

BACHELOR OF SCIENCE IN HEALTH EDUCATION AND PROMOTION

OPTIONS IN: *EXERCISE AND HEALTH AND PUBLIC HEALTH*

COLLEGE OF
EDUCATION,
HEALTH &
AVIATION



NATIONAL JOB OUTLOOK & WAGES

HEALTH EDUCATOR

Median Wages (2016)

\$53,070 annually

COMMUNITY HEALTH WORKERS

Median Wages (2016)

\$37,330 annually

FITNESS TRAINERS AND INSTRUCTORS

Median Wages (2016)

\$38,160 annually

OKLAHOMA MEDIAN WAGES

HEALTH EDUCATORS

Median Wages (2016)

\$50,920 annually

COMMUNITY HEALTH WORKERS

Median Wages (2016)

\$40,250 annually

FITNESS TRAINERS AND INSTRUCTORS

Median Wages (2016)

\$35,840 annually

PROGRAM DESCRIPTION

The health education and promotion program prepares students to provide preventive and rehabilitative services in a variety of settings including worksites, health care facilities, community agencies, schools/universities, and governmental agencies. Students culminate their degree requirements with a semester-long internship before graduating. This degree track prepares students for credentialing opportunities such as the Certified Health Education Specialists and certifications offered through the American College of Sports Medicine. education.okstate.edu/hepr

FITNESS TRAINERS AND INSTRUCTORS

Instruct or coach groups or individuals in exercise activities. Demonstrate techniques and form, observe participants, and explain to them corrective measures necessary to improve their skills.

COURSE PREVIEW

- Health Behavior Theory
- Principles of Epidemiology
- Applied Anatomy
- Biomechanics
- Community Health

NATIONAL/ PROFESSIONAL ORGANIZATIONS

- ▶ American Association for Health Education (AAHE)
www.aahperd.org/AAHE/
- ▶ Society for Public Health Education
www.sophe.org
- ▶ American College of Sports Medicine
www.acsm.org
- ▶ The National Commission for Health Education Credentialing, Inc.
www.nchec.org

OSU STUDENT ORGANIZATIONS

- ▶ EHA Student Council
 - ▶ College of Education, Health & Aviation Ambassadors
 - ▶ Health Promotion Club
- For more information about student organizations, visit campuslink.okstate.edu.

PRE-HEALTH

Whether students are pursuing physical therapy, occupational therapy, athletic training, chiropractic or another medical profession, the College of Education, Health and Aviation is committed to assisting students with their preparation for professional school. This degree has many of the prerequisite courses already included while also offering a strong career path on its own. Our EHA advisors work closely with OSU's pre-health advising office to assist students in the professional school application process. Students have the opportunity to receive assistance with their personal statement, job shadowing and interview preparation.

SAMPLE JOB TITLES

FOR HEALTH EDUCATORS

Certified Diabetes Educator, Child Development Specialist, Clinical Instructor, Clinical Nurse Educator, Community Health Consultant, Community Health Education Coordinator, Education Coordinator, Health Educator, Health Promotion Specialist, Public Health Educator

FOR COMMUNITY HEALTH WORKERS

Apprise Counselor, Assistant Director of Nutrition and Wellness Programs, Chief Program Officer, Community Health Outreach Worker, Community Health Program Coordinator, Community Health Program Representative (Community Health Program Rep), Community Health Promoter, Community Health Worker (CHW), Community Nutrition Educator, HIV CTS Specialist (Human Immunodeficiency Virus Counseling and Testing Services Specialist)

FOR FITNESS TRAINERS AND INSTRUCTORS

Aerobics Instructor, Fitness Coordinator, Fitness Director, Fitness Instructor, Fitness Specialist, Fitness Trainer, Group Exercise Instructor, Group Fitness Instructor, Personal Trainer, Yoga Instructor

ADDITIONAL INFORMATION

The Certified Health Education Specialist (CHES) examination is a competency-based tool used to measure possession, application and interpretation of knowledge in the Seven Areas of Responsibility for Health Education Specialists delineated by A Competency-Based Framework for Health Education Specialists 2010 (www.nchec.org).

Certified Personal Trainer® (CPT), Certified Exercise Physiologist (EP-C), and Certified Group Exercise Instructor SM (GEI) credentials are obtained through the American College of Sports Medicine (acsm.org) and are known as the Gold Standard around the world.

EDUCATION, HEALTH AND AVIATION LIVING LEARNING PROGRAM

The Education, Health and Aviation Living Learning Program (LLP) is a residential community for students with a declared major in the College of Education, Health and Aviation (EHA). Located on the 3rd floor of Village E, this LLP provides students with an opportunity to meet fellow EHA students, faculty and staff. A focus is placed on leadership development, resources/strategies for academic success, and personal growth. Community-building is paramount with a focus on creating meaningful relationships through genuine interactions. education.okstate.edu/llp