

2017-2018 DEGREE REQUIREMENTS		CAREER DEVELOPMENT RECOMMENDATIONS	
<b>FRESHMAN YEAR</b>	<b>Fall Semester 14 hours</b>	<input type="checkbox"/> Join the Leisure Majors Club. <input type="checkbox"/> Establish relationships with faculty members, advisors, peers, and campus personnel. <input type="checkbox"/> Develop skills in time management, goal setting, and practice good study habits. <input type="checkbox"/> Develop a resume (EDUC 1111). <input type="checkbox"/> Activate your Hire System account online. <input type="checkbox"/> Practice communication skills, both oral and written (ENGL 1113). <input type="checkbox"/> Explore OSU/Stillwater community through part-time work or volunteering. <input type="checkbox"/> Attend Summer Camp Fair held during the spring semester and consider how to spend your summer. <input type="checkbox"/> Research your career: look for information about the industry you want to work in and the occupations ... OR... <input type="checkbox"/> Explore your skills, values, interests and personality with self-assessments and assistance from a career consultant.	
	ENGL 1113		Composition I
	HIST 1103 <i>or</i>		Survey of American History <i>or</i>
	HIST 1483 <i>or</i>		American History to 1865 <i>or</i>
	HIST 1493		American History Since 1865
	BIOL 1114		Introductory Biology (LN)
	PSYC 1113		Introductory Psychology (S)
	EDUC 1111		First Year Seminar
	<b>Spring Semester 15-16 hours</b>		
	ENGL 1213		Composition II
HHP 2712	Psychomotor Development		
POLS 1113	American Government		
MATH 1513	College Algebra		
CHEM 1215 <i>or</i>	General Chemistry (LN) <i>or</i>		
CHEM 1314	General Chemistry (LN)		
<b>SUMMER</b>		<input type="checkbox"/> Obtain relevant work experiences through internships, volunteer work, part-time jobs, and/or summer jobs. <input type="checkbox"/> Create a professional LinkedIn account.	
<b>SOPHOMORE YEAR</b>	<b>Fall Semester 15 hours</b>	<input type="checkbox"/> Explore career paths in RMRT 2413. <input type="checkbox"/> Continue to develop skills by seeking leadership positions in organizations and other activities. <input type="checkbox"/> Make contact with employers by attending information sessions, club speakers and other networking events on campus. <input type="checkbox"/> Continue to assess your interests, values, skills and abilities and revise your career plan.	
	RMRT 2413 (F)		Introduction to Leisure Services (FALL ONLY)
	RMRT 2433 (F)		Introduction to Recreational Therapy (FALL ONLY)
	RMRT 2443		Contemporary Issues in Diversity (DS)
	RMRT 2463 (F)		Laboratory in Leisure Services (FALL ONLY)
	STAT 2013 <i>or</i>		Elementary Statistics (A) <i>or</i>
	STAT 2023 <i>or</i>		Elementary Statistics for Business and Economics (A) <i>or</i>
	STAT 2053 <i>or</i>		Elementary Statistics for the Social Sciences (A) <i>or</i>
	<b>Spring Semester 16 hours</b>		
	HHP 2654		Applied Anatomy
_____ 3	3 hours of <i>Social and Behavioral Sciences</i> (S) or <i>Social and Behavioral Sciences -International Dimension</i> (SI) credit		
_____ 3	3 hours of <i>Humanities</i> (H) or <i>Humanities-International Dimension</i> (HI) credit		
RMRT 2473 (S)	Foundation of Leisure Service Leadership (SPRING ONLY) (WHICHEVER OFFERED)		
RMRT 3413 <i>or</i>	Recreational Therapy & Mental Illness/Intellectual Disabilities <i>or</i>		
RMRT 3423 <i>or</i>	Recreational Therapy in Geriatric Practices <i>or</i>		
RMRT 3433	Recreational Therapy and Physical Disabilities		
<b>SUMMER</b>		<input type="checkbox"/> Obtain relevant work experiences through internships, volunteer work, part-time jobs, and/or summer jobs. <input type="checkbox"/> Visit organizations in your field of interest - some may be happy to give you a tour with advanced notice or ask to conduct an informational interview.	

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<b>JUNIOR YEAR</b>	<b>Fall Semester</b>	<b>16 hrs.</b>	<input type="checkbox"/> Have resume critiqued by Career Consultant. <input type="checkbox"/> Research specific employers you are interested in working for. <input type="checkbox"/> Attend professional meetings and conferences. <input type="checkbox"/> Continue to build your network of faculty and professional contacts.	
	BIOL 3204	Physiology		
	PSYC 3443	Abnormal Psychology (S)		
	RMRT 3413 <i>or</i>	(WHICHEVER OFFERED) Recreational Therapy & Mental Illness/Intellectual Disabilities <i>or</i>		
	RMRT 3423 <i>or</i>	Recreational Therapy in Geriatric Practices <i>or</i>		
	RMRT 3433	Recreational Therapy and Physical Disabilities		
	RMRT ___ 3	3 hours of RMRT elective (SEE ADVISOR)		
	_____ 3	3 hours of <i>Analytical and Quantitative Thought (A), Humanities (H), Natural Sciences (N), or Social and Behavioral Sciences (S)</i> credit		
	<b>Spring Semester</b>	<b>13 hrs.</b>		
	RMRT 4493 (S)	Administration of Leisure Services ( <b>SPRING ONLY</b> )		<input type="checkbox"/> Continue to develop professional skills in labs. <input type="checkbox"/> Purchase interview attire. <input type="checkbox"/> Participate in a mock interview. <input type="checkbox"/> Attend a career fair and ask about internships. <input type="checkbox"/> Begin graduate/professional/medical school applications.
RMRT 3441	Warm Water Therapy Lab			
RMRT 3413 <i>or</i>	(WHICHEVER OFFERED) Recreational Therapy & Mental Illness/Intellectual Disabilities <i>or</i>			
RMRT 3423 <i>or</i>	Recreational Therapy in Geriatric Practices <i>or</i>			
RMRT 3433	Recreational Therapy and Physical Disabilities			
RMRT 4933 (S)	Advanced Methods in Recreational Therapy ( <b>SPRING ONLY</b> )			
RMRT ___ 3	3 hours of RMRT elective (SEE ADVISOR)			
<b>SUMMER</b>	<b>RMRT 3480 Junior Internship (3-6 hours) and            RMRT 3473 Medical Procedures for Recreational Therapy            REQUIRED SUMMER BEFORE FINAL YEAR</b>		<input type="checkbox"/> Obtain relevant work experiences through internships, volunteer work, part-time jobs, and/or summer jobs. <input type="checkbox"/> Sign up for graduate/professional/medical school entrance exams.	
	<b>SENIOR YEAR</b>	<b>Fall Semester</b>	<b>13 hours</b>	
RMRT 4433 (F)		Evaluation in Leisure Services ( <b>FALL ONLY</b> )		
RMRT 4481 (F)		Senior Seminar in Leisure Services ( <b>FALL ONLY</b> )		
HDFS 2113		Lifespan Human Development (S)		
_____ 3		3 hours of <i>Analytical and Quantitative Thought (A), Humanities (H), Natural Sciences (N), or Social and Behavioral Sciences (S)</i> credit.		
_____ 3		3 hours of <i>Humanities (H) or Humanities-International Dimension (HI)</i> credit		
<b>Spring Semester</b>		<b>9-12 hours</b>		
RMRT 4480		Internship in Recreational Therapy (6-9 hours, requirements apply)	<input type="checkbox"/> Fine-tune your job search plan. <input type="checkbox"/> Network and build connections during your internship. <input type="checkbox"/> Apply to positions of interest. <input type="checkbox"/> Upon graduation, report your post-graduation status to your career consultant or academic advisor.	
RMRT 4483		Administrative Documentation in Internship for Recreational Therapy		

This plan is only one example of how a student may successfully complete degree requirements in four years. Students are responsible for completing requirements as given in the official degree requirement sheet for each major.

Because most students transfer into the Therapeutic Recreation major, it is more common to complete RMRT 4480 and 4483 in the summer after completing coursework in the spring.

**(FALL ONLY)**=Course taught only in the FALL

**(SPRING ONLY)**=Course taught only in the SPRING

Elective hours may be chosen from upper division RMTR coursework or any of the following: EPSY 3113, EPSY 3413, EPSY 4063, HDFS 2233, HDFS 3203, HDFS 3413, or HDFS 3423.

Sixty hours must be completed at a senior college and must include 40 upper-division hours. The student must have 120 total hours with: (1) 2.00 graduation/retention GPA; (2) 2.50 GPA on degree plan; (3) 2.50 GPA on degree plan for enrollment in RMTR 4480; (4) 2.50 GPA in College/Department Requirements; and (5) 2.50 GPA in Major Requirements. The student must earn minimum grades of "C" or "P" in each course in the College/Department Requirements and Major Requirements.

**THIS PLAN IS ONLY A GUIDELINE. PLEASE REFER TO YOUR DEGREE REQUIREMENT SHEET FOR SPECIFIC REQUIREMENTS.**

For assistance with career development contact the college career consultant by email at [careersuccess@okstate.edu](mailto:careersuccess@okstate.edu) or call 405-744-6350.

Last Updated on 7/28/2017