Planning to coach when you graduate?

Pursue a minor in Coaching Science

This minor is open to any Oklahoma State University student and provides excellent preparation and credentials for coaching.

Students must complete a minimum of 20 hours, including 14 hours of required coursework and six elective hours selected from a list of options.

Required Courses (14 hours)
HHP 3333 - Ethics in Sports Administration and Coaching
HHP 2553 - Basic Athletic Injury Management
HHP 2602 - First Aid
HHP 3553 - Theory and Practice of Coaching
HHP 3883 - Coaching Internship

Elective Hours (minimum of 6 hours)
HHP 4010 - Principles of Strength and Conditioning
NSCI 4133 - Nutrition for Exercise and Sport
MGMT 3943 - Sport Management
HHP 3114 - Exercise Physiology
HHP 1832 - Pedagogy of Team Activities in Physical Education
-OR-
HHP 1842 - Pedagogy of Individual Activities in Physical Education
HHP 3443 - Psychosocial Aspects of Sport and Coaching

For more information, please contact:
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