Program Description

The undergraduate program in therapeutic recreation is accredited through the Committee on Accreditation of Recreational Therapy Education by the Commission on Accreditation of Allied Health Programs. Students completing the therapeutic recreation program are eligible to sit for the national Council on Accreditation of Therapeutic Recreation Certification (CTRS) and apply for medical licensure in the state of Oklahoma through the Oklahoma Medical Licensing Board. The therapeutic recreation option prepares students to work in a variety of settings including hospitals, rehabilitation centers, day programs, institutions and within the community. The therapeutic recreation option is a valued part of the health care and human services industry. Individuals with illnesses, disabilities or limitations are helped to restore, enhance or maintain their health, independence and well-being through recreational activities.

Job Description

Plan, direct, or coordinate medically-approved recreation programs for patients in hospitals, nursing homes, or other institutions. Activities include sports, trips, dramatics, social activities, and arts and crafts. May assess a patient condition and recommend appropriate recreational activity.

Similar Occupations

*Occupational Therapists
*Physical Therapists
Rehabilitation Counselors

School and Career Counselors
Special Education Teachers
Speech-Language Pathologists

*Some Therapeutic Recreation graduates go on to Physical Therapy, Occupational Therapy and other professional/graduate schools.

Sample Job Titles

Activities Director, Activity Assistant, Activity Coordinator, Activity Director, Certified Therapeutic Recreation Specialist (CTRS), Music Therapist (Rehabilitation), Recreation Therapist, Recreational Therapist, Rehabilitation Therapist, Therapeutic Recreation Specialist