



College of: **Education** Major: **Health Education and Promotion** Option: **Exercise & Health** Academic Year: **2015-2016**

Proposed* Four-Year Degree Plan

Year One					
Fall Semester			Spring Semester		
ENGL	1113	Freshman Composition I (OR 1313)	ENGL	1213	Freshman Composition II (OR 1413)
MATH	1513	COLLEGE ALGEBRA	HHP	2654	APPLIED ANATOMY
BIOL	1114	INTRO BIOLOGY	HHP	2213	PRINCIPLES IN HEPR
HHP	2603	TOTAL WELLNESS	CHEM	1215	GENERAL CHEMISTRY (OR 1314)
EDUC	1111	ORIENTATION TO EDUCATION			3 HOURS "H" CREDIT (OR HI/DH CREDIT)
Total: 14 credit hours			Total: 17-18 credit hours		

Year Two					
Fall Semester			Spring Semester		
SPCH	2713	INTRO SPEECH COMMUNICATION	POLS	1113	AMERICAN GOVERNMENT
HIST	1103	SURVEY AMER HIST (OR 1483/1493)	MSIS	2103	COMPUTER CONCEPTS OR EDTC 4113
ECON	1113	ECONOMICS OF SOCIAL ISSUES			3 HOURS "H" CREDIT (OR HI CREDIT)
ZOOL	3204	PHYSIOLOGY	NSCI	2114	PRINCIPLES OF HUMAN NUTRITION
HHP	3613	COMMUNITY HEALTH	MKTG	3213	MARKETING
Total: 16 credit hours			Total: 16 credit hours		

Year Three					
Fall Semester			Spring Semester		
STAT	2013	ELEM STATISTICS	HHP	3723	PRINCIPLES OF EPIDEMIOLOGY
HHP	3223	MOTOR LEARNING (Fall Only)	HHP	3643	HEALTH BEHAVIOR THEORY
HHP	3114	PHYSIOLOGY OF EXERCISE	MGMT	3013	FUNDAMENTALS OF MANAGEMENT
HHP	3913	ALCOHOL AND DRUG EDUCATION	HHP	****	ELECTIVE (3 HOURS)
		3 HRS GENERAL ED ("S" "IS" OR "DS")			3 HRS GENERAL ED ("S" "IS" OR "DS")
Total: 16 credit hours			Total: 15 credit hours		

Year Four					
Fall Semester			Spring Semester		
BCOM	3113	WRITTEN COMMUNICATION	HHP	4990	INTERNSHIP IN HEPR-12 hours
HHP	4533	PSYCHOCOCIAL ISSUES IN HEPR			
HHP	3663	BIOMECHANICS			
HHP	4973	PROGRAM DESIGN IN HEP			
HHP	4902	PRE-INTERNSHIP SEMINAR			
Total: 14 credit hours			Total: 12 credit hours		

*This plan is only one example of how a student may successfully complete degree requirements in four years. Students are responsible for completing requirements as given in the official degree requirement sheet for each major. Because most students transfer into the Therapeutic Recreation major, it is more common to complete RMTR 4480 and 4483 in the summer after completing coursework in the spring.

RMTR course prerequisite(s) are listed in italicized parentheses.

(F)=Course taught only in the FALL

(S)=Course taught only in the SPRING

(F, S, Su)=Course taught in the FALL, SPRING, and SUMMER

*Elective hours may be chosen from upper division RMTR coursework or any of the following: EPSY 3113, EPSY 3413, EPSY 4063, HDFS 2233, HDFS 3203, HDFS 3413, or HDFS 3423.

Sixty hours must be completed at a senior college and must include 40 upper-division hours. The student must have 120 total hours with: (1) 2.00 graduation/retention GPA; (2) 2.50 GPA on degree plan; (3) 2.50 GPA on degree plan for enrollment in RMTR 4480; (4) 2.50 GPA in College/Department Requirements; and (5) 2.50 GPA in Major Requirements. The student must earn minimum grades of "C" or "P" in each course in the College/Department Requirements and Major Requirements.

THIS PLAN IS ONLY A GUIDELINE. PLEASE REFER TO YOUR DEGREE REQUIREMENT SHEET FOR SPECIFIC REQUIREMENTS.