PROGRAM DESCRIPTION

The undergraduate program in Recreational Therapy is accredited through the Committee on Accreditation of Recreational Therapy Education by the Commission on Accreditation of Allied Health Education Programs. Students completing the Recreational Therapy program are eligible to sit for the National Council for Therapeutic Recreation Certification (CTRS) and apply for Medical Licensure in the State of Oklahoma through the Oklahoma Medical Licensing Board. Recreational Therapy prepares students to work in a variety of settings including hospitals, rehabilitation centers, day programs, institutions and within the community. Recreational Therapy is a valued part of the health care and human services. Individuals with illness, disabilities or limitations are helped to restore, enhance or maintain their health, independence and well-being through recreational therapy. education.okstate.edu/rmtr

JOB DESCRIPTION

Plan, direct or coordinate treatment interventions for patients in hospitals, nursing homes or other institutions. Interventions are determined through a systematic process that includes assessing a patient, planning and implementing interventions, evaluating the patients progress and reevaluating periodically throughout the patients treatment. Interventions may include exercise, interpersonal skill development, social skill development, drama, social activities, arts and crafts, and other developmental interventions.
Oklahoma State University, in compliance with Title VI and VII of the Civil Rights Act of 1964, Executive Order 11246 as amended, and Title IX of the Education Amendments of 1972 (Higher Education Act), the Americans with Disabilities Act of 1990, and other federal and state laws and regulations, does not discriminate on the basis of race, color, national origin, genetic information, sex, age, sexual orientation, gender identity, religion, disability, or status as a veteran, in any of its policies, practices or procedures. This provision includes, but is not limited to admissions, employment, financial aid, and educational services. The Director of Equal Opportunity, 408 Whitehurst, OSU, Stillwater, OK 74078-1035; Phone 405-744-5371; email: eeo@okstate.edu has been designated to handle inquiries regarding non-discrimination policies. Any person (student, faculty, or staff) who believes that discriminatory practices have been engaged in based on gender may discuss his or her concerns and file informal or formal complaints of possible violations of Title IX with OSU’s Title IX Coordinator 405-744-9154.

NATIONAL/PROFESSIONAL ORGANIZATIONS

- American Therapeutic Recreation Association atra-online.com
- Oklahoma Recreational Therapy Association trao.net

OSU STUDENT ORGANIZATIONS

- EHA Student Council
- College of Education, Health & Aviation Ambassadors
- Recreational Therapy majors club

For more information about student organizations, visit campuslink.okstate.edu.

ADDITIONAL INFORMATION

- National Council for Therapeutic Recreation Certification nctrc.org
- Oklahoma Medical Licensing Board okmedicalboard.org/therapeutic_recreation_specialists

SIMILAR OCCUPATIONS

- Occupational Therapists
- Physical Therapists
- Rehabilitation Counselors
- School and Career Counselors
- Special Education Teachers
- Speech-Language Pathologists

*Some occupations require additional education.

PRE-HEALTH

Whether students are pursuing physical therapy, occupational therapy, athletic training, chiropractic or another medical profession, the College of Education, Health and Aviation is committed to assisting students with their preparation for professional school. This degree has many of the prerequisite courses already included while also offering a strong career path on its own. Our EHA advisors work closely with OSU’s pre-health advising office to assist students in the professional school application process. Students have the opportunity to receive assistance with their personal statement, job shadowing and interview preparation.

EDUCATION, HEALTH AND AVIATION LIVING LEARNING PROGRAM

The Education, Health and Aviation Living Learning Program (LLP) is a residential community for students with a declared major in the College of Education, Health and Aviation (EHA). Located on the 3rd floor of Village E, this LLP provides students with an opportunity to meet fellow EHA students, faculty and staff. A focus is placed on leadership development, resources/strategies for academic success, and personal growth. Community-building is paramount with a focus on creating meaningful relationships through genuine interactions. education.okstate.edu/llp

COURSE PREVIEW

- Introduction to Recreational Therapy
- Warm Water Therapy Lab
- Recreational Therapy and Physical Disabilities
- Recreational Therapy and Mental Illness/Intellectual Disabilities
- Recreational Therapy in Geriatric Practices

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