DEGREE REQUIREMENTS

- Complete a minimum of 60 graduate credit hours of coursework for the Mental Health Counseling Option and 57 hours of coursework for the School Counseling Option.
- Nine (9) credit hours may be transferred from other recognized graduate programs. Tulsa students may transfer up to fifteen (15) credit hours from the University of Oklahoma-Tulsa campus.
- The last eight (8) hours must be taken at Oklahoma State University and taken for resident credit.
- As least 24 credit hours must be in 5000 level courses or above. (Students who choose to write a master’s thesis for 6 credit hours must take at least 22 credit hours of 5000 level courses.) 4000 level courses taken for graduate credit will not be approved by the Oklahoma licensing board for professional counselors.
- A minimum overall grade point average of 3.00 is required in all academic coursework.
- A grade of B or better must be earned in CPSY 5473, 5553, 5593, and 5683/5693. Students who earn a grade below a B in any of these courses will be required to repeat the course or may be suspended from the program. Students will only be allowed to repeat a course one time to earn a higher grade.

COURSE REQUIREMENTS

School Counseling Option (57 Credits)

Counseling Core (30 credit hours):

#CPSY 5473  Basic Counseling Skills (prerequisite for CPSY 5593)*
#CPSY 5553  Theories of Counseling (prerequisite for CPSY 5593)
%CPSY 5563  Conceptualization & Diagnosis in Counseling
%CPSY 5493  Professional Issues and Ethics in Counseling
%CPSY 5503  Multicultural Counseling
CPSY 5583  Group Process
EPSY 5103  Human Development in Psychology
CPSY 5453  Vocational and Career Information
CPSY 6553  Advanced Marriage and Family Therapy
CPSY 6323  Psychological Consultation

Research (6 credit hours):

REMS 5013  Research Design & Methodology
REMS 5953  Elementary Statistical Methods in Education

School Counseling Specialization (12 credit hours)

CPSY 5533  Developmental Interventions
+CPSY 5513  Comprehensive School Counseling Programs
CPSY 5413  Critical Issues in School Counseling
EPSY 5783  Psychoeducational Testing of Exceptional Individuals

Counseling Practice (9 credit hours)

CPSY 5593  Counseling Practicum (prerequisite for CPSY 5683/5693)
CPSY 5683  Internship in Counseling I
CPSY 5693  Internship in Counseling II

Thesis (optional, 6 credit hours)

CPSY 5000  Master’s Thesis

Note: If a student elects to complete a thesis, then the student takes 6 more credit hours in Thesis.

# Required of students in both School and Mental Health Counseling before taking Practicum (CPSY 5593)
% Recommended of students in both School and Mental Health Counseling before taking Practicum (CPSY 5593)
+ Recommended of all students in the School Counseling program before taking Practicum (CPSY 5593)
* Must be taken in residence at Oklahoma State University.
Mental Health Counseling Option (60 credits)

Counseling Core (30 credit hours):
#CPSY 5473 Basic Counseling Skills (prerequisite for CPSY 5593)
#CPSY 5553 Theories of Counseling (prerequisite for CPSY 5593)
%CPSY 5563 Conceptualization & Diagnosis in Counseling
%CPSY 5493 Professional Issues and Ethics in Counseling
%CPSY 5503 Multicultural Counseling
CPSY 5583 Group Process
EPSY 5103 Human Development in Psychology
CPSY 5453 Vocational and Career Information
CPSY 6553 Advanced Marriage and Family Therapy
CPSY 6323 Psychological Consultation

Research (6 credit hours):
REMS 5013 Research Design & Methodology
REMS 5953 Elementary Statistical Methods in Education

Counseling Practice (9 credit hours)
CPSY 5593 Counseling Practicum (prerequisite for CPSY 5683/5693)
CPSY 5683 Internship in Counseling I
CPSY 5693 Internship in Counseling II

Mental Health Counseling Specialization (15 credit hours)
ΔCPSY 5483 Mental Health Counseling
CPSY 5523 Individual Appraisal (prerequisite of either REMS 5373 or EPSY 5783)
CPSY 5673 Substance Abuse Counseling
One of the following:
REMS 5373 Educational Measurements
OR
EPSY 5783 Psychoeducational Testing of Exceptional Individuals
Electives (3 credit hours, counseling-related)

*CPSY 5533 Developmental Interventions

Thesis (optional, 6 credit hours)
CPSY 5000 Master’s Thesis

Note: If a student elects to complete a thesis, then the student would take no electives and would be required to take an additional 3 hours of course work for a total of 63 hours.

* Required of students in both School and Mental Health Counseling before taking Practicum (CPSY 5593)
% Recommended of students in both School and Mental Health Counseling before taking Practicum (CPSY 5593)
Δ Recommended of all students in the Mental Health Counseling program before taking Practicum (CPSY 5593)
*Must be taken in residence at Oklahoma State University.

* It is a student’s responsibility to be aware of developmental psychology and the developmental level and counseling needs of clients with whom he or she works.
If a student anticipates working with, children or adolescents (or others) for whom interventions other than talk therapy will be most effective or appropriate, he or she should:
A. Be aware of his or her own training, limitations, and professional competencies, AND:
B. Prepare by taking CPSY 5533: Developmental Interventions class
or CPSY 5720: Introduction to Play and Action Therapy class prior to seeing these clients
A general guideline for this is work with children 13 or younger or in 8th grade or lower, although maturity and development are not synonymous with age.