CPSY 5320: Seminar in Counseling Psychology
Interdisciplinary Global Sustainability-India (Tentative)
3 units

SCH 424

SPRING 2014
COURSE DATES: 12/16/2013-01/11/2014
(HYBRID. MEETING TIMES TBA-PRIOR TO 12/16)
TRAVEL DATES 12/26/2013-01/11/2014

Instructors
Sue C. Jacobs, Ph.D.
Email: sue.c.jacobs@okstate.edu
Phone: 405-744-9895

Class Meetings, Duration, and Location
Class Meetings: Lecture Times: The course will meet three times prior to departure for India:
  a) An orientation to safe travel and expectations at each location in India. Begin
      learning some Indian phrases and information on the other disciplines
      (and course) participating in this multidisciplinary trip (counseling and related
      fields, psychology, education, international agriculture, agricultural business,
      undergraduate and graduate) and how they are all related to global sustainability.
  b) Learn how culture and customs have transformed over time in India.
      Also, receive culture readings on education and related fields in India
      and current events, and the role of the U.S.
  c) Further discussion of Indian states, religions, languages and cultures.
      Understand the unity in Diversity of Indian. Discuss and decide upon
      individual focus for the class.
Location: TBD

Matched Field/Travel Experiences in India: 12/27/2013-01/10/2014 (15 days)
Location: TBD

Follow up class: Mid Spring semester. Present final papers/presentations
Location: India: Delhi, Agra, Hyderabad, Bangalore, Coimbatore, Chennai

Course Description
This course will engage students in multiple experiences through readings,
meetings, site visits, travel, multidisciplinary discussions, and critical
written and oral presentations on contemporary India. Each student will
choose a focus on a counseling, psychological, health promotion/disease prevention,
and/or educational-related issue/topic in contemporary India. These topics will be
considered in the broader context of the social, cultural, historical, environmental,
and other factors in modern India that may be contributing
to global sustainability. There will be a minimum of one interdisciplinary group meeting at each of the primary sites: Delhi, Hyderabad, Bangalore and Coimbatore. Because this course is offered in conjunction with an undergraduate course in education and courses in international agriculture, agriculture and business, students will also learn from the different disciplinary perspectives and view contemporary India also through the eyes of other students. There will be a minimum of one interdisciplinary group meeting at each of the primary sites: Delhi, Hyderabad, Bangalore and Coimbatore. Students registered for this course will be expected to help lead these meetings.

Overall, this course is an exploration into the education, culture, traditions, physical and mental health of a diverse and culturally rich nation. With the classes offered in other disciplines, we expect to bring an educationally diverse group along on this journey. All majors, directly related or not, to counseling or psychology are welcome to attend, especially students in the social sciences, health promotion, or College of Education.

Course Objectives
At the conclusion of the course, students will have:

1. Developed familiarity with the history, culture and characteristics of modern India.
2. Experienced and explored sustainable practices in schools, health care and counseling settings, higher education, psychology, entrepreneurship, agriculture business and communities.
3. Learned how education and social services like counseling, psychology and healthcare can utilize and further develop sustainable practices.
4. Enriched understanding of international differences in education, mental and physical health and disparities.
5. Developed skills in cultural/international and interdisciplinary communication in conjunction with faculty, undergraduates, and other graduate students from diverse cultural and educational backgrounds.
6. Developed increasing critical and global self-reflection skills through daily journaling during the trip.
7. Develop “expertise” in a focus area related to your discipline and professional development with permission of instructor, and experience presenting your individual focus topic to a broader audience following return from India.
8. Stimulate a motivation for lifelong international and interdisciplinary perspectives.

Required Readings
TBD

Course Assignments
Pre-Trip Meetings (20 points): The quality of our trip will, in part, depend on your attendance, participation and critical thinking during our discussions and travels. It is absolutely essential that participants read and reflect on all assigned materials (tba). Three one-hour meetings will be held prior to our departure to India, as outlined above.

Three-Five page pre-travel overview and expectation paper: (30 points): Each student will select an instructor-approved focus topic related to area of study and professional
development on which you hope to gain “expertise”. This paper should include an introduction to that topic based on researched information and what you expect to learn about the topic during travels in India (Include references and resources—preferably in APA style).

Reflective Travel Journal (150 points): To encourage reflective learning and writing, each student will be required to maintain a travel journal. Each student is expected to purchase and maintain a bound journal. (Electronic journaling is highly encourage in addition, but you must also have this bound journal). This journal should accompany each student through all activities, including the orientation meetings and all field experiences. Daily entries are required of all relevant activities. Completed journals will be submitted to the instructor for assessment. Journal due dates will be provided prior to departure for India). Entries should include, but are not limited to what we see and do and your reactions to the activities; points of interest visited; thoughts on lectures, discussions and presentations; drawings, photographs or artistic interpretations of objects/places of interest; travel notes and reflections on daily activities; questions/observations for follow-up; etc.

Final paper (75 points; prefereably 10 pages or less): In your final paper, you will discuss how your experiences in this course changed related to the information and expectations you recorded on your initial assignment. In addition, you should consider how what you observed and learned related to your topic fits with (a) the context of global sustainability and (b) working with other disciplines as well as (c) what you have observed in the U.S.

Activity Report & Presentation (75 points): Each student will be required to write a 3-page Activity Report (article) for publication or presentation on a multidisciplinary global sustainability-India Project website and/or public meeting that discusses what you have learned on the India trip and about modern international culture and history. The report should involve critical reflections on your experiences in India and any implications for future study or travel abroad. Submit at least 4 of your best photographs (1 photograph must include you) to the instructor to be posted online with your report. Your reports will also be displayed or presented in the College of Education.
Participation (50): You will be expected to represent Oklahoma State University in a positive manner and be actively involved in activities and discussions both during our pre-departure meetings, while we are traveling and reports afterwards. This includes helping to facilitate one or more if the multidisciplinary discussions.

**Grading**

<table>
<thead>
<tr>
<th>Final grade distribution</th>
</tr>
</thead>
<tbody>
<tr>
<td>A : 90% and above</td>
</tr>
<tr>
<td>B: 80% - 89%</td>
</tr>
<tr>
<td>C: 70% - 79%</td>
</tr>
<tr>
<td>D: 60 - 69%</td>
</tr>
<tr>
<td>F: 59% and below</td>
</tr>
</tbody>
</table>

**Tentative Schedule**

The following schedule is tentative. The instructor reserves the right to alter the syllabus and travel itinerary with alternative or additional materials and activities.

You will receive a comprehensive travel itinerary upon registering for the trip.

**ENROLLMENT DEADLINE:** October 16

**DEPOSIT DUE:** $150 (refundable if class does not make; otherwise applied to fees)

**TENTATIVE SCHEDULE/ITINERARY**

**Late October:** Meet for course orientation, begin orientation to India and learn some Indian Phrases

**Early November:** OSU Required safety orientations. Discuss travel plans and expectations each location. Continuing Cultural orientation

**Late November/End of Fall semester:** Final pre-trip cultural orientation and individual course requirements. Itinerary provided and reviewed.

**December 26:** Leave OKC for Delhi India. Final itinerary provided (will be email to you prior for your family)

**December 27:** Arrive Delhi (some rest-we all will be jetlagged)

**December 28-1:** Delhi with day trips including Walking tour of Chandi Chowk with introduction to Jain, Sikh, Hindu, Muslim religious customs (temples all near each other, trips to Historic sites in Delhi such as Red Fort and Jantar Mantar, religious temples and shrines and bazaars, travel to Agra to visit the Taj Mahal, Agra Fort and other historic sites. Also, depending upon the class for which you are registered, will/may include visit to IARI (crops, museums, and social history), NABARD (Banking for Agriculture and rural development), visit to shelter for women and LGBT, visit to hospital and perhaps with legal/governmental representative.
January 1-5: Fly to Hyderabad-Secunderabad, visit host family (middle class Indian family) Visit Charminar, Salajung Museum, Golconda Fort, Local Culture and History, ICRISAT (International School, Interact with International Researchers who world on collaborative projects around the globe); Also, depending upon the class for which you are registered, will/may include ANGRAU facilities (Agronomy and Soil Sciences Dept), Osmania University (Education, Counseling, Psychology and perhaps student services), Hyderabad Institute of Psychology; visit to Hi Tech City

January 5-7: Fly to Bangalore Visit University of Agricultural Sciences, Mysore Palace and other places of interest; visit to The Valley School (http://www.thevalleyschoolinfo/index.php) and perhaps other K-12 school, Digital Green (DG is a research project that seeks to disseminate targeted agricultural information to small and marginal farmers throughout India through digital video); perhaps Reva University, Microsoft, Goldman Sacs or other business, perhaps Tea/visit to middle class family home

January 7-10: Fly to Coimbatore. Visit TNAU and research centers, spend time with local producers and learn sustainability activities; other activities tba

January 10: Chennai depart the 10th or 11 for OKC

Mid-Spring Semester: Final Course assignments due