International Checklist

**College of Education, Health and Aviation**

- Application form/ essays (if applicable)
- Memorandum of Understanding (if applicable)
- Check-in form (if applicable)
- Enrolled in correct classes (check with your advisor, internship coordinator and/or faculty)

**OSU and Study Abroad**

- Researched country and destination(s)
  - Current Travel ranking and levels (U.S. Dept of State)
- Health and Safety training
- OSU Insurance
- Abroadprograms.okstate.edu profile complete

**Other**

- Called your bank and credit card providers
- Have some emergency funds put aside
- Met with your physician; planned for any prescriptions and/or immunizations; planned for any ongoing care/ treatment/ therapy
- Passport is up to date; Visa(s) (if needed)
- Made copies (paper AND electronic) of your passport and other vital documents
- Shared your itinerary and travel details with family/ partner
- Confirmed your itinerary and arrival with contacts on the ground
- Brushed up on your language skills
- Are up to date on your destination's current events?

**Optional**

- Unlocked your phone and/or downloaded communication apps
- Addressed any reoccurring events/ charges
- International adapter/converter
- Exchanged some local currency and/or withdrawn sufficient cash
- Anticipate jetlag