Course listings, membership information and registration

Spring 2018

Tulsa | Bartlesville
Stillwater | Oklahoma City

OLLI @ OSU
Osher Lifelong Learning Institute
Oklahoma State University

Online enrollment available:
http://education.okstate.edu/olli
What is the Osher Lifelong Learning Institute?

OLLI @ OSU is a program of educational courses for people who want to enrich their lives through new learning experiences. Courses on a variety of topics are offered each semester to retirees and other adults in the community. Instructors are qualified volunteers from various career backgrounds, including academia, business, the arts, and government. Our students have a genuine interest in continuing their learning experiences and intellectual excitement.

Sponsored by the Osher Lifelong Learning Institute and the OSU College of College of Education, Health and Aviation, OLLI @ OSU is governed by a Board of Directors elected by the membership. Each site has an Executive Committee. Members may attend classes and social events and recommend instructors and courses. Member fees and support from the Bernard Osher Foundation and Oklahoma State University fund OLLI @ OSU operating costs.

To enroll

Enroll online at education.okstate.edu/olli or complete the form for your city, located on pages 44, 45, 46 or 47 of this booklet, and mail with your check or credit card information to us. A confirmation will be sent to you.

Best Value: Joining at the $200 Annual Membership level allows unlimited course enrollment through 6/30/2018!

Questions?

Need-based scholarships are available.

Contact the OLLI @ OSU office for more information.

There are no tests or grades… just the joy of learning.
The only requirements for membership are that you are an adult with an interest in continuing educational experiences and will support the program through participation and payment of a membership fee.

**Choose your membership level:**

$200 Unlimited Annual Membership: unlimited attendance to dozens of courses during the Fall, Spring & Summer sessions at any OLLI location - Stillwater, Tulsa, Oklahoma City, Yukon, and Bartlesville.

$40 Annual Membership: each course costs an additional $25.

Membership is valid through 6/30/2018.

Membership allows participation in all social events, travel opportunities, and other special programs, OLLI luncheons, committee membership, voting privileges, and course evaluation. Membership runs July 1 through June 30. The membership year has 3 semesters: Fall (6 weeks), Spring (6 weeks), and Summer (3 weeks).

**OLLI @OSU Staff**

**DIRECTOR**

*RuthAnn McCarthy Sirbaugh*

**TULSA SITE COORDINATOR**

*TBD*

**BARTLESVILLE SITE COORDINATOR**

*MarLo Bailey*

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*June Fitch*

**OKLAHOMA CITY SITE COORDINATOR**

*Mona Akin*

**ADMINISTRATIVE ASSISTANT**

*Misty Burk*

**OLLI EDITOR**

*Barbara Mintmire*

Please pre-pay for texts and materials fees listed in the catalog. **Individuals who pay later than 10 days prior to the beginning of a course are not guaranteed texts and/or course materials.** Include payment with your registration. You may pick up your materials the first day of class. Texts are not required for the courses but highly recommended.

**Note:** If public schools are cancelled due to inclement weather, OLLI @ OSU classes will also be cancelled.

**Handicapped Parking:** Available for those who display the appropriate signage.

**Lunch:** Enrollees may purchase lunch on designated days (see registration page, payable in advance, priced per semester) or bring a brown bag lunch and join your OLLI friends. Please indicate your intention to participate, and pay at time of registration.

**Tulsa Course Offerings**

Course Information: pages 6-19

Enrollment Form: page 44

**Bartlesville Course Offerings**

Course Information: pages 20-25

Enrollment Form: page 45

**Stillwater Course Offerings**

Course Information: pages 26-37

Enrollment Form: page 46

**OKC & Yukon Offerings**

Course Information: pages 38–43

Enrollment Form: page 47
Enroll Online for OLLI @ OSU’s Lifelong Learning Classes!

To enroll online:
 Go to the website: https://education.okstate.edu/olli
 Follow the link to register online.
 On the right-hand side of the page, there is a box titled LOGIN.
   If you enrolled online previously, enter your password.
   If not, click FORGOT YOUR PASSWORD. You will then be prompted to enter your email address. An email will be sent to you with your login information.
 Our annual membership runs July 1- June 30, you will need to decide on your membership level before enrolling. Membership must be purchased separately from classes, so remember to choose your classes after purchasing a membership.
   If you choose the $200 unlimited membership, you may enroll in classes in Tulsa, Bartlesville, Stillwater, and Oklahoma City without additional tuition fees through June 30, 2018.
   If you choose the $40 membership, your tuition will cost an additional $25 per class.
 Once you’ve logged in as a paid member, you will be able to research the classes offered and enroll. You may pay your fees, purchase texts, and purchase lunches on this site. Classes are listed by city through the selection of the Stillwater, Tulsa, Bartlesville, and Oklahoma City Program Type.
Please consider making a tax deductible contribution to OLLI @ OSU’s Lifelong Learning Program

Make your gift today!

Name:_____________________________________________
Address:___________________________________________
City/State/Zip:______________________________________
Email:_____________________________________________

Gift Designation
☐ I wish my gift to be designated to: OLLI @ OSU  OSUF 25-79300
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Please make check payable to the OSU Foundation & mail to:
OLLI @ OSU, 100 Scott Hall, Stillwater, OK 74078

☐ Or bill my gift of $__________________ to my credit card.
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☐ Other - For gifts of real estate, property, stocks, or estate gifts from a will or trust, contact Denise Melot, Sr. Development Director, College of Education, Health & Aviation, OSU Foundation, 405.385.5663 or dmelot@osugiving.com

*Pictured with personal artwork: Jan Chesler, former Chair, OLLI @ OSU Board of Directors, former Executive Committee Member, OLLI @ OSU in Oklahoma City, former OLLI Instructor, class participant in Oklahoma City and Stillwater classes.
Tulsa
Circle Cinema
10 S Lewis Ave.
Screening Room

Few scenarios can be more intensely dramatic than being judged by a jury of one’s peers. Is it any wonder that courtroom dramas hold the audience in suspense for the duration of the film? Sometimes the story is told from a lawyer’s perspective, sometimes from that of the judge, the jury or the accused. No matter the point of view, a good courtroom drama gets you wrapped up in the characters, their actions, both good and bad, the circumstances surrounding the events, and the thrilling outcome of the decisions made by judge and jury. Watch and dissect some of the best courtroom dramas ever made.

Charlie Taraboletti is News Director and Operations Manager for KWON-KYFM-KRIG-KPGM radio in Bartlesville. He’s a long-time fan of good cinema. He enjoyed photography while in grade school and high school, both behind the lens and in the darkroom. As a teenager you’d find him in the theater Saturday afternoons watching a good movie more than once, particularly murder mysteries or suspense films. As you would expect with most newsmen, Charlie enjoys telling a story, so he appreciates how a great story-teller might do it.
Great Decisions 2018

Jan Figart and OLLI @ OSU in Tulsa present Great Decisions 2018, America’s largest discussion program on world affairs. The program model investigates a different topic each week, discussing the most critical global issues facing America today.

The waning of Pax Americana?
During the first months of Trump’s presidency, the U.S. began a historic shift away from Pax Americana, the international order that was established in the wake of World War II. Since 1945, Pax Americana has promised peaceful international relations and an open economy. **Topic Expert: Dr. Marten Brienen**

Russia’s foreign policy
Russia is projecting an autocratic model of governance abroad and working to undermine the influence of democracies. Russia caused an international uproar in 2016, when it interfered in the U.S. presidential contest. **Topic Expert: Dr. Robert Donaldson**

China and America: the new geopolitical equation
In the last 15 years, China has implemented a wide-ranging strategy of economic outreach and expansion of all its national capacities. Where the United States has taken a step back from multilateral trade agreements and discarded the Trans-Pacific Partnership, China has made inroads. **Topic Expert: TBA**

Media and foreign policy
State and non-state actors today must maneuver a complex and rapidly evolving media landscape. Foreign policy is tweeted from the White House. Cyberwarfare, hacking and misinformation pose complex security threats. **Topic Expert: Ken Neal**

South Africa’s fragile democracy
The African National Congress party has governed South Africa since the end of apartheid in 1994. Given America’s history of opportunistic engagement with Africa, there are few prospects for a closer relationship between the two countries. **Topic Expert: TBA**

Global health: progress and challenges
The collective action of countries, communities and organizations over the last 30 years has literally saved millions of lives around the world. The world now faces a mix of old and new health challenges, including continuing epidemics of infectious diseases and rising rates of chronic disease. **Topic Expert: Dr. Jan Figart**
The Oral History Experience

The Oklahoma Oral History Research Program (OOHRP) has documented the history of Oklahoma and preserved stories in a uniquely personal way by recording interviews of individuals about their experiences and making the material available to the public. This course will introduce you to two of the many collections documented by this program. During the first three weeks, we’ll focus on the Oklahoma Native Artist Project, an interview series with Native artists, gallery owners, collectors, and festival organizers. The purpose is to present a multi-faceted picture of the social, cultural, and economic aspects of Oklahoma Native art. You will participate in collection research, discussion, and writing assignments, and visit an artist’s studio.

During the next three weeks, explore Oklahoma 100 Year Life Oral History Project. Featuring interviews with Oklahoma centenarians, historical memories and legacies are being preserved and shared through their personal histories, memories, and advice. In addition to research and discussion of the collection, participants are invited to do structured writing related to their own aging experiences and participate in reading an original play based upon the interviews.

Dr. Julie Pearson-Little Thunder has been a Visiting Assistant Professor with the OOHRP at OSU since 2010 and is responsible for the Oklahoma Native artist interview series. She is the author of A Life Made with Artists: Doris Littrell and the Oklahoma Native Art Scene and several magazine articles on Native art. Julie has an extensive theater background, having earned from the University of Kansas a Ph.D. in Theatre Studies with a focus on playwriting and Native theater. She’s written four plays for OOHRP based on their digital collections: Can’t Turn Me Around, The Circus Play, Women of True Grit and Centenarians.
Folklore tells us that Barn Quilts were used to communicate information about the Underground Railroad. Historians claim that there were codes built into the ten squares of the quilt through knots, block shapes, colors, and symbols to guide escaping slaves. In the early 2000s, barn quilts started appearing on the American landscape again, only this time the fabric quilts were replaced by geometrically shaped boards, colorfully painted and assembled to resemble a quilt square which are then attached to barns. Today’s barn quilts create art trails across America. The concept originated on an Ohio tobacco farm and has spread to 43 states. The Quilt Trail promotes tourism and community camaraderie.

Create your own painted barn quilt with Donna Robbins, OSU Extension Service director for Osage County, and Michelle Bonicelli, Family and Consumer Sciences Educator, OSU Extension Center, Tulsa County. You’ll work on two barn quilts, using both sides of 2’ x 2’ plywood to create beautiful artwork to be enjoyed for generations.
With simpler rules but with every bit as much excitement as the Chinese version, American Mah Jongg is a very distinct form of the original version. In the past, OLLI has offered Chinese Mah Jongg, and now we’re giving equal time to the American version using the National Mah Jongg League Rules. Easy to learn and with enough challenges to satisfy for a lifetime, Chinese Mah Jongg became a craze in the US in the 1920s and had evolved by 1923 into the American version. Played by men and women around the globe, it’s an infectious, addictive game, part luck, part skill and strategy. Get the 14th tile to win the game and shout, “Mah Jongg!”

Carol James learned to play Mah Jongg while living in Florida and quickly became passionate about the game. In order to find groups to play, Carol began teaching and learned that she loved teaching just a little more than playing the game.
Plays were meant to be seen onstage, not read, and this is especially true with Shakespeare, who lived during a time when most plays were never published, only performed. Examine various ways that Shakespeare’s scripts have been brought to life for more than 400 years, how various directors adapted the plays to their medium and created fresh appeal for their audiences. Learn the steps that any director or producer would take as they prepare to produce a play. Then we’ll study movies and filmed live productions to see how directors have chosen different approaches to turning Shakespeare’s texts into performance. Join an in-class exercise of picking a play and discussing how we, as potential directors, would go about taking Shakespeare to the stage.

Frank Gallagher has worked in the theatre for the last 25 years as teacher, actor, designer, playwright, and director. After a teaching stint at Oral Roberts University, he worked as a staff member at Heller and Clark theatres. His favorite shows include The Skin of Our Teeth, Twelfth Night, and Romeo and Juliet at ORU; Coyote on a Fence, Recent Tragic Events and Time Stands Still at Heller; and Oklahoma and The Tempest at Clark Youth Theatre. He is delighted to be working with OLLI and given this opportunity to share his love of Shakespeare.
Your Wonderful Body: What Happens as We Age

Dr. Kenneth Piper, M.D., returns to the OLLI classroom with his professional insight and observations on the miracle of aging. He asks the questions that have been on your mind and will show you why the human body, at any age, is a marvelous piece of work.

“Why do I hurt?” – Let’s take a look at the connective tissue system, body sensations, peripheral nerves, and the brain.

“Is it a hormone thing?” – Explore the endocrine system, immune responses, and autoimmune problems.

“Why am I so tired?” – Learn about energy, the gastrointestinal system, metabolic imbalances, and hidden diseases.

“I just can’t think straight.” – We’ll talk about body sensory activity, memory, brain functioning, and neurological conditions common in the elderly.

“What do you mean it’s my heart?” – Our entire cardiovascular system, heart and brain attacks, kidney disease, cholesterol, and drug therapies will be the topic of the week.

“Is everything a miracle?” – Focus on wellness, joy and satisfaction, and gratitude for the life we are given.

Dr. Kenneth W Piper, MD, is an Internal Medicine specialist in Tulsa, Oklahoma. He attended and graduated from the University of Wisconsin Medical School in 1969, having over 48 years of diverse experience, especially in Internal Medicine. Kenneth moderates Medical Town Hall programs for St. Francis Hospital, and he taught The Wonder of Our Bodies for OLLI in the Fall 2017 semester.
Vietnam: Perspectives of Veterans

Hear the personal accounts of Vietnam veterans’ military experiences, and examine the events that led to the French Indochina War and the period of early American involvement in the birth of South Vietnam. The Ken Burns’ PBS documentary, The Vietnam War, will be one of our references, but even more compelling is the perspectives of the facilitator and guest lecturers who will share their stories in this interactive and insightful course.

Peter E. Luitwieler works with Warrior Partnerships of Eastern Oklahoma to enhance the services available to veterans, helping with housing, health, education, employment, and transition back to civilian life. Peter earned a B.A. and an MBA from Dartmouth College in 1965, which was followed by his service in Vietnam from 1967-68. On his return to the U.S., he built a successful and multi-faceted career in the oil industry. Peter is also active in World Outreach Church, Habitat for Humanity, and Tulsa Veterans’ Treatment Court.
For nearly 1,000 years, Classical Music and the traditions from which it has evolved have dominated Western musical culture. Today this tradition occupies only a small part of the cultural soundscape. Everything changed toward the end of the 19th century with the development of modern technology, the collapse of European empires, the rise of new geopolitical borders and political philosophies, World Wars I and II, and the advent of popular music and film. Throughout all this, the Western Classical Music tradition has continued to grow and evolve into a rich landscape of music and ideas. This series of lectures introduces living composers and contemporary compositional interests, and focuses on how we got from the post-Beethoven Romantic era to the present. Topics include the end of the 19th century, World War I, World War II, “Post-War” music, an introduction to film music, and 21st century music.

Composer Noam Faingold’s music has been described as “lyrical” and “exhilarating” by The New York Times, The BBC, and Downbeat Magazine. His list of credits includes performances with internationally acclaimed orchestras and music festivals, serving as Artistic Director of London’s i = u festival, guest appearances on notable podcasts, commissions from TEDx, International Double Reed Society, Jacob Fred Jazz Odyssey, Tulsa Signature Symphony, The Oklahoma Music Teachers Association, Sound Energy, and Pentatone records, among others. Noam holds a Ph.D. and M.M. in composition from King’s College London and New York University. He is currently teaching at the University of Tulsa and Tulsa Community College and is also the Director of Barthelmes Conservatory’s pre-college program, TU’s summer Composition Seminar, the Burning City Orchestra, and the OK Electric Festival.
Delve into the beliefs, mysteries, and practices of Hinduism and Buddhism with a rotating roster of guest experts. During the first week, we will set the stage for cross-cultural dialogue with Moises Echeverria and Sarah Rana whose expertise lies in social justice, community, and dialogue. Tom Perrine joins us for Weeks 2 and 3 to explore the history and teachings of Buddhism. Weeks 4 and 5 will be devoted to Hinduism, with lectures led by Radhika Manohar, President, and Sandhya Reddy, Chairperson of the Hindu Temple of Greater Tulsa.

For the final week of class, take a field trip to the Tam-Bao Buddhist Temple and the Hindu Temple of Greater Tulsa.

Moises Echeverria, President and CEO of the Oklahoma Center for Community and Justice (OCCJ), graduated from TCU and OSU with a degree in Business Administration and from OU with a Masters in Human Relations. His mission is to foster cross-cultural understanding and respect for all people through education, advocacy, and dialogue. Sarah Rana, Director of Programs, OCCJ, works with Oklahoma school administrators, facility, and community volunteers to implement programs surrounding the issues of diversity, inclusion, and anti-bullying workshops. Sarah holds a B.S. in Psychology from OSU.

Tom Perrine is a practicing Mahayana Buddhist and ordained Zen priest. He graduated from Kent State University with a degree in sociology and first encountered Buddhism more than 50 years ago while stationed in Korea. He is the leader for the English Language Sangha (congregation) at the Tam Bao Buddhist Temple in Tulsa.
A Murder Mystery Tour

Murder is the ultimate crime, the starkest outrage to human community, and a never-ending subject of fascination for writers and readers. Murderers’ methods and motives form a common thread from one society to another, as does the impulse to cover their tracks. Approaches to solving the crime are not so universal. They can vary from place to place, depending on the laws, institutions, customs, values, and assumptions about membership in the community.

By reading mystery novels from four regions of Europe—the British Isles, Scandinavia, the Mediterranean, and the mainland—we’ll explore the procedural, political, and personal responses to murder and the threat it presents to varied but cherished ways of life, as they appear in fictional treatments of the crime and its punishment. Books include The Chalk Circle Man, The Savage Altar, Cosi Fan Tutte, and Still Midnight.

Diane Burton, who earned her Ph.D. from the University of Tulsa, taught literature and writing for many years at TU, with shorter stints at OSU-Tulsa and OU-Tulsa. Now retired from teaching, she is associate editor of Nimrod International Journal.
You know them as the diseases of aging—health issues that increase with age, such as osteoporosis, osteoarthritis, Alzheimer’s disease, cancer, heart disease, insulin resistant diabetes. Actuaries say they are inevitable. Popular culture says you can fight it with fad diets; Big Pharma has pills you can take; alternative medicine has other ideas. Maybe you should exercise more, or maybe you’re getting too much?

Hold it!

Put the brakes on!

ARE YOU AS CONFUSED AS EVERYONE ELSE?

Let’s ask OLLI’s favorite Professor of Biochemistry, Dr. Martin Banschbach, for the most current advances in health sciences and how they can help you avoid, or at least slow down, these age-related diseases. He will share insight on the role of vitamins and minerals in maintaining normal metabolism, nutrients and the immune system, and the pathophysiology associated with nutrient deficits and excesses. Science rules. Knowledge is power, and this course will make you strong!

Martin Banschbach received his Ph.D. degree in Biochemistry and Nutrition from Virginia Polytechnic Institute in 1973. He has been teaching human nutrition to OSU medical students, OSU graduate students, Rogers State University Nursing Students and TCC students for over 20 years.
So You Want to Be a Detective?

Tulsa
Church of the Madalene
3188 E 22nd St.

Are you a fan of cop shows where the detectives solve every crime in less than an hour? As part of the *Behind the Badge, Inside the TPD* series, we’ll focus on the work of investigators from various units in the Tulsa Police Department. You may find the challenges of detective work to be much more demanding than we’re led to believe by the writers of TV drama, but the work is far more rewarding, too. Detectives from the Homicide Unit, Narcotics and Vice/Human Trafficking Units, as well as other investigative units will present everything you need to know about the unique challenges they face during these investigations. The final class will focus on how you can reduce the possibility of becoming a victim.

Jim Hunter, who retired from the TPD with the rank of captain, will be your course facilitator. During his 37-year career in law enforcement, he has worked in the patrol, detective and training divisions. He has a B.A. from Montclair State University and Master of Public Administration from the University of Oklahoma.
Flash! Short Prose Writing

A piece of flash fiction is a story striped down to its essence, usually consisting of no more than 1,000 words. We’ll study contemporary examples of flash fiction and nonfiction, and students will respond to writing prompts in order to create their own original flash prose pieces. We’ll practice saying more with fewer words, explore language, and discover ways to push it to its greatest potential. We’ll also create a generous nurturing space in which students feel eager to share their work. This will be a place for experimentation and practice. By the end of the course, you should feel comfortable reading and responding to flash fiction.

Cassidy McCants received a B.A. in Creative Writing from the University of Arkansas and M.F.A. in Fiction from Vermont College of Fine Arts. She is the Associate Editor of Nimrod Journal and also for The Tulsa Voice. Cassidy is a Finalist for The Lascaux Prize in Flash Fiction as well as for the Glimmer Train Press’s New Writers Award.
Course(s) Enrolling in:

- Courtroom Drama, Mondays, 1-3 pm, Circle Cinema, 2/12-3/19
- Great Decisions 2018, Tuesdays, 10-Noon, Central Center, 2/13-3/20, $25
- The Oral History Experience, Tuesdays, 10-Noon, Central Center, 2/13-3/20
- Painted Barn Quilts, Tuesdays, 10-Noon, Central Center, 2/13-3/20, $10
- American Mah Jongg, Tuesdays, 1-3 pm, Central Center, 2/13-3/20, $7
- Shakespeare & the Stage, Tuesdays, 1-3 pm, Central Center, 2/13-3/20
- Your Wonderful Body, Tuesdays, 1-3 pm, Central Center, 2/13-3/20
- Vietnam, Wednesdays, 10-Noon, Zarrow Pointe, 2/14-3/21
- Classical Music 20th & 21st Century, Wednesdays, 1-3 pm, Zarrow Pointe, 2/14-3/21
- World Religions, Thursdays, 10-Noon, Madalene, 2/15-3/22
- A Murder Mystery Tour, Thursdays, 10-Noon, Madalene, 2/15-3/22, $18
- Age Defying Miracle, Thursdays, 10-Noon, Madalene, 2/15-3/22
- So You Want to Be a Detective? Thursdays, 1-3 pm, Madalene, 2/15-3/22
- Flash! Short Prose Writing, Thursdays, 1-3 pm, Madalene, 2/15-3/22

PICK ONE

- $200 Unlimited Annual Membership
  (Unlimited Lecture Courses through 6/30/2018)
- $40 Regular Annual Membership
  (each course $25)

  # of courses X $25 =
  $________

Tuesday Lunch (6@$9 each) @ $54
Thursday Lunch (6@$9 each) @ $54
$______ *Texts/material fees to accompany courses
$______ Total Enclosed

(Make checks payable to OSU) or bill credit card listed below:

Card No. ___________________________  Exp. Date __________