). Graduates can work with high performance sports, intramurals as well as roles of administration and facilities management. Those that pursue additional graduate education may find careers in sport psychology, athletic training, strength and conditioning, collegiate coaching and sports management.

The Sports & Coaching Science degree is currently pursuing accreditation from the United States Center for Coaching Excellence (USCCE). education.okstate.edu/spcs



NATIONAL/ PROFESSIONAL ORGANIZATIONS

- ▶ National Strength and Conditioning Association (NSCA) nscs.com
- ▶ Oklahoma Coaches Association (OCA) oklahomacoaches.org
- ▶ American Football Coaches Association (AFCA) afca.com
- ▶ National Association of Basketball Coaches (NABC) nabc.com
- ▶ National High School Coaches Association (NHSCA) nhscs.com
- ▶ United States Center for Coaching Excellence (USCCE) uscoachexcellence.org

OSU STUDENT ORGANIZATIONS

- ▶ EHA Student Council
- ▶ College of Education, Health & Aviation Ambassadors
- ▶ Oklahoma State Officials Association (OSOA)
- ▶ Sports Management Club (SMC)
- ▶ Sports Media Club

For more information about student organizations, visit campuslink.okstate.edu.

POSSIBLE OCCUPATIONS

- ▶ Sports Coach (Professional, Semi-Professional and Collegiate)
- ▶ Fitness Trainers and Instructors
- ▶ Umpires, Referees and other Sports Officials
- ▶ Athletic Director
- ▶ Sports Administrator
- ▶ Sports Journalist
- ▶ Sports Facility Administrator
- ▶ Sporting Goods Sales
- ▶ Business Owner
- ▶ Sport Psychologist
- ▶ Athletic Trainer

INTERNSHIP

Students are expected to gain professional experience outside the classroom and are required to participate in an internship. Typically, the internship experience will occur during the end of the degree program and be part of the summer semester. Possible internship sites include:

- National Strength and Conditioning Association (NSCA) Performance Center
- U.S. Olympic Training Center (Colorado Springs, CO)
- High school, collegiate, semiprofessional and professional sports organizations

EDUCATION, HEALTH AND AVIATION LIVING LEARNING PROGRAM

The Education, Health and Aviation Living Learning Program (LLP) is a residential community for students with a declared major in the College of Education, Health and Aviation (EHA). Located on the 3rd floor of Village E, this LLP provides students with an opportunity to meet fellow EHA students, faculty and staff. A focus is placed on leadership development, resources/strategies for academic success, and personal growth. Community-building is paramount with a focus on creating meaningful relationships through genuine interactions. education.okstate.edu/llp

COURSE PREVIEW

- Ethics in Sports Administration and Coaching
- Theory and Practice of Coaching
- Physiology of Exercise
- Sports and the Media
- Applied Anatomy