College of: Education  Major: Applied Exercise Science  Option: Strength and Conditioning  Academic Year: 2017-2018

**Freshman Year**

<table>
<thead>
<tr>
<th>Fall</th>
<th>14 hours</th>
<th>Spring</th>
<th>16 hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>EDUC 1111</td>
<td></td>
<td>ENGL 1213 (or 1413 or 3323)</td>
<td></td>
</tr>
<tr>
<td>ENGL 1113 (or 1313)</td>
<td></td>
<td>POLS 1113</td>
<td></td>
</tr>
<tr>
<td>MATH 1513 or 1613 (MATH 1513)</td>
<td></td>
<td>PHYS 1014 or 1114 (Math1513)</td>
<td></td>
</tr>
<tr>
<td>(N/L) 4 hours (BIOL 1114 recommended)</td>
<td></td>
<td>STAT 2013, 2023 or 2053 (MATH 1483 or 1513)</td>
<td></td>
</tr>
<tr>
<td>HLTH 2603</td>
<td></td>
<td>Humanities (H) – 3 hours*</td>
<td></td>
</tr>
</tbody>
</table>

**Sophomore Year**

<table>
<thead>
<tr>
<th>Fall</th>
<th>14 hours</th>
<th>Spring</th>
<th>15 hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>HIST 1103, 1483 or 1493</td>
<td></td>
<td>PSYC 1113</td>
<td></td>
</tr>
<tr>
<td>NSCI 2114</td>
<td></td>
<td>(N) – 4 hours (CHEM 1215 or 1314 recommended)</td>
<td></td>
</tr>
<tr>
<td>HHP 2654 (BIOL 1114)</td>
<td></td>
<td>HHP 2553 (HHP 2654)</td>
<td></td>
</tr>
<tr>
<td>MSIS 2103 or EDTC 4113</td>
<td></td>
<td>HHP 2802</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>MKTG 3213</td>
<td></td>
</tr>
</tbody>
</table>

**Summer Session**

| Fall                                                                      | 3 hours  | |
|-------------------------------------------------------------------------|----------| |
| HHP 3333 (Summer only)                                                  |          | |

**Junior Year**

<table>
<thead>
<tr>
<th>Fall</th>
<th>16 hours</th>
<th>Spring</th>
<th>16 hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIOL 3204 (“C” or better in BIOL 1114 &amp; CHEM 1215 or 1314)</td>
<td></td>
<td>HHP 3114 (MATH 1513) (BIOL 3204)</td>
<td></td>
</tr>
<tr>
<td>HHP 3553 (check course rotation)</td>
<td></td>
<td>HHP 3443 (check course rotation)</td>
<td></td>
</tr>
<tr>
<td>HHP 3223 (F)</td>
<td></td>
<td>HHP 4123 (check course rotation)</td>
<td></td>
</tr>
<tr>
<td>HHP 3663 (HHP 2654)</td>
<td></td>
<td>MGMT 3943 (MGMT 3013)</td>
<td></td>
</tr>
<tr>
<td>MGMT 3013</td>
<td></td>
<td>Humanities (H) – 3 hours*</td>
<td></td>
</tr>
</tbody>
</table>

**Senior Year**

<table>
<thead>
<tr>
<th>Fall</th>
<th>12 hours</th>
<th>Spring</th>
<th>14 hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>HHP 4773 (HHP 3114)</td>
<td></td>
<td>HHP 4480 (5 hours) (senior standing &amp; 2.75 gpa)</td>
<td></td>
</tr>
<tr>
<td>BCOM 3113 (50 credit hours)</td>
<td></td>
<td>Electives – 6 hours*</td>
<td></td>
</tr>
<tr>
<td>(A, H, N or S) – 2 hours*</td>
<td></td>
<td>(A, H, N or S) – 3 hours*</td>
<td></td>
</tr>
<tr>
<td>Electives – 4 hours*</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* One course with (I) and one course with (D) required. Can be met with an (H, I), (S,I), (H,D), (S,D) or Elective course.
Coursed in ( ) are prerequisites. *Italicized courses* are recommended as prerequisites.
(F)-Course offered in Fall semesters only
(S)-Course offered in Spring semesters only

**THIS PLAN IS ONLY A GUIDELINE. PLEASE REFER TO YOUR DEGREE REQUIREMENT SHEET FOR SPECIFIC REQUIREMENTS.**

Updated May 15, 2017