Science Fiction Film Classics
Circle Cinema, 10 S. Lewis Ave
Mondays, 1 - 3 pm  June 4, 11, 18
Instructor: Charlie Taraboletti

Science fiction writers borrow story ideas from any source whether it’s Shakespeare or current events. Then they apply the question, “What if…?” and consider the possible outcomes. What if we traveled to a fantastic planet? What if an inter-stellar policeman came to earth? What if creatures arrived from outer space and grew into human form? What if we saw what earth was like in the future? You can find sci-fi stories of the 40s, 50s, and 60s being retold today in Star Trek, Star Wars, and Supergirl. Some started as books by H. G. Wells or Jules Verne, and others formed in the imaginations of screenwriters. Whether your preference for sci-fi is “B” movies or feature films, with a cast of unknowns or one that features box office stars, you’ll have fun asking, “What if…” as you explore the films and their stories.

Charlie Taraboletti is a long-time fan of good cinema. Growing up, you would have found him in a darkened theater a lot of Saturday afternoons or up late watching some “creature feature”. Charlie has an interest in the facts behind the film – how actors got their roles, where and how scenes were shot, and if there were any interesting “goofs” that got past the editing room.

Wine Tasting - A Tour of the French Countryside
The Metro at Brady, 10 E Archer St
Thursdays, 1 - 3 pm June 7, 14, 21
Instructors: Twyla Kok & John Williams

Each week we will explore a different French region, escaping the crowds of Burgundy, Bordeaux, etc…and touring the quieter areas such as Languedoc-Roussillion. Come travel with us through the wines of the regions! Our experts, Twyla Kok, manager of the Tulsa Hills Wine Cellar and John Williams, division sales manager of Premium Wine and Spirits, invite you for another one-of-a-kind tasting course. Each week they’ll present a new experience which will guide you through a journey of discovery. *Mandatory consumable materials fee $30
**Seize the Day: How to Supercharge Every Day of your Life**
Central Center, 1028 E 6th St
Tuesdays, 10 - Noon June 5, 12, 19
Instructor: Jane Mudgett

*Take the TIRE out of retirement!* Why shouldn’t your NEXT 20 years be as active and interesting or more exciting than the last 20 years? This is a participative class that will require your involvement. It will include self-reflection and writing, sharing healthy food, moving your body, experimenting with new hobbies and developing new relationships. At the end of this class you’ll want another 30 more years (not just 20!). You’ll learn that being out of your comfort zone will be a catalyst for new energy. We’ll practice small talk and BIG talk. We will play games, share articles and websites and ask questions. We will leave judgment at the door, and try new things in the safe environment of our classroom. You will learn more about yourself, your classmates and others in your world. You will share a joke, smile, and life story. We will stretch our bodies and our brains...all with the goal of being more mindful about kindness, joy and acceptance.

**Jane Mudgett** has over 35 years of business experience in the automotive, energy and financial industries. She has a degree in business and marketing from Florida State University. She’s intensely curious and is a gardener, reader and avid global traveler. The issues she most values are equality and inclusion and living life to the fullest including healthy and happy aging. Jane’s experience includes caring for her aging parents, surviving cancer, volunteering for hospice patients and training pastoral counselors. Employment history includes Chrysler Corporation, Mudgett Associates, Inc., Thrifty/Dollar Rent-A-Car, Williams Energy, and Morgan Stanley Wealth Management. Jane is currently a member or board member of the Tulsa Botanic Garden, The Pencil Box, Equality Business Alliance, Association of Women in Communications, Chamber Music Tulsa, Degrees of Geriatrics focusing on issues related to aging and Mosaic. She is a graduate of Leadership Oklahoma (Class 27) and Leadership Tulsa (Class 56). She has also taught numerous classes for **OLLI@OSU**!

**Great Decisions**
Central Center, 1028 E 6th St
Tuesdays, 10 - Noon June 5, 12, 19
Instructor: Jan Figart

**Jan Figart** and OLLI @ OSU in Tulsa present Great Decisions 2018, America’s largest discussion program on world affairs. The program model investigates a different topic each week, discussing the most critical global issues facing America today. **U.S. global engagement and the military**: the global power balance is rapidly evolving, leaving the United States at a turning point with respect to its level of engagement and the role of its military. Some argue for an “America First” paradigm, with a large military to ensure security, while others call for a more assertive posture overseas. **Topic Expert Stephen Wolff.** **The Koreas**: At the end of World War II, Korea was divided in two. The northern half of the Korean peninsula was occupied by the Soviet Union, the southern by the United States. The North is underdeveloped and impoverished, and the South is one of the most developed countries in the world. **Topic Expert: Marten Brienen. Prospects for Afghanistan and Pakistan**: Major internal conflict has plagued Afghanistan for four decades. The U.S. has conducted military operations in the country nearly continuously since 9/11. Today, war with the Taliban persists, and tensions deteriorated. Does the U.S. face a no-win situation in Afghanistan and Pakistan? **Topic Expert: Anil Kaul**
We all want to be healthy. We all eat. So it only makes sense to eat food that will help us to stay healthy. The Mediterranean diet combines an active lifestyle, socializing with friends and family, and eating fresh and unprocessed foods. This food plan and lifestyle is very good for heart health, possibly protecting against cancer, depression, and type-2 diabetes. This class will get you started on using fruits, vegetables, grains, and proteins that are high in nutrients for healthy bones, joints, and heart.

Carol Bebak is an avid home cook and enjoys making food that is flavorful and healthy. She is an educator by training and a lifelong learner. Carol listens attentively in OLLI classes and pays particular attention to information on nutrition, health, and well-being. She enjoys reading cookbooks, trying foods from around the world, and incorporating good nutrition into daily meals.

Fraud is not a Game... Don't be on the Losing End
Central Center, 1028 E 6th St
Tuesdays, 1 - 3 pm June 5, 12, 19
Instructors: Oklahoma Insurance Department Attorneys and Staff

The Oklahoma Insurance Department is working hard to protect seniors from crooks trying to scam people out of their hard earned money. Commissioner John Doak notes, “seniors are especially susceptible because many of them have substantial savings, excellent credit and aren't likely to go the police if they think they've been scammed.” Take the upper hand and learn the details of the latest scams and what you can do to protect your assets. Each week will feature a different speaker and topics including insurance fraud, Medicare fraud, investment fraud, banking fraud and current senior scams so that you’ll be armed with the knowledge you need to protect your nest egg. The National Center on Elder Abuse reports the average fraud takes about $30,000 out of a senior’s pocket. Don't be a victim.
Music in Film
Central Center, 1028 E 6th St
Tuesdays, 1 - 3 pm, June 5, 12, 19
Instructor: Dr. Joseph Rivers

Music for silent films was provided either by a phonograph or live musicians, most frequently a pianist, but when talkies came along in 1929 and music could be synchronized with the action in the film, it became an integral part of the storytelling. Composers were in hot demand and brought to bear their background in concert music by providing rich orchestration. The scores became an important tool in the promotion of new motion pictures via the radio and later in the form of soundtrack albums. We will explore the history, function, and evolution of cinema music from the very beginning to the present by examining the music for several representative films.

Dr. Joseph Rivers is the J. Donald Feagin Professor of Music and Film Studies at the University of Tulsa, where he also chairs the Department of Film Studies. He coordinates the music composition and film scoring program and teaches courses in film music and composing music for film. Among Dr. Rivers’ numerous compositions is his music for the ballet, Wahzhazhe: An Osage Ballet, which premiered in August 2012 in Tulsa and Bartlesville and was subsequently premiered in Washington, DC, at the Smithsonian National Museum of the American Indian.
Tours of Tulsa: Behind the Scenes look at David L Moss Center, Tulsa Fire Safety Training Center, and 911/EMSA Center
Directions will be sent to enrollees prior to class.
Wednesdays, 10 - Noon, June 6, 13, 20  Tour Leader:  Sue Wimmer

This class is for those ambitious OLLI Members who are comfortable walking and standing for extended periods of time. Enrollees will receive detailed parking and meeting locations prior to class. At the David L Moss Center, the group will tour the intake area, pods where inmates are housed, medical facilities, and food and laundry areas. The tour will cover how the center was designed and built for the best utilization of the facilities, the care given to those with mental health issues and drug addiction, and the philosophy on inmate treatment. Replacing the old training center which was built in 1952, the new Tulsa Fire Safety Training Center is a state-of-the-art facility with emphasis on live-fire and hands-on training with a focus on safety and environmental friendliness. Touring may include a six-story drill tower, outdoor classroom, special operations building, fire burn behavior structures, flashover chamber, and the retention pond which provides water for training. Touring the 911/EMSA Center will allow the class to observe and ask questions as to how 911 calls are received and routed to the appropriate department. Class members will have a chance to interact with the dispatchers, supervisors, and police officers.

Workshops by Southwood
Southwood Nursery, 9025 S Lewis Ave
Wednesdays, 1 - 3 pm, June 6, 13, 20
Instructor:  Alex Franzmann

Herbs are among the easiest plants to grow, which makes them the ideal introductory plants for folks who don’t fancy themselves gardeners. And if you use herbs in the kitchen, you can save a lot of money growing your own. In this workshop we will explain everything you need to know to become a successful herb gardener, as well as pot up a container with five herbs to take home and enjoy! Houseplants can clear the air of up to 80% of the volatile organic compounds in the home, and there’s a houseplant that’s suitable for every room in your home, regardless of light and humidity levels. Join Alex Franzmann as she walks you through the vast selection of houseplants for bright light, low light, or something in between. She’ll discuss the top plants to give you more breathing room. We’ll learn about tropical houseplants during the second week of class and desert houseplants in the third week.

Alex Franzmann grew up in Stillwater and graduated from OSU with a Horticulture degree. She has been loving and taking care of plants for years through her various jobs in the field. She joined the Southwood team about two years ago and loves teaching her customers about plants. She enjoys hiking, camping, cooking, and indulging in nature. Southwood opened its doors in the spring of 1982 as a small landscape design firm and has grown into one of Oklahoma’s largest retail garden centers. The garden center now encompasses 5 acres and includes a 25,000 square-foot, state-of-the-art greenhouse with wide, inviting sidewalks that offer shoppers a pleasant stroll through the grounds. 

$25 Consumable Material Fee
ENROLL ONLINE!
https://education.okstate.edu/ollı
Or complete this form and mail to:
OLLI @ OSU, 100 Scott Hall  Stillwater, OK 74078

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- **Science Fiction Film Classics**, Mondays, 1 - 3 pm, June 4, 11, 18, *Circle Cinema*
- **Seize the Day**, Tuesdays, 10 - Noon, June 5, 12, 19, *Central Center*
- **Great Decisions**, Tuesdays, 10 - Noon, June 5, 12, 19, *Central Center*
- **Tuesday Lunches (3 @ $9 each)** *$27*
- **Real Food for Everyday**, Tuesdays, 1 - 3 pm, June 5, 12, 19, *Central Center*
- **Fraud is not a Game**, Tuesdays, 1 - 3 pm, June 5, 12, 19, *Central Center*
- **Music in Film**, Tuesdays, 1 - 3 pm, June 5, 12, 19, *Central Center*
- **Tours of Tulsa**, Wednesdays, 10 - Noon, June 6, 13, 20, *Various*
- **Workshops by Southwood**, Wednesdays, 1 - 3 pm, June 6, 13, 20, *Southwood,* *$25*
- **Wine Tasting**, Thursdays, 1 - 3 pm, June 7, 14, 21, *The Metro at Brady,* *$30*

*If you paid for an unlimited ($200) membership this fiscal year, you do not need to pay for tuition fees. If you paid a $40 membership fee, you only need to pay $25 per class (plus applicable text/consumable materials fees).

Annual Membership @ $40 (current membership runs through 6/30/18) $______________

- Plus # of Individual Courses ______ @ $25 = $______________
- Tuesday Lunches ($27) $______________
- Text/ fees to accompany courses $______________

**Total Enclosed =** $______________

(Make checks payable to Oklahoma State University) or

Pay with credit card: ___________________________  EXP _____/________

**Questions?** Call the OLLI Office at 1.405.744.5868
Email olli@okstate.edu