## Freshman Year

**Fall**
- EDUC 1111  First Year Seminar
- ENGL 1113  Composition I
- MATH 1513  College Algebra
- Natural Sciences (N/L) - 4 hours *(BIOL 1114 recommended)*
- HLTH 2603  Total Wellness

**Spring**
- ENGL 1213  Composition II
- POLS 1113  American Government
- STAT 2013  Elementary Statistics *(MATH 1483 or 1513)*
- 3 hours  Humanities (H)*
- HHP 1833  Pedagogy of Team Activities

## Sophomore Year

**Fall**
- HIST 1103  Survey of American History
- NSCI 2114  Principles of Human Nutrition
- HHP 2654  Applied Anatomy *(BIOL 1114)*
- HHP 1843  Pedagogy of Individual Act.

**Spring**
- PSYC 1113  Introductory Psychology
- 4 hours  Natural Sciences (N)
- 3 hours  Humanities (H)*
- HHP 2553  Basic Athletic Injury Mgmt. *(HHP 2654)*
- HHP 2712  Psychomotor Development

## Junior Year

**Fall**
- HHP 3333  (F) Ethics Sprts Adm & Coaching
- HHP 3553  (F) Thry & Practice of Coaching
- HHP 3663  Biomechanics *(HHP 2654)*
- 3 hours  Electives - NSCI 3223 or 3543
- SPM 2843  Sports & The Media *(departmental majors only)*

**Spring**
- 3 hours  (A, H, N or S)*
- 3 hours  Electives - SPM 3843, RMRT 2473 or MGMT 3963
- MGMT 3943  Sports Management *(MGMT 3013)*
- HHP 3114  Physiology of Exercise *(MATH 1513) (Recommended: BIOL 3204)*
- HHP 4123  Prcnpls of Strngth & Condit.

## Summer Session

**3 hours**
- HHP 3883 (Summer only)
  Coaching Internship

## Senior Year

**Fall**
- HHP 3133  (F) Sprts Supp. for Human Perf.
- HHP 3223  (F or SU) Motor Learning
- HHP 4773  Prnc Exer Test Prescription *(HHP 3114)*
- HHP 4733  (F) Org., Admin. & Curr.
  2 hours  (A, H, N or S)*

**Spring**
- HHP 3443  (S) Psyc Aspcts Sprt & Coaching
  11 hours  Electives - MGMT 4743, NSCI 4133, 4373 or SOC 49500

*One course with (I) and one course with (D) required. Can be met with an (H, I), (S,I), (H,D), (S,D) or Elective course.

Courses in ( ) are prerequisites.

(F)-Course offered in Fall semesters only. (S)-Course offered in Spring semesters only. (SU)-Course offered in Summer semesters only.

**THIS PLAN IS ONLY A GUIDELINE. PLEASE REFER TO YOUR DEGREE REQUIREMENT SHEET FOR SPECIFIC REQUIREMENTS.**