

**OKLAHOMA STATE UNIVERSITY**  
**COLLEGE OF EDUCATION, HEALTH AND AVIATION**  
**SCHOOL OF KINESIOLOGY, APPLIED HEALTH AND RECREATION**  
**PH.D. IN HEALTH, LEISURE, AND HUMAN PERFORMANCE**  
**LEISURE STUDIES OPTION**

The Doctor of Philosophy degree in Health, Leisure, and Human Performance with an option in Leisure Studies is a 60-credit hour program designed to develop a complete faculty member. To this end, teaching, research, and service are individually and collectively substantial aspects of doctoral study. All students admitted into the Ph.D. degree option in Leisure Studies are expected to meet all university requirements and to have had a degree in leisure studies or related field. A graduate GPA of 3.5 is required for unconditional admission, as is a minimum current GRE scale of 153 verbal reasoning/141 quantitative reasoning/3.5 written (500/450/3.5 on the prior GRE scale). For those students with no or little background in leisure studies, additional leveling work may be required. The admissions committee determines such prerequisite considerations during the admissions review process. Those students desiring to concentrate in Leisure Studies and who need leveling courses will be required to meet the knowledge, understandings and competencies specified for graduates of CARTE accredited undergraduate programs. Specific undergraduate courses that may be required include:

- RMTR 2413 Introduction to Leisure Services
  - RMTR 2433 Introduction to Therapeutic Recreation
  - RMTR 3463 Program Design in Leisure Services or the programming sequence in Therapeutic Recreation
  - RMTR 4433 Evaluation in Leisure Services
  - RMTR 4493 Administration of Leisure Services or similar course
  - Internship\* A professional field experience of 15 weeks, full time
- \*May be taken for graduate credit

**NOTE:** If focusing on Recreational Therapy, the student must be certified as a Certified Therapeutic Recreation Specialist (CTRS) prior to admission. Also prior to admission, all doctoral students should have:

- preferred a minimum of two (2) years of experience in the field
- a stated desire to be a faculty member in higher education

Those students desiring to concentrate in Leisure Studies at the doctoral level must also meet the discipline requirements for the Master of Science degree at Oklahoma State University. The following courses are considered as prerequisite to doctoral courses in Leisure Studies, and will be required either as elective hours within the doctoral program or in addition to the required 60 hours.

**Required Masters Level Coursework: Master of Science in Leisure Studies**

**Research Design and Statistics**

REMS 5953 Elementary Statistical Methods in Education (F, Sp, S)

REMS 5013 Research Design and Methodology (F, Sp, S)

**Master's Level Core**

LEIS 5023 Legal Aspects of Health, Leisure, and Human Performance (Spring)

LEIS 5413 Organization and Administration of Leisure Services (Spring)

LEIS 5443 Social Foundations of Leisure Services (Fall)

## Future Faculty Preparation

The aim of the doctoral program in Leisure Studies is to prepare future faculty. As most institutions of higher learning have a tripartite mission (scholarship, teaching, and service), we believe that students should be exposed to all three areas during their studies. Thus, prior to graduation doctoral students will be required to:

- gain teaching experience in the classroom
- work with a faculty member on a joint research project
- be involved in appropriate service (e.g., in-house committees, working with student groups)
- submit a minimum of one manuscript for publication
- present or co-present a minimum of one paper or educational session at a professional meeting

## HLHP DEGREE PLAN FOUNDATION

60 credit hours total

<p><b>Research Design and Statistics</b> 12 credit hours including a course in:</p> <ul style="list-style-type: none"> <li>• Analysis of Variance</li> <li>• Multiple Regression</li> <li>• Nonparametric applications</li> <li>• One other course that may include multivariate analysis, qualitative inquiry, methodologies, or other research approaches</li> </ul>	<p>Commonly utilized courses include:</p> <ul style="list-style-type: none"> <li>• REMS 6003 Analysis of Variance</li> <li>• REMS 6013 Multiple Regression Analysis</li> <li>• REMS 6663 Applied Multivariate Research</li> <li>• STAT 5033 Nonparametric Statistics</li> <li>• STAT 5043 Sample Survey Designs</li> <li>• SCFD 6113 Theoretical Foundations of Inquiry</li> </ul>
<p><b>Common Core</b> 9 hours</p>	<ul style="list-style-type: none"> <li>• HHP 6723 Curricular Design in HLHP</li> <li>• LEIS 6763 Management in HLHP Settings</li> <li>• LEIS 6043 Ethical Issues in HLHP</li> </ul>
<p><b>Dissertation</b> 15 hours</p>	<ul style="list-style-type: none"> <li>• LEIS 6000</li> </ul>
<p><b>LEIS option</b> 24 credit hours</p>	<p>Selected in consultation with student's advisory committee; see courses identified in the following sections</p>

## LEISURE OPTION COURSEWORK

In addition to the required coursework listed above for all HLHP doctoral students, those studying in the LEISURE STUDIES option have additional requirements.

### REQUIRED (6 hours)

LEIS 6453 Leisure Behavior

LEIS 6013 Professional Issues in Leisure Studies

### INDEPENDENT STUDY OPPORTUNITIES

The doctoral advisory committee and the individual student will work together to select the most appropriate additional coursework for the Plan of Study. Students may wish to work one-on-one with a faculty member, or engage in an independent project in a field-based setting. These types

of experiences are generally addressed within the independent study coursework, which allow flexibility in credit hours and academic assignments. These courses are generally established as contracts with a specific faculty member.

- LEIS 5020 Workshop in Leisure Studies
- LEIS 5030 Field Problems in Leisure Studies
- LEIS 6010 Independent Study in Leisure Studies
- LEIS 6020 Leisure Research Colloquium

## **ELECTIVES**

Depending upon one's interests the following courses and programs may be suitable for doctoral study. This list of courses is for illustration only—with permission of the advisory committee, a doctoral student may take coursework such as those below.

- ENGL 0003 Academic English for Graduate Students (for international students; no graduate credit)
- ENGL 4893\* Research Writing for International Graduate Students
- HHP 5073 Psychosocial Aspects of Sport

### **Recreational Therapy**

- LEIS 5463 Issues in Therapeutic Recreation
- LEIS 5473 Leisure and Aging (Therapeutic Recreation and Geriatrics)
- LEIS 5483 Therapeutic Recreation for the Physically Disabled
- LEIS 5493 Therapeutic Recreation in Mental Health and Mental Retardation
- CPSY 5223 Psychology of Disability
- CPSY 5173 Gerontological Counseling
- EPSY 5403 Issues in Adolescent Development
- EPSY 6043 Adult Development
- EPSY 6163 Emotion and Cognition
- HHP 5883 Program Design for Adapted Physical Education
- HDFS 5283 Developmental Disabilities
- HDFS 5403 Perspectives on Gerontology
- HDFS 5411 Ethics and Aging

### **Natural Resource Recreation Management**

- LEIS 5403 Interpretive Services in Leisure Services
- LEIS 6023 Special Topics in Leisure Studies (Wilderness)
- GEOL 5100 Problems in Hydrogeology
- POLS 5620 Seminar in Natural Resource Policy, Law and Administration
- ZOOL 5153 Ecosystem Analysis
- ENVR 5303 Issues in Environmental Sustainability
- NREM 4053\* Natural Resource Recreation
- GEOG 5150 Geography of Sport, Recreation, and Leisure Seminar
- GEOG 5163 Resource Management in the National Parks

### **Tourism and Hospitality**

- GEOG 4143(G) Geography of Travel and Tourism
- HRAD 5213 Hospitality and Tourism Management
- HRAD 5233 Convention and Special Event Management
- HRAD 5513 Contemporary Issues in Hospitality and Tourism
- HRAD 6113 Hospitality and Tourism Education

- HRAD 6313 Tourism Policy and Planning
- HRAD 6413 Leadership in a Diverse Society

### **Higher Education**

- EDLE 5973 Foundations of Higher Education
- EDLE 6233 Critical Issues in Higher Education
- EDLE 6463 Higher Education Law
- EDLE 6583 The Impact of College on Students and Society
- EDLE 6713 Effective Teaching in Colleges and Universities
- EDLE 6753 Historical Development of Higher Education
- EDLE 6813 Development and Implementation of Academic Programs
- EDLE 6843 The Academic Department
- CIED 5243 Environmental Education in the Curriculum
- CIED 5623 Multicultural and Diversity Issues in Curriculum
- CIED 6033 Analysis of Teaching
- EPSY 5463 Psychology of Learning
- EPSY 5663 Creativity for Teachers
- EPSY 6533 Human Motivation
- EDTC 5153 Computer Based Instruction Development
- SCFD 5873 Culture, Society and Education
- HRAE 5213 Characteristics of Adult Learners
- HRAE 5253 Instructional Strategies for Adults
- HRAE 5703 Adult Learning in Diverse Situations

### **Research and Statistics**

- SOC 5213 Techniques of Population Analysis
- SOC 5273 Qualitative Research Methods
- SCFD 5913 Introduction to Qualitative Research
- SCFD 6123 Qualitative Research I
- SCFD 6133 Qualitative Research: Interviewing
- SCFD 6190 Qualitative Research: Selected Methods
- SCFD 6193 Qualitative Research II
- STAT 5053 Time Series Analysis
- STAT 5063 Multivariate Methods
- STAT 5123 Probability Theory
- STAT 5223 Statistical Inference
- STAT 5323 Theory of Linear Models I
- STAT 5333 Theory of Linear Models II
- STAT 5403 Theory of Sample Design
- STAT 5513 Multivariate Analysis

### **Management, Business and Entrepreneurship**

- EEE 5113 Entrepreneurship and Venture Management
- BCOM 5113 Seminar in Administrative Communication
- MGMT 5113 Management and Organizational Theory
- MGMT 5213 Seminar in Organizational Behavior
- MGMT 5533 Leadership Challenges
- MGMT 6313 Advanced Organizational Behavior
- MKTG 5613 Seminar in Consumer Behavior

- MBA 5261 Legal Issues in Business
- POLS 5313 Public Management
- POLS 5323 Urban Politics and Management
- POLS 5333 Seminar I: Public Personnel Administration
- SOC 5663 American Pluralism, Race and Ethnicity in American Life
- SOC 5763 Contemporary Organizational Theory
- SOC 5813 Myths and Realities of Organizational Change

### **Counseling and Human Development**

- EPSY 5103 Human Development in Psychology
- CPSY 5553 Principles of Counseling
- EPSY 5403 Issues in Adolescent Development
- EPSY 6043 Adult Development
- CPSY 5583 Group Process
- CPSY 5473 Introduction to Counseling Psychology
- PSYC 6353 Psychology of Motivation
- PSYC 6563 Advanced Social Psychology
- HDFS 5213 Child Behavior and Development
- HDFS 5413 Adult Development and Aging
- HDFS 5253 Theory and Research: Social and Emotional Development

Students may wish to explore the various graduate certificate programs available at OSU, including:

- Gerontology
- Geographic Information Systems (GIS)
- International Studies

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## **ADMISSION REQUIREMENTS**

Minimum requirements for full admission to the doctoral program are:

1. A minimum graduate grade point average of 3.50 on a 4.00 scale from a prior masters' degree program is recommended. If the applicant has not completed the masters' degree prior to admission, the applicant must complete all masters' level prerequisites in addition to the doctoral requirements.
2. The recommended Graduate Record Examination (GRE) minimum score is 153 current scale (500 on the prior scale) on the verbal measures, 141 current scale (450 on the prior scale) on the quantitative measures, and 3.5 on the composition section.
3. Three letters of recommendations are required including references from the major advisor and faculty for any graduate work completed. These references should include statements relating to a) the applicant's success in professional settings or commitment to professionals allied with the disciplines in the College of Education, Health and Aviation, b) the applicant's prior academic record as a reflection of ability to succeed in a doctoral program, and c) the applicant's potential for success in research, writing, and course work at the doctoral level. If such references are not available, the applicant should submit references from one or more faculty members familiar with the applicant's academic career. Other references should be from individuals capable of addressing the applicant's ability to complete successfully a doctoral program.
4. A two-page written document articulating professional goals is required. The candidate should submit a written document clearly stating professional goals, academic and professional accomplishments, and desired academic focus within the doctoral program.

5. A scholarly writing sample is required. The candidate should submit an academic or scholarly paper he/she has produced within the last ten years.

**If the admissions committee determines that additional information is needed or if a candidate is deficient in one of the numerical requirements above, the committee may request the following of the candidate before a final decision is rendered regarding admission status:**

1. A faculty-supervised, on-campus or proctored writing exercise. The candidate will be provided with a scholarly article two weeks prior to the writing exercise. The candidate will be given two hours to produce a written response to a question regarding the article.
2. The candidate will participate in an on-campus interview with members of the admissions committee.

#### Review Process for Admission

While there are no stated deadlines for receipt of the complete application packet, interested students are encouraged to submit materials well before the semester in which they desire to matriculate. At the least, students should allow for a one-month review period after the entire application packet has been received. Therefore, requesting letters of recommendation, sitting for the entrance exam, and requesting transcripts from previous institutions should occur well in advance of the intended start date. Only after all required admissions materials have been received (see items 1 through 5, above) will the Leisure Studies faculty review a student's application packet.

Admission decisions will be based on appropriate academic, scholarly and research alliances among the student, the faculty and the focus of the Ph.D. program. Available resources and current enrollment within the program or within the option may play a significant role in the admission decision.

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## **PROGRAM REQUIREMENTS**

### Advisory Committee

Once a candidate has been admitted into the program, the admissions committee will assign a temporary advisor from among the Leisure Studies faculty members based on common research interests. By the third semester of enrollment in the doctoral program, the student should form an Advisory Committee that may or may not include the temporary advisor. The role of the Advisory Committee is to guide students in selection of course work and a Plan of Study (to be filed prior to completion of the 28<sup>th</sup> credit hour), and to prepare them for qualifying exams. The Advisory Committee is composed of a minimum of four faculty members holding graduate faculty standing at Oklahoma State University. Two members of the Advisory Committee may be selected by the student from among the eligible LEIS faculty members. One member of the Advisory Committee will be assigned by the LEIS faculty. One member of the Advisory Committee must meet the Graduate College definition of an "outside member" of the committee as a graduate faculty member from a department or program outside the student's major field of study (option within the Ph.D.) and the LEIS requirement as a faculty member outside the College of Education, Health and Aviation.

### Qualifying Examinations and Candidacy

At or near the end of the student's course work, per Graduate College requirements, the Advisory Committee will administer a qualifying examination pertinent to the student's plan of study and research interests. The student must have an approved Plan of Study and an outline of the dissertation proposal on file in the Graduate College, and have the approval of the Advisory Committee to write the qualifying examination. The intent of the qualifying examination is to ascertain the student's preparedness to initiate the dissertation phase of the doctoral program. The Advisory Committee establishes dates and times for the examination. This qualifying examination will include three major components: (1) research design

and methods, (2) statistics, and (3) theory appropriate to the student's discipline. Successful completion of the qualifying exams and defense of research proposal establishes a student as a doctoral degree candidate.

#### Dissertation Research

Following successful completion of the qualifying examination, final approval of the Advisory Committee (based on a formal proposal defense), and with Institutional Review Board Approval (if required), the student will be permitted to begin research leading to the eventual completion of the dissertation. The dissertation for the Doctor of Philosophy degree in Health, Leisure and Human Performance must achieve three standards: (1) original research relevant to the degree and the candidate's plan of study, (2) professional growth for the candidate, and (3) contribution to scholarship within the option represented by the candidate.

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### **GRADUATE ASSISTANTSHIPS**

Full-time students seeking the PhD in HLHP may be eligible to hold a graduate assistantship as a Graduate Teaching Associate (GTA) or Graduate Research Associate (GRA). Students who have either a GTA or GRA are eligible to receive a tuition waiver for 6 credit hours each fall and spring semester, university provided health insurance, and a stipend. Assistantships are competitive and typically awarded in late April for the following fall semester. Most GTA positions in HLHP involve teaching in the activity area (golf, tennis, racquetball, weight training, backpacking, rock climbing, etc.) or service courses (Total Wellness, First Aid, Diversity in Contemporary Society). GRAs are available based on on-going faculty research projects. Interested students should request a Graduate Assistantship Application form upon application to the program. Graduate assistantships may also be available through Campus Recreation, the Library, or other administrative offices on campus. These GA positions may or may not be eligible for the tuition remuneration.

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### **MORE INFORMATION**

Persons wishing to become candidates for the Ph.D. degree in HLHP with an option in Leisure Studies should first complete a Graduate College application, pay the application fee, and send one official transcript of all coursework completed to:

Dean of Graduate College  
202 Whitehurst Hall  
Oklahoma State University  
Stillwater, OK 74078  
405-744-6683

Apply online at: <http://gradcollege.okstate.edu>

To aid in processing your admission materials, please send copies of all submitted materials (except the Graduate College application form) to the individual identified below. In addition, if you are interested in visiting with a faculty member in the Leisure Studies program about programmatic details or in scheduling an on-campus visit, please feel free to contact:

Dr. Tim Passmore  
Leisure Studies Graduate Coordinator  
181 Colvin Center  
Oklahoma State University  
Stillwater, OK 74078  
405-744-1811  
[tim.passmore@okstate.edu](mailto:tim.passmore@okstate.edu)

Information about the Oklahoma State University Leisure Studies program may be found at:  
<https://education.okstate.edu/rmtr>

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### **Ph.D. in Environmental Science**

In addition to a Ph.D. in HLHP with an option in Leisure Studies, students may be interested in an interdisciplinary degree (MS and PhD) in Environmental Science. The Leisure Studies faculty are affiliated with this degree program and serve as student advisors. The Environmental Science program prepares students to enter into such fields as environmental management, environmental education, water quality, environmental policy, environmental conflict, and environmental sustainability.

Additional information about this program may be found on line at: <http://esgp.okstate.edu/>.